

## All data are provided IN-CONFIDENCE

First name of respondent:

Thank you for the information you have already given our interviewer.
This form contains some additional questions that you might find easier to answer by yourself rather than having the interviewer ask them.

All information you give us will be completely confidential. When you have completed the questionnaire you should seal it in the envelope provided and give it to your interviewer, who will return it unopened to our office. If you prefer, you may post it back to us instead.

In our office, only the survey team will have access to this form. Everyone in this team has signed a deed of confidentiality and is required to observe privacy laws when handling your information.

Your full name or address will never be linked with any of the information you provide.

## Instructions for completing this form

In answering these questions, please be as honest and accurate as possible.

■ Use only blue or black ink, or a dark lead pencil. Put an $\mathbf{X}$ inside the box provided. (Do not mark any areas outside the box.) For example:


- If you make a mistake:

Simply colour in the whole box and mark the correct one as shown. For example:


If more than one answer is allowed, this will be specified under the question.
What to do once you have completed the questionnaire?
Please seal it in the envelope provided.
Your interviewer will come back to collect this form on $\qquad$ around $\qquad$

If the interviewer is unable to collect this form, they will phone you and ask you to post it in the reply paid envelope to the Roy Morgan Research office.

## Any questions?

Ask your interviewer, or ring us on our free call number 1800656670
$\square$

## PART A: GENERAL HEALTH AND WELL-BEING (SF-36 Health Survey)

This first set of questions seeks your views about your health, how you feel and how well you are able to do your usual activities.

Please take the time to read and answer each question carefully by crossing the box corresponding to your response. If you are unsure about how to answer a question, please give the best answer you can.

A1 In general, would you say your health is:
(Cross X one box)

| $\square_{1}$ Excellent | $\square_{2}$ Very good | $\square_{3}$ Good | $\square_{4}$ Fair | $\square_{5}$ Poor |
| :--- | :--- | :--- | :--- | :--- |

A2 Compared to one year ago, how would you rate your health in general now?Much better now than a year agoSomewhat better now than a year agoAbout the same as one year agoSomewhat worse now than one year agoMuch worse now than one year ago

A3 The following questions are about activities you might do during a typical day.
Does your health now limit you in these activities? If so, how much?
(Cross X ONE box on EACH line)

|  | ACTIVITIES | Yes, limited a lot | Yes, limited a little | No, not limited at all |
| :---: | :---: | :---: | :---: | :---: |
| a | Vigorous activities, such as running, lifting heavy objects, participating in strenuous sports | $\square_{1}$ | $\square_{2}$ | $\square 3$ |
| b | Moderate activities, such as moving a table, pushing a vacuum cleaner, bowling or playing golf | $\square_{1}$ | $\square_{2}$ | $\square_{3}$ |
| C | Lifting or carrying groceries | $\square 1$ | $\square{ }_{2}$ | $\square 3$ |
| d | Climbing several flights of stairs | $\square_{1}$ | $\square_{2}$ | $\square 3$ |
| e | Climbing one flight of stairs | $\square 1$ | $\square{ }^{1}$ | $\square 3$ |
| f | Bending, kneeling, or stooping | $\square_{1}$ | $\square{ }_{2}$ | $\square 3$ |
| g | Walking more than one kilometre | $\square_{1}$ | $\square_{2}$ | $\square_{3}$ |
| h | Walking half a kilometre | $\square_{1}$ | $\square{ }_{2}$ | $\square 3$ |
| i | Walking 100 metres | $\square 1$ | $\square 2$ | $\square_{3}$ |
| j | Bathing or dressing yourself | $\square_{1}$ | $\square{ }_{2}$ | $\square_{3}$ |

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A4 During the past 4 weeks, have you had any of the following problems with your work or other regular daily activities as a result of your physical health?
(Cross X ONe box on EACH line)

|  |  | YES | NO |
| :---: | :---: | :---: | :---: |
| a | Cut down the amount of time you spent on work or other activities | $\square$ | $\square$ |
| b | Accomplished less than you would like | $\square$ | $\square$ |
| c | Were limited in the kind of work or other activities |  | $\square$ |
| d | Had difficulty performing the work or other activities (for example, it took extra effort) | $\square$ | $\square$ |

A5 During the past 4 weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)?
(Cross X ONe box on EACH line)

|  |  | YES | NO |
| :--- | :--- | :--- | :--- |
| a | Cut down the amount of time you spent on work or other activities | $\square$ | $\square$ |
| b | Accomplished less than you would like | $\square$ | $\square$ |
| c | Didn't do work or other activities as carefully as usual | $\square$ | $\square$ |

