## What participating can mean for you

You can influence Government decisions, be involved in a valuable community service and provide a voice for your family and community.

**Busy?** We'll be happy to talk to you at any time and place that suits you.

**Not really interested?** Your contribution to this study influences decisions made by communities and the Government that affect you.

### Feel uncomfortable with the questions?

You only need to answer the questions you feel comfortable answering.

Your answers are valuable! You represent 1,000 other Australians and you are the voice of people in your age group.

**Study too detailed?** The level of detail is crucial to effective and accurate decision making which may impact on your life.

Worried about privacy? All the information you provide us is protected by strict guidelines and the law (Privacy Act, 1988).

Your rights are protected by Australian law.

Access to your identifying information will be restricted to only those who need it to administer and conduct the study.

Want to win an iPad Mini 3 or a \$200 Coles

Myer or Woolworths gift card?

This year you have a chance to win an iPad Mini 3 or a \$200 Coles Myer or Woolworths gift card when you complete and return your Self Completion Questionnaire!

For full details please see: www.livinginaustralia.org/scqprizedraw

### Your feedback

Every year, we receive comments from people like you. Here are just a few:

"Your study is very interesting - I am happy to help and hope to continue for many years."

"I feel that this is a great study to be a part of. It's great to be a part of Australia's evolution."

"This study always makes me feel like I have a voice within my community and the country."

"I am grateful for this opportunity to participate in the Living In Australia study as I believe it will benefit me in the future. Thank you."

## Our thanks to you

This year each person who participates will receive \$35 as our thanks for helping us with this study. Once everyone in your household has taken part, your household will receive a bonus \$35.

## Contact us

If you have any concerns or questions, we would like to hear from you.

Free call 1800 656 670 or email: hilda@roymorgan.com website: www.livinginaustralia.org



# Helping shape Australia's future

## Our study is BIG NEWS

You may ask yourself "Why is my participation so important to the HILDA study?"

It is an important question to address as we know your time is valuable.

The data gathered from the HILDA study enables us to follow the impact of life changes on key issues such as financial security, family relationships, education, social support, emotional health and wellbeing.

This year we will ask you specifically about family formation and retirement to understand how transitions through these life stages impact on you and those around you.

This data is of great value for policy matters, given that households, regardless of their composition, are the foundation of our society. As participants of the HILDA study, you help us understand our society and identify the nature of supports required by families and individuals, at times in the life course when those supports are most needed.

Thank you again for helping identify the contributing factors that affect the wellbeing and functioning of Australian households.

### Recipe for health and happiness



"If the census provides a snapshot of Australians at a point in time, the researchers running the University of Melbourne's Household, Income and Labour Dynamics in Australia Survey – known as HILDA for short – are making a movie. And it's a movie trying to capture the story of us."

In a recent article which focussed on the health and happiness of HILDA respondents, the data revealed that "when it comes to achieving good health and happiness in Australia, it just might pay off (all things considered) to be a wholesome type of person. Be a good neighbour, a non-smoker, a hard worker and a regular exerciser." *The Age. 15/07/2015* 

### Schools comparison a tie



The HILDA study has found that "private school students were more likely to finish Year 12 and attend a group of eight university, but the advantage appeared to even out later in life," with the research indicating that "public and private school graduates were just as likely to be employed and have equally well-paying jobs."

The advice to parents from chief executive of Independent Schools Victoria, Michelle Green, is to "look with a critical eye and make up your own mind about what you're looking for in a school for your child. Parents say it's not just a good ATAR or job outcome they're looking for but also the right environment to challenge and stimulate their child."

Geelong Advertiser, 23/08/2014

### HILDA survey finds inequality is not on the rise in Australia



Research using HILDA survey data has found that the Australian welfare system has "succeeded in offsetting diverging market incomes to such a degree that there was no discernible change in household income inequality from 2001 to 2012."

The survey finds "little change in the distribution of household disposable incomes over the 11 years, despite strong growth and increased inequality in market incomes, or salaries and wages," suggesting that the system of taxes and transfers is "making a fair fist of offsetting the unequal effects of surging labour market incomes by redistributing income from the rich to lower-income households."

Financial Review. 15/07/2015

### Better trained, but job prospects poorer



"The global financial crisis continues to ravage the job prospects of young Australians who, better trained than ever, are out of work in numbers not seen in two decades."

When looking at the education levels of unemployed people, the Brotherhood of St Laurence found that "since the GFC, based on the Household, Income and Labour Dynamics Australia data, the proportion of the pool of unemployed people with less than Year 12 has declined." The data also revealed that "a fifth of teenagers are unemployed and another 130,000 in their early 20s cannot find work."

The Australian, 03/03/2015

The Living In Australia study is also known in the media as the Household Income and Labour Dynamics in Australia (HILDA) study. Data from the study is used for a wide range of research, including these articles. For the full article, ask your interviewer, or contact 1800 656 670.