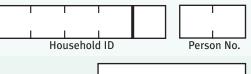




Freecall: 1800 656 670 Email: hilda@roymorgan.com



All data are provided **IN-CONFIDENCE**

First name of respondent:

Thank you for the information you have already given our interviewer.

This form contains some additional questions that you might find easier to answer by yourself rather than having the interviewer ask them.

All information you give us will be <u>completely confidential</u>. When you have completed the questionnaire you should seal it in the envelope provided and give it to your interviewer, who will return it unopened to our office. If you prefer, you may post it back to us instead.

In our office, <u>only</u> the survey team will have access to this form. Everyone in this team has signed a deed of confidentiality and is required to observe privacy laws when handling your information.

Your full name or address will never be linked with any of the information you provide.

Instructions for completing this form

In answering these questions, please be as honest and accurate as possible.

■ Use only blue or black ink, or a <u>dark</u> lead pencil. Put an **X** inside the box provided. (Do <u>not</u> mark any areas <u>outside the box</u>.) For example:

Right	Wrong
X	

■ If you make a mistake:
Simply colour in the whole box and mark the correct one as shown.

For example:

	1	X		
1	2	3	4	

If more than one answer is allowed, this will be specified under the question.

What to do once you have completed the questionnaire?

Please seal it in the envelope provided.

Your interviewer will come back to collect this form on _____ around _____ around

If the interviewer is unable to collect this form, they will phone you and ask you to post it in the reply paid envelope to the Roy Morgan Research office.

Any questions?

Ask your interviewer, or ring us on our Free CALL NUMBER 1800 656 670

AADT A CENEDAL HEALTH AND WELL DEING	
PART A: GENERAL HEALTH AND WELL-BEING	
SE 24 Hoolth Summan)	
SF-36 Health Survey)	
•	

This first set of questions seeks your views about your health, how you feel and how well you are able to do your usual activities.

Please take the time to read and answer each question carefully by crossing the box corresponding to your response. If you are unsure about how to answer a question, please give the best answer you can.

A1 In general, would you say your health is:

							(Cross	ONE box)				
		Excellent	Very good	Good	Fai	r	5	Poor				
A2	Co	ompared to one	year ago, how would	you rate your health i	n general <u>now</u>	?	(Cross	ONE box)				
		Much bette	r now than a year ago									
	Somewhat better now than a year ago											
	About the same as one year ago											
	Somewhat worse now than one year ago											
		5 Much worse	e now than one year ago	0								
А3	3 The following questions are about activities you might do during a typical day.											
	Do	ONE box o	n <u>EACH</u> line)									
		ACTIVITIES					Yes, limited a little	No, not limited at all				
	a	_	<u>vities,</u> such as running, cipating in strenuous sp			1		3				
	b		<u>vities,</u> such as moving a er, bowling or playing g]1	2	3				
	С	Lifting or carry	ying groceries			1	2	3				
	d	Climbing seve	ral flights of stairs			1	2	3				
	e	Climbing one	flight of stairs			1	2	3				
	f	Bending, knee	eling, or stooping			1						
	g	Walking more	than one kilometre				2					
	h	Walking <u>half</u> a	a kilometre			1	2	3				
	i	Walking 100 n	metres			1	2	3				
	j	Bathing or dre	essing yourself									

[SF-36 Standard English (Australia/New Zealand) Version 1.0.] Copyright © 1994 Medical Outcomes Trust. All rights reserved. Reproduced with permission of the Medical Outcomes Trust.

+		+		+							
A 4		uring the <u>past 4 weeks</u> , have you had any of the following problems with your we ctivities <u>as a result of your physical health</u> ? (Cross [ork or other r								
			YES	NO							
	a	Cut down the <u>amount of time</u> you spent on work or other activities									
	b	Accomplished less than you would like									
	с	Were limited in the <u>kind</u> of work or other activities									
	d	Had <u>difficulty</u> performing the work or other activities (for example, it took extra effort)									
A 5	During the past 4 weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? (Cross one box on EACH line)										
			YES	NO							
	a	Cut down the amount of time you spent on work or other activities									
	b	Accomplished less than you would like									
	С	Didn't do work or other activities <u>as carefully</u> as usual									
A6		uring the past 4 weeks, to what extent has your physical health or emotional pour normal social activities with family, friends, neighbours, or groups? Not at all Slightly Moderately Quite a bit	(Cross	fered with ONE box) attremely							
A7	Но	ow much <u>bodily</u> pain have you had during the <u>past 4 weeks</u> ?	(Cross [X ONE box)							
		No bodily pain Very mild Mild Moderate Seve	re G V	ery severe							
A8		uring the <u>past 4 weeks</u> , how much did <u>pain</u> interfere with your normal work (incl ne home and housework)?	_	ork outside ONE box)							
		Not at all Slightly Moderately Quite a bit	Ex	tremely							
+	c	S/No.									

