

First name of respondent:


## IN-CONFIDENCE

We appreciate and thank you for the information you have already given our interviewer. This form contains some additional questions that you might find easier to answer by yourself.
All the information you give us is completely confidential. Only the survey team will have access to this form. Everyone in this team has signed a deed of confidentiality and is required to observe privacy laws when handling your information.

Your full name and address will never be linked with any of the information you provide.

## How to fill in this form

In answering these questions, please be as honest and accurate as possible.

■ Use only blue or black ink.
Put an $\mathbf{X}$ inside the box provided.
(Do not mark any areas outside the box.)
For example:


- If you make a mistake:

Simply colour in the whole box and mark the correct one as shown.
For example:


If more than one answer is allowed, this will be specified under the question.

When completed, please seal this form in the envelope provided.
$\square$

## PART A: GENERAL HEALTH AND WELL-BEING <br> (SF-36 Health Survey)

This first set of questions seeks your views about your health, how you feel and how well you are able to do your usual activities.
Please take the time to read and answer each question carefully by crossing the box corresponding to your response. If you are unsure about how to answer a question, please give the best answer you can.

A1 In general, would you say your health is:
(Cross X one box)

| $\square_{1}$ Excellent | $\square_{2}$ Very good | $\square_{3}$ Good | $\square_{4}$ Fair |
| :--- | :--- | :--- | :--- |

A2 Compared to one year ago, how would you rate your health in general now?
(Cross X one box)Much better now than a year agoSomewhat better now than a year agoAbout the same as one year agoSomewhat worse now than one year ago5 Much worse now than one year ago

A3 The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much?
(Cross $X$ ONe box on EACH line)

|  | ACTIVITIES | Yes, limited a lot | Yes, limited a little | No, not limited at all |
| :---: | :---: | :---: | :---: | :---: |
| a | Vigorous activities, such as running, lifting heavy objects, participating in strenuous sports | $\square_{1}$ | $\square_{2}$ | $\square 3$ |
| b | Moderate activities, such as moving a table, pushing a vacuum cleaner, bowling or playing golf | $\square_{1}$ | $\square{ }_{2}$ | $\square 3$ |
| C | Lifting or carrying groceries | $\square_{1}$ | $\square{ }_{2}$ | $\square 3$ |
| d | Climbing several flights of stairs | $\square_{1}$ | $\square_{2}$ | $\square 3$ |
| e | Climbing one flight of stairs | $\square_{1}$ | $\square_{2}$ | $\square 3$ |
| f | Bending, kneeling, or stooping | $\square_{1}$ | $\square{ }_{2}$ | $\square 3$ |
| g | Walking more than one kilometre | $\square_{1}$ | $\square 2$ | $\square 3$ |
| h | Walking half a kilometre | $\square_{1}$ | $\square{ }_{2}$ | $\square_{3}$ |
| i | Walking 100 metres | $\square_{1}$ | $\square_{2}$ | $\square 3$ |
| j | Bathing or dressing yourself | $\square_{1}$ | $\square{ }_{2}$ | $\square 3$ |

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A4 During the past 4 weeks, have you had any of the following problems with your work or other regular daily activities as a result of your physical health ?

|  |  | YES |  |
| :--- | :--- | :--- | :--- |
| a | Cut down the amount of time you spent on work or other activities | $\square$ | $\square$ |
| b | Accomplished less than you would like | $\square$ | $\square$ |
| c | Were limited in the kind of work or other activities | $\square$ | $\square$ |
| d | $\square$ |  |  |

A5 During the past 4 weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious) ?

> (Cross X ONE box on EACH line)

|  |  | YES | NO |
| :--- | :--- | :--- | :--- |
| a | Cut down the amount of time you spent on work or other activities | $\square$ | $\square$ |
| b | Accomplished less than you would like | $\square$ | $\square$ |
| c | Didn't do work or other activities as carefully as usual | $\square$ | $\square$ |

A6 During the past 4 weeks, to what extent has your physical health or emotional problems interfered with your normal social activities with family, friends, neighbours, or groups?

