



LIVING IN AUSTRALIA



ROY
MORGAN

Freecall: 1800 656 670
Email: hilda@roymorgan.com

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Household ID

--	--

Person No.

First name of
respondent:

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IN-CONFIDENCE

We appreciate and thank you for the information you have already given our interviewer. This form contains some additional questions that you might find easier to answer by yourself.

All the information you give us is completely confidential. Only the survey team will have access to this form. Everyone in this team has signed a deed of confidentiality and is required to observe privacy laws when handling your information.

Your full name and address will never be linked with any of the information you provide.

Thank you!

COMPLETE AND RETURN
FOR YOUR **\$30** GIFT

Pick up date and time:



You can complete this form online too. Just call 1800 656 670 or email hilda@roymorgan.com and we'll send your direct survey link to your email.

How to fill in this form

In answering these questions, please be as honest and accurate as possible.

- Use only blue or black ink. Put an **X** inside the box provided. (Do not mark any areas outside the box.) For example:

Right	Wrong
☒	☐ - ☒ ☒ ☒ ☐

- If you make a mistake: Simply colour in the whole box and mark the correct one as shown. For example:

☐	☒	☒	☐
1	2	3	4

If more than one answer is allowed, this will be specified under the question.

When completed, please seal this form in the envelope provided.



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PART A: GENERAL HEALTH AND WELL-BEING (SF-36 Health Survey)

This first set of questions seeks your views about your health, how you feel and how well you are able to do your usual activities.

Please take the time to read and answer each question carefully by crossing the box corresponding to your response. If you are unsure about how to answer a question, please give the best answer you can.

A1 In general, would you say your health is:

(Cross ☒ **ONE** box)

☐ ₁ Excellent	☐ ₂ Very good	☐ ₃ Good	☐ ₄ Fair	☐ ₅ Poor
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A2 Compared to one year ago, how would you rate your health in general now?

(Cross ☒ **ONE** box)

☐ ₁ Much better now than a year ago
☐ ₂ Somewhat better now than a year ago
☐ ₃ About the same as one year ago
☐ ₄ Somewhat worse now than one year ago
☐ ₅ Much worse now than one year ago

A3 The following questions are about activities you might do during a typical day.

Does your health now limit you in these activities? If so, how much?

(Cross ☒ **ONE** box on **EACH** line)

	ACTIVITIES	Yes, limited a lot	Yes, limited a little	No, not limited at all
a	<u>Vigorous activities</u> , such as running, lifting heavy objects, participating in strenuous sports	☐ ₁	☐ ₂	☐ ₃
b	<u>Moderate activities</u> , such as moving a table, pushing a vacuum cleaner, bowling or playing golf	☐ ₁	☐ ₂	☐ ₃
c	Lifting or carrying groceries	☐ ₁	☐ ₂	☐ ₃
d	Climbing <u>several</u> flights of stairs	☐ ₁	☐ ₂	☐ ₃
e	Climbing <u>one</u> flight of stairs	☐ ₁	☐ ₂	☐ ₃
f	Bending, kneeling, or stooping	☐ ₁	☐ ₂	☐ ₃
g	Walking <u>more than one kilometre</u>	☐ ₁	☐ ₂	☐ ₃
h	Walking <u>half a kilometre</u>	☐ ₁	☐ ₂	☐ ₃
i	Walking <u>100 metres</u>	☐ ₁	☐ ₂	☐ ₃
j	Bathing or dressing yourself	☐ ₁	☐ ₂	☐ ₃



A4 During the past 4 weeks, have you had any of the following problems with your work or other regular daily activities as a result of your physical health?

(Cross ☒ **ONE** box on **EACH** line)

		YES	NO
a	Cut down the <u>amount of time</u> you spent on work or other activities	☐	☐
b	<u>Accomplished less</u> than you would like	☐	☐
c	Were limited in the <u>kind</u> of work or other activities	☐	☐
d	Had <u>difficulty</u> performing the work or other activities (for example, it took extra effort)	☐	☐

A5 During the past 4 weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)?

(Cross ☒ **ONE** box on **EACH** line)

		YES	NO
a	Cut down the <u>amount of time</u> you spent on work or other activities	☐	☐
b	<u>Accomplished less</u> than you would like	☐	☐
c	Didn't do work or other activities <u>as carefully</u> as usual	☐	☐

A6 During the past 4 weeks, to what extent has your physical health or emotional problems interfered with your normal social activities with family, friends, neighbours, or groups?

(Cross ☒ **ONE** box)

☐ 1 Not at all	☐ 2 Slightly	☐ 3 Moderately	☐ 4 Quite a bit	☐ 5 Extremely
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A7 How much bodily pain have you had during the past 4 weeks?

(Cross ☒ **ONE** box)

☐ 1 No bodily pain	☐ 2 Very mild	☐ 3 Mild	☐ 4 Moderate	☐ 5 Severe	☐ 6 Very severe
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A8 During the past 4 weeks, how much did pain interfere with your normal work (including both work outside the home and housework)?

(Cross ☒ **ONE** box)

☐ 1 Not at all	☐ 2 Slightly	☐ 3 Moderately	☐ 4 Quite a bit	☐ 5 Extremely
--	--	--	---	---





A9 These questions are about how you feel and how things have been with you during the past 4 weeks. For each question, please give the one answer that comes closest to the way you have been feeling.