19 These questions are about how you feel and how things have been with you <u>during the past 4 weeks</u> . For each question, please give the one answer that comes closest to the way you have been feeling.											
Ho	ow much of the time during the <u>past 4 weeks</u> :			(Cross	oni	E box on I	<u>EACH</u> line)				
		All of the time	Most of the time	A good bit of the time	Some of the time	A little of the time	None of the time				
a	Did you feel full of life?		2	3	4	5	6				
b	Have you been a nervous person?		2	3	4	5	6				
С	Have you felt so down in the dumps that nothing could cheer you up?		2	3	4	5	6				
d	Have you felt calm and peaceful?	1	2	3	4	5	6				
e	Did you have a lot of energy?	1	2	3	4	5	6				
f	Have you felt down?	1	2	3	4	5	6				
g	Did you feel worn out?		2	3	4	5	6				
h	Have you been a happy person?		2	3	4	5	6				
i	Did you feel tired?	1		3	4	5	6				
				lth or emo	-						
	1 All of the time										
	Most of the time										
	3 Some of the time										
L	☐ A little of the time										
L	□ Sone of the time										
ł	How TRUE or FALSE is <u>each</u> of the following stater	ments for	you?	(Cross	S X ONI	E box on <u>I</u>	EACH line)				
			Definitely True	Mostly True	Don't know	Mostly False	Definitely False				
a	I seem to get sick a little easier than other people		1	2	3	4	5				
b	I am as healthy as anybody I know		1	2	3	4	5				
С	I expect my health to get worse		1	2	3	4	5				
d	My health is excellent		1	2	3	4	5				
1 1 1	aa bb cc dd ee ff gg hh ii	How much of the time during the past 4 weeks: a Did you feel full of life? b Have you been a nervous person? c Have you felt so down in the dumps that nothing could cheer you up? d Have you felt calm and peaceful? Did you have a lot of energy? f Have you felt down? Did you feel worn out? h Have you been a happy person? i Did you feel tired? During the past 4 weeks, how much of the time has with your social activities (like visiting friends, rela 1 All of the time 3 Some of the time 4 A little of the time 5 None of the time How TRUE or FALSE is each of the following stater a I seem to get sick a little easier than other people b I am as healthy as anybody I know c I expect my health to get worse	How much of the time during the past 4 weeks: All of the time Indiana Indiana	How much of the time during the past 4 weeks: All of the time time time All of the time All title of the time All tit	How much of the time during the past 4 weeks: All of the time All of the time	How much of the time during the past 4 weeks: All of the time All title of the time All title of the time All title of the time All of the time	How much of the time during the past 4 weeks: Cross QNE box on 1				

4

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PART B: YOU, YOUR LIFESTYLE AND YOUR LIVING SITUATION

B1	In general, how often do you participate in moderate or intensive physical activity for at least 30 minutes? Moderate level physical activity will cause a slight increase in breathing and heart rate, such as brisk walking. (Cross Not at all Less than once a week 1 to 2 times a week More than 3 times a week (but not every day)	B5	many standard	drinks do k is a small beer, a nip e standard d andard drin ndard drin ndard drin	(Cross X ONE d drinks rinks inks iks iks	r e? 285 ml
	Every day		1 to 2 Stat	iuaiu uiiii	- N-3	
B2	Do you smoke cigarettes or any other tobacco products? (Cross DONE box)	В6	FEMALES	<u>OR</u>	MALES	
	No, I have never smoked No, I no longer smoke Yes, I smoke daily Yes, I smoke at least weekly (but not daily) Yes, I smoke less often Go то ВЗ Go то ВЗ		How often do you have 5 or more standard drinks on one occasion?		How often do you have 7 or more standard drinks on one occasion?	
	than weekly Go TO B3		(Use the box	es below	and cross 🗶 on	only)
	How many cigarettes do you usually smoke each week? Lease convert cigar/pipe/loose bacco to a number of cigarettes: Do you drink alcohol? (Cross No, I have never drunk alcohol Go To B7 No, I no longer drink alcohol Go To B7		Not in the Less than i Once a mo 2 to 3 time 1 to 2 time 3 to 4 time 5 or more	monthly b onth es a month es a week es a week		year
	Yes, I drink alcohol every day Yes, I drink alcohol 5 or 6 days per week Yes, I drink alcohol 3 or 4 days per week Yes, I drink alcohol 1 or 2 days per week Yes, I drink alcohol 2 or 3 days per month Yes, but only rarely	В7	•	-	ve member of a nunity-based club (Cross X <u>ONE</u>	
	Yes, I drink alcohol 1 or 2 days per week Yes, I drink alcohol 2 or 3 days per month		Yes		(Cross X on	VE

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R05484 - W9M1

S/No.