A7 How much bodily pain have you had during the past 4 weeks?
$\square$ No bodily pain


Moderate Severe

A8 During the past 4 weeks, how much did pain interfere with your normal work (including both work outside the home and housework)?
(Cross X one box)

$+$

A9 These questions are about how you feel and how things have been with you during the past 4 weeks. For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past 4 weeks:
(Cross X ONe box on EACH line)

|  |  | All of the time | Most of the time | A good bit of the time | Some of the time | A little of the time | None of the time |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| a | Did you feel full of life? | $\square 1$ | $\square{ }_{2}$ | $\square 3$ | $\square_{4}$ | $\square 5$ | $\square 6$ |
| b | Have you been a nervous person? | $\square 1$ | $\square_{2}$ | $\square 3$ | $\square_{4}$ | $\square 5$ | $\square 6$ |
| C | Have you felt so down in the dumps that nothing could cheer you up? | $\square_{1}$ | $\square{ }_{2}$ | $\square 3$ | $\square_{4}$ | $\square 5$ | $\square 6$ |
| d | Have you felt calm and peaceful? | $\square 1$ | $\square 2$ | $\square 3$ | $\square_{4}$ | $\square 5$ | $\square 6$ |
| e | Did you have a lot of energy? | $\square_{1}$ | $\square{ }_{2}$ | $\square{ }_{3}$ | $\square_{4}$ | $\square_{5}$ | $\square_{6}$ |
| f | Have you felt down? | $\square_{1}$ | $\square_{2}$ | $\square_{3}$ | $\square_{4}$ | $\square_{5}$ | $\square_{6}$ |
| g | Did you feel worn out? | $\square_{1}$ | $\square_{2}$ | $\square_{3}$ | $\square_{4}$ | $\square 5$ | $\square_{6}$ |
| h | Have you been a happy person? | $\square_{1}$ | $\square_{2}$ | $\square 3$ | $\square_{4}$ | $\square 5$ | $\square 6$ |
| i | Did you feel tired? | $\square 1$ | $\square_{2}$ | $\square 3$ | $\square_{4}$ | $\square 5$ | $\square 6$ |

A10 During the past 4 weeks, how much of the time has your physical health or emotional problems interfered with your social activities (like visiting friends, relatives, etc)?All of the timeMost of the timeSome of the timeA little of the timeNone of the time

A11 How TRUE or FALSE is each of the following statements for you?
(Cross X ONe box on EACH line)

|  |  | Definitely True | Mostly True | Don't <br> know | Mostly False | Definitely False |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| a | I seem to get sick a little easier than other people | $\square 1$ | $\square{ }^{1}$ | $\square 3$ | $\square 4$ | $\square 5$ |
| b | I am as healthy as anybody I know | $\square 1$ | $\square{ }_{2}$ | $\square 3$ | $\square 4$ | $\square 5$ |
| C | I expect my health to get worse | $\square 1$ | $\square_{2}$ | $\square_{3}$ | $\square 4$ | $\square 5$ |
| d | My health is excellent | $\square 1$ | $\square{ }_{2}$ | $\square 3$ | $\square_{4}$ | $\square 5$ |

## PART B: YOU, YOUR LIFESTYLE AND YOUR LIVING SITUATION

B1 In general, how often do you participate in moderate or intensive physical activity for at least 30 minutes?

Moderate level physical activity will cause a slight increase in breathing and heart rate, such as brisk walking.
(Cross X one box)

## Not at all

Less than once a week

1 to 2 times a week

## 3 times a week

More than 3 times a week(but not every day)
$\square$ Every day
B2 Do you smoke cigarettes or any other tobacco products?
(Cross X one box)

| No, I have never smoked | Go то B4 |
| :---: | :---: |
| No, I no longer smoke | Go то B4 |
| Yes, I smoke daily | Go то B3 |
| Yes, I smoke at least weekly (but not daily) | Go то B3 |
| Yes, I smoke less often than weekly | Go то B3 |

B3 How many cigarettes do you usually smoke each week?

