W2R1

MABEL user id:

Please write id shown on letter if different to id above

MABEL

Medicine in Australia: Balancing Employment and Life

2009

General Practitioner & GP Registrar

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MABEL has been endorsed by:

Royal Australian College of General Practitioners Australian College of Rural and Remote Medicine Rural Doctors Association of Australia Rural Health Workforce Australia Australian General Practice Training Australian General Practice Network General Practice Registrars Australia Royal Australasian College of Physicians Royal Australasian College of Surgeons Royal College of Pathologists of Australasia Royal Australian and New Zealand College of Ophthalmologists Royal Australian and New Zealand College of Radiologists Australian and New Zealand College of Anaesthetists Australasian College for Emergency Medicine Joint Faculty of Intensive Care Medicine

Australian Society of Anaesthetists

Palliative Medicine Inc

Australia and New Zealand Society of

Australian and New Zealand Society for Geriatric Medicine Australian Society of Plastic Surgeons Australian and New Zealand Intensive Care Society Australian and New Zealand Society of Nephrology Internal Medicine Society of Australia and New Zealand Australasian Society of Career Medical Officers Australian Rheumatology Association Australian Orthopaedic Association Australian Healthcare and Hospitals Association Australian Private Hospital Association Medical Oncology Group of Australia Incorporated Confederation of Postgraduate Medical **Education Councils** Postgraduate Medical Council of Victoria Postgraduate Medical Council of South Australia Postgraduate Medical Education Council of Queensland Postgraduate Medical Institute of Tasmania NSW Institute of Medical Education and Training Australian Medical Council





MONASH University Medicine, Nursing and Health Sciences

A About your current situation

1.	Are you currently doing clinical work within Australia?
	Yes – If yes, please go to Section B below and complete the main survey
	No – If no, continue
2.	Do you intend to return to clinical work within Australia?
	Yes
	No
	Unsure
3.	Which of the following statements describes your current situation? (Tick all that apply)
	Permanently retired from all types of medical work
	Doing medical work in Australia that is non-clinical (e.g. medico-legal, teaching, research, committee work)
	Maternity leave
	Home duties/childcare
	Enrolled as a student
	Extended leave (e.g. sick leave, long service leave)
	Working outside Australia in a clinical role
	Working outside Australia in a non-clinical, but medical role
	Working outside Australia in a non-medical role
	Doing non-medical work in Australia. Please state job title:

As you are not doing clinical work in Australia you do not need to complete the rest of the survey. Please return this survey in the reply-paid envelope provided. Thank you for your cooperation.

About your job satisfaction

4. Please indicate how satisfied or dissatisfied you are with each of the various aspects of your work as a doctor.

	Very Dissatisfied	Moderately Dissatisfied	Not Sure	Moderately Satisfied	Very Satisfied	N/A
Freedom to choose your own method of working						
Amount of variety in your work						
Physical working conditions						
Opportunities to use your abilities						
Your colleagues and fellow workers						
Recognition you get for good work						
Your hours of work						
Your remuneration						
Amount of responsibility you are given						
Taking everything into consideration, how do you feel about your work?						
Please indicate the degree to which you agree	or disagree	e with the fol	lowing stat	ements.		
	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree	N/A
The amount of work I delegate to other health professionals has increased in the past 12 months	;					
The balance between my personal and professional commitments is about right						
I have a poor support network of other doctors like me						

The IT systems I use are very helpful in day-to-day practice

5.

		Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree	N/A
	It is difficult to take time off when I want to						
	My patients have unrealistic expectations about how I can help them						
	The majority of my patients have complex health and social problems						
	Running my practice is stressful most of the time						
	The hours I work are unpredictable						
	I have good supervision/mentoring support						
6.	Would you like to change your hours of work (in No Yes, I'd like to increase my hours Yes, I'd like to decrease my hours	cluding da	y time and af	ter hours)?			
7.	What is the likelihood that you will:						
			Very Unlike	ly Unlikely	Neutral	Likely	Very Likely
	Leave direct patient care (primary or hospital) within FIVE YEARS?						
	Leave medical work entirely within FIVE YEARS	S?					

Reduce your clinical workload in the next FIVE YEARS?

Potential influences on decision-making:

- The following questions outline two different job support options.
- Each job support option comprises the same four key elements, but with differing characteristics.
- You will also have the opportunity to indicate if neither option would influence your decision to stay in a rural or remote community.

Please state which option (A or B) would most strongly influence how long you continue in practice in a rural or remote community.