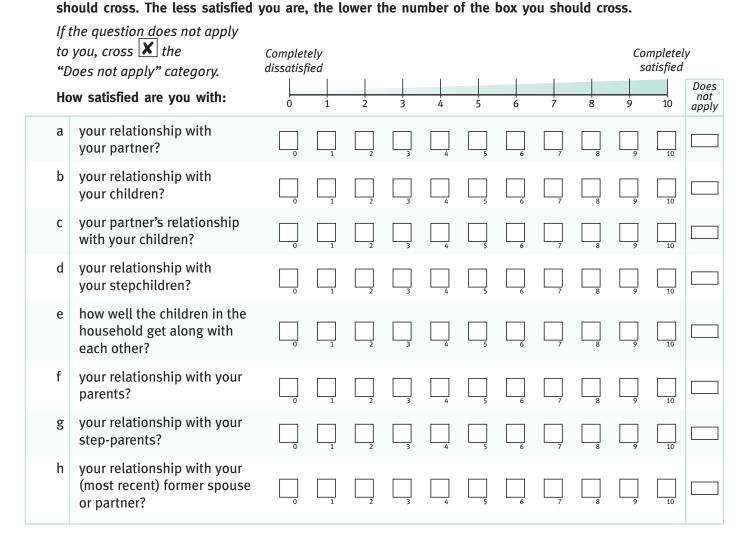
B8	How often do you feel rushed or pressed for time?	B12 Are you currently on a diet to lose weight? (Cross X ONE box)
	(Cross X one box)	Yes
	Almost always	No
	Often	
	Sometimes	
	Rarely	B13 In the last 12 months, how often have you
	Never	dieted in order to lose weight?
		(Cross 🗶 <u>one</u> box)
		Never
В9	How often do you feel you have spare time that	Once
	you don't know what to do with? (Cross X ONE box)	More than once
	(C1033 A <u>ONE</u> 5000)	Always on a diet
	Almost always	
	Often	
	Sometimes	B14 Do you consider yourself to be
	Rarely	(Cross X ONE box)
	Never	Acceptable weight?
		Underweight?
		Overweight?
B10	How tall are you (without shoes)?	
	You only need to provide an answer in either centimeters (cms) or in feet / inches.	
	cms	
	OR	B15 How satisfied are you with your current weight?
	feet inches	(Cross X ONE box)
	(Note: There are 12 inches in a foot)	Very satisfied
		Satisfied
_		Neither satisfied nor dissatisfied
B11	What is your current weight? You only need to provide an answer in either	Dissatisfied
	kilograms (kgs) or in stones / pounds.	
		Very dissatisfied
	kgs	
	OR	
	stones pounds	
	(Note: There are 14 pounds in a stone)	

+

+		+								+
B16	How often do you usually eat each of the follo	wing food t	ypes?		(C	ross [X ON	E box o	n <u>EAC</u>	<u>н</u> line)
			Never	Less than once a month	1-3 times per month	Once per week	2-4 times per week	5-6 times per week	Once per day	Two or more times per day
a	Legumes / pulses (such as kidney beans, lentils, to	ofu).			3	4	5	6	7	8
b	Biscuits, cakes, pies, cake-type desserts, pastries,	etc.		2	3		5		7	8
С	Pasta, rice, rice noodles/cakes, cornmeal or cousco	ous.		2	3	4	5		7	8
d	Snack foods (such as potato crisps, pretzels, popco crackers, oriental snack mix, and salted nuts).	orn,		2	3	4	5	6	7	8
e	Breakfast cereals (such as muesli, bran flakes, por commercial cereal brands).	idge, and		2	3		5		7	8
f	Confectionery (such as lollies, sweets, chocolate barfudge) and ice cream.	ars, and		2	3	4	5		7	8
g	Breads (all types), crumpets and English muffins.			2	3	4	5		7	8
h	Fried potatoes, French fries, hot chips or wedges.			2	3		5		7	8
i	Red meat (for example, beef, veal, lamb, pork, and dishes where meat is the major component). <i>Do not include ham</i> .			2			5		7	8
j	Processed meat products, such as cold meats, bacon, sausages, and meat pies.			2	3	4	5		7	8
k	Poultry, such as chicken, turkey, and duck.			2	3	4	5		7	8
l	Fresh / frozen / tinned fish or shellfish. <i>Do not includentered/crumbed fish</i> , fish fingers or fish cakes.	ude		2	3		5		7	8
	The following questions are about your feeling In the <u>last four weeks</u> , about how often did yo	•	st 4 we	eeks.	(0	īross [X on	E box o	on EAC	<u>H</u> line)
		All of the time		of the me		of the ne		of the me		of the ne
a	tired out for no good reason?	1		2		3		4		5
b	nervous?	1		2		3		4		5
С	so nervous that nothing could calm you down?	1		2		3		4		5
d	hopeless?	1		2		3		4		5
е	restless or fidgety?	1		2		3		4		5
f	so restless that you could not sit still?	1		2		3		4		5
g	depressed?	1		2		3		4		5
h	that everything was an effort?	1		2		3		4		5
i	so sad that nothing could cheer you up?	1		2		3		4		5
j	worthless?	1		2		3		4		5