A6 During the past 4 weeks, to what extent has your physical health or emotional problems interfered with your normal social activities with family, friends, neighbours, or groups?
(Cross X one box)


A7 How much bodily pain have you had during the past 4 weeks?
(Cross X one box)

| $\square_{1}$ | No bodily pain | $\square_{2}$ Very mild | $\square_{3}$ Mild | $\square_{4}$ Moderate | $\square_{5}$ Severe |
| :--- | :--- | :--- | :--- | :--- | :--- |
| $\square_{6}$ Very severe |  |  |  |  |  |

A8 During the past 4 weeks, how much did pain interfere with your normal work (including both work outside the home and housework) ?
(Cross X one box)

| $\square_{1}$ Not at all | $\square_{2}$ Slightly | $\square_{3}$ Moderately | $\square_{4}$ Quite a bit | $\square_{5}$ Extremely |
| :--- | :--- | :--- | :--- | :--- |

A9 These questions are about how you feel and how things have been with you during the past 4 weeks. For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past 4 weeks:
(Cross $X$ ONe box on EACH line)

|  |  | All of the time | Most of the time | A good bit of the time | Some of the time | A little of the time | None of the time |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| a | Did you feel full of life? | $\square_{1}$ | $\square{ }_{2}$ | $\square_{3}$ | $\square_{4}$ | $\square 5$ | $\square 6$ |
| b | Have you been a nervous person? | $\square_{1}$ | $\square_{2}$ | $\square_{3}$ | $\square_{4}$ | $\square_{5}$ | $\square_{6}$ |
| C | Have you felt so down in the dumps that nothing could cheer you up? | $\square_{1}$ | $\square_{2}$ | $\square_{3}$ | $\square_{4}$ | $\square_{5}$ | $\square_{6}$ |
| d | Have you felt calm and peaceful? | $\square_{1}$ | $\square{ }_{2}$ | $\square 3$ | $\square_{4}$ | $\square 5$ | $\square 6$ |
| e | Did you have a lot of energy? | $\square_{1}$ | $\square_{2}$ | $\square_{3}$ | $\square_{4}$ | $\square_{5}$ | $\square_{6}$ |
| f | Have you felt down? | $\square_{1}$ | $\square_{2}$ | $\square_{3}$ | $\square_{4}$ | $\square_{5}$ | $\square_{6}$ |
| g | Did you feel worn out? | $\square_{1}$ | $\square_{2}$ | $\square_{3}$ | $\square_{4}$ | $\square_{5}$ | $\square_{6}$ |
| h | Have you been a happy person? | $\square_{1}$ | $\square_{2}$ | $\square_{3}$ | $\square_{4}$ | $\square_{5}$ | $\square 6$ |
| i | Did you feel tired? | $\square_{1}$ | $\square{ }_{2}$ | $\square_{3}$ | $\square_{4}$ | $\square 5$ | $\square 6$ |

A10 During the past 4 weeks, how much of the time has your physical health or emotional problems interfered with your social activities (like visiting friends, relatives, etc)?All of the timeMost of the timeSome of the timeA little of the timeNone of the time

A11 How TRUE or FALSE is each of the following statements for you?
(Cross X ONe box on EACH line)

|  |  | Definitely <br> True | Mostly True | Don't <br> know | Mostly False | Definitely False |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| a | I seem to get sick a little easier than other people | $\square 1$ | $\square_{2}$ | $\square 3$ | $\square_{4}$ | $\square 5$ |
| b | I am as healthy as anybody I know | $\square_{1}$ | $\square_{2}$ | $\square_{3}$ | $\square_{4}$ | $\square_{5}$ |
| C | I expect my health to get worse | $\square_{1}$ | $\square_{2}$ | $\square 3$ | $\square_{4}$ | $\square_{5}$ |
| d | My health is excellent | $\square_{1}$ | $\square_{2}$ | $\square 3$ | $\square_{4}$ | $\square_{5}$ |

## PART B: YOU, YOUR LIFESTYLE AND YOUR LIVING SITUATION

B1 In general, how often do you participate in moderate or intensive physical activity for at least 30 minutes?
Moderate level physical activity will cause a slight increase in breathing and heart rate, such as brisk walking.
(Cross X one box)

| $\square$ | Not at all |
| :--- | :--- |
| $\square$ | Less than once a week |
| $\square$ | 1 to 2 times a week |
| $\square$ | 3 times a week |
| $\square$ | More than 3 times a week <br> (but not every day) |
| $\square$ | Every day |

B2 Do you smoke cigarettes or any other tobacco products?
(Cross X one box)No, I have never smokedNo, I no longer smoke Go то B4Yes, I smoke daily Go то B4


Yes, I smoke at least weekly (but not daily) $\Rightarrow$ Go то B3Yes, I smoke less often than weekly Go то B3

B3 How many cigarettes do you usually smoke each week?


