

Freecall: 1800 656 670 Email: hilda@roymorgan.com

		First name of respondent:	
Household ID	Person No.		

## **IN-CONFIDENCE**

We appreciate and thank you for the information you have already given our interviewer. This form contains some additional questions that you might find easier to answer by yourself.

All the information you give us is completely confidential. Only the survey team will have access to this form. Everyone in this team has signed a deed of confidentiality and is required to observe privacy laws when handling your information.

Your full name and address will never be linked with any of the information you provide.



## How to fill in this form

In answering these questions, please be as honest and accurate as possible.

Use only blue or black ink. Put an X inside the box provided. (Do not mark any areas outside the box.) For example:



■ If you make a mistake: Simply colour in the whole box and mark the correct one as shown. For example:



If more than one answer is allowed, this will be specified under the question.

When completed, please seal this form in the envelope provided.

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18 v1

SCQ Serial No.

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# PART A: GENERAL HEALTH AND WELL-BEING (SF-36 Health Survey)

This first set of questions seeks your views about your health, how you feel and how well you are able to do your usual activities.

Please take the time to read and answer each question carefully by crossing the box corresponding to your response. If you are unsure about how to answer a question, please give the best answer you can.

<b>A1</b>	ln	general, would you say your health is:				
				(Cross	ONE box)	
		Excellent	Fair	5	Poor	
A2	<u>Co</u>	mpared to one year ago, how would you rate your health in genera	ıl <u>now</u> ?	(Cross X ONE box)		
		Much better now than a year ago  Somewhat better now than a year ago  About the same as one year ago  Somewhat worse now than one year ago  Much worse now than one year ago				
А3		e following questions are about activities you might do during a types your health now limit you in these activities? If so, how much?	pical day. (Cross 🗶	ONE box o	on <u>EACH</u> line)	
		ACTIVITIES	Yes, limited a lot	Yes, limited a little	No, not limited at all	
	a	<u>Vigorous activities</u> , such as running, lifting heavy objects, participating in strenuous sports	1			
	b	Moderate activities, such as moving a table, pushing a vacuum cleaner, bowling or playing golf	1	2	3	
	С	Lifting or carrying groceries		2	3	
	d	Climbing <u>several</u> flights of stairs		2	3	
	e	Climbing one flight of stairs		2	3	
	f	Bending, kneeling, or stooping				
	g	Walking more than one kilometre				
	h	Walking <u>half a kilometre</u>	2	3		
	i	Walking 100 metres	1	2	3	
	j	Bathing or dressing yourself				

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<b>A</b> 4		uring the <u>past 4 weeks</u> , have you had any of the following problems with your wo tivities <u>as a result of your physical health</u> ? (Cross	ork or other re						
			YES	NO					
	a	Cut down the <u>amount of time</u> you spent on work or other activities							
	b	Accomplished less than you would like							
	С	Were limited in the <u>kind</u> of work or other activities							
	d	Had <u>difficulty</u> performing the work or other activities (for example, it took extra effort)							
<b>A</b> 5	During the <u>past 4 weeks</u> , have you had any of the following problems with your work or other regular daily activities <u>as a result of any emotional problems</u> (such as feeling depressed or anxious)?								
		(Cross	ONE box on	EACH line)					
			YES	NO					
	a	Cut down the <u>amount of time</u> you spent on work or other activities							
	b	Accomplished less than you would like							
	С	Didn't do work or other activities <u>as carefully</u> as usual							
A6		uring the past 4 weeks, to what extent has your physical health or emotional proper normal social activities with family, friends, neighbours, or groups?  Not at all  Slightly  Moderately  Quite a bit	(Cross	fered with  ONE box)  tremely					
<b>A</b> 7	Но	ow much <u>bodily</u> pain have you had during the <u>past 4 weeks</u> ?	(Cross	ONE box)					
		No bodily pain Very mild Mild Moderate Sever	e G Ve	ery severe					
<b>A8</b>		uring the <u>past 4 weeks</u> , how much did <u>pain</u> interfere with your normal work (inclu e home and housework)?	_	ork outside  ONE box)					
		Not at all Slightly Moderately Quite a bit	Ex	tremely					
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A9	These questions are about how you feel and how things have been with you <u>during the past 4 weeks</u> . For each question, please give the one answer that comes closest to the way you have been feeling.									
	Н	ow much of the time during the <u>past 4 weeks</u> :			(Cross	s 🗶 on	E box on L	EACH line)		
			All of the time	Most of the time	A good bit of the time	Some of the time	A little of the time	None of the time		
	a	Did you feel full of life?		2	3	4	5			
	b	Have you been a nervous person?		2	3	4	5	6		
	С	Have you felt so down in the dumps that nothing could cheer you up?		2	3	4	5	6		
	d	Have you felt calm and peaceful?	1	2	3	4	5	6		
	e	Did you have a lot of energy?			3	4	5	6		
	f	Have you felt down?	1	2	3	4	5	6		
	g	Did you feel worn out?			3	4	5	6		
	h	Have you been a happy person?	1	2	3	4	5	6		
	i	Did you feel tired?			3	4	5	6		
A10		ouring the <u>past 4 weeks</u> , how much of the time has with your social activities (like visiting friends, rela			lth or emo	-	oblems in			
		1 All of the time 2 Most of the time								
		Some of the time								
		4 A little of the time								
		5 None of the time								
A11	. 1	How TRUE or FALSE is <u>each</u> of the following stater	nents for	you?	(Cross	s 🗶 oni	E box on <u>I</u>	EACH line)		
				Definitely True	Mostly True	Don't know	Mostly False	Definitely False		
	a	I seem to get sick a little easier than other people		1	2	3	4	5		
	b	I am as healthy as anybody I know		1	2	3	4	5		
	С	I expect my health to get worse		1	2	3	4	5		
	d	My health is excellent			2	3	4	5		