Please convert cigar/pipe/loose tobacco to a number of cigarettes: $\square$ per week B4 Do you drink alcohol?
(Cross X One box)

$$
]
$$

No, I have never drunk alcohol $\longrightarrow$ Go то B7No, I no longer drink alcohol $\quad \Rightarrow$ Go то B7Yes, I drink alcohol every dayYes, I drink alcohol 5 or 6 days per weekYes, I drink alcohol 3 or 4 days per weekYes, I drink alcohol 1 or 2 days per weekYes, I drink alcohol 2 or 3 days per monthYes, but only rarely

B5 On a day that you have an alcoholic drink, how many standard drinks do you usually have?
A standard drink is a small glass of wine, a 285 ml glass of regular beer, a nip of spirits, or a mixed drink. (Cross X ONE box)

## 13 or more standard drinks

11 to 12 standard drinks
9 to 10 standard drinks
7 to 8 standard drinks
5 to 6 standard drinks
3 to 4 standard drinks
1 to 2 standard drinks

B6

## Females

How often do you have 5 or more standard drinks on one occasion?

## (Use the boxes below and cross ONE only)

Not in the last yearLess than monthly but at least once a yearOnce a month2 to 3 times a month1 to 2 times a week
3 to 4 times a week
5 or more times a week

B7 Are you currently an active member of a sporting, hobby or community-based club or association ?
(Cross X one box)


S/No. $\square$

B8 How tall are you (without shoes)?
You only need to provide an answer in either centimetres (cms) or in feet /inches.

cms
OR

feet $\square$ inches
(Note: There are 12 inches in a foot)

## B9 What is your current weight?

You only need to provide an answer in either kilograms (kgs) or in stones / pounds.

OR


B10 How often do you feel rushed or pressed for time?
(Cross X one box)
Almost
always

Often $\square$ Sometimes
RarelyNever

B11 How often do you feel you have spare time that you don't know what to do with?
(Cross X ONE box)Almost
always
OftenSometimes $\square$ RarelyNever

B12 The following questions are about your feelings in the past 4 weeks. In the last four weeks, about how often did you feel ...
(Cross $X$ ONe box on EACH line)

|  |  | All of the time | Most of the time | Some of the time | A little of the time | None of the time |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| a | tired out for no good reason? | $\square_{1}$ | $\square_{2}$ | $\square_{3}$ | $\square_{4}$ | $\square_{5}$ |
| b | nervous? | $\square_{1}$ | $\square_{2}$ | $\square_{3}$ | $\square_{4}$ | $\square 5$ |
| c | so nervous that nothing could calm you down? | $\square_{1}$ | $\square_{2}$ | $\square_{3}$ | $\square_{4}$ | $\square_{5}$ |
| d | hopeless? | $\square_{1}$ | $\square_{2}$ | $\square_{3}$ | $\square_{4}$ | $\square_{5}$ |
| e | restless or fidgety? | $\square_{1}$ | $\square_{2}$ | $\square_{3}$ | $\square_{4}$ | $\square_{5}$ |
| f | so restless that you could not sit still? | $\square_{1}$ | $\square_{2}$ | $\square_{3}$ | $\square_{4}$ | $\square_{5}$ |
| g | depressed? | $\square_{1}$ | $\square_{2}$ | $\square_{3}$ | $\square_{4}$ | $\square_{5}$ |
| h | that everything was an effort? | $\square_{1}$ | $\square_{2}$ | $\square_{3}$ | $\square_{4}$ | $\square_{5}$ |
| i | so sad that nothing could cheer you up? | $\square_{1}$ | $\square_{2}$ | $\square_{3}$ | $\square_{4}$ | $\square_{5}$ |
| j | worthless? | $\square_{1}$ | $\square_{2}$ | $\square_{3}$ | $\square_{4}$ | $\square_{5}$ |