8. Which option (A or B) would you prefer? (Please tick one box only)

	Option A	Option B
Locum relief guarantee	Guaranteed paid locum 6 weeks in 12 months	Guaranteed paid locum 4 weeks in 12 months
GP retention payments	25% increase in payments	50% increase in payments
Rural skills loading	No rural skills loading	10% procedural and emergency/on-call rural skills loading
Family isolation	No secondary school costs paid	No secondary school costs paid
Neither option would influence my decision to stay	Option A	Option B

Which option (A or B) would you prefer? 9.

	Option A	Option B
Locum relief guarantee	Guaranteed paid locum 6 weeks in 12 months	Guaranteed paid locum 4 weeks in 12 months
GP retention payments	50% increase in payments	No change in retention payments
Rural skills loading	10% procedural and emergency/on-call rural skills loading	No rural skills loading
Family isolation	100% secondary school costs paid for children boarding away from home	50% secondary school costs paid for children boarding away from home
Neither option would influence my decision to stay	Option A	Option B

10.	Which option (A or B) would you prefer?				
		Option A		Option B	
	Locum relief guarantee	Guaranteed paid locum 6 weeks in 12 months		Guaranteed paid locum 6 weeks in 12 months	
	GP retention payments	25% increase in payments		No change in retention payments	
	Rural skills loading	No rural skills loading		20% procedural and emergency/on-call rural skills loading	
	Family isolation	No secondary school costs paid		100% secondary school costs paid for children boarding away from home	
	Neither option would influence my decision	Option A		Option B	

11. Which option (A or B) would you prefer?

the second s					
	Option A		Option B		
Locum relief guarantee	Guaranteed paid locum 4 weeks in 12 months		No paid locum relief		
GP retention payments	25% increase in payments		50% increase in payments		
Rural skills loading	No rural skills loading		20% procedural and emergency/on-call rural skills loading		
Family isolation	100% secondary school costs paid for children boarding away from home		50% secondary school costs paid for children boarding away from home		
Neither option would influence my decision	Option A		Option B		

12. Which option (A or B) would you prefer?

Locum relief guarantee	Option A No paid locum relief		Option B Guaranteed paid locum 4 weeks in			
			12 months			
GP retention payments	No change in retention payments		50% increase in payments			
Rural skills loading	10% procedural and emergency/on-call rural skills loading		20% procedural and emergency/on-call rural skills loading			
Family isolation	50% secondary school costs paid for children boarding away from home		100% secondary school costs paid for children boarding away from home			
Neither option would influence my decision	Option A		Option B			

to stay

C About the places where you work

13. Excluding after-hours and on-call, for how many HOURS in your MOST RECENT USUAL WEEK at work did you undertake work in each of the following settings? (Include ALL of the work you do as a doctor) (If none, write 0)

	Actual nours per v	week
Private medical practitioner's rooms or surgery		hrs/wk
Community health centre or other state-run primary care organisation		hrs/wk
Public hospital (including psychiatric hospital)		hrs/wk
Private hospital		hrs/wk
Residential/aged care health facility (nursing/residential home, hospice etc.)		hrs/wk
Aboriginal health service		hrs/wk
Government department, agency or defence forces		hrs/wk
Tertiary education institution		hrs/wk
Other		hrs/wk
TOTAL HOURS WORKED		hrs/wk

GENERAL	PRACTITIONER	& GP	REGISTRAR
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14.	The next THREE questions relate to the place where you work. If nothing has changed since the last time you did the MABEL survey, tick box and go to question 18.
	No change since I last completed the MABEL survey
15.	How many GPs work in your current main practice? (Include yourself if applicable) (If none, write 0) Full-time Part-time No. of males. Image: Comparison of formales
	No. of females
16.	How many other health workers or professionals are employed in your current main practice? (If none, write 0) No. of nurses No. of allied health professionals No. of administrative staff No. of other staff
17.	Is your current main practice co-located with other health or welfare professionals?
	Yes
	No No
18.	What is your business relationship with the practice? (Tick one box)
	Principal or partner
	Associate
	Salaried employee (e.g. receive fixed annual salary & benefits with tax deducted) Contracted employee (e.g. receive fixed payment for specified time or a % of billings before tax)
	Locum
	Other (please specify)
19.	My opportunities for continuing medical education and professional development are:
	Very limited
	Average
	Very good
20.	Do you currently work in a hospital?
	Yes
	No-Go to question 24
21.	Have your working arrangements in this hospital changed since the last time you did the MABEL survey?
	Yes
	No-Go to question 24
22.	How are you paid for this hospital work?
	Fee-for-service/bill patients directly
	Fixed payment per session or hour
	Salary with rights to private practice
	Other (please specify)
23.	What is the main hospital in which you work (i.e. spend most time)?
	Hospital name
	Postcode

