



+

۲

All data are provided **IN-CONFIDENCE**

First name of	
First name of	
respondent:	

Household ID

Thank you for the information you have already given our interviewer.

This form contains some additional questions that you might find easier to answer by yourself rather than having the interviewer ask them.

All information you give us will be <u>completely confidential</u>. When you have completed the questionnaire you should seal it in the envelope provided and give it to your interviewer, who will return it unopened to our office. If you prefer, you may post it back to us instead.

In our office, <u>only</u> the survey team will have access to this form. Everyone in this team has signed a deed of confidentiality and is required to observe privacy laws when handling your information.

Your full name or address will <u>never</u> be linked with any of the information you provide.

Instructions for completing this form

In answering these questions, please be as honest and accurate as possible.

 Use only blue or black ink, or a <u>dark</u> lead pencil. Put an X inside the box provided. (Do <u>not</u> mark any areas <u>outside the box</u>.) For example:

Right	Wrong
X	E Z X ● Z

If you make a mistake: Simply colour in the whole box and mark the correct one as shown. For example:



If more than one answer is allowed, this will be specified under the question.

What to do once you have completed the questionnaire?

Please seal it in the envelope provided.

Your interviewer will come back to collect this form on ______ around _____

If the interviewer is unable to collect this form, they will phone you and ask you to post it in the reply paid envelope to the ACNielsen office.

Any questions?

Ask your interviewer, or ring us on our *Free call number* 1800 656 670

+

SC

۲

+

Person No.

۲

PART A: GENERAL HEALTH AND WELL-BEING (SF-36 Health Survey)

+

()

This first set of questions seeks your views about your health, how you feel and how well you are able to do your usual activities.

۲

Please take the time to read and answer each question carefully by crossing the box corresponding to your response. If you are unsure about how to answer a question, please give the best answer you can.

A1 In general, would you say your health is:

	0	,,,,			(Cross 🗶 <u>one</u> box)
	Excellent	Very good	Good	Fair	Poor 5
A2	Compared to one	<u>year ago</u> , how would y	ou rate your health in ;	general <u>now</u> ?	(Cross 🗶 <u>one</u> box)
	Much bette	r now than a year ago			
	2 Somewhat	better now than a year a	ago		

₃ About the same as one year ago

4 Somewhat worse now than one year ago

5 Much worse now than one year ago

A3 The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much?

(Cross X one box on each line) No, not Yes, Yes, **ACTIVITIES** limited limited a limited at a lot little all Vigorous activities, such as running, lifting heavy а objects, participating in strenuous sports b Moderate activities, such as moving a table, pushing a vacuum cleaner, bowling or playing golf Lifting or carrying groceries С d Climbing several flights of stairs Climbing one flight of stairs е f Bending, kneeling, or stooping Walking more than one kilometre g h Walking half a kilometre Walking 100 metres i Bathing or dressing yourself j

[SF-36 Standard English (Australia/New Zealand) Version 1.0.] Copyright © 1994 Medical Outcomes Trust. All rights reserved. Reproduced with permission of the Medical Outcomes Trust.

LIA MAIN 2006

+

+

+

۲

A4 During the <u>past 4 weeks</u>, have you had any of the following problems with your work or other regular daily activities <u>as a result of your physical health</u>?

(Cross X one box on each line)

+

		YES	NO
а	Cut down the <u>amount of time</u> you spent on work or other activities		
b	Accomplished less than you would like		
с	Were limited in the kind of work or other activities		
d	Had <u>difficulty</u> performing the work or other activities (for example, it took extra effort)		

A5 During the <u>past 4 weeks</u>, have you had any of the following problems with your work or other regular daily activities <u>as a result of any emotional problems</u> (such as feeling depressed or anxious)?

A6 During the <u>past 4 weeks</u>, to what extent has your physical health or emotional problems interfered with your normal social activities with family, friends, neighbours, or groups?

 Image: Not at all matrix
 Image: Slightly matrix
 Image: Moderately matrix
 Image: Quite a bit matrix
 Image: Extremely matrix

 1
 Not at all matrix
 2
 Slightly matrix
 3
 Moderately matrix
 4
 Quite a bit matrix
 5
 Extremely matrix

A7 How much bodily pain have you had during the past 4 weeks?

(Cross 🗶 <u>one</u> box)

(Cross 🗶 <u>one</u> box)

$ \prod_{1} \text{ No bodily pain } \bigcup_{2} V $	ery mild Mild	Moderate	Severe	Very severe
---	---------------	----------	--------	-------------

A8 During the <u>past 4 weeks</u>, how much did <u>pain</u> interfere with your normal work (including both work outside the home and housework)?

LIA MAIN 2006

3

۲

+

+

۲

+

(Cross X one box)

+

(Cross X one box on each line)

A9 These questions are about how you feel and how things have been with you <u>during the past 4 weeks</u>. For each question, please give the one answer that comes closest to the way you have been feeling.