B13 Now some questions about family life.
Please indicate, by crossing one box on each line, how satisfied or dissatisfied you currently are with each of the following relationships. The more satisfied you are, the higher the number of the box you should cross. The less satisfied you are, the lower the number of the box you should cross.
If the question does not apply
to you, cross $\boldsymbol{X}$ the
"Does not apply" category.
How satisfied are you with:

a your relationship with your partner?
$\begin{array}{lllllllllllll}\square_{0} & \square_{1} & \square_{2} & \square_{3} & \square_{4} & \square_{5} & \square_{6} & \square_{7} & \square_{8} & \square_{9} & \square_{10} & \square\end{array}$
b your relationship with your children?

$g$ your relationship with your step-parents?

h your relationship with your (most recent) former spouse or partner?


B14 And how satisfied are you with the following aspects of family life?
Again, please indicate, by crossing one box on each line, how satisfied or dissatisfied you currently are. If the question does not apply to you, cross $\mathbf{X}$ the "Does not apply" category.
How satisfied are you with:

a the way childcare tasks are divided between you and your partner?
b the way household tasks are divided between you and your partner?


B15 Do you think you do your fair share around the house?
(Cross X one box)
I do much more than my fair shareI do a bit more than my fair shareI do my fair shareI do a bit less than my fair shareI do much less than my fair share

## Go то B16

B16 In general, about how often do you get together socially with friends or relatives not living with you?
(Cross X one box)

| $\square$ | Every day |
| :--- | :--- |
| $\square$ | Several times a week |
| $\square$ | About once a week |
| $\square$ | 2 or 3 times a month |
| $\square$ | About once a month |
| $\square$ | Once or twice every 3 months |
| $\square$ | Less often than once every 3 months |

B17 The following statements have been used by many people to describe how much support they get from other people. How much do you agree or disagree with each? The more you agree, the higher the number of the box you should cross. The more you disagree, the lower the number of the box you should cross.
(Please cross X ONE box for EACH statement)

a People don't come to visit me as often as I would like
b I often need help from other people but can't get it
c I seem to have a lot of friends
d I don't have anyone that I can confide in
e I have no one to lean on in times of trouble
f There is someone who can always cheer me up when I'm down
g I often feel very lonely
h I enjoy the time I spend with the people who are important to me
i When something's on my mind, just talking with the people I know can make me feel better
j When I need someone to help me out, I can usually find someone


B18 We now would like you to think about major events that have happened in your life over the past 12 months. For each statement cross either the YES box or the NO box to indicate whether each event happened during the past 12 months. If you answer "YES", then also cross one box to indicate how long ago the event happened or started.

Did any of these happen to you in the past 12 months?
a Got married
b Separated from spouse or long-term partner

C Got back together with spouse or long-term partner after a separation
d Pregnancy / pregnancy of partner
e Partner or I gave birth to, or adopted, a new child
f Serious personal injury or illness to self
g Serious personal injury or illness to a close relative / family member
h Death of spouse or child
i Death of other close relative / family member (e.g., parent or sibling)
j Death of a close friend
k Victim of physical violence (e.g., assault)
l Victim of a property crime
(e.g., theft, housebreaking)
m Detained in a jail / correctional facility
n Close family member detained in a jail / correctional facility
o Retired from the workforce
p Fired or made redundant by an employer
q Changed jobs (i.e., employers)
r Promoted at work
s Major improvement in financial situation (e.g., won lottery, received an inheritance)
t Major worsening in financial situation (e.g., went bankrupt)
u Changed residence
v A weather-related disaster (e.g., flood, bushfire, cyclone) damaged or destroyed your home
S/No. $\square$

B19 How much time would you spend on each of the following activities in a typical week?