D About your workload

24	Funding often have and an call have many HOURS in your MOST DECENT HOURS MUSEL At work did up	
24.	Excluding after-hours and on-call, how many HOURS in your MOST RECENT USUAL WEEK at work did you on the following activities? (Include ALL of the work you do as a doctor in ALL jobs/workplaces) (If none, write 0)	ou spend
	TOTAL HOURS WORKED PER WEEK (Should equal the TOTAL in question 8)	hrs/wk
	Direct patient care (face-to-face, phone consultations, home visits: with or without a medical student present)	hrs/wk
	Indirect patient care (medical notes, reports, phone calls, meeting patients' families)	hrs/wk
	Education activities (teaching, research, continuing medical education)	hrs/wk
	Management and administration	hrs/wk
	Other	hrs/wk
25.	In relation to education activities, are you involved in any of the following teaching activities, including forma mal teaching? (Tick all that apply)	al and infor-
	Teaching medical students	
	Teaching interns or other pre-vocational trainees	
	Teaching registrars	
	No, I am not involved in any teaching	
26.	In your most recent USUAL week at work, for around HOW MANY patients did you provide care? (Include face-to-face, out-of-hours and telephone consultations in ALL SETTINGS) (If none, write 0)	1
	Total number of patients seen in private consulting rooms	
	Total number of patients seen in hospital or other settings	
27.	Excluding emergencies or urgent needs, for how many days does a patient typically have to wait for an appointment with: (Please write average number of days)	
	You, their preferred doctor in the practice? day	ys
	Any doctor in the practice?	ys
28.	How long does a NEW patient typically have to wait for an appointment in your practice?	
	No. of days day	ys
		eks
	Not taking new patients at present (Tick box)	
29.	How long does an average consultation last? (Please write number of minutes) min	ns
30.	Approximately what percentage of patients do you bulk bill/charge no co-payment? %	
31.	What is your current fee for a standard (level B) consultation? (Include Medicare rebate and patient co-payment. Please write dollar amount; write 0 if you bulk bill 100% of your patients) \$	
32.	Do you do any after hours or on-call yourself? (Including public holidays, weekends and weekdays outside of 8am to Yes No-Go to question 36	6pm)
33	What are your after-hours on-call ratios for practice and hospital work?	
<i>.</i>	(For avample 5 weeknights nor fortnight equals 1 in 2)	ospital work
	1 weeknight in	
	1 weekend in	
	Not Applicable (Tick box)	
34.	In your last usual week at work, how many TIMES were you actually called out? (If none, write 0)	ospital work
	Weeknights: times per week	
	Weekend: times per weekend	
	Not Applicable (Tick box)	

