

Dr. <merge surname>
<merge mailing address>

<Merge date>

Dear Dr. <merge surname>

MABEL
Medicine in Australia: Balancing Employment and Life

I am inviting you to participate in a landmark national longitudinal survey of doctors (MABEL) which is funded by the National Health and Medical Research Council (NHMRC), and conducted by the University of Melbourne and Monash University. In an era of doctor shortages and increasing demands for your time, getting the right balance between your work life and life outside medicine is crucial. How to manage these pressures whilst maintaining the quality of the care you provide, your motivation and your work satisfaction is a key issue for patients, for you, and for the future of medical practice.

Wave 1 of MABEL was conducted in 2008 and I am pleased to say that over 10,500 doctors completed the Wave 1 survey. The initial results are available at www.mabel.org.au/newsletter/default.html. We are now offering you the opportunity to join this unique and important survey. I hope you will consider participating as your views and experiences are important.

MABEL has been endorsed by 35 medical colleges and organisations (listed overleaf), and a Policy Reference Group provides advice to researchers to ensure that the survey is relevant, and assists with the implementation of results so they will make a difference. For more details, please read the enclosed information about MABEL.

There are two ways to complete the survey:

- 1) Fill out the enclosed hardcopy survey and return it to the Melbourne Institute in the enclosed, postage-paid envelope, OR
- 2) Complete the survey online by logging in through our secure website www.mabel.org.au using the username and password below and following the simple instructions.

Username: <merge username> **Password:** <merge password>

If you have recently changed your professional status (e.g. you are no longer in training but are now a specialist), we may have sent you the wrong version of the questionnaire. Please fax back the enclosed form and we will post the correct questionnaire to you. Alternatively, you can contact our survey manager Anne Leahy by email (enquiries@mabel.org.au) or phone (03 8344 2600), quoting your username.

If you have any queries please feel free to contact our survey manager.

I sincerely hope you will participate in this major study by completing the MABEL survey. The research team looks forward to receiving your response. Thank you in anticipation.

Yours sincerely



Professor Anthony Scott
Melbourne Institute of Applied Economic and Social Research

Endorsements

MABEL has been endorsed by the following organisations and professional bodies.

Royal Australian College of General Practitioners
Royal Australasian College of Physicians
Royal Australasian College of Surgeons
Royal Australian and New Zealand College of Radiologists
Royal College of Pathologists of Australasia
Royal Australian and New Zealand College of Ophthalmologists
Australian and New Zealand College of Anaesthetists
Australasian College for Emergency Medicine
Australian College of Remote and Rural Medicine
Joint Faculty of Intensive Care Medicine
Australian Society of Anaesthetists
Australian and New Zealand Intensive Care Society
Australia and New Zealand Society of Palliative Medicine
Australian Society of Plastic Surgeons
Australian Society of Nephrology
Australian and New Zealand Society for Geriatric Medicine
Internal Medicine Society of Australia and New Zealand
Australasian Society of Career Medical Officers
Australian Rheumatology Association
Australian Orthopaedic Association
Medical Oncology Group of Australia
Rural Doctors Association of Australia
Rural Health Workforce Australia
Australian Health Care and Hospitals Association
Australian Private Hospitals Association
Australian Medical Council
General Practice Registrars Australia Ltd
Australian General Practice Training
Australian General Practice Network
Confederation of Postgraduate Medical Education Councils
Postgraduate Medical Council of Victoria
Postgraduate Medical Council of South Australia
Postgraduate Medical Education Council of Queensland
Postgraduate Medical Institute of Tasmania
Postgraduate Medical Institute of Western Australia
NSW Institute of Medical Education and Training