How much of the time during the past 4 weeks:

(Cross ☒ **ONE** box on **EACH** line)

		<i>All of the time</i>	<i>Most of the time</i>	<i>A good bit of the time</i>	<i>Some of the time</i>	<i>A little of the time</i>	<i>None of the time</i>
a	Did you feel full of life?	☐ ₁	☐ ₂	☐ ₃	☐ ₄	☐ ₅	☐ ₆
b	Have you been a nervous person?	☐ ₁	☐ ₂	☐ ₃	☐ ₄	☐ ₅	☐ ₆
c	Have you felt so down in the dumps that nothing could cheer you up?	☐ ₁	☐ ₂	☐ ₃	☐ ₄	☐ ₅	☐ ₆
d	Have you felt calm and peaceful?	☐ ₁	☐ ₂	☐ ₃	☐ ₄	☐ ₅	☐ ₆
e	Did you have a lot of energy?	☐ ₁	☐ ₂	☐ ₃	☐ ₄	☐ ₅	☐ ₆
f	Have you felt down?	☐ ₁	☐ ₂	☐ ₃	☐ ₄	☐ ₅	☐ ₆
g	Did you feel worn out?	☐ ₁	☐ ₂	☐ ₃	☐ ₄	☐ ₅	☐ ₆
h	Have you been a happy person?	☐ ₁	☐ ₂	☐ ₃	☐ ₄	☐ ₅	☐ ₆
i	Did you feel tired?	☐ ₁	☐ ₂	☐ ₃	☐ ₄	☐ ₅	☐ ₆

A10 During the past 4 weeks, how much of the time has your physical health or emotional problems interfered with your social activities (like visiting friends, relatives, etc.)?

(Cross ☒ **ONE** box)

☐₁ All of the time
☐₂ Most of the time
☐₃ Some of the time
☐₄ A little of the time
☐₅ None of the time

A11 How **TRUE** or **FALSE** is each of the following statements for you?

(Cross ☒ **ONE** box on **EACH** line)

		<i>Definitely True</i>	<i>Mostly True</i>	<i>Don't know</i>	<i>Mostly False</i>	<i>Definitely False</i>
a	I seem to get sick a little easier than other people	☐ ₁	☐ ₂	☐ ₃	☐ ₄	☐ ₅
b	I am as healthy as anybody I know	☐ ₁	☐ ₂	☐ ₃	☐ ₄	☐ ₅
c	I expect my health to get worse	☐ ₁	☐ ₂	☐ ₃	☐ ₄	☐ ₅
d	My health is excellent	☐ ₁	☐ ₂	☐ ₃	☐ ₄	☐ ₅

PART B: YOU, YOUR LIFESTYLE AND YOUR LIVING SITUATION

B1 In general, how often do you participate in moderate or intensive physical activity for at least 30 minutes?

Moderate level physical activity will cause a slight increase in breathing and heart rate, such as brisk walking. (Cross ☒ **ONE** box)

- ☐ Not at all
- ☐ Less than once a week
- ☐ 1 to 2 times a week
- ☐ 3 times a week
- ☐ More than 3 times a week (but not every day)
- ☐ Every day

B2 Do you smoke cigarettes or any other tobacco products? (Cross ☒ **ONE** box)

- ☐ No, I have never smoked ➡ **Go to B4**
- ☐ No, I no longer smoke ➡ **Go to B4**
- ☐ Yes, I smoke daily ➡ **Go to B3**
- ☐ Yes, I smoke at least weekly (but not daily) ➡ **Go to B3**
- ☐ Yes, I smoke less often than weekly ➡ **Go to B3**

B3 How many cigarettes do you usually smoke each week?

Please convert cigar/pipe/loose tobacco to a number of cigarettes: per week

B4 Do you drink alcohol? (Cross ☒ **ONE** box)

- ☐ No, I have never drunk alcohol ➡ **Go to B6**
- ☐ No, I no longer drink alcohol ➡ **Go to B6**
- ☐ Yes, I drink alcohol every day
- ☐ Yes, I drink alcohol 5 or 6 days per week
- ☐ Yes, I drink alcohol 3 or 4 days per week
- ☐ Yes, I drink alcohol 1 or 2 days per week
- ☐ Yes, I drink alcohol 2 or 3 days per month
- ☐ Yes, but only rarely

B5 On a day that you have an alcoholic drink, how many standard drinks do you usually have?

A standard drink is a small glass of wine, a 285 ml glass of regular beer, a nip of spirits, or a mixed drink. (Cross ☒ **ONE** box)

- ☐ 13 or more standard drinks
- ☐ 11 to 12 standard drinks
- ☐ 9 to 10 standard drinks
- ☐ 7 to 8 standard drinks
- ☐ 5 to 6 standard drinks
- ☐ 3 to 4 standard drinks
- ☐ 1 to 2 standard drinks

B6 How tall are you (without shoes)?

You only need to provide an answer in either centimetres (cms) or in feet / inches.

centimetres
OR
 feet inches
 (Note: There are 12 inches in a foot)

B7 What is your current weight?

You only need to provide an answer in either kilograms (kgs) or in stones / pounds.

kgs
OR
 stones pounds
 (Note: There are 14 pounds in a stone)

B8 How often do you feel rushed or pressed for time?

(Cross ☒ **ONE** box)

- ☐ Almost always
- ☐ Often
- ☐ Sometimes
- ☐ Rarely
- ☐ Never

B9 How often do you feel you have spare time that you don't know what to do with?

(Cross ☒ **ONE** box)

- ☐ Almost always
- ☐ Often
- ☐ Sometimes
- ☐ Rarely
- ☐ Never

B10 Now think about the local area in which you live. How strong is your preference to continue living in this area?