R05484 - W9M1 7 S/No.

+	+	+
B18	8 Now some questions about family life. Please indicate, by crossing one box on each line, how satisfied or dissatisfied you currently are with	
	each of the following relationships. The more satisfied you are, the higher the number of the box yo	



B19 And how satisfied are you with the following aspects of family life?

Again, please indicate, by crossing one box on each line, how satisfied or dissatisfied you currently are.

If the question does not apply to you, cross X the "Does not apply" category.		Complet dissatis										mplete atisfied	•
Но	ow satisfied are you with:	0	1	2	3	4	5	6	7	8	9	10	Does not apply
a	the way childcare tasks are divided between you and your partner?	0	1	2	3	4	5	6	7	8	9	10	
b	the way household tasks are divided between you and your partner?		1	2	3	4	5	6	7	8	9	10	

+		+								+
B20	Do you think you do your fair share around the house?	B21	toget	her s		/ with	often friends	•	_	5
	(Cross X ONE box)						(Cross	X on	IE box)
	I do much more than my fair share I do a bit more than my fair share I do my fair share I do a bit less than my fair share I do much less than my fair share		S A 2 A A D O	bout or 3 bout nce c	once a times once a		th		onths	
B22	The following statements have been used by many pother people. How much do you agree or disagree with box you should cross. The more you disagree (Please cross one box for EACH statement)	vith each	h? The wer the	more	you a ber of	gree, t	he hig	her the	e num ld cros	ber of
ć	People don't come to visit me as often as I would I	like						5	6	7
ŀ	I often need help from other people but can't get i	t				3	4	5	6	7
	I seem to have a lot of friends				2	3	4	5	6	7
C	I don't have anyone that I can confide in						4	5	6	7
•	I have no one to lean on in times of trouble				2	3	4	5	6	7
	There is someone who can always cheer me up when I'm down				2	3	4	5	6	7
٤	I often feel very lonely			1	2	3	4	5	6	7
ŀ	I enjoy the time I spend with the people who are important to me						4	5	6	7
	When something's on my mind, just talking with the people I know can make me feel better	ne			2	3	4	5	6	7
	When I need someone to help me out, I can usuall find someone	у			2	3	4	5	6	7

S/No.

B23 We now would like you to think about major events that have happened in your life over the <u>past 12 months</u>. For <u>each</u> statement cross either the YES box or the NO box to indicate whether each event happened <u>during the past 12 months</u>. If you answer "YES", then also <u>cross one box</u> to indicate <u>how long ago</u> the event happened or started.

