





All data are provided IN-CONFIDENCE

Thank you for the information you have already given our interviewer.

This form contains some additional questions that you might find easier to answer by yourself rather than having the interviewer ask them.

All information you give us will be <u>completely confidential</u>. When you have completed the questionnaire you should seal it in the envelope provided and give it to your interviewer, who will return it unopened to our office. If you prefer, you may post it back to us instead.

In our office, <u>only</u> the survey team will have access to this form. Everyone in this team has signed a deed of confidentiality and is required to observe privacy laws when handling your information.

Your full name or address will never be linked with any of the information you provide.

Instructions for completing this form

In answering these questions, please be as honest and accurate as possible.

■ Use only blue or black ink, or a <u>dark</u> lead pencil. Put an **X** inside the box provided. (Do <u>not</u> mark any areas <u>outside the box</u>.) For example:



■ If you make a mistake:
Simply colour in the whole box and mark the correct one as shown.
For example:

	X	X		
1	2	3	4	

If more than one answer is allowed, this will be specified under the question.

What to do once you have completed the questionnaire?

Please seal it in the envelope provided.

Your interviewer will come back to collect this form on around

If the interviewer is unable to collect this form, they will phone you and ask you to post it in the reply paid envelope to the ACNielsen office.

Any questions?

Ask your interviewer, or ring us on our *Free call number* 1800 656 670

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PART A: GENERAL HEALTH AND WELL-BEING (SF-36 Health Survey)

This first set of questions seeks your views about your health, how you feel and how well you are able to do your usual activities.

Please take the time to read and answer each question carefully by crossing the box corresponding to your response. If you are unsure about how to answer a question, please give the best answer you can.

A 1	ln	general, would you say your health is:		(Cross	K <u>one</u> box)						
		Excellent Very good Good	Fair	5	Poor 5						
A2	Co	mpared to one year ago, how would you rate your health in general r	iow?	(Cross	one box)						
	Much better now than a year ago Somewhat better now than a year ago About the same as one year ago Somewhat worse now than one year ago Much worse now than one year ago										
А3	The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? (Cross on each line)										
		ACTIVITIES	Yes, limited a lot	Yes, limited a little	No, not limited at all						
	a	<u>Vigorous activities</u> , such as running, lifting heavy objects, participating in strenuous sports	1		3						
	b	Moderate activities, such as moving a table, pushing a vacuum cleaner, bowling or playing golf	1	2	3						
	С	Lifting or carrying groceries	1	2	3						
	d	Climbing <u>several</u> flights of stairs	1	2	3						
	e	Climbing one flight of stairs	1	2	3						
	f	Bending, kneeling, or stooping	1	2							
	g	Walking more than one kilometre		2	3						
	h	Walking <u>half a kilometre</u>		2	3						
	i	Walking 100 metres		2	3						
	j	Bathing or dressing yourself			3						

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A4		ring the <u>past 4 weeks</u> , have you had any of the following problems with your wo tivities as a result of your physical health?	rk or other r	egular daily						
	ac		one box o	n <u>each</u> line)						
			YES	NO						
	a	Cut down the <u>amount of time</u> you spent on work or other activities								
	b	Accomplished less than you would like								
	с	Were limited in the <u>kind</u> of work or other activities								
	d	Had <u>difficulty</u> performing the work or other activities (for example, it took extra effort)								
A 5	During the past 4 weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? (Cross one box on each line)									
			YES	NO						
	a	Cut down the amount of time you spent on work or other activities								
	b	Accomplished less than you would like								
	С	Didn't do work or other activities <u>as carefully</u> as usual								
A6		uring the past 4 weeks, to what extent has your physical health or emotional pour normal social activities with family, friends, neighbours, or groups? Not at all Slightly Moderately Quite a bit	(Cross [erfered with one box) atremely						
		1 2 3 4	5							
A7	Но	ow much <u>bodily</u> pain have you had during the <u>past 4 weeks</u> ?	(Cross [X one box)						
		No bodily pain Very mild Mild Moderate Severe	e	ery severe						
A8		uring the <u>past 4 weeks,</u> how much did <u>pain</u> interfere with your normal work (inclue home and housework)?	_	vork outside **X** one box)						
		Not at all Slightly Moderately Quite a bit	Ex	ctremely						