(Cross ☒ **ONE** box)

- ☐ Strong preference to stay
- ☐ Moderate preference to stay
- ☐ Unsure / No strong preference to stay or leave
- ☐ Moderate preference to leave
- ☐ Strong preference to leave

B11 How common are the following things in your local neighbourhood?

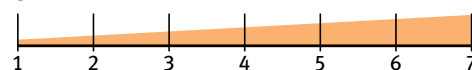
(Cross ☒ **ONE** box on **EACH** line)

		<i>Never happens</i>	<i>Very rare</i>	<i>Not common</i>	<i>Fairly common</i>	<i>Very common</i>	<i>Don't know</i>
a	Neighbours helping each other out?	☐ ₁	☐ ₂	☐ ₃	☐ ₄	☐ ₅	☐
b	Neighbours doing things together?	☐ ₁	☐ ₂	☐ ₃	☐ ₄	☐ ₅	☐
c	Loud traffic noise?	☐ ₁	☐ ₂	☐ ₃	☐ ₄	☐ ₅	☐
d	Noise from airplanes, trains or industry?	☐ ₁	☐ ₂	☐ ₃	☐ ₄	☐ ₅	☐
e	Homes and gardens in bad condition?	☐ ₁	☐ ₂	☐ ₃	☐ ₄	☐ ₅	☐
f	Rubbish and litter lying around?	☐ ₁	☐ ₂	☐ ₃	☐ ₄	☐ ₅	☐
g	Teenagers hanging around on the streets?	☐ ₁	☐ ₂	☐ ₃	☐ ₄	☐ ₅	☐
h	People being hostile and aggressive?	☐ ₁	☐ ₂	☐ ₃	☐ ₄	☐ ₅	☐
i	Vandalism and deliberate damage to property?	☐ ₁	☐ ₂	☐ ₃	☐ ₄	☐ ₅	☐
j	Burglary and theft?	☐ ₁	☐ ₂	☐ ₃	☐ ₄	☐ ₅	☐

B12 To what extent do you agree or disagree with the following statements about your neighbourhood?

(Please cross ☒ **ONE** box for **EACH** statement)

Strongly disagree *Strongly agree*



a	This is a close-knit neighbourhood	☐ ₁	☐ ₂	☐ ₃	☐ ₄	☐ ₅	☐ ₆	☐ ₇
b	People around here are willing to help their neighbours	☐ ₁	☐ ₂	☐ ₃	☐ ₄	☐ ₅	☐ ₆	☐ ₇
c	People in this neighbourhood can be trusted	☐ ₁	☐ ₂	☐ ₃	☐ ₄	☐ ₅	☐ ₆	☐ ₇
d	People in this neighbourhood generally do not get along with each other	☐ ₁	☐ ₂	☐ ₃	☐ ₄	☐ ₅	☐ ₆	☐ ₇
e	People in this neighbourhood generally do not share the same values	☐ ₁	☐ ₂	☐ ₃	☐ ₄	☐ ₅	☐ ₆	☐ ₇

B13 Now some questions about family life.

Please indicate, by crossing one box on each line, how satisfied or dissatisfied you currently are with each of the following relationships. The more satisfied you are, the higher the number of the box you should cross. The less satisfied you are, the lower the number of the box you should cross.

If the question does not apply to you, cross ☒ the “Does not apply” category.

How satisfied are you with:		Completely dissatisfied Completely satisfied											Does not apply
a	your relationship with your partner?	☐ 0	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5	☐ 6	☐ 7	☐ 8	☐ 9	☐ 10	☐
b	your relationship with your children?	☐ 0	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5	☐ 6	☐ 7	☐ 8	☐ 9	☐ 10	☐
c	your partner's relationship with your children?	☐ 0	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5	☐ 6	☐ 7	☐ 8	☐ 9	☐ 10	☐
d	your relationship with your stepchildren?	☐ 0	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5	☐ 6	☐ 7	☐ 8	☐ 9	☐ 10	☐
e	how well the children in the household get along with each other?	☐ 0	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5	☐ 6	☐ 7	☐ 8	☐ 9	☐ 10	☐
f	your relationship with your parents?	☐ 0	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5	☐ 6	☐ 7	☐ 8	☐ 9	☐ 10	☐
g	your relationship with your step-parents?	☐ 0	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5	☐ 6	☐ 7	☐ 8	☐ 9	☐ 10	☐
h	your relationship with your (most recent) former spouse or partner?	☐ 0	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5	☐ 6	☐ 7	☐ 8	☐ 9	☐ 10	☐

B14 And how satisfied are you with the following aspects of family life?

Again, please indicate, by crossing one box on each line, how satisfied or dissatisfied you currently are.

If the question does not apply to you, cross ☒ the “Does not apply” category.

How satisfied are you with:		Completely dissatisfied Completely satisfied											Does not apply
a	the way childcare tasks are divided between you and your partner?	☐ 0	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5	☐ 6	☐ 7	☐ 8	☐ 9	☐ 10	☐
b	the way household tasks are divided between you and your partner?	☐ 0	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5	☐ 6	☐ 7	☐ 8	☐ 9	☐ 10	☐

B15 Do you think you do your fair share around the house?

(Cross ☒ **ONE** box)

- ☐ I do much more than my fair share
- ☐ I do a bit more than my fair share
- ☐ I do my fair share
- ☐ I do a bit less than my fair share
- ☐ I do much less than my fair share

Go to B16 ➡

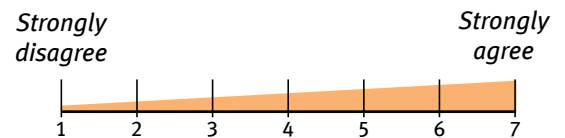
B16 In general, about how often do you get together socially with friends or relatives not living with you?