$$
\begin{array}{cccc}
\text { IMPORTANT: • Please do not count any activity twice } & \text { Hours } & \text { Minutes } \\
& \text { - If you do not do an activity, write "0" in the hours box } & \text { per week } & \text { (if applicab }
\end{array}
$$

a Paid employment

b Travelling to and from a place of paid employment
c Household errands, such as shopping, banking, paying bills, and keeping financial records (but do not include driving children to school and to other activities)
d Housework, such as preparing meals, washing dishes, cleaning house, washing clothes, ironing and sewing
e Outdoor tasks, including home maintenance (repairs, improvements, painting etc.), car maintenance or repairs and gardening

f Playing with your children, helping them with personal care, teaching, coaching or actively supervising them, or getting them to child care, school and other activities

g Looking after other people's children (aged under 12 years) on a regular, unpaid basis

h Volunteer or charity work (for example, canteen work at the local school, unpaid work for a community club or organisation)

i Caring for a disabled spouse or disabled adult relative, or caring for elderly parents or parents-in-law

TOTAL: This cannot exceed 168 hours and typically will not be greater than 120. If it is, please re-think your answers.


Add total hours (whole hours only)

B20 Who does the following tasks in your household?

## (Cross $\boldsymbol{X}$ one box on each line)

|  |  | Always me | Usually me | Shared equally between partner \& self |  | Always my partner | Always /usually other person(s) in house | Shared <br> equally among household members | Always /usually someone not living in house | Does not apply |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| a | Preparing daily meals |  |  |  |  |  |  |  |  | $\square$ |
| b | Doing the dishes |  |  |  |  |  |  |  |  | $\square$ |
| C | Shopping for food |  |  |  |  |  | $\square_{6}$ |  |  | $\square$ |
| d | Cleaning the house |  |  |  |  |  |  |  |  | $\square$ |
| e | Doing small repairs in and around the house |  |  |  |  |  |  |  |  |  |
| $f$ | Pays bills \& keeps financial records |  |  |  |  |  |  |  |  | $\square$ |
|  | 十 R06587-W11M\&T |  |  |  | 10 |  | S/No. |  |  |  |

B21 Does your household regularly pay someone to do any of the housework (cleaning, washing, ironing, cooking, etc)?
(Cross X one box)

B22 Does your household regularly pay someone to do any gardening or lawn mowing?
(Cross X one box)
$\square$ Yes
$\square$ No


B23 Please indicate, by crossing one box on each line, how much you agree or disagree with each of the following statements. The more you agree, the higher the number of the box you should cross. The more you disagree, the lower the number of the box you should cross.
(Please cross X ONE box for EACH statement)

a I have little control over the things that happen to me

c There is little I can do to change many of the important things in my life

d I often feel helpless in dealing with the problems of life


## PART C: PERSONAL AND HOUSEHOLD FINANCES

C1 Given your current needs and financial responsibilities, would you say that you and your family are ...
(Cross $X$ one box)
ProsperousVery comfortableReasonably comfortableJust getting alongPoorVery poor

C2 Since January 2011 did any of the following happen to you because of a shortage of money?
(Cross $X$ one box on EACH line)

| a | YES | NO |
| :--- | :--- | :--- |
| b <br> b <br> or telephone bills on time <br> Could not pay the mortgage <br> or rent on time | $\square$ | $\square$ |
| c | $\square$ | $\square$ |
| d Pawned or sold something | $\square$ | $\square$ |
| e | Went without meals | $\square$ |
| f | Was unable to heat home | $\square$ |

C3a Suppose you had only one week to raise \$3000 for an emergency. Which of the following best describes how hard it would be for you to get that money?
(Cross X one box)

I could easily raise the money $\quad \Rightarrow$ Go то C3b

I could raise the money, but it would involve some sacrifices
(e.g., reduced spending, selling a possession) possession) $\square$ Go то C3b

I would have to do something drastic to raise the money (e.g., selling an important possession) $\Rightarrow$ Go то C3b

I don't think I could raise
the money $\quad \square$ Go то C4
 -

C3b And how would you obtain that money?
(Cross X ALL boxes that apply)Use savingsBorrow from a relative who lives with youBorrow from a relative who lives elsewhereBorrow from a friendBorrow from a financial institution or use creditSell an asset
$\square$ Use some other method to find the money