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PART B: YOU, YOUR LIFESTYLE AND YOUR LIVING SITUATION

B1	In general, how often do you participate in moderate or intensive physical activity for at least 30 minutes? Moderate level physical activity will cause a slight increase in breathing and heart rate, such as brisk walking. (Cross one box) Not at all Less than once a week 1 to 2 times a week 3 times a week More than 3 times a week (but not every day) Every day		On a day that you have an alcoholic drink, how many standard drinks do you usually have? A standard drink is a small glass of wine, a 285 ml glass of regular beer, a nip of spirits, or a mixed drink. (Cross one box) 13 or more standard drinks 11 to 12 standard drinks 9 to 10 standard drinks 7 to 8 standard drinks 5 to 6 standard drinks 1 to 2 standard drinks 1 to 2 standard drinks
B2	Do you smoke cigarettes or any other tobacco products? (Cross X one box)		How often do you feel rushed or pressed for time? (Cross X one box)
В3	 No, I have never smoked No, I no longer smoke Yes, I smoke daily Yes, I smoke at least weekly (but not daily) Yes, I smoke less often than weekly Go το B3 Yes, I smoke less often than weekly Go το B3 	В7	Almost always Often Sometimes Rarely Never How often do you feel you have spare time that you don't know what to do with? (Cross ★ one box)
B4	Please convert cigar/pipe/loose tobacco to a number of cigarettes: Do you drink alcohol? (Cross ★ one box) No, I have never drunk alcohol ➡ Go To B6		Almost always Often Sometimes Rarely Never
	No, I no longer drink alcohol → Go To B6 Yes, I drink alcohol every day Yes, I drink alcohol 5 or 6 days per week Yes, I drink alcohol 3 or 4 days per week Yes, I drink alcohol 1 or 2 days per week Yes, I drink alcohol 2 or 3 days per month Yes, but only rarely	B8	Are you currently an active member of a sporting, hobby or community-based club or association? (Cross one box) Yes No

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B9 Now some questions about family life.

Please indicate, by crossing <u>one</u> box on <u>each</u> line, how <u>satisfied</u> or <u>dissatisfied</u> you currently are with each of the following relationships. The more satisfied you are, the higher the number of the box you should cross. The less satisfied you are, the lower the number of the box you should cross.

i	If the question does not apply to you, cross X the "Does not apply" category.		tely fied									mpletel atisfied	
ا	How satisfied are you with:	0	1	2	3	4	5	6	7	8	9	10	Does not apply
i	your relationship with your partner?	0	1	2	3	4	5	6	7	8	9	10	
1	your relationship with your children?	0	1	2	3	4	5	6	7	8	9	10	
(your partner's relationship with your children?	0	1	2	3	4	5	6	7	8	9	10	
(your relationship with your stepchildren?	0	1	2	3	4	5	6	7	8	9	10	
(how well the children in the household get along with each other?	0		2	3	4	5	6	7	8	9	10	
1	your relationship with your parents?	0	1	2	3	4	5	6	7	8	9	10	
;	your relationship with your step-parents?	0	1	2	3	4	5	6	7	8	9	10	
l	your relationship with your (most recent) former spouse or partner?	0		2	3	4	5	6	7	8	9	10	

B10 And how satisfied are you with the following aspects of family life?

Again, please indicate, by crossing one box on each line, how satisfied or dissatisfied you currently are.

