

What participating can mean for you

You can influence Government decisions, be involved in a valuable community service and provide a voice for your family and community.

Busy? We'll be happy to talk to you at any time and place that suits you.

Not really interested? Your contribution to this study influences decisions made by communities and the Government that affect you.

Feel uncomfortable with the questions? You only need to answer the questions you feel comfortable answering.

Your answers are valuable! You represent 1,000 other Australians and you are the voice of people in your age group.

Study too detailed? The level of detail is crucial to effective and accurate decision making which may impact on your life.

Worried about privacy? All the information you provide us is protected by strict guidelines and the law (Privacy Act, 1988).

Your rights are protected by Australian law.

Access to your identifying information will be restricted to only those who need it to administer and conduct the study.

Your feedback

Every year, we receive comments from people like you. Here are just a few:

“Great Research, and honoured to be an on-going part of it.”

“Thank you for continuing this survey.”

“Love it.”

“Living in Australia is great.”

“Great Survey!”

“We love the study - we enjoy taking part, and we love our interviewer. Thanks for all of your hard work!!”

Our thanks to you

This year each person who participates will receive \$35 as our thanks for helping us with this study. Once everyone in your household has taken part, your household will receive a bonus \$35.

Contact us

If you have any questions we would like to hear from you. Free call 1800 656 670 or email: hilda@roymorgan.com website: www.roymorgan.com

LIVING IN AUSTRALIA

HILDA Helping shape our future



Helping shape Australia's future

We have been told a lot lately that Australia's economy and industries are changing, with some sectors suffering significant job losses and other industries succeeding like never before.

These changes are happening on a local, state, national and global scale, but what is the reality for you as an individual or household unit? How do changes in the Australian economy and industry impact you? Is it a lot, a little or not at all?

When we last asked questions like this year's we found that Australia had so far weathered the 'Global Financial Crisis' storm quite well; however, there were some changes. The composition of household wealth changed markedly over the 2002 and 2010 period with the proportion of housing and superannuation steadily increasing; however the proportion of equity investments, bank accounts and other assets have declined.

So, four years later, what are the long term affects of the GFC? And did the financial policy changes made during this time have a positive impact for Australian households?

Without research like the HILDA study we would not be able to fully understand the answers to these and many other questions that effect you and your life. We hope you continue to enjoy your involvement and contribution to making a difference to the lives of all Australians.

Children left home alone



"Ten appears to be the magic age for children to become "latch-key kids" left unsupervised by parents before or after school. The number of parents leaving their child unsupervised by an adult, or supervised by a sibling, during school terms and in the holidays increased over most age groups in the decade from 2002 to 2012," according to the HILDA study.

The survey shows that "the proportion of 14-year-olds left unsupervised during school holidays jumped from 37 to 53 per cent, and the percentage aged six to nine left alone on school holidays marginally increased, from 8.1 per cent to 9.4 per cent over the decade." *The Age, 19/06/2014*

Life better for 6 in 10



"Nearly six in 10 severely disadvantaged Australians had significantly improved their lives over a decade-long period" the HILDA study has found. The report found that "nearly 60 per cent of the people had managed to get out of marginalised circumstances after a decade. While they had not, on average, entered mainstream Australian life they had seen significant improvements to the majority of aspects of their lives." *The Canberra Times, 14/10/2013*

School - key to good health



"Just one extra year of school can have a substantial effect on a person's diet, exercise and health habits later in life, researchers say". The research uses the annual HILDA study, which "provides data on how often Australians consume fruit, vegetables or fatty foods, how frequently they exercise, are involved in binge drinking or smoke cigarettes."

"The researchers found an increase in the minimum school leaving age from 14 to 15 also improved conscientiousness and individuals' perceived sense of control over their life, as well as causing a significant change to their psychological traits, which are also known to be linked to healthy lifestyles." *Herald Sun, 3/02/2014*

Reliance on welfare drops



The HILDA study has found that "working-age Australians have become far less reliant on welfare payments since 2000. The research shows that in 2001, 23 per cent of people aged 18 to 64 received welfare payments each week, while a decade later that had fallen to 18.5 per cent."

There has also been a big drop in the percentage of working age households where more than 90 per cent of their income came from welfare. Professor Wilkins of the Melbourne Institute said that the long-term trend away from welfare reliance was largely the result of Australia's long boom, although a succession of welfare reforms that have tightened eligibility had also contributed. *Canberra Times 16/06/2014*

Our study is BIG NEWS

The Living in Australia study is also known in the media as the Household Income and Labour Dynamics in Australia (HILDA) study. Data from the study is used for a wide range of research, including these articles.

For the full article, ask your interviewer, or contact 1800 656 670.