	Did any of these happen to you in the			If "YES" inc	ny months ago it happened			
	past 12 months?	YES	NO	0 to 3 months ago	4 to 6 months ago	7 to 9 months ago	10 to 12 months ago	
a	Got married			0-3	4 - 6	7-9	10 - 12	
b	Separated from spouse or long-term partner			0-3	4 - 6	7 - 9	10 – 12	
С	Got back together with spouse or long-term partner after a separation			0-3	4 - 6	7 - 9	10 – 12	
d	Pregnancy / pregnancy of partner			0 – 3	4-6	7-9	10 – 12	
е	Partner or I gave birth to, or adopted, a new child			0-3	4-6	7 - 9	10 – 12	
f	Serious personal injury or illness to self			0-3	4-6	7-9	10 – 12	
g	Serious personal injury or illness to a close relative / family member			0-3	4-6	7-9	10 - 12	
h	Death of spouse or child			0 - 3	4 - 6	7 - 9	10 – 12	
i	Death of other close relative / family member (e.g., parent or sibling)			0-3	4-6	7 - 9	10 – 12	
j	Death of a close friend			0-3	4-6	7 - 9	10 – 12	
k	Victim of physical violence (e.g., assault)			0 - 3	4-6	7 – 9	10 – 12	
l	Victim of a property crime (e.g., theft, housebreaking)			0 – 3	4-6	7 - 9	10 – 12	
m	Detained in a jail / correctional facility			0-3	4-6	7 - 9	10 – 12	
n	Close family member detained in a jail / correctional facility			0 – 3	4-6	7 – 9	10 – 12	
0	Retired from the workforce			0 – 3	4 – 6	7 – 9	10 – 12	
р	Fired or made redundant by an employer			0 - 3	4 – 6	7 – 9	10 – 12	
q	Changed jobs (i.e., employers)			0 – 3	4-6	7 – 9	10 – 12	
r	Promoted at work			0 – 3	4-6	7 – 9	10 – 12	
S	Major improvement in financial situation (e.g., won lottery, received an inheritance)			0-3	4 - 6	7 - 9	10 – 12	
t	Major worsening in financial situation (e.g., went bankrupt)			0 – 3	4-6	7 - 9	10 – 12	
u	Changed residence			0 - 3	4-6	7 - 9	10 – 12	
V	A weather-related disaster (e.g., flood, bushfire, cyclone) damaged or destroyed your home			0-3	4-6	7-9	10 – 12	

B24 How much time would you spend on each of the following activities in a typical week?

	 IMPORTANT: • Please do not count any activity twice • If you do not do an activity, write "0" in the hours box 	Hours per week	Minutes (if applicable)
a	Paid employment		
b	Travelling to and from a place of paid employment		
С	<u>Household errands</u> , such as shopping, banking, paying bills, and keeping financial records (but do not include driving children to school and to other activities)		
d	<u>Housework</u> , such as preparing meals, washing dishes, cleaning house, washing clothes, ironing and sewing		
е	Outdoor tasks, including home maintenance (repairs, improvements, painting etc.), car maintenance or repairs and gardening		
f	Playing with <u>your</u> children, helping them with personal care, teaching, coaching or actively supervising them, or getting them to child care, school and other activities		
g	Looking after <u>other people's</u> children (aged under 12 years) on a regular, unpaid basis		
h	<u>Volunteer or charity work</u> (for example, canteen work at the local school, unpaid work for a community club or organisation)		
i	<u>Caring</u> for a disabled spouse or disabled adult relative, or caring for elderly parents or parents-in-law		
	TOTAL: This <u>cannot</u> exceed 168 hours and typically will not be greater than 120. If it is, please <u>re-think</u> your answers.		Add total hours (<u>whole</u> hours only)

B25 Have you ever been told by a doctor or nurse that you have any of the long-term health conditions listed below? Please only include those conditions that have lasted or are likely to last for six months or more.

(Cross X ONE box on EACH line)

		YES	NO
a	Arthritis		
b	Asthma		
С	Any type of cancer		
d	Chronic bronchitis or emphysema		
е	Type 1 diabetes (childhood onset)		
f	Type 2 diabetes (adult onset)		
g	Depression / Anxiety		
h	Heart / Coronary disease		
i	High blood pressure / Hypertension		
j	Any other serious circulatory condition (e.g., stroke, hardening of the arteries)		

+ +

B26 How well do the following words describe you? For each word, cross one box to indicate how well that word describes you. There are no right or wrong answers.

(Cross one box to indicate how well that word describes you. There are no right or wrong answers.

	Does not describe me at all	Describes me very well		not describe me at all	Describes me very well
	1 2 3 4 5	6 7		1 2 3 4 5	6 7
talkative	1 2 3 4 5	6 7	jealous		
sympathetic		6 7	intellectual	1 2 3 4 5	6 7
orderly	1 2 3 4 5	6 7	extroverted	1 2 3 4 5	6 7
envious	1 2 3 4 5	6 7	cold	1 2 3 4 5	6 7
deep	1 2 3 4 5	6 7	disorganised	1 2 3 4 5	6 7
withdrawn	1 2 3 4 5	6 7	temperamental	1 2 3 4 5	6 7
harsh	1 2 3 4 5	6 7	complex	1 2 3 4 5	6 7
systematic	1 2 3 4 5	6 7	shy	1 2 3 4 5	6 7
moody	1 2 3 4 5	6 7	warm	1 2 3 4 5	6 7
philosophica	al	6 7	efficient	1 2 3 4 5	6 7
bashful	1 2 3 4 5	6 7	fretful	1 2 3 4 5	6 7
kind	1 2 3 4 5	6 7	imaginative	1 2 3 4 5	6 7
inefficient	1 2 3 4 5	6 7	enthusiastic	1 2 3 4 5	6 7
touchy	1 2 3 4 5	6 7	selfish	1 2 3 4 5	6 7
creative	1 2 3 4 5	6 7	careless	1 2 3 4 5	6 7
quiet	1 2 3 4 5	6 7	calm	1 2 3 4 5	6 7
cooperative	1 2 3 4 5	6 7	traditional	1 2 3 4 5	6 7
sloppy		6 7	lively		6 7