If your on-call arrangements do not fit the above descriptions, please elaborate below	:		
 Arranging a locum at short notice is usually: (Tick one box) Moderately easy Rather difficult Very difficult Not Applicable 			
How many WEEKS of parental or maternity leave did you take in the past year? Approximately how many DAYS off work due to illness did you have in the past year?.			weeks weeks days days
C About your finances			
e following information will be used to examine the effect of financial issues on y d will remain strictly confidential.	our wor	k–life ba	alance,
		tor?	
Annual	0R	Fort	nightly
Gross earnings in \$ (before tax)			
Net earnings in \$ (after tax)			
 In addition to this, did you receive any ongoing 'in kind' benefits or subsidies as part of school fees, salary packaging)? Yes No 	of your cu	ırrent jok	o/s (e.g. car, house,
What is the approximate annual total value in dollars of these benefits? (If zero, write 0)			
(Give dollar amount; include HECS debt, other debt associated with training and living expenses \$	s) (If zero	, write 0)	
. What is the total level of financial debt that you currently have from owning your pra (If zero, write 0)	ctice or p	oremises	?
 What is the status of your private practice for tax purposes? Sole trader Partnership Company Trust Don't Know Not Applicable 			
	Arranging a locum at short notice is usually: (Tick one box) Moderately easy Rather difficult Very difficult Not Applicable Turning to time spent away from work: (If none, write 0) How many WEEKS holiday did you take in the past year? How many WEEKS of parental or maternity leave did you take in the past year? Approximately how many DAYS off work due to illness did you have in the past year? Approximately how many DAYS off work did you have for other reasons in the past year? Approximately now many DAYS off work did you have for other reasons in the past year? About your finances following information will be used to examine the effect of financial issues on you'll reasing structly confidential. What are your (approximate) TOTAL personal earnings from ALL of the work you do (If possible, base this on your last personal income tax return or payslip) Please write in ONE C where you have the most accurate information and can be tremember. Arnual Gross earnings in \$ (after tax) In addition to this, did you receive any ongoing 'in kind' benefits or subsidies as part of school fees, salary packaging)? Yes No What is the total level of financial debt that you currently have as a result of your mer (fixe dollar amount; include HECS debt, other debt associated with training and living expr	Arranging a locum at short notice is usually: (Tick one box) Arranging a locum at short notice is usually: (Tick one box) Rather difficult Very difficult Not Applicable Turning to time spent away from work: (If none, write 0) How many WEEKS holiday did you take in the past year?Approximately how many DAYS off work due to illness did you take in the past year?Approximately how many DAYS off work due to illness did you take in the past year?Approximately how many DAYS off work due to illness did you have in the past year?Approximately how many DAYS off work due to illness did you have in the past year?Approximately how many DAYS off work due to illness did you have in the past year? About your finances following information will be used to examine the effect of financial issues on your wor will remain strictly confidential. What are your (approximate) TOTAL personal earnings from ALL of the work you do as a dod (If possible, base this on your last personal income tax return or payslip) Please write in ONE COLUMN where you have the most accurate information and can best remember. In addition to this, did you receive any ongoing 'in kind' benefits or subsidies as part of your cuschool fees, salary packaging)? Yes No What is the total level of financial debt that you currently have as a result of your medical edu (Give dollar amount; include HECS debt, other debt associated with training and living expenses) (If zero, write 0) S	Arranging a locum at short notice is usually: (Tick one box) Moderately easy Rather difficult Very difficult Not Applicable Turning to time spent away from work: (If none, write 0) How many WEEKS of parental or maternity leave did you take in the past year? Approximately how many DAYS off work due to illness did you have in the past year? Approximately how many DAYS off work due to illness did you have in the past year? Approximately how many DAYS off work due to illness did you have in the past year? Approximately how many DAYS off work due to illness did you have in the past year? About your finances following information will be used to examine the effect of financial issues on your work-life bit will remain strictly confidential. What are your (approximate) TOTAL personal earnings from ALL of the work you do as a doctor? (If possible, base this on your last personal icome tax return or payslip) Please write in ONE COLUMN where you have the most accurate information and can best remember. In addition to this, did you receive any ongoing 'in kind' benefits or subsidies as part of your current jot school fees, salary packaging)? Yes No What is the total level of financial debt that you currently have as a result of your medical education a Give dular amount; include HECS debt, other debt associated with training and living expenses) (If zero, write 0 \$

	GENERAL PRACTITIONER & GP REGISTRAR
44.	Do you have other sources of personal income apart from your medical work? (Profit from other business interests, dividend income, bank interest, rental income etc.) Yes No
45.	In the last year, approximately what percentage of your total gross earnings did you receive from each of the following sources? (Please enter percentage figure where applicable) Payments from patients for services covered by Medicare (include Medicare rebate and patient co-payment)
46.	Do you (or your employer) regularly contribute to a superannuation scheme?
	Yes No
47.	Please indicate the degree to which you agree with the following statement: "Given my current financial situation and prospects, I believe I will have enough to live on when I retire". (Tick one box) Strongly Disagree Disagree Agree Strongly Agree
48.	How much (in dollars) did you pay for professional medical liability, or malpractice, insurance premiums in the last year? (If this was provided by someone else on your behalf, write 0)
49.	What is your total gross and net HOUSEHOLD income? (Include your and your partner's earnings, income from other business interests, dividends, interest etc.) Please write in ONE COLUMN ONLY, where you have the most accurate information or can best remember. Annual OR Fortnightly Gross household income (before tax) Image: Column of tax) Image: Column of tax) Net household income (after tax) Image: Column of tax) Image: Column of tax)
F	About your geographic location
	In how many locations do you practise?
51.	Where is your main place of work?
	Unchanged since I last completed the MABEL Survey (Go to question 54)
	Town/Suburb Postcode
52.	Where do you live?
	Unchanged since I last completed the MABEL survey
	Town/Suburb Postcode