How much of the time during the past 4 weeks:

+

۲

		All of the time	Most of the time	A good bit of the time	Some of the time	A little of the time	None of the time
а	Did you feel full of life?		2	3	4	5	6
b	Have you been a nervous person?		2	3	4	5	6
с	Have you felt so down in the dumps that nothing could cheer you up?	1	2	3	4	5	6
d	Have you felt calm and peaceful?	1	2	3	4	5	6
e	Did you have a lot of energy?		2	3	4	5	6
f	Have you felt down?	1	2	3	4	5	6
g	Did you feel worn out?		2	3	4	5	6
h	Have you been a happy person?		2	3	4	5	6
i	Did you feel tired?		2	3	4	5	6

A10 During the <u>past 4 weeks</u>, how much of the time has your <u>physical health or emotional problems</u> interfered with your social activities (like visiting friends, relatives, etc)?

(Cross 🗴 <u>one</u> box)

۲

Some of the time
A little of the time
□ 5 None of the time

A11 How TRUE or FALSE is <u>each</u> of the following statements for you?

(Cross 🗴 <u>one</u> box on <u>each</u> line)

	Definitely True	Mostly True	Don't know	Mostly False	Definitely False
a I seem to get sick a little easier than other people	1	2	3	4	5
b I am as healthy as anybody I know	1	2	3	4	5
c I expect my health to get worse	1	2	3	4	5
d My health is excellent		2	3	4	5

LIA MAIN 2006

4

۲

SC

+

PART B: YOU, YOUR LIFESTYLE AND YOUR LIVING SITUATION

۲

B1 In general, how often do you participate in moderate or intensive physical activity for at least 30 minutes?

+

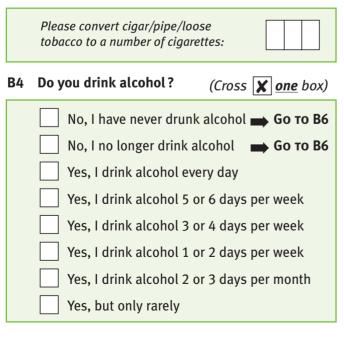
Moderate level physical activity will cause a slight increase in breathing and heart rate, such as brisk walking. (Cross X one box)

Not at all
Less than once a week
1 to 2 times a week
3 times a week
More than 3 times a week (but not every day)
Every day

B2 Do you smoke cigarettes or any other tobacco products? (Cross 🗶 one box)



B3 How many cigarettes do you usually smoke each week?



B5 On a day that you have an alcoholic drink, how many <u>standard</u> drinks do you usually have? A standard drink is a small glass of wine, a 285 ml glass of regular beer, a nip of spirits, or

(Cross X one box)

+

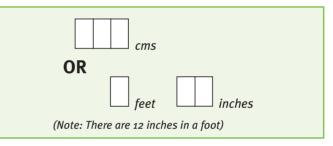
۲



B6 How tall are you (without shoes)?

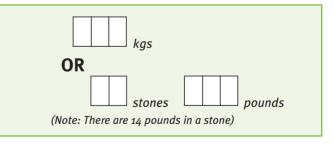
a mixed drink.

You only to need to provide an answer in either centimeters (cms) or in feet / inches.

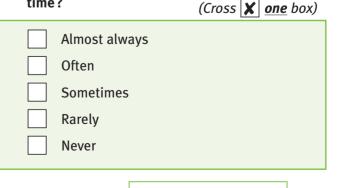


B7 What is your current weight?

You only to need to provide an answer in either kilograms (kgs) <u>or</u> in stones / pounds.



B8 How often do you feel rushed or pressed for time?



+

5

۲

B9 How often do you feel you have spare time that you don't know what to do with?

(Cross 🗶 <u>one</u> box)
Almost always
Often
Sometimes
Rarely
Never

B10 Now think about the local area in which you live. How strong is your preference to continue living in this area? (Cross X one box)

Strong preference to stay
Moderate preference to stay
Unsure / No strong preference to stay or leave
Moderate preference to leave
Strong preference to leave

B11 How common are the following things in your local neighbourhood?

(Cross 🗴 one box on each line)

		Never happens	Very rare	Not common	Fairly common	Very common	Don't know
a	Neighbours helping each other out?		2	3	4	5	
b	Neighbours doing things together?		2	3	4	5	
с	Loud traffic noise?		2	3	4	5	
d	Noise from airplanes, trains or industry?		2	3	4	5	
e	Homes and gardens in bad condition?		2	3	4	5	
f	Rubbish and litter lying around?		2	3	4	5	
g	Teenagers hanging around on the streets?		2	3	4	5	
h	People being hostile and aggressive?		2	3	4	5	
i	Vandalism and deliberate damage to property?		2	3	4	5	
j	Burglary and theft?		2	3	4	5	

۲

B12 To what extent do you agree or disagree with the following statements about your neighbourhood?