S/No. +

B27 Are you married or living with someone in a long-term relationship? (Cross										
	YES → PLEASE COMPLETE THE NEXT QUESTION, B28 No → Go to C1									
B28	The next few questions are about your relations (Please cross X ONE box for EACH statement)	ship with	you	r spouse or p	oartner.					
ć	How good is your relationship compared to m	ost?	P	200r	23	4	Ехсе	ellent		
ŀ	b How often do you wish you had not married/got into this relationship?			ver	23	4	Very	often		
(To what extent has your relationship met you original expectations?	r	Ha at	rdly all	23	4	Сотр	pletely		
C	d How much do you love your spouse/partner?			lot uch	23	4	very	Very, much		
•	e How many problems are there in your relationship?			lot iny	23	4		Very many		
	How well does your spouse/partner meet you	ır needs?	P	200r1	23	4	Ехсе	ellent 5		
PA	RT C: PERSONAL AND HOUSEHOLD FINANCI	ES								
	Given your current needs and financial responsibilities, would you say that you and your family are	C2	ha	ppen to you	2009 did any o because of a s	hortage				
	(Cross X ONE box)		(CI	OSS A ONE	box on <u>EACH</u> li		ES	NO		
	Prosperous		a		pay electricity,	gas _[
	Very comfortable		b		ne bills on time pay the mortga		_			
	Reasonably comfortable			or rent on t	time					
	Just getting along		С		sold somethin	g L	_			
	Very poor		d	Went witho						
			e		e to heat home					
			f	friends or f	•	L				
			g		nelp from welfa v organisations					

C3a Suppose you had only one week to raise \$3000 for an emergency. Which of the following best describes how hard it would be for you to get					C3b And how would you obtain that money? (Cross X ALL boxes that apply)									
	that money?	(Cr	oss 🗶 <u>o</u>	NE box)		Use	savings							
	I could easily rais	se the Go To C3 I	b		Borrow from a relative who lives with you									
	I could raise the	•	ıt it would	I			row from		who					
	involve some sacrifices (e.g., reduced spending, selling a					lives elsewhere Borrow from a friend								
	possession) ➡ ☐ I would have to d			: to	Borrow from a financial institution									
	raise the money (epossession)	e.g., selling	an impor				ıse credit I an asset							
	I don't think I cou		•				some ot		d					
	the money	Go то С4					ind the m		-					
C 4	Who makes the decis	ions abou	ıt the foll		ues in yo	ur house	l			n <u>EACH</u> line,				
		Always me	Usually me	Shared equally between partner & self	Usually my partner	Always my partner	Always /usually other person(s) in house	Shared equally among household members	Always /usually someone not living in house	Does not apply				
a	Managing day-to-day spending and paying bills	1	2	3	4	5	6	7	8	9				
b	Making large household purchases (e.g., cars and major appliances)	1	2	3	4	5	6	7	8	9				
С	The number of hours you spend in paid work	1		3	4	5	6	7	8	9				
d	The number of hours your partner / spouse spends in paid work	1	2	3	4	5	6	7	8	9				
е	The way children are raised	1		3	4	5	6	7	8	9				
f	Social life and leisure activities	1	2	3	4	5	6	7	8	9				
g	Savings, investment and borrowing	1	2	3	4	5	6	7	8	9				