### PART B: YOU, YOUR LIFESTYLE AND YOUR LIVING SITUATION

B1	In general, how often do you participate in moderate or intensive physical activity for at least 30 minutes?  Moderate level physical activity will cause a slight increase in breathing and heart rate, such as brisk walking.  (Cross Done box)	B5	On a day that you have an alcoholic drink, how many standard drinks do you usually have?  A standard drink is a small glass of wine, a 285 ml glass of regular beer, a nip of spirits, or a mixed drink.  (Cross None box)
	Less than once a week  1 to 2 times a week  3 times a week  More than 3 times a week (but not every day)  Every day		11 to 12 standard drinks  9 to 10 standard drinks  7 to 8 standard drinks  5 to 6 standard drinks  3 to 4 standard drinks  1 to 2 standard drinks
B2	Do you smoke cigarettes or any other tobacco products?  (Cross Done box)	В6	How tall are you (without shoes)? You only to need to provide an answer in either centimetres (cms) or in feet / inches.
	No, I have never smoked  No, I no longer smoke  Yes, I smoke daily  Yes, I smoke at least weekly (but not daily)  Yes, I smoke less often  Go то ВЗ  Go то ВЗ		centimetres  OR  feet inches  (Note: There are 12 inches in a foot)
В3	than weekly <b>GO TO B3</b> How many cigarettes do you usually smoke each week?	В7	What is your current weight? You only to need to provide an answer in either kilograms (kgs) or in stones / pounds.
	per week  Do you drink alcohol? (Cross X ONE box)		kgs  OR  stones pounds (Note: There are 14 pounds in a stone)
	No, I have never drunk alcohol → Go To B6  No, I no longer drink alcohol → Go To B6  Yes, I drink alcohol every day	B8	How often do you feel rushed or pressed for time? (Cross X ONE box)
	Yes, I drink alcohol 5 or 6 days per week Yes, I drink alcohol 3 or 4 days per week Yes, I drink alcohol 1 or 2 days per week Yes, I drink alcohol 2 or 3 days per month Yes, but only rarely		Almost always Often Sometimes Rarely Never

S/No.

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		+	+					+
В9		ow often do you feel you have spare time that u don't know what to do with?  (Cross X ONE box)	live	v think ab . How strong in this	ong is yo	ur prefere		ntinue
		Almost always		Strong p	reference	to stay		
		Often		Moderat	e prefere	nce to sta	У	
		Sometimes		Unsure / or leave	No stron	g prefere	nce to sta	У
		Rarely			e nrefere	nce to lea	IVA	
		Never			oreference			
B11	Но	w common are the following things in your local	neighbou	ırhood?	(Cros	s 🗶 on	E box on E	: <mark>АСН</mark> line)
			Never happens	Very rare	Not common	Fairly common	Very common	Don't know
	a	Neighbours helping each other out?			3	4	5	
	b	Neighbours doing things together?		2	3	4	5	
	С	Loud traffic noise?		2	3	4	5	
	d	Noise from airplanes, trains or industry?		2	3	4	5	
	e	Homes and gardens in bad condition?		2	3	4	5	
	f	Rubbish and litter lying around?		2	3	4	5	
	g	Teenagers hanging around on the streets?		2	3	4	5	
	h	People being hostile and aggressive?	1	2	3	4	5	
	i	Vandalism and deliberate damage to property?	1	2	3	4	5	
	j	Burglary and theft?		2	3	4	5	
B12	2 To	o what extent do you agree or disagree with the	following	statemer	ıts about	vour neig	ghbourho	od?
		lease cross 🗶 one box for each statement)		Strongl	у		-	Strongly
	`			disagred	e	3 4	5 6	agree 7
	a	This is a close-knit neighbourhood				3 4		6 7
	b	People around here are willing to help their neigh	nbours			3 4		6 7
	С	People in this neighbourhood can be trusted				3 4	5	6 7
d People in this neighbourhood generally do not get along with each other							5	6 7
	е	People in this neighbourhood generally do not share the same values				3 4	5	6 7

