Who is carrying out this study?

The Melbourne Institute of Applied Economic and Social Research at the University of Melbourne leads a research group that designs and manages the study. The other partners in the group are the Australian Council for Educational Research and the Australian Institute of Family Studies. The study is funded by the Australian Government.

ACNielsen, a private social research organisation, has been contracted to carry out the interviews. ACNielsen is highly regarded for its integrity and independence. It has been conducting the interviews since the study commenced in 2001.

What about privacy?

Your information is protected. The Living in Australia study has strict guidelines to make sure your identity is protected and cannot be linked to the information you provide.

The people involved in the study are committed to ethical research and are legally bound to ensure your information is secure.

Melbourne Institute operates within the University of Melbourne’s Ethics Guidelines. ACNielsen operates under the International Code of Marketing and Social Research Practice, which has strict practices for ensuring personal information remains anonymous.

All people involved in the project must comply with the Privacy Act (1988).

More information

If you want any more information on the study, or would like to know more about how your privacy is protected please telephone free of charge 1800 656 670 or visit us online at www.livinginaustralia.org. If you have any special needs, need help speaking English, or you don’t want to participate, please call the number above or tell your ACNielsen interviewer.

If you should have any concerns about the conduct of this study, you are welcome to contact the Executive Officer, Human Research Ethics, The University of Melbourne, by calling 03 8344 2073 or by sending a fax to 03 9347 6739.

We hope you will enjoy the study and support us in improving life in Australia!
Why is the study important?
The USA, Germany, Canada, Britain, Israel, Sweden, Korea, Japan, Indonesia and Belgium all have similar long term studies.
The value this has brought to these countries is considerable. Your participation will ensure Australia can also benefit.
The information you provide is having a long term impact on Australia’s direction. Every year that you and other households respond, the study increases in value and in its power to influence decision making.
Thanks to your input we now have information on topics such as:
• Planning for our aging population
• How smoking bans have affected the health and smoking behaviour of Australians
• Explaining unemployment in Australia
• The impact of long working hours
• The reasons for Australia’s declining birth rate
• The personal and national costs of mental illness
• The division of household chores between men and women
• The effect of part-time work on families and women’s careers
• Childcare: accessibility and who uses it
• The effect of household debt on Australians
• Maternity leave arrangements available to Australian women
• The impact of separation and divorce on income
• Job satisfaction of Australians
• How health influences the ability to work

Is this study voluntary?
Yes, this study is voluntary.
However, because only certain people are chosen to become part of the study, the participation of everyone who is contacted is very important. Your views and experience in Australia are unlike that of anybody else, and your participation is vital to us.

Our thanks to you
A gift of $25 is our thanks to you for helping us with this study.
Each person who participates will receive $25. Once everyone in your household has taken part, your household will receive an extra $25.

What’s involved?
Taking part in the Living in Australia study involves answering questions about many different topics such as education, employment, retirement, income, family, and how you feel about different aspects of your life.
Your interviewer will ask everyone in your household aged 15 years or older to answer these questions. This usually takes about 35 minutes. One person in your household will also be asked a few questions about the household in general. This usually takes about 10 minutes to answer.
Depending on your circumstances, we will visit you next year to find out about your life in the last 12 months. To keep you up-to-date with the study’s news and results, you will also be sent a copy of the Living in Australia newsletter next year. If you would like a copy of the latest newsletter please ask your interviewer.

We need your help to make a difference

What is the study about?
Australia has become part of an international move to have a better understanding of the needs of its people.
This type of knowledge is crucial for good decision making, planning and support for Australians. The Living in Australia study is designed to meet this need.
Having begun in 2001, the study is known as the Living in Australia study and is sometimes referred to in the media as the Household, Income and Labour Dynamics in Australia study (HILDA).
In this study we collect and analyse information from thousands of different families and individuals across Australia. We ask questions about life in Australia including your employment, family relationships, education and wellbeing. This allows researchers to find out, for example, how one area in your life can affect other areas and how people remain the same or change over time. It can also show us how external factors such as Government decisions and world events affect our lives.
Ultimately this study is a source of information to those making economic and social welfare decisions for all Australians.