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	·					
C 5	Do you have any responsibility for the payment of househouselectricity, gas, water and council rates?	old bill	s, su	ch as		. [4
						(Cross X ONE box)
	Yes ➡ Please continue					
	No ⇒ Go το PART D on page 17					
НС	DUSEHOLD SPENDING					
C6	Following is a list of things that many Australians regulexpenditure, cross either the YES box or the NO box to spends any money on that item. If you answer YES the average amount spent on that item. Write the amount We are interested in the total amount spent by all people If you are unsure please make your best guess. Do not include expenses associated with any businesses	indicate also round in the	ate w writed up hous	whether and e in your p to the name of the	yone in best es	this household timate of the
Wee	ekly Expenses			(Cros	s X o	ne box on <u>each</u> line)
			NO	YES	нс	W MUCH PER WEEK?
	a Groceries (Include food, cleaning products, pet food and personal care products. Do <u>not</u> include alcohol or tobacco.)				•	s
	b Alcohol (Include alcohol consumed with meals eaten out.)				• [\$.00
	c Cigarettes and other tobacco products					• · · · · · · · · · · · · · · · · · · ·
	d Public transport and taxis					s .00
	e Meals eaten out (Include restaurants, take-away food, and bought lunches and snacks. Do <u>not</u> include alcohol.)					s
Mon	nthly Expenses					
		NC) YE	S	HOW	MUCH PER MONTH?
	f Motor vehicle fuel (petrol, diesel, LPG) and engine oil			→	\$.00
	g Men's clothing and footwear			→	\$.00
	h Women's clothing and footwear			→	\$.00
	i Children's clothing and footwear			→	\$.00
	j Telephone rent and calls, and internet charges (Include rent and charges on mobile phones)			→	\$.00

Annual Expenses

Aiiiua	Lapenses				
		NO	YES	ı	HOW MUCH IN THE LAST 12 MONTHS?
k	Holidays and holiday travel costs (Include short & long holidays.)			→	s .00
l	Private health insurance			→	• 00
m	Other insurance (such as home and contents and motor vehicle insurance)			→	s .00
n	Fees paid to doctors, dentists, opticians, physiotherapists, chiropractors and any other health practitioner			→	\$.00
0	Medicines, prescriptions and pharmaceuticals (Include alternative medicines.)			→	\$.00
р	Electricity bills, gas bills and other heating fuel (such as firewood and heating oil)			→	s .00
q	Repairs, renovations and maintenance to your home			→	\$.00
r	Motor vehicle repairs and maintenance (Include regular servicing.)			→	s .00
S	Education fees paid to schools, universities and other education providers (Include private tuition fees.)			→	\$.00
t	Buying brand new motor vehicles, motorbikes or other vehicles (Include boats, planes, caravans, trailers and jet skis.)			→	\$.00
u	Buying used or second-hand motor vehicles, motorbikes or other vehicles (Include boats, planes, caravans, trailers and jet skis.)			→	\$.00
V	Computers and related devices (such as printers, digital cameras, iPods, MP3 players, electronic organizers and game consoles)			→	\$.00
W	Televisions, home entertainment systems and other audio visual equipment (such as DVD players and video cameras)			→	\$.00
х	Household appliances, such as ovens, fridges, washing machines and air conditioners			→	\$.00
у	Furniture (Make sure you include any bedroom and outdoor furniture. Do <u>not</u> include floor coverings.)			→	\$.00

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PA	PART D: YOUR JOB AND THE WORK PLACE								
D1	Are	you currently in paid work?							
	Yes Please go to D2 and complete the rest of PART D No Go to PART E on page 18								
D2	line, how strongly you agree or disagree with each. The more you agree, the higher the number of the box you should cross. The more you disagree, the lower the								
	(Pl	ease cross 🗶 one box for EACH statement)	1	2	3	4	5	6	7
	a	My job is more stressful than I had ever imagined		2		4	5	6	7
	b	I fear that the amount of stress in my job will make me physically ill	1	2	3	4	5	6	7
	С	I get paid fairly for the things I do in my job		2	3	4	5	6	7
	d	I have a secure future in my job			3	4			7
	е	The company I work for will still be in business 5 years from now	1	2	3	4	5	6	7
	f	I worry about the future of my job		2	3	4	5	6	7
	g	My job is complex and difficult		2	3	4	5	6	7
	h	My job often requires me to learn new skills		2	3	4	5	6	7
	i	I <u>use</u> many of my skills and abilities in my current job		2	3	4	5	6	7
	j	I have a lot of freedom to decide <u>how</u> I do my own work		2	3	4	5	6	7
	k	I have a lot of say about what happens on my job		2	3	4	5	6	7
	l	I have a lot of freedom to decide when I do my work	1	2	3	4	5	6	7
	m	I have a lot of choice in deciding what I do at work		2	3	4	5	6	7
	n	My working times can be flexible		2	3	4	5	6	7
	0	I can decide when to take a break		2	3	4	5	6	7
	р	My job requires me to do the same things over and over again	1	2	3	4	5	6	7
	q	My job provides me with a variety of interesting things to do)	2	3	4	5	6	7
	r	My job requires me to take initiative		2	3	4	5	6	7
	S	I have to work fast in my job		2	3	4	5	6	7
	t	I have to work very intensely in my job	1	2	3	4	5	6	7