(Cross ☒ **ONE** box)

- ☐ Every day
- ☐ Several times a week
- ☐ About once a week
- ☐ 2 or 3 times a month
- ☐ About once a month
- ☐ Once or twice every 3 months
- ☐ Less often than once every 3 months

B17 The following statements have been used by many people to describe how much support they get from other people. How much do you agree or disagree with each?

(Please cross ☒ **ONE** box for **EACH** statement)



a	People don't come to visit me as often as I would like	☐ ₁	☐ ₂	☐ ₃	☐ ₄	☐ ₅	☐ ₆	☐ ₇
b	I often need help from other people but can't get it	☐ ₁	☐ ₂	☐ ₃	☐ ₄	☐ ₅	☐ ₆	☐ ₇
c	I seem to have a lot of friends	☐ ₁	☐ ₂	☐ ₃	☐ ₄	☐ ₅	☐ ₆	☐ ₇
d	I don't have anyone that I can confide in	☐ ₁	☐ ₂	☐ ₃	☐ ₄	☐ ₅	☐ ₆	☐ ₇
e	I have no one to lean on in times of trouble	☐ ₁	☐ ₂	☐ ₃	☐ ₄	☐ ₅	☐ ₆	☐ ₇
f	There is someone who can always cheer me up when I'm down	☐ ₁	☐ ₂	☐ ₃	☐ ₄	☐ ₅	☐ ₆	☐ ₇
g	I often feel very lonely	☐ ₁	☐ ₂	☐ ₃	☐ ₄	☐ ₅	☐ ₆	☐ ₇
h	I enjoy the time I spend with the people who are important to me	☐ ₁	☐ ₂	☐ ₃	☐ ₄	☐ ₅	☐ ₆	☐ ₇
i	When something's on my mind, just talking with the people I know can make me feel better	☐ ₁	☐ ₂	☐ ₃	☐ ₄	☐ ₅	☐ ₆	☐ ₇
j	When I need someone to help me out, I can usually find someone	☐ ₁	☐ ₂	☐ ₃	☐ ₄	☐ ₅	☐ ₆	☐ ₇

Reminder:

Are you filling in the boxes correctly?

Right



Wrong



Are you shading the whole box for any mistakes?



1



2



3



4



B18 Are you currently an active member of a sporting, hobby or community-based club or association?

B19 How many of these groups are you currently an active member of?

(Cross ☒ **ONE** box)

☐ Yes ➡ **Go to B19**

☐ No ➡ **Go to B20**

B20 In general, how often do you do the following things:

(Please cross ☒ **ONE** box for **EACH** statement)

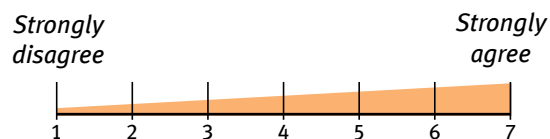
		Never	Rarely	Occasionally	Sometimes	Often	Very Often
a	Have telephone, email or mail contact with friends or relatives not living with you	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5	☐ 6
b	Chat with your neighbours	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5	☐ 6
c	Attend events that bring people together such as fetes, shows, festivals or other community events	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5	☐ 6
d	Get involved in activities for a union, political party, or group that is for or against something	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5	☐ 6
e	Make time to attend services at a place of worship	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5	☐ 6
f	Encourage others to get involved with a group that's trying to make a difference in the community	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5	☐ 6
g	Talk about current affairs with friends, family or neighbours	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5	☐ 6
h	Make time to keep in touch with friends	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5	☐ 6
i	Volunteer your spare time to work on boards or organising committees of clubs, community groups or other non-profit organisations	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5	☐ 6
j	See members of your extended family (or relatives not living with you) in person	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5	☐ 6
k	Get in touch with a local politician or councillor about issues that concern you	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5	☐ 6
l	Give money to charity if asked	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5	☐ 6





B21 To what extent do you agree or disagree with the following statements?

(Please cross ☒ **ONE** box for **EACH** statement)



a	Most people would try to take advantage of you if they got a chance	☐	☐	☐	☐	☐	☐	☐
b	Most people you meet keep their word	☐	☐	☐	☐	☐	☐	☐
c	Most people you meet succeed by stepping on other people	☐	☐	☐	☐	☐	☐	☐
d	Most people you meet make agreements honestly	☐	☐	☐	☐	☐	☐	☐
e	Most of the time people try to be helpful	☐	☐	☐	☐	☐	☐	☐
f	People mostly look out for themselves	☐	☐	☐	☐	☐	☐	☐
g	Generally speaking, most people can be trusted	☐	☐	☐	☐	☐	☐	☐

B22 How much time would you spend on each of the following activities in a typical week?

IMPORTANT: • Please do not count any activity twice
• If you do not do an activity, write "0" in the hours box

