

Dr. <merge surname>
<merge mailing address>

<Merge date>

Dear Dr. <merge surname>

MABEL
Medicine in Australia: Balancing Employment and Life

In an era of doctor shortages and increasing demands for your time, getting the right balance between your work life and life outside medicine is crucial. How to manage these pressures whilst maintaining the quality of the care you provide, your motivation and your work satisfaction is a key issue for patients, for you, and for the future of medical practice.

I am inviting you to participate in a landmark national longitudinal survey of doctors (MABEL) which is funded by the National Health and Medical Research Council (NHMRC), and conducted by the University of Melbourne and Monash University. The information you provide in the MABEL survey will be used to:

- Improve your morale and work satisfaction, thus leading to improved patient care;
- Improve the population's access to medical services;
- Develop policies to help you manage your workload; and
- Improve the evidence base of medical workforce policy.

MABEL has been endorsed by the organisations and colleges listed overleaf, and a Policy Reference Group exists to ensure the survey is relevant and that results are implemented and will make a difference.

For more details, please read the enclosed information about MABEL. There are two ways that you can complete the survey:

- 1) Fill out the enclosed hardcopy survey and return it to the Melbourne Institute in the enclosed, postage-paid envelope, OR
- 2) Complete the survey online by logging in through our secure website www.mabel.org.au using the username and password below and following the simple instructions.

Username: <merge username> **Password:** <merge password>

If you have changed your status (e.g. you are no longer in training but are now a specialist), please fax back the enclosed form and we will post a new questionnaire to you. Or you can contact our survey manager Anne Leahy by email (enquiries@mabel.org.au) or phone (03 8344 2600), quoting your username.

In you have any queries please feel free to contact our survey manager.

I sincerely hope you will participate in this major study by completing the MABEL survey. The research team looks forward to receiving your response. Thank you in anticipation.

Yours sincerely



Professor Anthony Scott
Melbourne Institute of Applied Economic and Social Research

Endorsements

MABEL has been endorsed by the following organisations and professional bodies.

Royal Australasian College of Physicians
Royal Australasian College of Surgeons
Royal Australian and New Zealand College of Radiologists
Royal College of Pathologists of Australasia
Royal Australian and New Zealand College of Ophthalmologists
Australian College of Remote and Rural Medicine
Joint Faculty of Intensive Care Medicine
Australian and New Zealand College of Anaesthetists
Rural Doctors Association of Australia
Rural Health Workforce Australia
Australian Medical Council
Australian General Practice Training
Confederation of Postgraduate Medical Education Councils
Postgraduate Medical Council of Victoria
Postgraduate Medical Council of South Australia
IMET – NSW Institute of Medical Education and Training
Australian Health Care and Hospitals Association
Australian Orthopaedic Association
Australian and New Zealand Society for Geriatric Medicine
Australian Society of Anaesthetists
Australian Society of Nephrology
Australian and New Zealand Intensive Care Society
Medical Oncology Group of Australia
Australia and New Zealand Society of Palliative Medicine
Australia and New Zealand Intensive Care Society
Australian Society of Plastic Surgeons