If the question does not apply to you, cross the "Does not apply" category. How satisfied are you with:		Completely dissatisfied									mpletel atisfied	y	
		0	1	2	3	4	5	6	7	8	9	10	Does not apply
a	the way childcare tasks are divided between you and your partner?	0	1	2	3	4	5	6	7	8	9	10	
b	the way household tasks are divided between you and your partner?	0		2	3	4	5	6	7	8	9	10	

B11 Do you think you do your B12 In general, about how often do you get fair share around the house? together socially with friends or relatives not living with you? (Cross X one box) (Cross X one box) I do much more than my fair share Every day I do a bit more than my fair share Several times a week I do my fair share About once a week I do a bit less than my fair share 2 or 3 times a month I do much less than my fair share About once a month Once or twice every 3 months Less often than once every 3 months B13 The following statements have been used by many people to describe how much support they get from other people. How much do you agree or disagree with each? The more you agree, the higher the number of the box you should cross. The more you disagree, the lower the number of the box you should cross. (Please cross **X** one box for each statement) Strongly Strongly disagree agree People don't come to visit me as often as I would like a b I often need help from other people but can't get it I seem to have a lot of friends C I don't have anyone that I can confide in d I have no one to lean on in times of trouble f There is someone who can always cheer me up when I'm down

i

I often feel very lonely

important to me

find someone

I enjoy the time I spend with the people who are

When something's on my mind, just talking with the

When I need someone to help me out, I can usually

people I know can make me feel better

B14 We now would like you to think about major events that have happened in your life over the <u>past 12 months</u>. For <u>each</u> statement cross either the YES box or the NO box to indicate whether each event happened <u>during the past 12 months</u>. If you answer "YES", then also <u>cross one box</u> to indicate <u>how long ago</u> the event happened or started.

				If "YES" indicate how many months ago it happened					
		YES	NO	0 to 3 months ago	4 to 6 months ago	7 to 9 months ago	10 to 12 months ago		
a	Got married			0 - 3	4 - 6	7 - 9	10 – 12		
b	Separated from spouse or long-term partner			0 - 3	4-6	7-9	10 – 12		
С	Got back together with spouse or long-term partner after a separation			0 - 3	4-6	7-9	10 – 12		
d	Pregnancy / pregnancy of partner			0 – 3	4 - 6	7-9	10 – 12		
е	Partner or I gave birth to, or adopted, a new child			0 – 3	4-6	7-9	10 – 12		
f	Serious personal injury or illness to self			0-3	4 - 6	7-9	10 – 12		
g	Serious personal injury or illness to a close relative / family member			0 – 3	4-6	7-9	10 – 12		
h	Death of spouse or child			0-3	4 - 6	7-9	10 – 12		
i	Death of other close relative / family member (e.g., parent or sibling)			0 - 3	4-6	7-9	10 – 12		
j	Death of a close friend			0 - 3	4-6	7-9	10 – 12		
k	Victim of physical violence (e.g., assault)			0-3	4 - 6	7-9	10 – 12		
l	Victim of a property crime (e.g., theft, housebreaking)			0 - 3	4-6	7-9	10 – 12		
m	Detained in a jail / correctional facility			0 - 3	4 – 6	7-9	10 – 12		
n	Close family member detained in a jail / correctional facility			0 - 3	4-6	7-9	10 – 12		
0	Retired from the workforce			0 – 3	4 – 6	7 – 9	10 – 12		
р	Fired or made redundant by an employer			0 – 3	4-6	7-9	10 – 12		
q	Changed jobs (i.e., employers)			0 – 3	4-6	7-9	10 – 12		
r	Promoted at work			0 – 3	4 – 6	7 – 9	10 – 12		
S	Major improvement in financial situation (e.g., won lottery, received an inheritance)			0 – 3	4-6	7-9	10 – 12		
t	Major worsening in financial situation (e.g., went bankrupt)			0 - 3	4-6	7-9	10 - 12		
u	Changed residence			0 – 3	4 - 6	7 – 9	10 – 12		

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S/No. SC

B15 How much time would you spend on each of the following activities in a typical week?