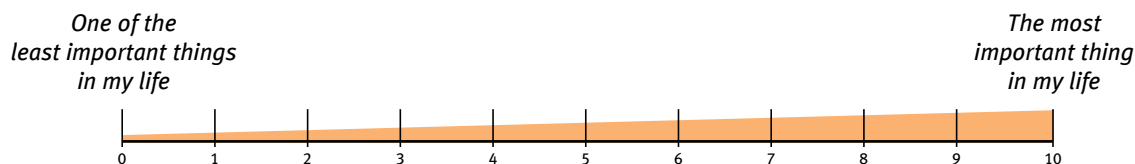
		Hours per week	Minutes (if applicable)
a	Paid employment		
b	Travelling to and from a place of paid employment		
c	Household errands, such as shopping, banking, paying bills, and keeping financial records (but do not include driving children to school and to other activities)		
d	Housework, such as preparing meals, washing dishes, cleaning house, washing clothes, ironing and sewing		
e	Outdoor tasks, including home maintenance (repairs, improvements, painting, etc.), car maintenance or repairs and gardening		
f	Playing with <u>your</u> children, helping them with personal care, teaching, coaching or actively supervising them, or getting them to child care, school and other activities		
g	Looking after <u>other people's</u> children (aged under 12 years) on a regular, unpaid basis		
h	Volunteer or charity work (for example, canteen work at the local school, unpaid work for a community club or organisation)		
i	Caring for a person needing support or assistance due to reasons of disability, a long-term health condition or old age. (Do <u>not</u> include caring provided as part of your <u>paid</u> employment.)		
TOTAL: This <u>cannot</u> exceed 168 hours and typically will not be greater than 120. If it is, please <u>re-think</u> your answers.			Add total hours (whole hours only)

B23 We now would like you to think about major events that have happened in your life over the past 12 months.

For each statement cross either the YES box or the NO box to indicate whether each event happened during the past 12 months. If you answer “YES”, then also cross one box to indicate how long ago the event happened or started.

Did any of these happen to you in the past 12 months?		YES	NO	If “YES” indicate how many months ago it happened			
				0 to 3 months ago	4 to 6 months ago	7 to 9 months ago	10 to 12 months ago
a	Got married	☐	☐	☐ 0–3	☐ 4–6	☐ 7–9	☐ 10–12
b	Separated from spouse or long-term partner	☐	☐	☐ 0–3	☐ 4–6	☐ 7–9	☐ 10–12
c	Got back together with spouse or long-term partner after a separation	☐	☐	☐ 0–3	☐ 4–6	☐ 7–9	☐ 10–12
d	Pregnancy / pregnancy of partner	☐	☐	☐ 0–3	☐ 4–6	☐ 7–9	☐ 10–12
e	Partner or I gave birth to, or adopted, a new child	☐	☐	☐ 0–3	☐ 4–6	☐ 7–9	☐ 10–12
f	Serious personal injury or illness to self	☐	☐	☐ 0–3	☐ 4–6	☐ 7–9	☐ 10–12
g	Serious personal injury or illness to a close relative / family member	☐	☐	☐ 0–3	☐ 4–6	☐ 7–9	☐ 10–12
h	Death of spouse or child	☐	☐	☐ 0–3	☐ 4–6	☐ 7–9	☐ 10–12
i	Death of other close relative / family member (e.g., parent or sibling)	☐	☐	☐ 0–3	☐ 4–6	☐ 7–9	☐ 10–12
j	Death of a close friend	☐	☐	☐ 0–3	☐ 4–6	☐ 7–9	☐ 10–12
k	Victim of physical violence (e.g., assault)	☐	☐	☐ 0–3	☐ 4–6	☐ 7–9	☐ 10–12
l	Victim of a property crime (e.g., theft, housebreaking)	☐	☐	☐ 0–3	☐ 4–6	☐ 7–9	☐ 10–12
m	Detained in a jail / correctional facility	☐	☐	☐ 0–3	☐ 4–6	☐ 7–9	☐ 10–12
n	Close family member detained in a jail / correctional facility	☐	☐	☐ 0–3	☐ 4–6	☐ 7–9	☐ 10–12
o	Retired from the workforce	☐	☐	☐ 0–3	☐ 4–6	☐ 7–9	☐ 10–12
p	Fired or made redundant by an employer	☐	☐	☐ 0–3	☐ 4–6	☐ 7–9	☐ 10–12
q	Changed jobs (i.e., employers)	☐	☐	☐ 0–3	☐ 4–6	☐ 7–9	☐ 10–12
r	Promoted at work	☐	☐	☐ 0–3	☐ 4–6	☐ 7–9	☐ 10–12
s	Major improvement in financial situation (e.g., won lottery, received an inheritance)	☐	☐	☐ 0–3	☐ 4–6	☐ 7–9	☐ 10–12
t	Major worsening in financial situation (e.g., went bankrupt)	☐	☐	☐ 0–3	☐ 4–6	☐ 7–9	☐ 10–12
u	Changed residence	☐	☐	☐ 0–3	☐ 4–6	☐ 7–9	☐ 10–12
v	A weather-related disaster (e.g., flood, bushfire, cyclone) damaged or destroyed your home	☐	☐	☐ 0–3	☐ 4–6	☐ 7–9	☐ 10–12

B24 On a scale from 0 to 10, how important is religion in your life? The more important it is, the higher the number of the box you should cross. The less important it is, the lower the number of the box you should cross.



(Cross ☒ **ONE** box)

☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
0	1	2	3	4	5	6	7	8	9	10

B25 Which of the following best describes your religion?

(Cross ☒ **ONE** box)

☐ No religion

Christian religions:

- ☐ Anglican
(Church of England)
- ☐ Baptist
- ☐ Catholic
- ☐ Lutheran

- ☐ Greek Orthodox
- ☐ Other Orthodox
- ☐ Presbyterian / Reformed
- ☐ Uniting Church
- ☐ Other Christian religion
(Please specify in the box below):

Other religions:

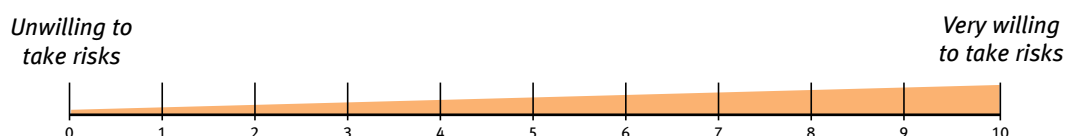
- ☐ Buddhism
- ☐ Hinduism
- ☐ Islam
- ☐ Judaism
- ☐ Other non-Christian religion
(Please specify in the box below):

B26 How often do you attend religious services? Please do not include ceremonies like weddings or funerals.