+				_	+								+
Pl ea	Now some questions about family life.  Please indicate, by crossing one box on each line, how satisfied or dissatisfied you currently are with each of the following relationships. The more satisfied you are, the higher the number of the box you should cross. The less satisfied you are, the lower the number of the box you should cross.												
If	the question does not apply to y	ou, cro	ss 🗶	the "L	oes n	ot app	ly" cat	egory.					
		Complet dissatisf	•									mpletel atisfied	
Н	ow satisfied are you with:	0	1	2	3	4	5	6	7	8	9	10	Does not apply
a	your relationship with your partner?			2	3	4	5	6	7	8	9	10	
b	your relationship with your children?	0		2	3	4	5	6	7	8	9	10	
С	your partner's relationship with your children?	0		2	3	4	5	6	7	8	9	10	
d	your relationship with your stepchildren?	0		2	3	4	5	6	7	8	9	10	
е	how well the children in the household get along with each other?	0		2	3	4	5		7	8	9	10	
f	your relationship with your parents?	0		2	3	4	5	6	7	8	9	10	
g	your relationship with your step-parents?	0	1	2	3	4	5	6	7	8	9	10	
h	your relationship with your (most recent) former spouse or partner?	0		2	3	4	5	6	7	8	9	10	
A	nd how satisfied are you with t gain, please indicate, by crossing the question does not apply to y	ng <u>one</u>	box or	n <u>each</u>	line,	how s	atisfied			fied yo	ou curr	ently	are.
Н	ow satisfied are you with:	Completed dissatistics of the complete dissat		2	3	4	5	6	7	8		mplete atisfied 10	
a	the way childcare tasks are divided between you and your partner?	0	1	2	3	4	5	6	7	8	9	10	
b	the way household tasks are divided between you and your partner?	0	1	2	3	4	5	6	7	8	9	10	

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	Do you think you do your fair share around the house?  (Cross X ONE box)		B16	In general, about how often do you get together socially with friends or relatives not living with you?
-				(Cross X ONE box)
] [ ] [	I do much more than my fair share  I do a bit more than my fair share  I do my fair share  I do a bit less than my fair share  I do much less than my fair share		] ] ]	Every day  Several times a week  About once a week  2 or 3 times a month  About once a month
	Go то В16 <b>➡</b>		[	Once or twice every 3 months  Less often than once every 3 months
	The following statements have been used by man other people. How much do you agree or disagree the box you should cross. The more you disagr	e with	each	? The more you agree, the higher the number of
	(Please cross <b>X ONE</b> box for <b>EACH</b> statement)			Strongly Strongly disagree agree
				1 2 3 4 5 6 7
a	People don't come to visit me as often as I would	ld like		1 2 3 4 5 6 7
b	I often need help from other people but can't ge	et it		1 2 3 4 5 6 7
С	I seem to have a lot of friends			
d	I don't have anyone that I can confide in			1 2 3 4 5 6 7
е	I have no one to lean on in times of trouble			
f	There is someone who can always cheer me up when I'm down			
g	I often feel very lonely			
h	I enjoy the time I spend with the people who are important to me	е		
i	When something's on my mind, just talking with people I know can make me feel better	n the		
j	When I need someone to help me out, I can usu find someone	ally		1 2 3 4 5 6 7

B18	Are you currently an active members sporting, hobby or community-base association?			low many of active membe		os are you c	urrently an
		<b>ONE</b> box)					
	Yes <b>➡ Go то В19</b>						
	No <b>➡ Go то В20</b>						
B20	In general, how often do you do	the following	things:	(Please ci	oss 🗶 <u>one</u>	box for <b>EAC</b>	<u>ı</u> statement,
		Never	Rarely	Occasionally	Sometimes	Often	Very Often
a	Have telephone, email or mail contact with friends or relatives not living with you	1	2	3	4	5	6
b	Chat with your neighbours	1	2	3	4	5	6
С	Attend events that bring people together such as fetes, shows, festivals or other community events	1	2	3	4	5	6
d	Get involved in activities for a union, political party, or group that is for or against something	1	2	3	4	5	6
е	Make time to attend services at a place of worship	1	2	3	4	5	6
f	Encourage others to get involved with a group that's trying to make a difference in the community	1	2	3	4	5	6
g	Talk about current affairs with friends, family or neighbours	1	2	3	4	5	6
h	Make time to keep in touch with friends	1	2	3	4	5	6
i	Volunteer your spare time to work on <u>boards</u> or organising <u>committees</u> of clubs, community groups or other non-profit organisations	1	2	3	4	5	6
j	See members of your extended family (or relatives not living with you) in person	1	2	3	4	5	6
k	Get in touch with a local politician or councillor about issues that concern you	1	2	3	4	5	6
l	Give money to charity if asked	1	2	3	4	5	6