(Please cross 🗴 one box for each statement)	Strongly disagree						trongly agree
		1	2	3	4	5	6	7
a	This is a close-knit neighbourhood		2	3	4	5	6	7
b	People around here are willing to help their neighbours	1	2	3	4	5	6	7
C	People in this neighbourhood can be trusted		2	3	4	5	6	7
d	People in this neighbourhood generally do not get along with each other		2	3	4	5	6	7
e	People in this neighbourhood generally do not share the same values		2	3	4	5	6	7

+

۲

LIA MAIN 2006

+

+

۲

S/No.

SC

۲

B13 Now some questions about family life.

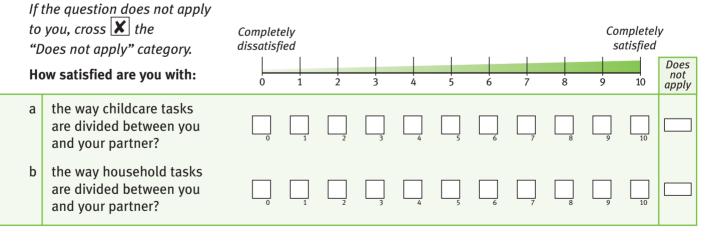
Please indicate, by crossing <u>one</u> box on <u>each</u> line, how <u>satisfied</u> or <u>dissatisfied</u> you currently are with each of the following relationships. The more satisfied you are, the higher the number of the box you should cross. The less satisfied you are, the lower the number of the box you should cross.

۲

to	the question does not apply you, cross 🔀 the loes not apply" category.	Complet dissatisj										npletel atisfied	
	w satisfied are you with:	0	1	2	3	4	5	6	7	8	9	10	Does not apply
а	your relationship with your partner?	0		2	3	4	5	6	7	8	9	10	
b	your relationship with your children?	0		2	3	4	5	6	7	8	9	10	
с	your partner's relationship with your children?	0		2	3	4	5	6	7	8	9	10	
d	your relationship with your stepchildren?	0		2	3	4	5	6	7	8	9	10	
e	how well the children in the household get along with each other?	0		2	3	4	5	6	7	8	9	10	
f	your relationship with your parents?	0		2	3	4	5	6	7	8	9	10	
g	your relationship with your step-parents?	0		2	3	4	5	6	7	8	9	10	
h	your relationship with your (most recent) former spouse or partner?	0		2	3	4	5	6	7	8	9	10	

B14 And how satisfied are you with the following aspects of family life?

Again, please indicate, by crossing <u>one</u> box on <u>each</u> line, how <u>satisfied</u> or <u>dissatisfied</u> you currently are.



+

۲

LIA MAIN 2006

+

+

7

۲

S/No.

SC

۲

(Cross 🗶 one box)

+

Yes PLEASE COMPLETE THE NEXT QUESTION, B	316
No ➡ Go то B17	

B16 The next few questions are about your relationship with your spouse or partner.

(Please cross 🗴 <u>one</u> box for <u>each</u> statement)

а	How good is your relationship compared to most?	<i>Poor</i>	2	3	Excellen	nt]₅
b	How often do you wish you had not married/got into this relationship?	Never	2	3	Very often	n]5
с	To what extent has your relationship met your original expectations?	Hardly at all	2	3	Completely	y] ₅
d	How much do you love your spouse/partner?	Not much	2	3	Very very much	
e	How many problems are there in your relationship?	Not many	2	3	Very many	
f	How well does your spouse/partner meet your needs?	Poor			Excellen	t T

۲

B17 Do you think you do your fair share around the house?

(Cross 🗴 <u>one</u> box)

l do <u>much more</u> than my fair share
l do <u>a bit more</u> than my fair share
I do my fair share
I do <u>a bit less</u> than my fair share
l do <u>much less</u> than my fair share

B18 In general, about how often do you get together socially with friends or relatives <u>not living with you</u>?

(Cross X one box)

۲

Every day
Several times a week
About once a week
2 or 3 times a month
About once a month
Once or twice every 3 months
Less often than once every 3 months

LIA MAIN 2006

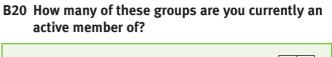
۲

۲

B19 Are you currently an active member of a sporting, hobby or community-based club or association?