(Cross ☒ **ONE** box)

- | | |
|--|---|
| ☐ Never | ☐ 2 or 3 times a month |
| ☐ Less than once a year | ☐ About once a week |
| ☐ About once a year | ☐ Several times a week |
| ☐ Several times a year | ☐ Every day |
| ☐ About once a month | |

B27 Are you generally a person who is willing to take risks or are you unwilling to take risks? Please indicate by crossing one box below. The more willing you are to take risks the higher the number of the box you should cross. The less willing you are to take risks, the lower the number of the box you should cross.



(Cross ☒ **ONE** box)

☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
0	1	2	3	4	5	6	7	8	9	10

PART C: PERSONAL AND HOUSEHOLD FINANCES

C1 Given your current needs and financial responsibilities, would you say that you and your family are ...

(Cross ☒ **ONE** box)

- ☐ Prosperous
- ☐ Very comfortable
- ☐ Reasonably comfortable
- ☐ Just getting along
- ☐ Poor
- ☐ Very poor

Go to C2 ➡

C2 Since January 2026 did any of the following happen to you because of a shortage of money?

(Cross ☒ **ONE** box on **EACH** line)

		YES	NO
a	Could not pay electricity, gas or telephone bills on time	☐	☐
b	Could not pay the mortgage or rent on time	☐	☐
c	Pawned or sold something	☐	☐
d	Went without meals	☐	☐
e	Was unable to heat home	☐	☐
f	Asked for financial help from friends or family	☐	☐
g	Asked for help from welfare / community organisations	☐	☐

C3a Suppose you had only one week to raise \$4000 for an emergency. Which of the following best describes how hard it would be for you to get that money?

(Cross ☒ **ONE** box)

- ☐ I could easily raise the money ➡ **Go to C3b**
- ☐ I could raise the money, but it would involve some sacrifices (e.g., reduced spending, selling a possession) ➡ **Go to C3b**
- ☐ I would have to do something drastic to raise the money (e.g., selling an important possession) ➡ **Go to C3b**
- ☐ I don't think I could raise the money ➡ **Go to C4**

C3b And how would you obtain that money?

(Cross ☒ **ALL** boxes that apply)

- ☐ Use savings
- ☐ Borrow from a relative who lives with you
- ☐ Borrow from a relative who lives elsewhere
- ☐ Borrow from a friend
- ☐ Borrow from a financial institution or use credit
- ☐ Sell an asset
- ☐ Use some other method to find the money

C4 Which of the following statements comes closest to describing your (and your family's) savings habits?

(Cross ☒ **ONE** box)

- ☐ Don't save: usually spend more than income
- ☐ Don't save: usually spend about as much as income
- ☐ Save whatever is left over at the end of the month — no regular plan
- ☐ Spend regular income, save other income
- ☐ Save regularly by putting money aside each month

C5 In planning your saving and spending, which of the following time periods is most important to you?

(Cross ☒ **ONE** box)

- | | |
|--|---|
| ☐ The next week | ☐ The next 2 to 4 years |
| ☐ The next few months | ☐ The next 5 to 10 years |
| ☐ The next year | ☐ More than 10 years ahead |

C6a Which of the following statements comes closest to describing the amount of financial risk that you are willing to take with your spare cash? That is, cash used for savings or investment.

(Cross ☒ **ONE** box)

- | | |
|--|-------------|
| ☐ I take <u>substantial</u> financial risks expecting to earn substantial returns | ➡ Go to C7 |
| ☐ I take <u>above-average</u> financial risks expecting to earn above-average returns | ➡ Go to C7 |
| ☐ I take <u>average</u> financial risks expecting to earn average returns | ➡ Go to C7 |
| ☐ I am not willing to take <u>any</u> financial risks | ➡ Go to C7 |
| ☐ I never have any spare cash | ➡ Go to C6b |

C6b Assume you had some spare cash that could be used for savings or investment. Which of the following statements comes closest to describing the amount of financial risk that you would be willing to take with this money?

(Cross ☒ **ONE** box)

- | |
|--|
| ☐ I would take <u>substantial</u> financial risks expecting to earn substantial returns |
| ☐ I would take <u>above-average</u> financial risks expecting to earn above-average returns |
| ☐ I would take <u>average</u> financial risks expecting to earn average returns |
| ☐ I would not be willing to take <u>any</u> financial risks |

C7 How important do you think each of the following is in explaining differences in individual living standards?

(Please cross ☒ **ONE** box for EACH statement)

How important is...	Extremely important	Very important	Fairly important	Not very important	Not at all important	Can't choose
a The abilities a person is born with	☐ ₁	☐ ₂	☐ ₃	☐ ₄	☐ ₅	☐ ₆
b The family a person comes from	☐ ₁	☐ ₂	☐ ₃	☐ ₄	☐ ₅	☐ ₆
c The neighbourhood a person grew up in	☐ ₁	☐ ₂	☐ ₃	☐ ₄	☐ ₅	☐ ₆
d A person's education	☐ ₁	☐ ₂	☐ ₃	☐ ₄	☐ ₅	☐ ₆
e How hard a person works	☐ ₁	☐ ₂	☐ ₃	☐ ₄	☐ ₅	☐ ₆
f Knowing the right people	☐ ₁	☐ ₂	☐ ₃	☐ ₄	☐ ₅	☐ ₆
g The luck a person experiences	☐ ₁	☐ ₂	☐ ₃	☐ ₄	☐ ₅	☐ ₆
h A person's ethnicity or culture	☐ ₁	☐ ₂	☐ ₃	☐ ₄	☐ ₅	☐ ₆
i A person's religion	☐ ₁	☐ ₂	☐ ₃	☐ ₄	☐ ₅	☐ ₆
j A person's gender	☐ ₁	☐ ₂	☐ ₃	☐ ₄	☐ ₅	☐ ₆

C8 In a typical month, roughly how much do you spend on the following activities? This includes money spent online, for example in apps or on websites.