B4 Do you drink alcohol?
(Cross X one box)No, I have never drunk alcohol $\Rightarrow$ Go то B7No, I no longer drink alcohol $\quad \Rightarrow$ Gо то B7Yes, I drink alcohol every dayYes, I drink alcohol 5 or 6 days per weekYes, I drink alcohol 3 or 4 days per weekYes, I drink alcohol 1 or 2 days per weekYes, I drink alcohol 2 or 3 days per monthYes, but only rarely

B5 On a day that you have an alcoholic drink, how many standard drinks do you usually have?
A standard drink is a small glass of wine, a 285 ml glass of regular beer, a nip of spirits, or a mixed drink.
(Cross X one box)

13 or more standard drinks
11 to 12 standard drinks
9 to 10 standard drinks
7 to 8 standard drinks
5 to 6 standard drinks
3 to 4 standard drinks
1 to 2 standard drinks

## B6

| FEMALES |
| :--- |
| How often do |
| you have 5 |
| or more |
| standard |
| drinks on |
| one occasion? |

(Use the boxes below and cross $\mathbf{X}$ ONE only)Not in the last yearLess than monthly but at least once a yearOnce a month2 to 3 times a month
1 to 2 times a week
3 to 4 times a week
5 or more times a week

B7 Are you currently an active member of a sporting, hobby or community-based club or association ?
(Cross X one box)


B8 How often do you feel rushed or pressed for time?
(Cross X one box)
Almost alwaysOften
Sometimes
Rarely
Never

B9 How often do you feel you have spare time that you don't know what to do with ?
(Cross X one box)
$\square$ Almost alwaysOftenSometimesRarely
Never

B10 How tall are you (without shoes)?
You only need to provide an answer in either centimeters (cts) or in feet /inches.


OR

(Note: There are 12 inches in a foot)

## B11 What is your current weight?

You only need to provide an answer in either kilograms (kgs) or in stones / pounds.


OR

(Note: There are 14 pounds in a stone)

B12 Are you currently on a diet to lose weight?
(Cross X one box)


YesNo

B13 In the last 12 months, how often have you dieted in order to lose weight?
(Cross X one box)

## Never

OnceMore than onceAlways on a diet

B14 Do you consider yourself to be ...
(Cross X one box)Acceptable weight?Underweight?
Overweight?

B15 How satisfied are you with your current weight?
(Cross X one box)Very satisfiedSatisfied
Neither satisfied nor dissatisfied
Dissatisfied
Very dissatisfied

B16 How often do you usually eat each of the following food types?
(Cross X ONe box on EACH line)