(Cross 🗶 🧧	
Yes Go то B20 No ➡ Go то B21	

B21 In general, how often do you do the following things:



+

۲

(Please cross X one box for each statement)

		Never	Rarely	Occasionally	Sometimes	Often	Very Often
а	Have telephone, email or mail contact with friends or relatives not living with you		2	3	4	5	6
b	Chat with your neighbours		2	3	4	5	6
с	Attend events that bring people together such as fetes, shows, festivals or other community events		2	3	4	5	6
d	Get involved in activities for a union, political party, or group that is for or against something	1	2	3	4	5	6
e	Make time to attend services at a place of worship		2	3		5	6
f	Encourage others to get involved with a group that's trying to make a difference in the community		2	3	4	5	6
g	Talk about current affairs with friends, family or neighbours		2	3		5	6
h	Make time to keep in touch with friends		2	3	4	5	6
i	Volunteer your spare time to work on <u>boards</u> or organising <u>committees</u> of clubs, community groups or other non-profit organisations		2	3	4	5	6
j	See members of your extended family (or relatives not living with you) in person		2	3	4	5	6
k	Get in touch with a local politician or councillor about issues that concern you		2	3	4	5	6
ι	Give money to charity if asked		2	3	4	5	6

۲

+

+

۲

B22 The following statements have been used by many people to describe how much support they get from other people. How much do you agree or disagree with each? The more you agree, the higher the number of the box you should cross. The more you disagree, the lower the number of the box you should cross.

		Strongly disagree					trongly agree
			3	4	5	6	7
а	People don't come to visit me as often as I would like		3	4	5	6	7
b	I often need help from other people but can't get it			4	5	6	
с	I seem to have a lot of friends		3	4	5	6	
d	I don't have anyone that I can confide in		3	4	5	6	
e	I have no one to lean on in times of trouble		3	4	5	6	7
f	There is someone who can always cheer me up when I'm down		3	4	5	6	7
g	I often feel very lonely		3	4	5	6	7
h	I enjoy the time I spend with the people who are important to me		3	4	5	6	7
i	When something's on my mind, just talking with the people I know can make me feel better		3	4	5	6	7
j	When I need someone to help me out, I can usually find someone		3	4	5	6	
	To what extent do you agree or disagree with the following statements?	Strongly				Si	trongly
	(Please cross 🗴 one box for each statement)	disagree	3	4	5		agree
a	Most people would try to take advantage of you if they got a chance		3	4	5	6	7
b	Most people you meet keep their word		3	4	5	6	7
c	Most people you meet succeed by stepping on other people		3	4	5	6	7
d	Most people you meet make agreements honestly		3	4	5	6	
e	Most of the time people try to be helpful		3	4	5	6	7
f	People mostly look out for themselves		3	4	5	6	7
g	Generally speaking, most people can be trusted		3	4	5	6	7

+

S/No.

SC

10

۲

+

۲

B24 We now would like you to think about major events that have happened in your life over the past 12 months.

For <u>each</u> statement cross either the YES box or the NO box to indicate whether each event happened <u>during the past 12 months</u>. If you answer "YES", then also <u>cross one box</u> to indicate <u>how long ago</u> the event happened or started.

				If "YES" indicate how many months ago it happened					
		YES	NO	0 to 3 months ago	4 to 6 months ago	7 to 9 months ago	10 to 12 months ago		
a	Got married			0 - 3	4 - 6	7-9	10 - 12		
b	Separated from spouse or long-term partner			0 - 3	4 - 6	7 - 9	10 - 12		
с	Got back together with spouse or long-term partner after a separation			0 - 3	4 - 6	7 - 9	10 - 12		
d	Pregnancy / pregnancy of partner			0 - 3	4-6	7-9	10 - 12		
e	Partner or I gave birth to, or adopted, a new child			0 - 3	4 - 6	7-9	10 - 12		
f	Serious personal injury or illness to self			0 - 3	4-6	7-9	10 - 12		
g	Serious personal injury or illness to a close relative / family member			0-3	4 - 6	7-9	10 - 12		
h	Death of spouse or child			0-3	4-6	7 - 9	10 - 12		
i	Death of other close relative / family member (e.g., parent or sibling)			0-3	4 - 6	7 - 9	10 - 12		
j	Death of a close friend			0-3	4-6	7 - 9	10 - 12		
k	Victim of physical violence (e.g., assault)			0 - 3	4-6	7-9	10 - 12		
ι	Victim of a property crime (e.g., theft, housebreaking)			0 - 3	4 - 6	7 - 9	10 - 12		
m	Detained in a jail / correctional facility			0 - 3	4-6	7-9	10 - 12		
n	Close family member detained in a jail / correctional facility			0 - 3	4-6	7 - 9	10 - 12		
ο	Retired from the workforce			0-3	4-6	7 - 9	10 - 12		
р	Fired or made redundant by an employer			0 - 3	4 - 6	7 - 9	10 - 12		
q	Changed jobs (i.e., employers)			0 - 3	4 - 6	7 - 9	10 - 12		
r	Promoted at work			0-3	4-6	7-9	10 - 12		
S	Major improvement in financial situation (e.g., won lottery, received an inheritance)			0-3	4 - 6	7-9	10 - 12		
t	Major worsening in financial situation (e.g., went bankrupt)			0-3	4 - 6	7-9	10 - 12		
u	Changed residence			0 - 3	4-6	7 - 9	10 - 12		

+

۲

LIA MAIN 2006

S/No.