If you are unsure please make your best guess.

		Any expenditure in a typical month?		HOW MUCH PER MONTH? (on average)		Is this expenditure MOSTLY ONLINE?	
		NO	YES			YES	NO
a	Instant scratch tickets ("scratchies")	☐	☐ → \$	☐	☐		
b	Bingo	☐	☐ → \$	☐	☐		
c	Lotto or lottery games, like Powerball or Oz Lotto	☐	☐ → \$	☐	☐		
d	Keno	☐	☐ → \$	☐	☐		
e	Private betting (e.g., playing poker or mah-jong with friends)	☐	☐ → \$	☐	☐		
f	Casino games (e.g., blackjack, poker, roulette)	☐	☐ → \$	☐	☐		
g	Poker machines ("pokies") or slot machines	☐	☐ → \$	☐	☐		
h	Betting on horse or dog races (but <u>not</u> sweeps)	☐	☐ → \$	☐	☐		
i	Betting on sports	☐	☐ → \$	☐	☐		
j	Buying raffle tickets	☐	☐ → \$	☐	☐		

C9 Now thinking about the last 12 months ... (Cross ☒ ONE box on EACH line)		Never	Some-times	Most of the time	Almost always
a	Have you bet more than you could really afford to lose?	☐ ₁	☐ ₂	☐ ₃	☐ ₄
b	Have you needed to gamble with larger amounts of money to get the same feeling of excitement?	☐ ₁	☐ ₂	☐ ₃	☐ ₄
c	When you gambled, did you go back another day to try to win back the money you lost?	☐ ₁	☐ ₂	☐ ₃	☐ ₄
d	Have you borrowed money or sold anything to get money to gamble?	☐ ₁	☐ ₂	☐ ₃	☐ ₄
e	Have you felt that you might have a problem with gambling?	☐ ₁	☐ ₂	☐ ₃	☐ ₄
f	Has gambling caused you any health problems, including stress or anxiety?	☐ ₁	☐ ₂	☐ ₃	☐ ₄
g	Have people criticized your betting or told you that you had a gambling problem, regardless of whether or not you thought it was true?	☐ ₁	☐ ₂	☐ ₃	☐ ₄
h	Has your gambling caused any financial problems for you or your household?	☐ ₁	☐ ₂	☐ ₃	☐ ₄
i	Have you felt guilty about the way you gamble or what happens when you gamble?	☐ ₁	☐ ₂	☐ ₃	☐ ₄

C10 Thinking about the last 12 months, have you been adversely impacted by another person's gambling (e.g., your finances, relationships, mental health, employment or study)?

(Cross ☒ ONE box)

- ☐ Yes
☐ No

HOUSEHOLD SPENDING

C11 Do you have any responsibility for the payment of household bills (such as household groceries and electricity, gas and water)?

(Cross ☒ ONE box)

- ☐ Yes ➡ Please continue
☐ No ➡ GO TO D1 ON PAGE 18

C12 For each type of expenditure below, write in your best estimate of the total amount spent on that item by all people in the household.

If you are unsure please make your best guess.

Do not include expenses associated with any businesses you may own.

Weekly Expenses		Any expenditure?		HOW MUCH PER WEEK? (on average)	
		NO	YES		
a	Groceries (Include food, cleaning products, pet food and personal care products. Do <u>not</u> include alcohol or tobacco.)	☐	☐	➡ \$	
b	Alcohol (Include alcohol consumed with meals eaten out.)	☐	☐	➡ \$	
c	Cigarettes and other tobacco products	☐	☐	➡ \$	
d	Public transport, taxis and ride-sharing services (e.g., Uber)	☐	☐	➡ \$	
e	Meals eaten out (Include restaurants, take-away food, and bought lunches and snacks. Do <u>not</u> include alcohol.)	☐	☐	➡ \$	

DO NOT SHOW CENTS

Reminder:

Are you filling in the boxes correctly?

Right



Wrong



Are you shading the whole box for any mistakes?



PART D: YOUR JOB AND THE WORKPLACE

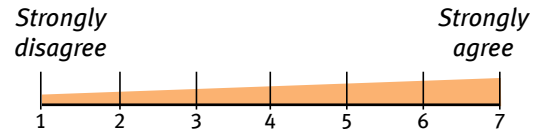
D1 Are you currently in paid work? (This includes anyone on paid leave or who is self-employed.)

☐ Yes ➡ PLEASE GO TO D2 AND COMPLETE THE REST OF PART D

☐ No ➡ GO TO PART E ON PAGE 19

D2 The following statements are about your current (main) job. Please indicate, by crossing one box on each line, how strongly you agree or disagree with each. The more you agree, the higher the number of the box you should cross. The more you disagree, the lower the number of the box you should cross.