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B21	T	To what extent do you agree or disagree with t	he following st							
				Strongly disagre						trongly agree
	(/	Please cross <b>X</b> <u>one</u> box for <u>EACH</u> statement)		1	2	3	4	5	6	7
	a	Most people would try to take advantage of you got a chance	if they	1	2	3	4	5	6	7
	b	Most people you meet keep their word		1	2	3	4	5	6	7
	С	Most people you meet succeed by stepping on o		2	3	4	5	6	7	
	d	Most people you meet make agreements honest	tly		2		4	5	6	7
	e	Most of the time people try to be helpful			2	3	4	5	6	7
	f	People mostly look out for themselves			2	3	4	5	6	7
	g	Generally speaking, most people can be trusted			2	3	4	5	6	7
B22	B22 How much time would you spend on each of the following activities in a typical week?									
UZZ	•	IMPORTANT: • Please do not count any acti	_	ivides i	ιι α <u>ι</u> γ	<u>picat</u> v	Hour	S	Min	utes
		<ul> <li>If you do not do an activity, v</li> </ul>	•	hours	box	1	per we	eek	(if app	olicable)
	a	Paid employment								
	a b		nen <u>t</u>							
		. ,	g, paying bills, a							
	b	Travelling to and from a place of paid employm  Household errands, such as shopping, banking keeping financial records (but do not include d school and to other activities)	g, paying bills, a riving children	to	e,					
	b c	Travelling to and from a place of paid employm  Household errands, such as shopping, banking keeping financial records (but do not include d school and to other activities)  Housework, such as preparing meals, washing washing clothes, ironing and sewing	g, paying bills, a riving children dishes, cleanir epairs, improve	to ng hous						
	b c	Travelling to and from a place of paid employm  Household errands, such as shopping, banking keeping financial records (but do not include d school and to other activities)  Housework, such as preparing meals, washing washing clothes, ironing and sewing  Outdoor tasks, including home maintenance (r	g, paying bills, a riving children dishes, cleanir epairs, improve gardening personal care, t	to  ng hous  ements,						
	b c d	Travelling to and from a place of paid employmed Household errands, such as shopping, banking keeping financial records (but do not include deschool and to other activities)  Housework, such as preparing meals, washing washing clothes, ironing and sewing  Outdoor tasks, including home maintenance (repainting, etc.), car maintenance or repairs and Playing with your children, helping them with percoaching or actively supervising them, or getting school and other activities	g, paying bills, a riving children dishes, cleanir epairs, improve gardening personal care, t ng them to child	to  ng hous  ements,  eaching d care,	<u>,</u>					
	b c d	Travelling to and from a place of paid employmed Household errands, such as shopping, banking keeping financial records (but do not include deschool and to other activities)  Housework, such as preparing meals, washing washing clothes, ironing and sewing  Outdoor tasks, including home maintenance (repainting, etc.), car maintenance or repairs and Playing with your children, helping them with percoaching or actively supervising them, or getting school and other activities  Looking after other people's children (aged und unpaid basis	g, paying bills, a riving children dishes, cleaning epairs, improve gardening personal care, t ng them to child der 12 years) of	to  ng hous  ements,  eaching d care,  n a regu	s, ular,					
	b c d e	Travelling to and from a place of paid employmed Household errands, such as shopping, banking keeping financial records (but do not include deschool and to other activities)  Housework, such as preparing meals, washing washing clothes, ironing and sewing  Outdoor tasks, including home maintenance (repainting, etc.), car maintenance or repairs and Playing with your children, helping them with percoaching or actively supervising them, or getting school and other activities  Looking after other people's children (aged und unpaid basis)	g, paying bills, a riving children dishes, cleaning epairs, improve gardening personal care, t ng them to child der 12 years) of n work at the lo	to  ng hous  ements,  eaching d care,  n a regu	s, ular,					

B23 We now would like you to think about major events that have happened in your life over the <u>past 12 months</u>. For <u>each</u> statement cross either the YES box or the NO box to indicate whether each event happened <u>during the past 12 months</u>. If you answer "YES", then also <u>cross one box</u> to indicate <u>how long ago</u> the event happened or started.