SC

+

+

+

۲

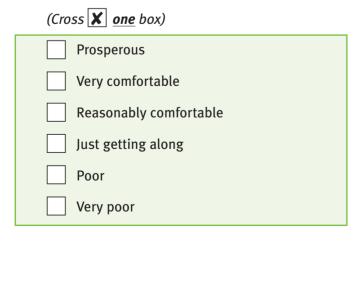
۲

B25 How much time would you spend on each of the following activities in a typical week?

IMPORTANT: • Please do not count any activity twice Hours Minutes • If you do not do an activity, write "**0**" in the hours box per week (if applicable) Paid employment а Travelling to and from a place of paid employment b Household errands, such as shopping, banking, paying bills, and С keeping financial records (but do not include driving children to school and to other activities) d Housework, such as preparing meals, washing dishes, cleaning house, washing clothes, ironing and sewing е Outdoor tasks, including home maintenance (repairs, improvements, painting etc.), car maintenance or repairs and gardening f Playing with your children, helping them with personal care, teaching, coaching or actively supervising them, or getting them to child care, school and other activities Looking after other people's children (aged under 12 years) on a regular, g unpaid basis h Volunteer or charity work (for example, canteen work at the local school, unpaid work for a community club or organisation) i Caring for a disabled spouse or disabled adult relative, or caring for elderly parents or parents-in-law **TOTAL:** This <u>cannot</u> exceed 168 hours and typically will not be Add total hours greater than 120. If it is, please re-think your answers. whole hours only

PART C: PERSONAL AND HOUSEHOLD FINANCES

C1 Given your current needs and financial responsibilities, would you say that you and your family are ...



C2 Since January 2006 did any of the following happen to you because of a shortage of money?

(Cross 🗶 one box on each line)

		YES	NO
а	Could not pay electricity, gas or telephone bills on time		
b	Could not pay the mortgage or rent on time		
с	Pawned or sold something		
d	Went without meals		
е	Was unable to heat home		
f	Asked for financial help from friends or family		
g	Asked for help from welfare / community organisations		
			_

LIA MAIN 2006

12

S/No. SC

+

+

+

()

۲

 \bigcirc

+C3b And how would you obtain that money? C3a Suppose you had only one week to raise \$2000 for an emergency. Which of the following best (Cross \mathbf{X} all boxes that apply) describes how hard it would be for you to get that money? (Cross X one box) Use savings I could easily raise the Borrow from a relative who 🔿 Go то C3b lives with you money I could raise the money, but it would Borrow from a relative who involve some sacrifices lives elsewhere (e.g., reduced spending, selling a Borrow from a friend possession) 뻐 Go to C3b Borrow from a financial institution I would have to do something drastic to or use credit raise the money (e.g., selling an important possession) 🗰 Go to C3b Sell an asset I don't think I could raise Use some other method the money 🗩 Go to C4 to find the money

C4 Which of the following statements comes closest to describing your (and your family's) savings habits? (Cross **X** one box)

Don't save: usually spend more than income → Go TO C6
 Don't save: usually spend about as much as income → Go TO C6
 Save whatever is left over at the end of the month — no regular plan
 Spend regular income, save other income
 Save regularly by putting money aside each month

C5 Which of the following comes closest to describing your (and your family's) current reasons for saving? (Cross all boxes X that apply)

Education for children or grandchildren	Purchase of appliances, cars etc
Education for self or spouse	Investing in own business
To help children or other relatives	To buy assets such as shares or managed funds
To pay for weddings or other ceremonies	Retirement / old age
Pay off mortgage on home	
Pay off other debts (including credit card)	Medical / dental bills
To buy a home (other than present one)	For emergencies / in case of unemployment or illness
Home improvements / extensions / repairs	For the future / to get ahead
Travel / holidays	No particular reason

۲

S/No. SC

+

۲

۲

++C6 In planning your saving and spending, which of the following time periods (Cross X one box) is most important to you? The next week The next 2 to 4 years The next few months The next 5 to 10 years The next year More than 10 years ahead C7a Which of the following statements comes C7b Assume you had some spare cash that could closest to describing the amount of financial be used for savings or investment. Which of risk that you are willing to take with your the following statements comes closest to spare cash? That is, cash used for savings or describing the amount of financial risk that you investment. would be willing to take with this money? (Cross **x** one box) (Cross X one box) I take substantial financial risks expecting to earn **Go тo C8** I would take substantial financial risks substantial returns expecting to earn substantial returns I take above-average financial risks expecting to 🔿 Go to C8 I would take above-average financial risks earn above-average returns expecting to earn above-average returns I take average financial I would take average financial risks risks expecting to earn **Go тo C8** expecting to earn average returns average returns I would not be willing to take any financial I am not willing to take **Go то C8** risks any financial risks I never have any spare cash 🔿 Go to C7b