C4 Who makes the decisions about the following issues in your household?
(Cross $X$ ONe box on EACH line)

|  |  | Always me | Usually me | Shared equally between partner \& self | Usually my partner | Always my partner | Always /usually other person(s) in house | Shared <br> equally among household members | Always /usually someone not living in house | Does not apply |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| a | Managing day-to-day spending and paying bills | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square_{8}$ | $\square$ |
| b | Making large household purchases (e.g., cars and major appliances) |  |  |  |  |  |  |  |  |  |
| C | The number of hours you spend in paid work |  |  |  | $\square$ |  |  |  |  | $\square$ |
| d | The number of hours your partner / spouse spends in paid work |  |  | $\square$ | $\square$ | $\square$ |  |  | $\square_{8}$ |  |
| e | The way children are raised |  |  |  | $\square_{4}$ |  | $\square$ |  |  | $\square$ |
| $f$ | Social life and leisure activities |  |  |  | $\square$ |  | $\square$ |  |  |  |
| g | Savings, investment and borrowing |  |  | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square_{8}$ | $\square$ |

$\square$

## HOUSEHOLD SPENDING

C5 Do you have any responsibility for the payment of household bills, such as electricity, gas, water and council rates?
(Cross X one box)


```
Yes }=>\mathrm{ Please continue
No }=>\mathrm{ Go to C7a ON PAGE 14
```

C6 For each type of expenditure below, write in your best estimate of the total amount spent on that item by all people in the household.
If you are unsure please make your best guess.
Do not include expenses associated with any businesses you may own.
(Cross X ONE box on EACH line)

## Weekly Expenses

|  |  | Any expenditure? NO YES | HOW MUCH PER WEEK? <br> (on average) |
| :---: | :---: | :---: | :---: |
| a | Groceries <br> (Include food, cleaning products, pet food and personal care products. Do not include alcohol or tobacco.) |  | $\cdot 00$ |
| b | Alcohol <br> (Include alcohol consumed with meals eaten out.) |  | 1.1 .00 |
| C | Cigarettes and other tobacco products |  | $\cdot 00$ |
| d | Public transport and taxis |  | -0 |
| e | Meals eaten out <br> (Include restaurants, take-away food, and bought lunches and snacks. Do not include alcohol.) | $\square \square$ | $\cdot 00$ |

## Monthly Expenses



## Annual Expenses



C7a Which of the following statements comes closest to describing the amount of financial risk that you are willing to take with your spare cash? That is, cash used for savings or investment.

Cross Xone box)


I take substantial financial risks expecting to earn substantial returns
I take above-average
financial risks expecting to
Go to D1 earn above-average returns
I take average financial
risks expecting to earn average returns
$\Rightarrow$ Go то D1


I am not willing to take $\quad \Rightarrow$ Go то D1 any financial risks
I never have any spare cash $\Rightarrow$ Go то C7b

C7b Assume you had some spare cash that could be used for savings or investment. Which of the following statements comes closest to describing the amount of financial risk that you would be willing to take with this money?
(Cross $\boldsymbol{X}$ one box)I would take substantial financial risks expecting to earn substantial returns I would take above-average financial risks expecting to earn above-average returns

I would take average financial risks expecting to earn average returns
I would not be willing to take any financial risks
$\square$

## PART D: ATTITUDES AND VALUES

D1 To what extent do you agree or disagree with the following statements?