the event happened or started.										
	Did any of these happen to you in the			If "YES" indicate how many months ago it happened						
	past 12 months?	YES	NO	0 to 3 months ago	4 to 6 months ago	7 to 9 months ago	10 to 12 months ago			
a	Got married			0 - 3	4 - 6	7 - 9	10 – 12			
b	Separated from spouse or long-term partner			0-3	4-6	7 - 9	10 - 12			
С	Got back together with spouse or long-term partner after a separation			0-3	4-6	7 - 9	10 – 12			
d	Pregnancy / pregnancy of partner			0 - 3	4 - 6	7 - 9	10 - 12			
e	Partner or I gave birth to, or adopted, a new child			0-3	4-6	7 - 9	10 – 12			
f	Serious personal injury or illness to self			0 - 3	4 - 6	7 - 9	10 - 12			
g	Serious personal injury or illness to a close relative / family member			0-3	4-6	7 - 9	10 – 12			
h	Death of spouse or child			0 - 3	4-6	7 - 9	10 - 12			
i	Death of other close relative / family member (e.g., parent or sibling)			0-3	4-6	7-9	10 – 12			
j	Death of a close friend			0-3	4-6	7-9	10 – 12			
k	Victim of physical violence (e.g., assault)			0 - 3	4-6	7 - 9	10 - 12			
l	Victim of a property crime (e.g., theft, housebreaking)			0-3	4-6	7-9	10 – 12			
m	Detained in a jail / correctional facility			0 - 3	4-6	7 - 9	10 – 12			
n	Close family member detained in a jail / correctional facility			0-3	4-6	7-9	10 – 12			
0	Retired from the workforce			0 - 3	4-6	7 - 9	10 - 12			
р	Fired or made redundant by an employer			0-3	4-6	7-9	10 – 12			
q	Changed jobs (i.e., employers)			0 - 3	4 - 6	7-9	10 – 12			
r	Promoted at work			0 - 3	4-6	7 - 9	10 – 12			
S	Major improvement in financial situation (e.g., won lottery, received an inheritance)			0-3	4-6	7-9	10 - 12			
t	Major worsening in financial situation (e.g., went bankrupt)			0-3	4-6	7-9	10 – 12			
u	Changed residence			0 - 3	4-6	7-9	10 – 12			
V	A weather-related disaster (e.g., flood, bushfire, cyclone) damaged or destroyed your home			0 - 3	4-6	7-9	10 – 12			

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B24		ow important is religion in your ould cross. The less important	-	_
	One of the least important thing in my life	s		The most important thing in my life
	0 1	2 3 4 5	6 7 8	9 10
(Cro	oss X ONE box)	1 2 3 4 5	6 7 8	9 10
B25	Which of the following bes	describes your religion?		(Cross X ONE box)
	No religion			
B26	Christian religions:  Anglican (Church of England)  Baptist Catholic Lutheran  How often do you attend re	Greek Orthodox Other Orthodox Presbyterian / Reformed Uniting Church Other Christian religion (Please specify in the box be	Judaism Other no (Please sp	n-Christian religion recify in the box below):
				(Cross X ONE box)
	Never Less than once a year		r 3 times a month	
	About once a year		veral times a week	
	Several times a year  About once a month	Eve	ry day	
B27	indicate by crossing one b	who is willing to take risks or ox below. The <u>more willing</u> you s. The <u>less willing</u> you are to t	are to take risks the hig	gher the number
	take risks			to take risks
(Cra	oss X ONE box)	2 3 4 5	6 7 8	9 10
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	+	+						+			
B28	B Do you have any pets? (Cross						xes that	apply)			
	No pets										
	Yes, Dog Yes, Cat	Yes, Bird Yes, Fish				Yes, Horse Yes, Other (Please specify in the box below):					
P/	ART C: PERSONAL AND HOUS	EHOLD FINANCE	S								
<b>C1</b>	Given your current needs and responsibilities, would you say your family are			C2		nce January 2018 did any of the ppen to you because of a shorta	age of n	noney?			
	(Cross X ONE box)					(Cross X one bo	x on <u>EA</u>	<u>сн</u> line)			
							YES	NO			
	Prosperous  Very comfortable				a	Could not pay electricity, gas or telephone bills on time					
	Reasonably comfortable				b	Could not pay the mortgage or rent on time					
	Just getting along				С	Pawned or sold something					
	Poor				d	Went without meals					
	Very poor				e	Was unable to heat home					
		бо то С2 ➡			f	Asked for financial help from friends or family					
					g	Asked for help from welfare / community organisations					
СЗа	Suppose you had only one wee for an emergency. Which of th describes how hard it would be that money?	e following <u>best</u>		C3b		d how would you obtain that notes X ALL boxes that apply)  Use savings	noney?				
	☐ I could easily raise the money ☐ Go το C3	b				Borrow from a relative who lives with you					
	I could raise the money, but involve some sacrifices (e.g., reduced spending, so possession)  Go To C3	elling a				Borrow from a relative who lives elsewhere  Borrow from a friend					
	I would have to do someth raise the money (e.g., selling possession) Go TO C3	g an important				Borrow from a financial institution or use credit  Sell an asset	ution				
	I don't think I could raise the money <b>→ Go to C4</b>					Use some other method to find the money					
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C4	Which of the following	statement	s comes	closest to	describir	ng your (a	and your	family's) s	savings h	abits?
								((	Cross 🗶	one box)
	Don't save: usually	spend mo	ore than ir	ncome						
	Don't save: usually	spend ab	out as mu	ich as inco	ome					
	Save whatever is le	ft over at	the end o	f the mon	th — no re	egular pla	ın			
	Spend regular incor	ne, save o	other inco	me						
	Save regularly by p	utting mo	ney aside	each mor	nth					
C5	In planning your saving and spending, which of the following time periods is most important to you?  (Cross X ONE box)									
	The next week				Т	he next 2	to 4 years	5		
	The next few month	ıs					to 10 yea			
	The next year				N	Nore than	10 years a	ahead		
C6	C6 Who makes the decisions about the following issues in your household? (Cross 🗶 ONE box on EACH line)									
		Always me	Usually me	Shared equally between partner & self	Usually my partner	Always my partner	Always /usually other person(s) in house	Shared equally among household members	Always /usually someone not living in house	Does not apply
a	Managing day-to-day spending and paying bills		2	3	4	5	6	7	8	9
b	Making large household purchases (e.g., cars and major appliances)			3	4	5	6	7	8	9
С	The number of hours you spend in paid work			3	4	5	6	7	8	9
d	The number of hours your partner / spouse spends in paid work		2	3	4	5	6	7	8	9
е	The way children are raised			3	4	5	6	7	8	9
f	Social life and leisure activities		2	3	4	5	6	7	8	9
g	Savings, investment and borrowing	1	2	3	4	5	6	7	8	9