۲

C8 Who makes the decisions about the following issues in your household? (Cross **X** one box on each line)

		Always me	Usually me	Shared equally between partner & self	Usually my partner	Always my partner	Always /usually other person(s) in house	Shared equally among household members	Always /usually someone not living in house	Does not apply
а	Managing day-to-day spending and paying bills									
b	Making large household purchases (e.g., cars and major appliances)									
C	The number of hours you spend in paid work									
d	The number of hours your partner / spouse spends in paid work									
e	The way children are raised									
f	Social life and leisure activities									
g	Savings, investment and borrowing									

+ LIA MAIN 2006

()

14

۲

۲

C9 Do you have any responsibility for the payment of household bills, such as electricity, gas, water and council rates?

(Cross 🗶 <u>one</u> box)

+



۲

HOUSEHOLD SPENDING

C10 Following is a list of things that many Australians regularly spend money on. For each type of expenditure, cross either the YES box or the NO box to indicate whether anyone in this household spends any money on that item. If you answer YES then also write in your best estimate of the <u>average</u> amount spent on that item.

We are interested in the <u>total</u> amount spent by <u>all</u> people in the household. <i>If you are unsure please make your <u>best guess</u>.

Weekly Expenses

(Cross 🗴 one box on each line)

		NO	YES		HOW MUCH PER <u>WEEK</u> ?
a	Groceries (Include food, cleaning products, pet food and personal care products. Do <u>not</u> include alcohol or tobacco.)			-	\$ _,00
b	Alcohol (Include alcohol consumed with meals eaten out.)			-	\$00
с	Cigarettes and other tobacco products			-	\$ _,00
d	Public transport and taxis			-	\$_ <u>,</u> 00
e	Meals eaten out (Include restaurants, take-away food, and bought lunches and snacks. Do <u>not</u> include alcohol.)			-	\$ _,00

Monthly Expenses

		NO	YES	HOW MUCH PER <u>MONTH</u> ?
f	Motor vehicle fuel (petrol, diesel, LPG) and engine oil			→ \$00
g	Men's clothing and footwear			→ \$00
h	Women's clothing and footwear			→ \$ 00
i	Children's clothing and footwear			→ \$00
j	Telephone rent and calls, and internet charges (Include rent and charges on mobile phones)			➡ \$ 00

+

15

+

۲

Annual Expenses

		NO	YES		HOW MUCH IN THE LAST <u>12 MONTHS</u> ?
k	Holidays and holiday travel costs (Include short & long holidays.)			-	\$00
l	Private health insurance			-	\$00
m	Other insurance (such as home and contents and motor vehicle insurance)			-	\$,00
n	Fees paid to doctors, dentists, opticians, physiotherapists, chiropractors and any other health practitioner			-	\$00
0	Medicines, prescriptions and pharmaceuticals. (Include alternative medicines.)			-	\$00
р	Electricity bills, gas bills and other heating fuel (such as firewood and heating oil)			-	\$00
q	Repairs, renovations and maintenance to your <u>home</u>			-	\$00
r	Motor vehicle repairs and maintenance (Include regular servicing.)			-	\$00
S	Education fees paid to schools, universities and other education providers (Include private tuition fees.)			-	\$00
t	Buying brand new motor vehicles, motorbikes or other vehicles (Include boats, planes, caravans, trailers and jet skis.)			-	\$00
u	Buying used or second-hand motor vehicles, motorbikes or other vehicles (Include boats, planes, caravans, trailers and jet skis.)				\$,00
v	Computers and related devices (such as printers, digital cameras, iPods, MP3 players, electronic organizers and game consoles)				\$00
w	Televisions, home entertainment systems and other audio visual equipment (such as DVD players and video cameras)				\$,00
x	Household appliances, such as ovens, fridges, washing machines and air conditioners			-	\$00
У	Furniture (Make sure you include any bedroom and outdoor furniture. Do <u>not</u> include floor coverings.)			-	\$,00

+

۲

۲

PART D: YOUR JOB AND THE WORK PLACE

D1 Are you currently in paid work?