Please indicate, by crossing one box on each line, how strongly you agree or disagree with each.
(Please cross X ONE box for EACH statement)

## $\begin{array}{lc}\text { Strongly } & \text { Strongly } \\ \text { disagree } & \text { agree }\end{array}$


a Most people would try to take advantage of you if they got a chance
b Most people you meet keep their word
c Most people you meet succeed by stepping on other people
d Most people you meet make agreements honestly
e Generally speaking, most people can be trusted


D2 The following statements are about attitudes to marriage and children. Again, please indicate, by crossing one box on each line, how strongly you agree or disagree with each.
The more you agree, the higher the number of the box you should cross. The more you disagree, the lower the number of the box you should cross.
(Please cross X ONE box for EACH statement)

a It is alright for an unmarried couple to live together even if they have no intention of marrying
b Marriage is a lifetime relationship and should never be ended
c Marriage is an outdated institution
d It is alright for a couple with an unhappy marriage to get a divorce even if they have children
e A woman has to have children in order to be fulfilled
f A man has to have children in order to be fulfilled
g Children will usually grow up happier if they have a home with both a father and a mother
h It is alright for a woman to have a child as a single parent even if she doesn't want to have a stable relationship with a man
i When children turn about 18-20 years old they should start to live independently
j Homosexual couples should have the same rights as heterosexual couples do

D3 The following statements are about attitudes towards parenting and work.
Again, please indicate, by crossing one box on each line, how strongly you agree or disagree with each.
(Please cross X ONE box for EACH statement)

a Many working mothers seem to care more about being successful at work than meeting the needs of their children
b Many working fathers seem to care more about being successful at work than meeting the needs of their children
c If both partners in a couple work, they should share equally in the housework and care of children
d Whatever career a woman may have, her most important role in life is still that of being a mother
e Whatever career a man may have, his most important role in life is still that of being a father
f Mothers who don't really need the money shouldn't work
g Children do just as well if the mother earns the money and the father cares for the home and children
h It is better for everyone involved if the man earns the money and the woman takes care of the home and children
i As long as the care is good, it is fine for children under 3 years of age to be placed in child care all day for 5 days a week
j A working mother can establish just as good a relationship with her children as a mother who does not work for pay
k A working father can establish just as good a relationship with his children as a father who does not work for pay

I A father should be as heavily involved in the care of his children as the mother
m It is not good for a relationship if the woman earns more than the man
n On the whole, men make better political leaders than women do
o A pre-school child is likely to suffer if his/her mother works full-time
p Children often suffer because their fathers concentrate too much on their work
$q$ If parents divorce it is usually better for the child to stay with the mother than with the father

$\begin{array}{llllll}\square & \square_{2} & \square_{3} & \square_{4} & \square_{5} & \square_{6}\end{array}$




$\square$

## PART E: YOUR JOB AND THE WORKPLACE

## E1 Are you currently in paid work?

## Yes $\Rightarrow$ Please go to E2 and complete the rest of PART E <br> $\ldots$ Go to PART F on page 18

E2 The following statements are about your current (main) job. Please indicate, by crossing one box on each line, how strongly you agree or disagree with each. The more you agree, the higher the number of the box you should cross. The more you disagree, the lower the number of the box you should cross.
(Please cross X ONe box for EACH statement)

a My job is more stressful than I had ever imagined
b I fear that the amount of stress in my job will make me physically ill
c I get paid fairly for the things I do in my job
d I have a secure future in my job
e The company I work for will still be in business 5 years from now
f I worry about the future of my job
g My job is complex and difficult
h My job often requires me to learn new skills
i I use many of my skills and abilities in my current job
j I have a lot of freedom to decide how I do my own work
k I have a lot of say about what happens on my job
I I have a lot of freedom to decide when I do my work
m I have a lot of choice in deciding what I do at work
n My working times can be flexible
o I can decide when to take a break
p My job requires me to do the same things over and over again
q My job provides me with a variety of interesting things to do
r My job requires me to take initiative
s I have to work fast in my job
t I have to work very intensely in my job
u I don't have enough time to do everything in my job