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C7 In a typical month, roughly how much do you spend on the following activities? This includes money spent on-line (on a computer, mobile/smart phone, iPad, etc.).

If you are unsure please make your best guess.

	if you are ansure prease make your <u>best guess</u> .						
	Any expenditure in a typical month?  NO YES			MUCH PE (on avera	R <u>MONTH</u> ige)	<u>l</u> ?	
i	Instant scratch tickets ("scratchies")	□ □ → \$	ı		ı	). <b>DQ</b>	
l	Bingo	□ □ → \$			ı	). DQ	
	Lotto or lottery games, like Powerball or Oz Lotto	□ □ → \$			'	) <b>)</b> ØØ	
(	Keno	□ □ → \$			, ,	) <b>)</b> ØQ(	DO NO
(	Private betting (e.g., playing cards or mah-jong with friends and family)	□ □ → \$			- 1	). DQ	OI OILOW
	f Poker	□ □ → \$				) <b>)</b> ØØ	CEN
:	Casino table games (e.g., blackjack, roulette)	□ □ → \$			1	) <b>DQ</b>	Ū
l	Poker machines ("pokies") or slot machines	□ □ → \$				) DQ	
	i Betting on horse or dog races (but <u>not</u> sweeps)	□ □ → \$				) <b>)</b>	
	j Betting on sports	□ □ → \$		1 1	1	). DQ	
<b>C8</b>	Now thinking about the last 12 months  (Cross None box on EACH line)		Never	Some- times	Most of the time	Almost always	
a	Have you bet more than you could really afford to lose?				3		
b	Have you needed to gamble with larger amounts of mo feeling of excitement?			2	3	4	
С	When you gambled, did you go back another day to try you lost?		2	3	4		
d	Have you borrowed money or sold anything to get mon	1	2	3			
e	Have you felt that you might have a problem with gamb		2	3	4		
f	Has gambling caused you any health problems, includi	ng stress or anxiety?		2	3	4	
g	Have people criticized your betting or told you that you problem, regardless of whether or not you thought it w			2	3		
h	Has your gambling caused any financial problems for y	ou or your household?	1	2	3	4	
i	Have you felt guilty about the way you gamble or what			3			

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C9a Which of the following statements comes closest to describing the amount of financial risk that you are willing to take with your spare cash? That is, cash used for savings or investment.  (Cross None box)			C!	be of t des	used he fol cribin	you had for sav llowing g the a ld be w	ings o state imoun	or inve ments t of fi	estmen come inancia ke with	t. WI s clos l risk ı this	nich est to that money	y?
	I take <u>substantial</u> financial risks expecting to earn substantial returns  I take <u>above-average</u> financial risks expecting to earn above-average returns  I take <u>average</u> financial risks expecting to earn above-average returns  I take <u>average</u> financial risks expecting to earn average returns  I am not willing to take <u>any</u> financial risks  I never have any spare cash Go το C9b				exp I wo exp I wo exp	ould takecting to buld takecting to buld takecting to buld no s	to eari to eari te ave to eari	ve-aven aboverage agen aver	al finar stantial erage f /e-aver inancia age ret	ncial r retur inanci age re l risks urns	ns al risks sturns	S
HOU	HOUSEHOLD SPENDING											
	Do you have any responsibility for the payment electricity, gas and water)?	of ho	use	ehold b	ills (s	uch as	house		<b>groceri</b> (Cross			<b>(</b> )
	Yes → Please continue  No → Go To D1 ON PAGE 18  C11 For each type of expenditure below, write in your best estimate of the total amount spent on that item by all people in the household.  If you are unsure please make your best guess.											
	Do <u>not</u> include expenses associated with any bus Ly <b>Expenses</b>	inesse	es y	you ma	iy own							
						ny diture? YES		HOV	/ MUCH (on av	_	EEK?	
a	<b>Groceries</b> (Include food, cleaning products, pet food and personal care products. Do <u>not</u> include alcohol or	tobac	cco.,	)			<b>→</b> §	5			) <b>)</b> (	<u> </u>
b	Alcohol (Include alcohol consumed with meals eaten out.)	)					<b>→</b> §				) <b>)</b> ((	( <u>2</u>
С	Cigarettes and other tobacco products						<b>→</b> §				]·)X	( P
d	Public transport and taxis						<b>⇒</b> §				$\Re$	֝֟֝֝֝֟֝֟֝֟֝֟֝֟֝֟֟֝֟֟֟ ֓֓֓
е	<b>Meals eaten out</b> (Include restaurants, take-away food, and bought and snacks. Do <u>not</u> include alcohol.)	t lunch	nes				<b>→</b> \$	5	1 1	1	]· <b>)</b> ((	[
	+ R09511 - W18M1	17				S/No.					Π -	<del> </del>