+

۲

	Yes		PLEASE GO TO	D2 AND	COMPLETE .	THE REST OF	PART D
--	-----	--	--------------	--------	------------	-------------	--------

۲

No 🗭 Go to PART E on page 18

lin	e, how strongly you agree or disagree with each. The more y									
	• •						S	Strongly agree		
(Pl	ease cross 🗶 one box for each statement)		2	3	4	5	6	7		
a	My job is more stressful than I had ever imagined		2		4	5	6			
b	I fear that the amount of stress in my job will make me physically ill		2	3	4	5	6			
с	I get paid fairly for the things I do in my job			3	4	5	6	7		
d	I have a secure future in my job			3	4	5	6			
e	The company I work for will still be in business 5 years from now		2	3	4	5	6	7		
f	I worry about the future of my job	1	2	3	4	5	6	7		
g	My job is complex and difficult		2	3	4	5	6	7		
h	My job often requires me to learn new skills			3	4	5				
i	I <u>use</u> many of my skills and abilities in my current job		2	3	4	5	6	7		
j	I have a lot of freedom to decide <u>how</u> I do my own work			3	4	5				
k	I have a lot of say about what happens on my job			3	4	5	6			
ι	I have a lot of freedom to decide <u>when</u> I do my work			3	4	5	6			
m	I have a lot of choice in deciding what I do at work			3	4	5	6			
n	My working times can be flexible			3	4	5	6			
0	I can decide when to take a break				4	5	6			
р	My job requires me to do the same things over and over again				4	5	6			
q	My job provides me with a variety of interesting things to do				4	5	6			
r	My job requires me to take initiative									
s	I have to work fast in my job									
t	I have to work very intensely in my job				4					
u	I don't have enough time to do everything in my job		2	3	4	5	6	7		
	lin yo lin (P) a lin (P) <	Insertion with strongly you agree or disagree with each. The more you disagree, the lower the should cross. The more you disagree, the lower the lower the box you should cross. Insertion with the stress of the box you should cross. Image: stress of the	Line, how strongly you agree or disagree with each. The more you agree you should cross. The more you disagree, the lower the strongly disagree (the low of the box you should cross. Strongly disagree (the low of the box you should cross. a My job is more stressful than I had ever imagined 1 a I fear that the amount of stress in my job will make me physically ill 1 c I get paid fairly for the things I do in my job 1 d I have a secure future in my job 1 f I worry about the future of my job 1 g My job is complex and difficult 1 h My job often requires me to learn new skills 1 i I have a lot of freedom to decide how I do my own work 1 g I have a lot of freedom to decide when I do my work 1 i I have a lot of choice in deciding what I do at work 1 g My job requires me to date a break 1 g My job requires me to take a break 1 g My job requires me to take initiative 1 g I have a lot of choice in deciding what I do at work 1 g My job requires me to do the same things over and over again 1 g	line, how strongly you agree or disagree with each. The more you agree, the lower the you should cross. The more you disagree, the lower the lower of the box you should cross. Strongly disagree a My job is more stressful than I had ever imagined	Line, how strongly you agree or disagree with each. The more you agree, the higher strongly woushould cross. The more you disagree, the lower the strongly disagree Strongly disagree a My job is more stressful than I had ever imagined 1 2 3 a My job is more stressful than I had ever imagined 1 2 3 c I fear that the amount of stress in my job will make me physically ill 1 2 3 d I have a secure future in my job 1 2 3 f I worry about the future of my job 1 2 3 g My job is complex and difficult 1 2 3 f I worry about the future of my job 1 2 3 g My job often requires me to learn new skills 1 2 3 j I have a lot of freedom to decide how I do my own work 1 2 3 j I have a lot of freedom to decide when I do my work 1 2 3 j I have a lot of choice in deciding what I do at work 1 2 3 j I have a lot of choice in deciding what I do at work 1 2 3	line, how strongly you agree or disagree with each. The more you agree, the higher the n you should cross. The more you disagree, the lower the strongly disagree Strongly disagree a My job is more stressful than I had ever imagined 1 2 3 4 a My job is more stressful than I had ever imagined 1 2 1 1 c I get paid fairly for the things I do in my job 1 1 2 1 1 d I have a secure future in my job 1 2 1 1 2 1 1 g My job is complex and difficult 1 2 1 1 2 1 1 g My job often requires me to learn new skills 1 2 1	line, how strongly you agree or disagree with each. The more you agree, the higher the number you should cross. The more you disagree, the lower the strongly disagree. Strongly disagree a My job is more stressful than I had ever imagined 1 2	number of the box you should cross. alisagree a My job is more stressful than 1 had ever imagined i<		

+

۲

LIA MAIN 2006

+

+

۲

D3 Following is a list of conditions and entitlements that employers sometimes provide their employees. For each, please indicate whether you, or other employees working at a similar level to you at your workplace, would be able to use these if needed.