|  |  | Never | Less than once a month | 1-3 <br> times <br> per month | Once per week | 2-4 <br> times <br> per <br> week | 5-6 <br> times <br> per <br> week | Once per day | Two or more times per day |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| a | Legumes / pulses (such as kidney beans, lentils, tofu). | $\square_{1}$ |  |  |  |  |  | $\square_{7}$ |  |
| b | Biscuits, cakes, pies, cake-type desserts, pastries, etc. |  | $\frac{1}{2}$ | $ـ_{3}$ | $ـ_{4}$ | $ـ_{5}$ | $ـ_{6}$ |  |  |
| C | Pasta, rice, rice noodles/cakes, cornmeal or couscous. |  | $\square_{2}$ | $\square_{3}$ | $\square_{4}$ | $\square$ | $\square_{6}$ | $\square_{7}$ | $\square_{8}$ |
| d | Snack foods (such as potato crisps, pretzels, popcorn, crackers, oriental snack mix, and salted nuts). | $\square_{1}$ | $\square_{2}$ | $\square_{3}$ | $\square_{4}$ |  |  |  | $\underbrace{}_{8}$ |
| e | Breakfast cereals (such as muesli, bran flakes, porridge, and commercial cereal brands). | $\square$ | $\underbrace{}_{2}$ | $\square_{3}$ |  | $ـ_{5}$ | $\square_{6}$ |  | $\square_{8}$ |
| f | Confectionery (such as lollies, sweets, chocolate bars, and fudge) and ice cream. | $ـ_{1}$ | $\square_{2}$ | $L_{3}$ | $\square_{4}$ | $\square_{5}$ | $\square_{6}$ | $\square$ | ${ }_{8}$ |
| g | Breads (all types), crumpets and English muffins. | $\square_{1}$ |  | $\square_{3}$ |  |  |  | $\square_{7}$ | $\square_{8}$ |
| h | Fried potatoes, French fries, hot chips or wedges. | $\square_{1}$ |  |  | $\square_{4}$ |  |  | $\square$ | $\square_{8}$ |
| i | Red meat (for example, beef, veal, lamb, pork, and dishes where meat is the major component). Do not include ham. | $\square_{1}$ | $\square_{2}$ |  |  |  |  | $\square$ | $\square_{8}$ |
| j | Processed meat products, such as cold meats, bacon, sausages, and meat pies. | $\square_{1}$ |  |  |  |  |  | $\square_{7}$ | $\square$ |
| k | Poultry, such as chicken, turkey, and duck. | $\square_{1}$ |  | $\square_{3}$ |  |  |  | $\square_{7}$ | ${ }_{8}$ |
| 1 | Fresh / frozen / tinned fish or shellfish. Do not include battered/crumbed fish, fish fingers or fish cakes. |  |  |  |  |  |  |  | $\square_{8}$ |

B17 The following questions are about your feelings in the past 4 weeks. In the last four weeks, about how often did you feel ...
(Cross X ONe box on EACH line)

|  |  | All of the time | Most of the time | Some of the time | A little of the time | None of the time |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| a | tired out for no good reason? | $\square$ | $\square_{2}$ | $\square_{3}$ | $\square_{4}$ | $\square 5$ |
| b | nervous? | $\square_{1}$ | $\square_{2}$ | $\square_{3}$ | $\square_{4}$ | $\square_{5}$ |
| C | so nervous that nothing could calm you down? | $\square_{1}$ | $\square_{2}$ | $\square_{3}$ | $\square_{4}$ | $\square_{5}$ |
| d | hopeless? | $\square_{1}$ | $\square_{2}$ | $\square_{3}$ | $\square_{4}$ | $\square_{5}$ |
| e | restless or fidgety? | $\square$ <br> 1 | $\square_{2}$ | $\square_{3}$ | $\square_{4}$ | $\square_{5}$ |
| f | so restless that you could not sit still? | $\square_{1}$ | $\square_{2}$ | $\square_{3}$ | $\square_{4}$ | $\square_{5}$ |
| g | depressed? | $\square$ | $\square_{2}$ | $\square_{3}$ | $\square_{4}$ | $\square_{5}$ |
| h | that everything was an effort? | $\square_{1}$ | $\square_{2}$ | $\square_{3}$ | $\square_{4}$ | $\square_{5}$ |
| i | so sad that nothing could cheer you up? | $\square_{1}$ | $\square_{2}$ | $\square_{3}$ | $\square_{4}$ | $\square_{5}$ |
| j | worthless? | $\square_{1}$ | $\square_{2}$ | $\square_{3}$ | $\square_{4}$ | $\square_{5}$ |
|  | R05484-W9M1 | 7 |  |  |  | + |

B18 Now some questions about family life.
Please indicate, by crossing one box on each line, how satisfied or dissatisfied you currently are with each of the following relationships. The more satisfied you are, the higher the number of the box you should cross. The less satisfied you are, the lower the number of the box you should cross.
If the question does not apply
to you, cross $\boldsymbol{X}$ the
"Does not apply" category.
How satisfied are you with:

a your relationship with your partner?

your relationship with your children?

your partner's relationship with your children?

d your relationship with your stepchildren?

e how well the children in the household get along with each other?

h your relationship with your (most recent) former spouse or partner?

your relationship with your parents?
your relationship with your step-parents?