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I don't have enough time to do everything in my job

	Following is a list of conditions and entitlements that employers sometimes provide their employees. For <u>each</u> , please indicate whether you, or other employees working at a similar level to you at your workplace, would be able to use these if needed. (Cross Note box on EACH line)							
		•	Yes	(Cros.			on <u>EA</u> n't kn	
	a	Paid maternity leave	, res		, 1	20	T C KI	
	b	Unpaid maternity leave]			
	С	Parental leave]			
		Special leave for caring for family members]			
	d]			
	e	Permanent part-time work]			
	f	Home-based work]			
	g	Flexible start and finish times						
	h	Child care facilities or subsidised child care expenses						
PA	RT	E: PARENTING						
E1	Do	you have parenting responsibilities for any children	aged 17 year	s or less?				
Yes PLEASE GO TO E2 AND COMPLETE THE REST OF PART E No Go To PART F on PAGE 20 The following statements are about raising children. Thinking about the children aged 17 years of that you have parenting responsibility for, please indicate, by crossing one box on each line, how you agree or disagree with each statement. The more you agree, the higher the number of the box you should cross. Strongly disagree of the box you should cross.								
	a	Being a parent is harder than I thought it would be						
	b	I often feel tired, worn out, or exhausted from meeting the needs of my children	1	2 3	4	5	6	7
	С	I feel trapped by my responsibilities as a parent		2 3			6	7
	d	I find that taking care of my child/children is much more work than pleasure	1	2 3	4	5	6	7
	Do you think you do your fair share of looking after the children? (Cross X ONE box)							
E3								
E3		I do <u>much more</u> than my fair share						
E3		I do <u>much more</u> than my fair share I do <u>a bit more</u> than my fair share						
E3		, , , , , , , , , , , , , , , , , , ,						
£3		I do <u>a bit more</u> than my fair share						
E3		I do <u>a bit more</u> than my fair share I do my fair share						

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This question is for parents who are in paid work.

If you are <u>not</u> in paid work, skip this question and

■ Go TO PART F ON PAGE 20

+

The following statements are about combining work with family responsibilities. Please indicate, by crossing one box on each line, how strongly you agree or disagree with each. The more you agree, the higher the number of the box you should cross. The more you Stronaly Strongly disagree, the lower the number of the box you should cross. disagree agree (Please cross \mathbf{X} one box for **EACH** statement) Having both work and family responsibilities makes me a a more well-rounded person Having both work and family responsibilities gives my life b more variety Managing work and family responsibilities as well as I do C makes me feel competent Because of my family responsibilities, I have to turn down work activities or opportunities that I would prefer to take on Having both work and family responsibilities challenges me to be the best I can be Because of my family responsibilities, the time I spend f working is less enjoyable and more pressured Because of the requirements of my job, I miss out on home g or family activities that I would prefer to participate in Because of the requirements of my job, my family time is h less enjoyable and more pressured i Working makes me feel good about myself, which is good for my children j My work has a positive effect on my children k Working helps me to better appreciate the time I spend with my children The fact that I am working makes me a better parent l I worry about what goes on with my children while I'm m at work Working leaves me with too little time or energy to be the n kind of parent I want to be Working causes me to miss out on some of the rewarding 0 aspects of being a parent Thinking about the children interferes with my performance p at work

PA	ART F:				
F1	Are you male or female	?			(Cross X ONE box)
	Male	F	emale		
F2	Which age group do yo	u belong to?			(Cross X ONE box)
	15 – 17 years 18 – 19 years		5 – 44 years 5 – 54 years		
	20 – 21 years	5	5 – 64 years		
	22 – 24 years		5 – 74 years		
	25 – 34 years	7	5 years or over		
F3	What is <u>today's</u> date?	day month year			
F4	If so, please write on t	hat you would like to tel the lines below. (To ensontact details here such a	sure your privacy	remains p	rotected at all times, please do
		THERE ARE NO	MORE QUESTION	ONS.	
	Please seal the con	npleted questionnaire in t interviewer re	the envelope proveturns to collect i		nave it ready when the
		terviewer will come back			
	If the interviewe	r cannot come back, they reply-paid e	will phone you ai nvelope provided	-	to post it using the
	Once agai	in, Thank You for y	our cooperatio	on and p	articipation.
		Roy	Morgan Research—		
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