	• If you	Hours Minut per week (if applica		applicable)								
	a Paid employment											
	b Travelling to and from	<u>m</u> a place	of <u>paid</u> e	mployme	<u>nt</u>							
	Household errands, keeping financial rec	ords (but	do not in	_								
	d Housework, such as washing clothes, iron			vashing d	ishes, cle	aning hou	ıse,					
	e Outdoor tasks, including home maintenance (repairs, improvements, painting etc.), car maintenance or repairs and gardening											
	f Playing with <u>your</u> children, helping them with personal care, teaching, coaching or actively supervising them, or getting them to child care, school and other activities											
	g Looking after other people's children (aged under 12 years) on a regular, unpaid basis											
	h Volunteer or charity unpaid work for a co	chool,										
	i Caring for a disabled spouse or disabled adult relative, or caring for elderly parents or parents-in-law											
	<u>TOTAL:</u> This grea			3 hours ar s, please	,,	•				ld total hours hole hours only)		
B16	Who does the following	tasks in	your hous	sehold?			(Cr	oss 🗶 o	ne box oı	n <u>each</u> line)		
		Always me	Usually me	Shared equally between partner & self	Usually my partner	Always my partner	Always /usually other person(s) in house	Shared equally among household members	Always /usually someone not living in house	Does not apply		
a	Preparing daily meals											
b	Doing the dishes											
с	Shopping for food											
d	Cleaning the house											
е	Doing small repairs in and around the house											
f	Pays bills & keeps financial records											

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B17	do an	your househo y of the hous ng, cooking, e	ework (cl		shing,
		Yes No			
B19	How	well do the fo	llowing v	vords desci	ibe you?

B18 Does your household <u>regularly</u> pay someone to
do any gardening or lawn mowing?

as any garacining or to	(Cross X one box)
Yes	
No	

B19 How well do the following words describe you? For each word, cross <u>one</u> box to indicate how well that word describes you. There are no right or wrong answers.

Word de.	ocinoco you. There are no	ingine or miong uni	5WC15.	(Cross 🗶	one box for ec	nch word.)
	Does not describe me at all	Describes me very well	Doe	s not describe me at all		Describes me very wel
	me at an	me very wear				me very wer
	1 2 3 4	5 6 7		1 2	3 4 5	6 7
talkative		5 6 7	jealous	1 2	3 4 5	6 7
sympathetic		5 6 7	intellectual	1 2	3 4 5	6 7
orderly	1 2 3 4	5 6 7	extroverted	1 2	3 4 5	6 7
envious	1 2 3 4	5 6 7	cold	1 2	3 4 5	6 7
deep		5 6 7	disorganised	1 2	3 4 5	6 7
withdrawn		5 6 7	temperamental	1 2	3 4 5	6 7
harsh		5 6 7	complex	1 2	3 4 5	6 7
systematic		5 6 7	shy		3 4 5	6 7
moody		5 6 7	warm		3 4 5	6 7
philosophica	l	5 6 7	efficient	1 2	3 4 5	6 7
bashful		5 6 7	fretful	1 2	3 4 5	6 7
kind		5 6 7	imaginative	1 2	3 4 5	6 7
inefficient		5 6 7	enthusiastic	1 2	3 4 5	6 7
touchy		5 6 7	selfish	1 2	3 4 5	6 7
creative		5 6 7	careless	1 2	3 4 5	6 7
quiet		5 6 7	calm	1 2	3 4 5	6 7
cooperative		5 6 7	traditional	1 2	3 4 5	6 7
sloppy	1 2 3 4	5 6 7	lively	1 2	3 4 5	6 7

PART C: PERSONAL AND HOUSEHOLD FINANCES

C1	Who makes the	decisions abo	ut the following	issues in	your household?
-----------	---------------	---------------	------------------	-----------	-----------------

(Cross **X** one box on each line)

		Always me	Usually me	Shared equally between partner & self	Usually my partner	Always my partner	Always /usually other person(s) in house	Shared equally among household members	Always / usually someone not living in house	Does not apply
a	Managing day-to-day spending and paying bills									
b	Making large household purchases (e.g., cars and major appliances)									
С	The number of hours you spend in paid work									
d	The number of hours your partner / spouse spends in paid work									
е	The way children are raised									
f	Social life and leisure activities									
g	Savings, investment and borrowing									

C2 Given your current needs and financial responsibilities, would you say that you and your family are ...

(Cross X one box)	
Prosperous	
Very comfortable	
Reasonably comfortable	
Just getting along	

C3 Since January 2005 did any of the following happen to you because of a shortage of money?