B20 Do you think you do your fair share around the house?

$$
\text { (Cross } X \text { one box) }
$$

I do much more than my fair shareI do a bit more than my fair shareI do my fair shareI do a bit less than my fair share I do much less than my fair share

B21 In general, about how often do you get together socially with friends or relatives not living with you?
(Cross $\boldsymbol{X}$ one box)

## Every day

Several times a weekAbout once a week2 or 3 times a month
About once a month
$\square$ Once or twice every 3 months
$\square$ Less often than once every 3 months

B22 The following statements have been used by many people to describe how much support they get from other people. How much do you agree or disagree with each? The more you agree, the higher the number of the box you should cross. The more you disagree, the lower the number of the box you should cross.
(Please cross X ONE box for EACH statement)

a People don't come to visit me as often as I would like
b I often need help from other people but can't get it
c I seem to have a lot of friends

i When something's on my mind, just talking with the people I know can make me feel better
j When I need someone to help me out, I can usually find someone


B23 We now would like you to think about major events that have happened in your life over the past 12 months. For each statement cross either the YES box or the NO box to indicate whether each event happened during the past 12 months. If you answer "YES", then also cross one box to indicate how long ago the event happened or started.

| Did any of these happen to you in the past 12 months? |  | YES | NO | If "YES" indicate how many months ago it happened |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | $\begin{gathered} 0 \text { to } 3 \\ \text { months ago } \end{gathered}$ |  | $\begin{gathered} 4 \text { to } 6 \\ \text { months ago } \end{gathered}$ | $\begin{gathered} 7 \text { tog } \\ \text { months ago } \end{gathered}$ | $\begin{gathered} 10 \text { to } 12 \\ \text { months ago } \end{gathered}$ |
| a | Got married |  | $\square$ | $\square$ | -3 |  | $]_{\text {-, }}$ |  |
| b | Separated from spouse or long-term partner | $\square$ | $\square$ | $\square \square_{0-3}$ | $\square \square_{4-6}$ | $\square \square_{7-9}$ |  |
| c | Got back together with spouse or long-term partner after a separation | $\square$ | $\square$ | $\square \square_{0-3}$ | $\square_{4-6}$ | $\square_{7-9}$ |  |
| d | Pregnancy / pregnancy of partner |  | $\square$ | 0-3 | 4-6 | $]_{7-9}$ |  |
| e | Partner or I gave birth to, or adopted, a new child | $\square$ | $\square$ | $\square \square_{0-3}$ | $\square \square_{4-6}$ | $\square 7$ |  |
| f | Serious personal injury or illness to self |  | $\square$ |  |  | -, |  |
| g | Serious personal injury or illness to a close relative / family member | $\square$ | $\square$ |  |  | ,-9 |  |
| h | Death of spouse or child |  | $\square$ |  |  |  |  |
| i | Death of other close relative / family member (e.g., parent or sibling) | $\square$ | $\square$ | $\square \square_{0-3}$ | $\square \square_{4-6}$ | $\square_{7-9}$ |  |
| j | Death of a close friend | $\square$ | $\square$ |  |  | ,-9 |  |
| k | Victim of physical violence (e.g., assault) | $\square$ | $\square$ |  |  | $\square 7$ |  |
| 1 | Victim of a property crime (e.g., theft, housebreaking) | $\square$ | $\square$ |  |  | 7-9 |  |
| m | Detained in a jail / correctional facility | $\square$ | $\square$ |  |  | $\square_{7-9}$ |  |
| n | Close family member detained in a jail / correctional facility | $\square$ | $\square$ | $\square \square_{0-3}$ | $\square \square_{4-6}$ | $\square_{\text {I-9 }}$ |  |
| 0 | Retired from the workforce | $\square$ | $\square$ |  |  | -, |  |
| p | Fired or made redundant by an en | $\square$ | $\square$ |  |  | $\square$ |  |
| q | Changed jobs (i.e., employers) | $\square$ | $\square$ | $\square \square_{0-3}$ |  | $\square$-, |  |
| r | Promoted at work | $\square$ | $\square$ | $\square \square_{0-3}$ |  | $\square_{\text {I-9 }}$ |  |
| $s$ | Major improvement in financial situation (e.g., won lottery, received an inheritance) | $\square$ | $\square$ | $\square$ | $\square$ | $\square_{7-9}$ |  |
| t | Major worsening in financial situation (e.g., went bankrupt) | $\square$ | $\square$ |  |  | $\square$ |  |
| u | Changed residence | $\square$ | $\square$ | $\square$ |  | $\square_{7-9}$ |  |
| $v$ | A weather-related disaster (e.g., flood, bushfire, cyclone) damaged or destroyed your home | $\square$ | $\square$ | $\square \square_{0-3}$ | $\square \square_{4-6}$ | $\square 7$ |  |