E3 Following is a list of conditions and entitlements that employers sometimes provide their employees. For each, please indicate whether you, or other employees working at a similar level to you at your workplace, would be able to use these if needed.
(Cross X ONe box on EACH line)

|  |  | Yes | No | Don't know |
| :--- | :--- | :--- | :--- | :--- |
| a | Employer-funded paid maternity leave | $\square$ | $\square$ | $\square$ |
| b | Employer-funded paid paternity leave | $\square$ | $\square$ | $\square$ |
| c | Special leave for caring for family members | $\square$ | $\square$ | $\square$ |
| d | Permanent part-time work | $\square$ | $\square$ | $\square$ |
| e | Home-based work | $\square$ | $\square$ | $\square$ |
| f | Flexible start and finish times | $\square$ | $\square$ | $\square$ |
| g | Child care facilities or subsidised child care expenses | $\square$ | $\square$ | $\square$ |

## PART F: PARENTING

F1 Do you have parenting responsibilities for any children aged 17 years or less?

## Yes $\Rightarrow$ Please go to F2 and complete the rest of PART F

$\square$ No $\Rightarrow$ Go to PART G on PAGE 20

F2 The following statements are about raising children. Thinking about the children aged 17 years or less that you have parenting responsibility for, please indicate, by crossing one box on each line, how strongly you agree or disagree with each statement. The more you agree, the higher the number of the box you should cross. The more you disagree, the lower the number of the box you should cross.

a Being a parent is harder than I thought it would be

b I often feel tired, worn out, or exhausted from meeting the needs of my children

c I feel trapped by my responsibilities as a parent

d I find that taking care of my child/children is much more work than pleasure


F3 Do you think you do your fair share of looking after the children?I do much more than my fair shareI do a bit more than my fair shareI do my fair shareI do a bit less than my fair share
I do much less than my fair share
$\square$

This question is for parents who are in paid work.
If you are not in paid work, skip this question and

## Go to PART G on page 20

F4 The following statements are about combining work with family responsibilities. Please indicate, by crossing one box on each line, how strongly you agree or disagree with each. The more you agree, the
higher the number of the box you should cross. The more you disagree, the lower the number of the box you should cross.
(Please cross X ONE box for EACH statement)

a Having both work and family responsibilities makes me a more well-rounded person
b Having both work and family responsibilities gives my life more variety
c Managing work and family responsibilities as well as I do makes me feel competent
d Because of my family responsibilities, I have to turn down work activities or opportunities that I would prefer to take on
e Having both work and family responsibilities challenges me to be the best I can be
f Because of my family responsibilities, the time I spend working is less enjoyable and more pressured
g Because of the requirements of my job, I miss out on home or family activities that I would prefer to participate in
h Because of the requirements of my job, my family time is less enjoyable and more pressured
i Working makes me feel good about myself, which is good for my children
j My work has a positive effect on my children
k Working helps me to better appreciate the time I spend with my children

I The fact that I am working makes me a better parent
m I worry about what goes on with my children while I'm at work
n Working leaves me with too little time or energy to be the kind of parent I want to be
o Working causes me to miss out on some of the rewarding aspects of being a parent
p Thinking about the children interferes with my performance at work


## PART G:

G1 Are you male or female?
(Cross
ONE box)
$\square$ MaleFemale

G2 Which age group do you belong to?
(Cross X one box)

| $\square$ | $15-17$ years | $\square$ | $35-44$ years |
| :--- | :--- | :--- | :--- |
| $\square$ | $18-19$ years | $\square$ | $45-54$ years |
| $\square$ | $20-21$ years | $\square$ | $55-64$ years |
| $\square$ | $22-24$ years | $\square$ | $65-74$ years |
| $\square$ | $25-34$ years | $\square$ | 75 years or over |

G3 What is today's date?


G4 Is there anything else that you would like to tell us about living in Australia?
If so, please write on the lines below. (To ensure your privacy remains protected at all times, please do not write any personal contact details here such as your name, address or phone number.)

## RETURNING YOUR COMPLETED QUESTIONNAIRE

- Please seal the completed questionnaire in the envelope provided and have it ready when the interviewer returns to collect it.
- If the interviewer cannot come back, they will phone you and ask you to post it using the reply-paid envelope provided.

Once again, Thank You for your cooperation and participation.

## Roy Morgan <br> ——Research

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S/No. $\square$