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53.	The opportunities for social interaction for you and your family in the geographic location of your main job are: (Tick one box)						
	Very limited						
	Average						
	Very good						
54.	Please indicate the degree to which you agree	or disagre	e with the fol	lowing state	ements.	Strongly	
	T devid house meaning friends on formily meaning and	Disagree	Disagree	Neutral	Agree	Agree	N/A
	I don't have many friends or family members in my current work location						
	It is easy to pursue my hobbies and leisure interests in my current work location						
	My partner does not have many friends or famil, members in this work location	y					
	There are good employment opportunities for my partner in this work location						
	The choice of schools for our children is adequate in this location						
55.	Are you subject to restrictions on your location	of practise	e?				
	Yes—I am required to work in an Area of I	Veed					
	Yes—I am required to work in a District of	Workforce	e Shortage				
	No—Go to question 57						
56.	Please indicate the reason/s for these restriction	ns.					
	I hold a Permanent Resident Visa						
	I hold a Temporary Resident Visa						
	I am undertaking a return of service period				arship or Bo	onded Medical	Place
	I am undertaking a compulsory rural place	ment as pa	art of my trai	ning			
	Other						
G	About your family circum	istano	ces				
57	7. Are you currently living with a partner or spouse?						
51.	Yes						
58.	What is the employment status of your partner/	snouse?					
50.	Not in the labour force (e.g. caring for dep		udvina)				
	Currently seeking work	shachts, st	uuying/				
	Full-time employment						
	Part-time employment						
	Not Applicable						
59.	Is your partner/spouse also a medical doctor?						
	Yes						
	No						
	Not Applicable						
60.	How many dependent children do you have?						
61.	What is the age in years of your youngest dependent child?						
	Not Applicable (Tick box)						

	GENERAL PRACTITIONER & GP REGISTRAR					
62.	Which of the following forms of childcare are you using for your children of pre-school age? (Please tick all that apply)					
	 Relatives or friends Nannies Childcare at work (i.e. provided by an employer) Other day care (childcare centre, family day care, kindergarten etc.) Not Applicable 					
63.	Please indicate the degree to which you agree or disagree with the following statements. Strongly Strongly Strongly Strongly					
	I am restricted in my employment and/or the time and hours I work due to a lack of available childcare					
	My partner is restricted in his/her employment and/or the time and hours he/she works due to a lack of available childcare					
	My partner is overqualified for his/her current job due to the limited availability of suitable jobs					
H	About you					
64. Please list any GP and other medical qualifications you have obtained in Australia since the last time you completed the MABEL Survey. (E.g. FRACGP, FRACP, FACRRM, AMC Certificate examination, diploma) Not Applicable (Tick box)						
65.	Do you have medical qualifications from overseas which are NOT recognized in Australia? Yes No Unsure					
66.	If you are a new GP Registrar this year: In what year do you expect to complete the program and become a Fellow?					
67.	 67. What is your residency status? (Tick one box) Unchanged since I last completed the MABEL survey Australian citizen Permanent resident Temporary resident 					
68.	What type of medical registration do you have? Unchanged since I last completed the MABEL survey Full (unconditional) medical registration Conditional medical variaturation					
	Conditional medical registration Other (please specify)					

69.	In general, would you say your health is: (Tick one box)	
	Excellent	
	Very good	
	Good	
	Fair Fair	
	Poor	
70	All things considered how satisfied are you with your life in general? (Tick one hav)	
70.	All things considered, how satisfied are you with your life in general? (Tick one box)	
	Completely (Dissatisfied	Completely Satisfied
		10

71. The questions below ask about the type of person you are. There is growing evidence that these characteristics are related to doctors' job satisfaction and decisions about work. The information you provide will remain strictly confidential and you will not be identifiable.

Please answer each of the following questions using a 1 to 7 point scale, where 1 means 'Does not apply to me at all' and 7 means 'Applies to me perfectly'.

	Does not						Applies
	apply to me at all						to me perfectly
I see myself as someone who:	1	2	3	4	5	6	7
Does a thorough job							
Is communicative, talkative							
Is sometimes somewhat rude to others							
Is original, comes up with new ideas							
Worries a lot							
Has a forgiving nature							
Tends to be lazy							
Is outgoing, sociable							
Values artistic experiences							
Gets nervous easily							
Does things effectively and efficiently							
Is reserved							
Is considerate and kind to others							
Has an active imagination							
Is relaxed, handles stress well							

72. Thank you for completing the survey. Please provide any further comments below.

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