B24 How much time would you spend on each of the following activities in a typical week?

| IMPORTANT: | - Please do not count any activity twice | Hours | Minutes |
| :---: | :---: | :---: | :---: |
|  | $\bullet$ If you do not do an activity, write " 0 " in the hours box | per week | (if applicable) |

a Paid employment

$\square$
b Travelling to and from a place of paid employment
c Household errands, such as shopping, banking, paying bills, and keeping financial records (but do not include driving children to school and to other activities)
d Housework, such as preparing meals, washing dishes, cleaning house, washing clothes, ironing and sewing
e Outdoor tasks, including home maintenance (repairs, improvements, painting etc.), car maintenance or repairs and gardening

f Playing with your children, helping them with personal care, teaching, coaching or actively supervising them, or getting them to child care, school and other activities
g Looking after other people's children (aged under 12 years) on a regular, unpaid basis

h Volunteer or charity work (for example, canteen work at the local school, unpaid work for a community club or organisation)
i Caring for a disabled spouse or disabled adult relative, or caring for elderly parents or parents-in-law

TOTAL: This cannot exceed 168 hours and typically will not be greater than 120. If it is, please re-think your answers.


B25 Have you ever been told by a doctor or nurse that you have any of the long-term health conditions listed below? Please only include those conditions that have lasted or are likely to last for six months or more.
(Cross X ONe box on EACH line)

|  |  | YES | NO |
| :--- | :--- | :---: | :---: |
| a | Arthritis | $\square$ | $\square$ |
| b | Asthma | $\square$ | $\square$ |
| c | Any type of cancer | $\square$ | $\square$ |
| d | Chronic bronchitis or emphysema | $\square$ | $\square$ |
| e | Type 1 diabetes (childhood onset) | $\square$ | $\square$ |
| f | Type 2 diabetes (adult onset) | $\square$ | $\square$ |
| g | Depression / Anxiety | $\square$ | $\square$ |
| h | Heart / Coronary disease | $\square$ | $\square$ |
| i | High blood pressure / Hypertension | $\square$ | $\square$ |
| j | Any other serious circulatory condition |  |  |
| (e.g., stroke, hardening of the arteries) | $\square$ | $\square$ |  |

B26 How well do the following words describe you? For each word, cross one box to indicate how well that word describes you. There are no right or wrong answers.
(Cross X ONE box for EACH word.)


B27 Are you married or living with someone in a long-term relationship?
$\square$

```
Yes }=>\mathrm{ PLEASE COMPLETE THE NEXT QUESTION, B28
```

No $\Rightarrow$ Go то $\mathbf{C 1}$

B28 The next few questions are about your relationship with your spouse or partner.
(Please cross X ONE box for EACH statement)

|  |  |  |  |  |  | Excellent$\square$ 5 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| a | How good is your relationship compared to most? | $\begin{gathered} \text { Poor } \\ \square_{1} \end{gathered}$ | $\square$ | $\square_{3}$ | $\square$ <br> $]_{4}$ |  |
| b | How often do you wish you had not married/got into this relationship? | Never $\square$ <br> 1 | $\square_{2}$ | $\square_{3}$ $\square$ | $\square$ | Very often $\square$ |
| c | To what extent has your relationship met your original expectations? | Hardly at all $\square$ 1 | $\square_{2}$ | 3 | $\square_{4}$ | Completely $\square$ 5 |
| d | How much do you love your spouse/partner? | $\begin{gathered} \begin{array}{c} \text { Not } \\ \text { much } \end{array} \\ \square \square_{1} \end{gathered}$ | $\square_{2}$ | $\square 3$ | $\square_{4}$ | Very, very much $\square$ 5 |
| e | How many problems are there in your relationship? | $\begin{gathered} \text { Not } \\ \text { many } \\ \square \square_{1} \end{gathered}$ | $\square_{2}$ | $\square 3$ | $\square_{4}$ | Very many $\square$ 5 |
| f | How well does your spouse/partner meet your needs? | $\begin{gathered} \text { Poor } \\ \square_{1} \end{gathered}$ | $\square$ $]_{2}$ | $\square_{3}$ | $\square$ <br> 4 | Excellent $\square$ 5 |

## PART C: PERSONAL AND HOUSEHOLD FINANCES

C1 Given your current needs and financial responsibilities, would you say that you and your family are ...
(Cross X one box)
Prosperous
$\square$ Very comfortable
$\square$ Reasonably comfortable
$\square$ Just getting along
$\square$ Poor
$\square$ Very poor