(Cross X one box on each line)

		YES	NO
a	Could not pay electricity, gas or telephone bills on time		
b	Could not pay the mortgage or rent on time		
С	Pawned or sold something		
d	Went without meals		
e	Was unable to heat home		
f	Asked for financial help from friends or family		
g	Asked for help from welfare / community organisations		

Poor

Very poor

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Monthly Expenses

 ${\it C7}$ In a <u>typical month</u>, does this household spend money on ...

		No (cross eithe	Yes er yes or no)	How Much? (write in dollar amount)
a	meals eaten out? (Include fast food and take-aways. Do <u>not</u> include alcohol.)		□ →	\$
b	hobbies, sports, gambling, entertainment and other leisure activities (such as movies, theatre and live music)? (Do <u>not</u> include meals out or alcohol.)		□→	\$
С	motor vehicle fuel (petrol, diesel, LPG) and engine oil?			\$
d	clothing and footwear?		□→	\$
е	telephone rent and calls? (Include rent and charges on mobile phones. Do not include internet charges.)			\$

Annual Expenses

C8 In a typical year, does this household spend money on ...

CO III C	a <u>typical year</u> , does this nousehold spend money on			
		No (cross eithe	Yes er yes or no)	How Much? (write in dollar amount)
a	holidays and holiday travel costs? (Include short & long holidays.)		□ →	\$
b	private health insurance?		□→	\$
С	health care (including doctors, dentists, pharmaceuticals, alternative medicines and therapies)? (Do <u>not</u> include health insurance.)		□ →	\$
d	electricity bills?		_ →	\$
e	gas bills?		□→	\$
f	other heating fuel (such as firewood and heating oil)?		_ →	\$
g	repairs, renovations and maintenance to your home?			\$
h	motor vehicle repairs and maintenance? (Include regular servicing.)			\$
i	education fees paid to schools, universities and other education providers? (Include private tuition fees.)		□ →	\$

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PART D: ATTITUDES AND VALUES

D1 To what extent to you agree or disagree with the following statements?

Please indicate, by crossing one box on each line, how strongly you agree or disagree with each.

(P	lease cross X <u>one</u> box for <u>each</u> statement)	Strongly disagree	Strongly agree
a	Generally speaking, most people can be trusted		
b	Most people would try to take advantage of you if they got a chance		5 6 7

D2 The following statements are about attitudes to marriage and children. Again, please indicate, by crossing one box on each line, how strongly you agree or disagree with each.

The more you agree, the higher the number of the box you should cross. The more you disagree, the lower the number of the box you should cross.

(F	Please cross one box for each statement.)	Strongl disagre		I				Strongly agree
		1	2	3	4	5	6	7
a	It is alright for an unmarried couple to live together even if they have no intention of marrying	1	2	3	4	5		7
b	Marriage is a lifetime relationship and should never be ended	1	2	3	4	5	6	7
С	Marriage is an outdated institution		2	3	4	5	6	7
d	It is alright for a couple with an unhappy marriage to get a divorce even if they have children		2	3	4	5	6	7
е	A woman has to have children in order to be fulfilled	1	2	3	4	5	6	7
f	A man has to have children in order to be fulfilled	1	2	3	4	5	6	7
g	Children will usually grow up happier if they have a home with both a father and a mother	1	2	3	4	5	6	7
h	It is alright for a woman to have a child as a single parent even if she doesn't want to have a stable relationship with a man	1	2	3	4	5	6	7
i	When children turn about 18-20 years old they should start to live independently	1	2	3	4	5	6	7
j	Homosexual couples should have the same rights as heterosexual couples do	1	2	3		5	6	7