Cross 🗶	one	box o	on <u>each</u>	line)
---------	-----	-------	----------------	-------

		Yes	No	Don't know
a	Paid maternity leave			
b	Unpaid maternity leave			
с	Parental leave			
d	Special leave for caring for family members			
e	Permanent part-time work			
f	Home-based work			
g	Flexible start and finish times			
h	Child care facilities or subsidised child care expenses			

PART E: PARENTING

+

()

E1 Do you have parenting responsibilities for any children aged 17 years or less?

- Yes PLEASE GO TO E2 AND COMPLETE THE REST OF PART E
- No 🔿 Go to PART F on page 20

E2 The following statements are about raising children. Thinking about the children aged 17 years or less that you have parenting responsibility for, please indicate, by crossing one box on each line, how strongly you agree or disagree with each statement. The more you Strongly Strongly agree, the higher the number of the box you should disagree agree cross. The more you disagree, the lower the number of the box you should cross. 1 Being a parent is harder than I thought it would be а b I often feel tired, worn out, or exhausted from meeting the needs of my children

 c
 I feel trapped by my responsibilities as a parent
 Image: Constraint of the system of the syst

E3 Do you think you do your fair share of looking after the children?

	(Cross 🗶 <u>one</u> box)
I do <u>much more</u> than my fair share	
I do <u>a bit more</u> than my fair share	
I do my fair share	
I do <u>a bit less</u> than my fair share	
I do <u>much less</u> than my fair share	

+

LIA MAIN 2006

18

۲

_

۲

alsagree the lower the himber of the box voli should cross								
ci h	 crossing <u>one</u> box on <u>each</u> line, how strongly you agree or disangher the number of the box you should cross. The more you disagree, the lower the number of the box you should cross. (Please cross <u>one</u> box for <u>each</u> statement) Having both work and family responsibilities makes me a more well-rounded person Having both work and family responsibilities gives my life more variety Managing work and family responsibilities as well as I do makes me feel competent Because of my family responsibilities, I have to turn down work activities or opportunities that I would prefer to take Having both work and family responsibilities challenges may be the best I can be Because of my family responsibilities, the time I spend working is less enjoyable and more pressured 	ee with Strongl	i <mark>each</mark> . y				ree, th	ie Strong agre
 higher the number of the box you should cross. The more y disagree, the lower the number of the box you should cross. (Please cross x one box for each statement) a Having both work and family responsibilities makes me a more well-rounded person b Having both work and family responsibilities gives my life more variety c Managing work and family responsibilities as well as I do makes me feel competent d Because of my family responsibilities, I have to turn down work activities or opportunities that I would prefer to take e Having both work and family responsibilities challenges m to be the best I can be f Because of the requirements of my job, I miss out on hom or family activities that I would prefer to participate in h Because of the requirements of my job, my family time is less enjoyable and more pressured i Working makes me feel good about myself, which is good for my children 	1	2	3	4	5	6	7	
а			2	3	4	5	6	
b			2	3	4	5	6	7
C			2	3	4	5	6	7
d	Because of my family responsibilities, I have to turn down work activities or opportunities that I would prefer to take on		2	3	4	5	6	7
e	Having both work and family responsibilities challenges me to be the best I can be		2	3	4	5	6	7
f		1	2	3	4	5	6	7
g	Because of the requirements of my job, I miss out on home or family activities that I would prefer to participate in		2	3	4	5	6	7
h		1	2	3	4	5	6	7
i			2	3	4	5	6	7
j	My work has a positive effect on my children			3	4	5	6	
k	Working helps me to better appreciate the time I spend with my children		2	3	4	5	6	7
ι	The fact that I am working makes me a better parent		2	3	4	5	6	7
m	I worry about what goes on with my children while I'm at work		2	3	4	5	6	7
n	Working leaves me with too little time or energy to be the kind of parent I want to be		2	3	4	5	6	7
0	Working causes me to miss out on some of the rewarding aspects of being a parent		2	3	4	5	6	7
р	Thinking about the children interferes with my performance at work							

۲

+

۲

+				-
PART F:				
F1	Are you male or female?			(Cross 🗶 <u>one</u> box)
	Male		Female	
F2	Which age group do you belong to?			(Cross 🗶 <u>one</u> box)
	 15 – 17 years 18 – 19 years 20 – 21 years 22 – 24 years 25 – 34 years 		35 – 44 years 45 – 54 years 55 – 64 years 65 – 74 years 75 years or over	

F3 Is there anything else that you would like to tell us about living in Australia?

If so, please write on the lines below. (To ensure your privacy remains protected at all times, please do <u>not</u> write any personal contact details here such as your name, address or phone number.)

THERE ARE NO MORE QUESTIONS.

Please seal the completed questionnaire in the envelope provided and have it ready when the interviewer returns to collect it.

The interviewer will come back at the time shown on the front cover.

If the interviewer cannot come back, they will phone you and ask you to post it using the reply-paid envelope provided.





+LIA MAIN 2006

S/No. SC

۲

+

۲