C2 Since January 2009 did any of the following happen to you because of a shortage of money?
(Cross $X$ one box on EACH line)

| a | YES | NO |  |
| :--- | :--- | :--- | :--- |
| Could not pay electricity, gas <br> or telephone bills on time | $\square$ | $\square$ |  |
| c | Could not pay the mortgage <br> or rent on time | $\square$ | $\square$ |
| d | Pawned or sold something | $\square$ | $\square$ |
| e | Was unable to heat home | $\square$ | $\square$ |
| f | Asked for financial help from <br> friends or family | $\square$ | $\square$ |
| g | Asked for help from welfare / <br> community organisations | $\square$ | $\square$ |

C3a Suppose you had only one week to raise \$3000 for an emergency. Which of the following best describes how hard it would be for you to get that money?
(Cross X one box)
I could easily raise the money $\quad \Rightarrow$ Go то C3b
I could raise the money, but it would involve some sacrifices (e.g., reduced spending, selling a possession) $\square$ Go то C3b

I would have to do something drastic to raise the money (e.g., selling an important possession) $\square$ Go то C3b

I don't think I could raise
the money $\quad \square$ Go то C4

C3b And how would you obtain that money?
(Cross $\boldsymbol{X}$ all boxes that apply)Use savings
Borrow from a relative who
lives with youBorrow from a relative who lives elsewhereBorrow from a friend
Borrow from a financial institution or use credit

Sell an assetUse some other method
to find the money

C4 Who makes the decisions about the following issues in your household? (Cross $X$ one box on EACH line)

|  |  | Always me | Usually me | Shared equally between partner \& self |  | Always my partner | Always /usually other person(s) in house | Shared equally among household members | Always /usually someone not living in house | $\begin{gathered} \text { Does } \\ \text { not } \\ \text { apply } \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| a | Managing day-to-day spending and paying bills | $\square_{1}$ | $\square_{2}$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square_{8}$ | $\square$ |
| b | Making large household purchases (e.g., cars and major appliances) | $\square_{1}$ | $\square_{2}$ | $\square_{3}$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square_{8}$ | $\square 9$ |
| C | The number of hours you spend in paid work | $\square_{1}$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| d | The number of hours your partner / spouse spends in paid work | $\square_{1}$ | $\square_{2}$ | $\square_{3}$ | $\square$ | $\square_{5}$ | $\square$ | $\square$ | $\square_{8}$ | $\square$ |
| e | The way children are raised | $\square_{1}$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| $f$ | Social life and leisure activities | $\square_{1}$ | $\square_{2}$ | $\square_{3}$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square_{8}$ | $\square$ |
| g | Savings, investment and borrowing | $\square_{1}$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square_{8}$ | $\square 9$ |

S/No.


C5 Do you have any responsibility for the payment of household bills, such as electricity, gas, water and council rates?
$\mathrm{Yes} \Rightarrow$ Please continue
No $\leftrightarrows$ Go to PART D on page 17

## HOUSEHOLD SPENDING

C6 Following is a list of things that many Australians regularly spend money on. For each type of expenditure, cross either the YES box or the NO box to indicate whether anyone in this household spends any money on that item. If you answer YES then also write in your best estimate of the average amount spent on that item. Write the amount rounded up to the nearest dollar.
We are interested in the total amount spent by all people in the household.
If you are unsure please make your best guess.
Do not include expenses associated with any businesses you may own.
Weekly Expenses (Cross X ONE box on EACH line)


## Monthly Expenses

|  |  | NO | YES |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| f | Motor vehicle fuel (petrol, diesel, LPG) and engine oil |  |  |  |  |
| $g$ | Men's clothing and footwear |  |  |  |  |
| h | Women's clothing and footwear |  |  |  |  |
| i | Children's clothing and footwear |  |  |  |  |
| j | Telephone rent and calls, and internet charges (Include rent and charges on mobile phones) |  |  |  |  |

## Annual Expenses



## PART D: YOUR JOB AND THE WORK PLACE

## D1 Are you currently in paid work?

## Yes $\Rightarrow$ Please go to D2 and complete the rest of PART D <br> No $\Rightarrow$ Go to PARTE on PAGE 18

D2 The following statements are about your current (main) job. Please indicate, by crossing one box on each line, how strongly you agree or disagree with each. The more you agree, the higher the number of the box you should cross. The more you disagree, the lower the number of the box you should cross.
(Please cross X ONE box for EACH statement)