D3 The following statements are about attitudes towards parenting and work. Again, please indicate, by crossing one box on each line, how strongly you agree or disagree with each. Strongly Strongly disagree agree (Please cross **X** one box for each statement.) Many working mothers seem to care more about being a successful at work than meeting the needs of their children b Many working fathers seem to care more about being successful at work than meeting the needs of their children If both partners in a couple work, they should share C equally in the housework and care of children d Whatever career a woman may have, her most important role in life is still that of being a mother Whatever career a man may have, his most important role in life is still that of being a father f Mothers who don't really need the money shouldn't work Children do just as well if the mother earns the money and g the father cares for the home and children h It is better for everyone involved if the man earns the money and the woman takes care of the home and children i As long as the care is good, it is fine for children under 3 years of age to be placed in child care all day for 5 days a week j A working mother can establish just as good a relationship with her children as a mother who does not work for pay k A working father can establish just as good a relationship with his children as a father who does not work for pay l A father should be as heavily involved in the care of his children as the mother It is not good for a relationship if the woman earns more than the man On the whole, men make better political leaders than n women do A pre-school child is likely to suffer if his/her mother 0 works full-time Children often suffer because their fathers concentrate too р much on their work If parents divorce it is usually better for the child to stay q

with the mother than with the father

D4 Following is a list of benefits that some people get from paid employment.

Please indicate, by crossing one box on each line, how important each is to you and your family.

Note that we are <u>not</u> referring only to your present situation. If you are currently employed, think about your total working life. If you are not currently working, think about any benefits if you did work.

(Please cross one box for each statement.) Benefits from paid employment			t				im	Very portant
			2	3	4	5	6	7
a	More money for every day needs / making ends meet			3	4	5	6	7
b	More money to provide better opportunities / material benefits (for kids)	1	2		4	5	6	7
С	More money to clear debts / repay loans / pay-off house			3	4	5	6	7
d	Status, prestige and self-esteem	1	2	3	4	5	6	7
е	Economic independence (not relying on "hand outs" from partner)		2	3	4	5	6	7
f	Something to do / Relief from boredom		2	3	4	5	6	7
g	Socialising and communicating with other people	1	2	3	4	5	6	7
h	The opportunity to develop new skills and develop a career	1	2	3	4	5	6	7
i	The enjoyment and satisfaction from work	1	2	3	4	5	6	7
j	A useful way to serve society	1	2	3	4	5	6	7
k	Being able to contribute to the financial costs of maintaining a household			3	4	5	6	7
l	Not having to be reliant on the Government for income support	1	2	3	4	5	6	7
m	A feeling of doing something meaningful	1	2	3	4	5	6	7
n	A more varied and interesting lifestyle		2	3	4	5	6	7

H									_
P/	PART E: YOUR JOB AND THE WORK PLACE								
E1	Ar	e you currently in paid work?							
		Yes Please go to E2 and complete the rest of PAR	ΤE						
		No ➡ Go to PART F on page 18							
E2	lin yo nu	e following statements are about your <u>current (main) job</u> . Plee, how strongly you agree or disagree with each. The more you should cross. The more you disagree, the lower the mber of the box you should cross. **Jease cross** one box for each statement**		e, the	•	_		of the	
	(-	euse cross one box for euch statements	1	2	3	4	5	6	7
	a	My job is more stressful than I had ever imagined		2	3	4	5	6	7
	b	I fear that the amount of stress in my job will make me physically ill		2		4	5		7
	С	I get paid fairly for the things I do in my job	1	2	3	4	5	6	7
	d	I have a secure future in my job	1	2	3	4	5	6	7
	e	The company I work for will still be in business 5 years from now		2	3	4	5	6	7
	f	I worry about the future of my job	1	2	3	4	5	6	7
	g	My job is complex and difficult	1	2	3	4	5	6	7
	h	My job often requires me to learn new skills	1	2	3	4	5	6	7
	i	I <u>use</u> many of my skills and abilities in my current job	1	2	3	4	5	6	7
	j	I have a lot of freedom to decide <u>how</u> I do my own work	1	2	3	4	5	6	7
	k	I have a lot of say about what happens on my job	1	2	3	4	5	6	7
	l	I have a lot of freedom to decide when I do my work	1	2	3	4	5	6	7
	m	I have a lot of choice in deciding what I do at work	1	2	3	4	5	6	7
	n	My working times can be flexible	1	2	3	4	5	6	7
	0	I can decide when to take a break	1	2	3	4	5	6	7
	р	My job requires me to do the same things over and over again	1	2	3	4	5	6	7
	q	My job provides me with a variety of interesting things to do							