(Please cross ☒ **ONE** box for **EACH** statement)



a	My job is more stressful than I had ever imagined	☐	☐	☐	☐	☐	☐	☐
b	I fear that the amount of stress in my job will make me physically ill	☐	☐	☐	☐	☐	☐	☐
c	I get paid fairly for the things I do in my job	☐	☐	☐	☐	☐	☐	☐
d	I have a secure future in my job	☐	☐	☐	☐	☐	☐	☐
e	The company I work for will still be in business 5 years from now	☐	☐	☐	☐	☐	☐	☐
f	I worry about the future of my job	☐	☐	☐	☐	☐	☐	☐
g	My job is complex and difficult	☐	☐	☐	☐	☐	☐	☐
h	My job often requires me to learn new skills	☐	☐	☐	☐	☐	☐	☐
i	I <u>use</u> many of my skills and abilities in my current job	☐	☐	☐	☐	☐	☐	☐
j	I have a lot of freedom to decide <u>how</u> I do my own work	☐	☐	☐	☐	☐	☐	☐
k	I have a lot of say about what happens on my job	☐	☐	☐	☐	☐	☐	☐
l	I have a lot of freedom to decide <u>when</u> I do my work	☐	☐	☐	☐	☐	☐	☐
m	I have a lot of choice in deciding what I do at work	☐	☐	☐	☐	☐	☐	☐
n	My working times can be flexible	☐	☐	☐	☐	☐	☐	☐
o	I can decide when to take a break	☐	☐	☐	☐	☐	☐	☐
p	My job requires me to do the same things over and over again	☐	☐	☐	☐	☐	☐	☐
q	My job provides me with a variety of interesting things to do	☐	☐	☐	☐	☐	☐	☐
r	My job requires me to take initiative	☐	☐	☐	☐	☐	☐	☐
s	I have to work fast in my job	☐	☐	☐	☐	☐	☐	☐
t	I have to work very intensely in my job	☐	☐	☐	☐	☐	☐	☐
u	I don't have enough time to do everything in my job	☐	☐	☐	☐	☐	☐	☐

D3 Following is a list of conditions and entitlements that employers sometimes provide their employees. For each, please indicate whether you, or other employees working at a similar level to you at your workplace, would be able to use these if needed.

(Cross ☒ **ONE** box on **EACH** line)

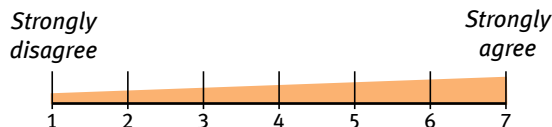
		Yes	No	Don't know
a	Employer-funded paid <u>maternity</u> leave	☐	☐	☐
b	Employer-funded paid <u>paternity</u> leave	☐	☐	☐
c	Permanent part-time work	☐	☐	☐
d	Home-based work	☐	☐	☐
e	Flexible start and finish times	☐	☐	☐
f	Child care facilities or subsidised child care expenses	☐	☐	☐

PART E: PARENTING

E1 Do you have parenting responsibilities for any children aged 17 years or less?

- ☐ Yes ➡ **PLEASE GO TO E2 AND COMPLETE THE REST OF PART E**
- ☐ No ➡ **GO TO PART F ON PAGE 20**

E2 The following statements are about raising children. Thinking about the children aged 17 years or less that you have parenting responsibility for, please indicate, by crossing one box on each line, how strongly you agree or disagree with each statement. The more you agree, the higher the number of the box you should cross. The more you disagree, the lower the number of the box you should cross.



a	Being a parent is harder than I thought it would be	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5	☐ 6	☐ 7
b	I often feel tired, worn out, or exhausted from meeting the needs of my children	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5	☐ 6	☐ 7
c	I feel trapped by my responsibilities as a parent	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5	☐ 6	☐ 7
d	I find that taking care of my child/children is much more work than pleasure	☐ 1	☐ 2	☐ 3	☐ 4	☐ 5	☐ 6	☐ 7

E3 Do you think you do your fair share of looking after the children?

(Cross ☒ **ONE** box)

- ☐ I do much more than my fair share
- ☐ I do a bit more than my fair share
- ☐ I do my fair share
- ☐ I do a bit less than my fair share
- ☐ I do much less than my fair share

PART F

F1 What was your sex recorded at birth?

(Cross ☒ **ONE** box)

☐ Male

☐ Female

☐ Another term (please specify)

F2 How do you describe your gender?

Gender refers to current gender, which may be different to sex recorded at birth and may be different to what is indicated on legal documents.

(Cross ☒ **ONE** box)

☐ Man or male

☐ I use a different term (please specify)

☐ Woman or female

☐ Prefer not to answer

☐ Non-binary

F3 Which age group do you belong to?

(Cross ☒ **ONE** box)

☐ 15 – 17 years

☐ 22 – 24 years

☐ 45 – 54 years

☐ 75 years or over

☐ 18 – 19 years

☐ 25 – 34 years

☐ 55 – 64 years

☐ 20 – 21 years

☐ 35 – 44 years

☐ 65 – 74 years

F4 What is today's date?

day	month	year

F5 Is there anything else that you would like to tell us about life in Australia?

If so, please write on the lines below. (To ensure your privacy remains protected at all times, please do not write any personal contact details here such as your name, address or phone number.)

RETURNING YOUR COMPLETED QUESTIONNAIRE

- The thank you gift of \$30 may not be paid if the form is returned blank or returned late.
- Please seal the completed questionnaire in the envelope provided and have it ready when the interviewer returns to collect it.
- If the interviewer cannot come back, they will phone you and ask you to post it using the reply-paid envelope provided.

Once again, Thank You for your cooperation and participation.



ROY
MORGAN