D3 Following is a list of conditions and entitlements that employers sometimes provide their employees. For each, please indicate whether you, or other employees working at a similar level to you at your workplace, would be able to use these if needed.
(Cross X ONE box on EACH line)

|  |  | Yes | No | Don't know |
| :--- | :--- | :---: | :---: | :---: |
| a | Paid maternity leave | $\square$ | $\square$ | $\square$ |
| b | Unpaid maternity leave | $\square$ | $\square$ | $\square$ |
| c | Parental leave | $\square$ | $\square$ | $\square$ |
| d | Special leave for caring for family members | $\square$ | $\square$ | $\square$ |
| e | Permanent part-time work | $\square$ | $\square$ | $\square$ |
| f | Home-based work | $\square$ | $\square$ | $\square$ |
| g | Flexible start and finish times | $\square$ | $\square$ |  |
| h | Child care facilities or subsidised child care expenses | $\square$ | $\square$ | $\square$ |

## PART E: PARENTING

E1 Do you have parenting responsibilities for any children aged 17 years or less?

## $\square$ Yes $\Rightarrow$ Please go to E2 and complete the rest of PART E <br> $\square$ No $\Rightarrow$ Go to PART F on PAGE 20

E2 The following statements are about raising children. Thinking about the children aged 17 years or less that you have parenting responsibility for, please indicate, by crossing one box on each line, how strongly you agree or disagree with each statement. The more you agree, the higher the number of the box you should cross. The more you disagree, the lower the number of the box you should cross.

a Being a parent is harder than I thought it would be
b I often feel tired, worn out, or exhausted from meeting the needs of my children

C I feel trapped by my responsibilities as a parent
d I find that taking care of my child/children is much more work than pleasure


E3 Do you think you do your fair share of looking after the children?
(Cross X one box)I do much more than my fair shareI do a bit more than my fair shareI do my fair shareI do a bit less than my fair shareI do much less than my fair share

S/No. $\square$

This question is for parents who are in paid work. If you are not in paid work, skip this question and

E4 The following statements are about combining work with family responsibilities. Please indicate, by crossing one box on each line, how strongly you agree or disagree with each. The more you agree, the higher the number of the box you should cross. The more you disagree, the lower the number of the box you should cross.

(Please cross X ONE box for EACH statement)
a Having both work and family responsibilities makes me a more well-rounded person
b Having both work and family responsibilities gives my life more variety
c Managing work and family responsibilities as well as I do makes me feel competent


Because of my family responsibilities, I have to turn down work activities or opportunities that I would prefer to take on

e Having both work and family responsibilities challenges me to be the best I can be


Because of my family responsibilities, the time I spend working is less enjoyable and more pressured

$g$ Because of the requirements of my job, I miss out on home or family activities that I would prefer to participate in
h Because of the requirements of my job, my family time is less enjoyable and more pressured


Working makes me feel good about myself, which is good for my children


My work has a positive effect on my children
k Working helps me to better appreciate the time I spend with my children

1
The fact that I am working makes me a better parent
m I worry about what goes on with my children while I'm at work
n Working leaves me with too little time or energy to be the kind of parent I want to be

o Working causes me to miss out on some of the rewarding aspects of being a parent

p Thinking about the children interferes with my performance at work


## PART F:

F1 Are you male or female?
$\square$ MaleFemale

F2 Which age group do you belong to?
(Cross X one box)

| $\square$ | $15-17$ years | $\square$ | $35-44$ years |
| :--- | :--- | :--- | :--- |
| $\square$ | $18-19$ years | $\square$ | $45-54$ years |
| $\square$ | $20-21$ years | $\square$ | $55-64$ years |
| $\square$ | $22-24$ years | $\square$ | $65-74$ years |
| $\square$ | $25-34$ years | $\square$ | 75 years or over |

F3 What is today's date?


F4 Is there anything else that you would like to tell us about living in Australia?
If so, please write on the lines below. (To ensure your privacy remains protected at all times, please do not write any personal contact details here such as your name, address or phone number.)

## THERE ARE NO MORE QUESTIONS.

Please seal the completed questionnaire in the envelope provided and have it ready when the interviewer returns to collect it.

The interviewer will come back at the time shown on the front cover.
If the interviewer cannot come back, they will phone you and ask you to post it using the reply-paid envelope provided.

Once again, Thank You for your cooperation and participation.

## Roy Morgan <br> - Research