My job requires me to take initiative r I have to work fast in my job S I have to work very intensely in my job t I don't have enough time to do everything in my job

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E3	For <u>each</u> , please indicate whether you, or other employees working at a similar level to you at your						
	VV	include, would be able to use these if heeded.		(Cross 🗶 o	ne box on <u>each</u> line)		
			Yes	No	Don't know		
	a	Paid maternity leave					
	b	Unpaid maternity leave					
	С	Parental leave					
	d	Special leave for caring for family members					
	e	Permanent part-time work					
	f	Home-based work					
	g	Flexible start and finish times					
	h	Child care facilities or subsidised child care expenses					
P/ F1		F: PARENTING you have parenting responsibilities for any children a	aged 17 years o	r loss ?			
		Yes Please go to F2 and complete the rest of No Go to PART G on page 20	OF PART F				
F2	th yo ag cre	e following statements are about raising children. Tat you have parenting responsibility for, please indica u agree or disagree with each statement. The more youree, the higher the number of the box you should oss. The more you disagree, the lower the number the box you should cross.	te, by crossing				
	a	Being a parent is harder than I thought it would be		2 3 4	5 6 7		
	b	I often feel tired, worn out, or exhausted from meeting the needs of my children		2 3 4	5 6 7		
	С	I feel trapped by my responsibilities as a parent		2 3 4	5 6 7		
	d	I find that taking care of my child/children is much more work than pleasure	1	2 3 4	5 6 7		
F3	Do	you think you do your fair share of looking after the ch	nildren?		(Cross X one box)		
		I do <u>much more</u> than my fair share					
		I do <u>a bit more</u> than my fair share					
		I do my fair share					
		I do <u>a bit less</u> than my fair share					

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This question is for parents who are in paid work.

If you are <u>not</u> in paid work, skip this question and **→** Go TO PART G ON PAGE 20

The following statements are about combining work with family responsibilities. Please indicate, by crossing one box on each line, how strongly you agree or disagree with each. The more you agree, the higher the number of the box you should cross. The more you Strongly Strongly disagree, the lower the number of the box you should cross. agree disagree (Please cross **X** one box for each statement) Having both work and family responsibilities makes me a a more well-rounded person Having both work and family responsibilities gives my life b more variety Managing work and family responsibilities as well as I do С makes me feel competent d Because of my family responsibilities, I have to turn down work activities or opportunities that I would prefer to take on Having both work and family responsibilities challenges me to be the best I can be f Because of my family responsibilities, the time I spend working is less enjoyable and more pressured Because of the requirements of my job, I miss out on home g or family activities that I would prefer to participate in h Because of the requirements of my job, my family time is less enjoyable and more pressured i Working makes me feel good about myself, which is good for my children My work has a positive effect on my children j k Working helps me to better appreciate the time I spend with my children l The fact that I am working makes me a better parent I worry about what goes on with my children while I'm m at work Working leaves me with too little time or energy to be the n kind of parent I want to be Working causes me to miss out on some of the rewarding 0 aspects of being a parent Thinking about the children interferes with my performance

at work

				ı
PA	RT G:			
G1	Are you male or female?			(Cross X one box)
	Male		Female	
G2	Which age group do you belong to?			(Cross X one box)
	15 – 17 years		35 – 44 years	
	18 – 19 years		45 – 54 years	
	20 – 21 years		55 – 64 years	
	22 – 24 years		65 – 74 years	
	25 – 34 years		75 years or over	
G3	Is there anything else that you would l	like to t	ell us about living in Australia?	
	If so, please write on the lines below	. (To e	ensure your privacy remains protected	
	not write any personal contact details h	iere suc	ch as your name, address or phone num	iber.)
_				
-				
-				
-				
-				
_				
	THER	E ARE I	NO MORE QUESTIONS.	
			in the envelope provided and have it reer returns to collect it.	ady when the
	The interviewer will o	ome ba	ack at the time shown on the front cover	:
			ney will phone you and ask you to post d envelope provided.	it using the
	One	e agai	in, Thank You	
			ration and participation.	
		Á	CNielsen	

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20

S/No.

SC