### **Monthly Expenses**

		Ar expend NO	•	HOW MUCH PER MONTH? (on average)
f	Motor vehicle fuel (petrol, diesel, LPG) and engine oil			→ <b>s</b>
g	Men's clothing and footwear			→ \$
h	Women's clothing and footwear			→ \$ · DQ
i	Children's clothing and footwear			→ \$ · • • • • • • • • • • • • • • • • • •
j	Telephone rent and calls, and internet charges (Include rent and charges on mobile phones.)			→ s

#### **Annual Expenses**

Allilua	<u>l</u> Expenses	
		Any expenditure? HOW MUCH IN THE LAST 12 MONTHS?  NO YES
k	Private health insurance	
l	Other insurance (such as home and contents and motor vehicle insurance)	
m	Fees paid to doctors, dentists, opticians, physiotherapists, chiropractors and any other health practitioner	
n	<b>Medicines, prescriptions and pharmaceuticals</b> (Include alternative medicines.)	
0	Electricity bills, gas bills and other heating fuel (such as firewood and heating oil)	
р	Repairs, renovations and maintenance to your <a href="https://home.ncb/home">home</a>	
q	Motor vehicle repairs and maintenance (Include regular servicing.)	
r	Education fees paid to schools, universities and other education providers (Include private tuition fees.)	

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		+ +	+							
PART D: YOUR JOB AND THE WORKPLACE										
<b>D1</b>	Ar	e you currently in paid work? (This includes anyone on pai	id leave o	r who i	s self-	emplo	yed.)			
		Yes Please go to D2 and complete the rest of PA	ART D							
		No <b>➡ Go to PART E on page 19</b>								
D2		e following statements are about your <u>current (main) job.</u> e, how strongly you agree or disagree with each. The more								
	yo	u should cross. The more you disagree, the lower the mber of the box you should cross.	Strong	ly					Strongly	
		lease cross X ONE box for EACH statement)	disagre 	ee 					agree	
			<u>i</u>	2	3	4	5	6	7	
	a	My job is more stressful than I had ever imagined	1	2	3	4	5	6	7	
	b	I fear that the amount of stress in my job will make me physically ill	1	2	3	4	5	6	7	
	С	I get paid fairly for the things I do in my job							7	
	d	I have a secure future in my job								
	е	The company I work for will still be in business 5 years from now			3	4	5		7	
	f	I worry about the future of my job								
	g	My job is complex and difficult								
	h	My job often requires me to learn new skills								
	i	I <u>use</u> many of my skills and abilities in my current job								
	j	I have a lot of freedom to decide <u>how</u> I do my own work							7	
	k	I have a lot of say about what happens on my job								
	l	I have a lot of freedom to decide when I do my work								
	m	I have a lot of choice in deciding what I do at work								
	n	My working times can be flexible								
	0	I can decide when to take a break								
	р	My job requires me to do the same things over and over agai	in							
	q	My job provides me with a variety of interesting things to de	0							
	r	My job requires me to take initiative								
	S	I have to work fast in my job				4			7	
	t	I have to work very intensely in my job			3	4	5	6	7	
	u	I don't have enough time to do everything in my job	1	2	3	4	5	6	7	
		<u></u>		S/No.						
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	Following is a list of conditions and entitlements that employers sometimes provide their employees.  For each, please indicate whether you, or other employees working at a similar level to you at your						
	W	orkplace, would be able to use these if needed.		(Cross 🗶	ONE box on EACH line)		
			Yes	No	Don't know		
	a	Employer-funded paid maternity leave					
	b	Employer-funded paid paternity leave					
	c Special leave for caring for family members						
	d Permanent part-time work						
	e	Home-based work					
	f	Flexible start and finish times					
	g	Child care facilities or subsidised child care expenses					
PA	RT	E: PARENTING					
E1	Do	you have parenting responsibilities for any children	aged 17 years	or less?			
		Yes Please go to E2 and complete the rest of	OF PART E				
		No Go to PART F on page 20					
F2	agree, the higher the number of the box you should disagree						
	tha you ag	at you have parenting responsibility for, please indicated agree or disagree with each statement. The more youree, the higher the number of the box you should oss. The more you disagree, the lower the number	te, by crossing ou Strongly	_	•		
	tha you ag	at you have parenting responsibility for, please indicat ou agree or disagree with each statement. The more y gree, the higher the number of the box you should	te, by crossing ou Strongly	_	ach line, how strongly  Strongly  agree		
	tha you ag	at you have parenting responsibility for, please indicated agree or disagree with each statement. The more youree, the higher the number of the box you should oss. The more you disagree, the lower the number	te, by crossing ou Strongly	one box on e	ach line, how strongly  Strongly  agree		
	the you ag cre of	at you have parenting responsibility for, please indicated by agree or disagree with each statement. The more yourse, the higher the number of the box you should coss. The more you disagree, the lower the number the box you should cross.	te, by crossing you Strongly disagree	one box on e	ach line, how strongly  Strongly  agree		
	the you ago cree of	at you have parenting responsibility for, please indicated agree or disagree with each statement. The more you gree, the higher the number of the box you should coss. The more you disagree, the lower the number the box you should cross.  Being a parent is harder than I thought it would be I often feel tired, worn out, or exhausted from meeting	te, by crossing you Strongly disagree	one box on e	ach line, how strongly  Strongly  agree		
	the you ago cree of	at you have parenting responsibility for, please indicated an agree or disagree with each statement. The more you gree, the higher the number of the box you should coss. The more you disagree, the lower the number of the box you should cross.  Being a parent is harder than I thought it would be I often feel tired, worn out, or exhausted from meeting the needs of my children	te, by crossing you Strongly disagree	one box on e	ach line, how strongly  Strongly  agree		
E3	the you ago cree of	at you have parenting responsibility for, please indicated an agree or disagree with each statement. The more you gree, the higher the number of the box you should coss. The more you disagree, the lower the number of the box you should cross.  Being a parent is harder than I thought it would be I often feel tired, worn out, or exhausted from meeting the needs of my children I feel trapped by my responsibilities as a parent I find that taking care of my child/children is much	te, by crossing  Strongly disagree  1  1	one box on e	ach line, how strongly  Strongly  agree		
	the you ago cree of	at you have parenting responsibility for, please indicated agree or disagree with each statement. The more you agree, the higher the number of the box you should coss. The more you disagree, the lower the number of the box you should cross.  Being a parent is harder than I thought it would be I often feel tired, worn out, or exhausted from meeting the needs of my children I feel trapped by my responsibilities as a parent I find that taking care of my child/children is much more work than pleasure	te, by crossing  Strongly disagree  1  1	one box on e	Strongly   Strongly   agree		
	the you ago cree of	at you have parenting responsibility for, please indicated agree or disagree with each statement. The more you agree, the higher the number of the box you should coss. The more you disagree, the lower the number of the box you should cross.  Being a parent is harder than I thought it would be I often feel tired, worn out, or exhausted from meeting the needs of my children I feel trapped by my responsibilities as a parent I find that taking care of my child/children is much more work than pleasure  o you think you do your fair share of looking after the	te, by crossing  Strongly disagree  1  1	one box on e	Strongly   Strongly   agree		
	the you ago cree of	at you have parenting responsibility for, please indicated agree or disagree with each statement. The more you agree, the higher the number of the box you should coss. The more you disagree, the lower the number of the box you should cross.  Being a parent is harder than I thought it would be I often feel tired, worn out, or exhausted from meeting the needs of my children I feel trapped by my responsibilities as a parent I find that taking care of my child/children is much more work than pleasure  you think you do your fair share of looking after the looking after	te, by crossing  Strongly disagree  1  1	one box on e	Strongly   Strongly   agree		
	the you ago cree of	at you have parenting responsibility for, please indicated agree or disagree with each statement. The more you agree, the higher the number of the box you should coss. The more you disagree, the lower the number of the box you should cross.  Being a parent is harder than I thought it would be I often feel tired, worn out, or exhausted from meeting the needs of my children I feel trapped by my responsibilities as a parent I find that taking care of my child/children is much more work than pleasure  you think you do your fair share of looking after the looking after the looking after the looking after than my fair share I do much more than my fair share	te, by crossing  Strongly disagree  1  1	one box on e	Strongly   Strongly   agree		

	+		+	+
P/	ART F			
F1	What is your sex?			(Cross X ONE box)
	Male	Female	Other (please specify)	
F2	Which age group do you	u belong to?		(Cross X ONE box)
	15 – 17 years 18 – 19 years 20 – 21 years 22 – 24 years 25 – 34 years		35 – 44 years 45 – 54 years 55 – 64 years 65 – 74 years 75 years or over	
F3	tralia? ains protected at all times, please do or phone number.)			
	Complete and return this quality of the complete and return this quality of the comber 14, 2018; January For prize draw terms and constitution of the complete and refused to the complete and refused for the complete and	n: August 31, 2018; Septe y 18, 2019; February 15, 2 onditions, please go to <u>w</u> /18/03038. ACT Permit n turn this questionnaire y	I have the chance to wirember 27, 2018; October 2019; March 22, 2019.  www.livinginaustralia.orgoumber: ACT TP 18/0076 ou will automatically good, please cross  your cooperation at ROY  MORGAN	n 1 of 8 prizes (a \$500 gift card). r 19, 2018; November 16, 2018; g/scqprizedraw of into the prize draw.
	T R09511 - W18M1		20	J/110.