Mabel username id:



Medicine in Australia: Balancing Employment and Life 2017

Doctor Enrolled in a Specialty Training Program

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MABEL has been endorsed by:

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Royal Australian and New Zealand College of Obstetricians and Gynaecologists

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Australian College of Rural and Remote Medicine College of Intensive Care Medicine of Australia

and New Zealand

Australian Medical Council Limited Confederation of Postgraduate Medical **Education Councils**

Postgraduate Medical Council of Victoria South Australian Institute of Medical Education

Postgraduate Medical Council of Western Australia

Postgraduate Medical Education Council of Queensland

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Care Society

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New Zealand

Australasian Society of Career Medical Officers

Australian Healthcare and Hospitals Association

Australian Private Hospitals Association Medical Oncology Group of Australia Incorporated

Australian Orthopaedic Association

Australian Rheumatology Association

Rural Doctors Association of Australia

Rural Health Workforce Australia







Space is provided at the end of this survey to make additional written comments.

Please write responses in boxes provided using a dark pen. Check boxes can be ticked or crossed.

Ple	ase write responses in boxes provided using a dark pen. Check boxes can be ticked or crossed.
A	About your current situation
1.	Are you currently doing any clinical medical work in Australia?
	Yes – If yes, please go to Section B below and complete the main survey
	No – Continue
2.	Are you permanently retired from all types of paid work?
	Yes – As you are permanently retired from all types of paid work you do not need to complete the rest of the survey. Please return this survey in the reply-paid envelope provided. Thank you for your participation.
	No – Continue
3.	Which of the following statements describe your current situation? (Tick all that apply)
	Doing medical work in Australia that is non-clinical (e.g. medico-legal, teaching, research, committee work)
	Maternity leave
	Home duties/childcare
	Enrolled as a student
	Extended leave (e.g. sick leave, long service leave)
	Working outside Australia in a clinical role
	Working outside Australia in a non-clinical, but medical role
	Working outside Australia in a non-medical role
	Doing non-medical work in Australia. Please specify occupation:
4.	Do you intend to return to clinical medical work in Australia?
	Yes – Please go to Section G and complete the final two sections of the survey
	Unsure – Please go to Section G and complete the final two sections of the survey
	□ No − As you do not intend returning to clinical work in Australia you do not need to complete the rest of the survey. Please return this survey in the reply-paid envelope provided. Thank you for your participation.
E	About your job satisfaction
5.	Please indicate how satisfied or dissatisfied you are with each of the various aspects of your work as a doctor.
	Very Moderately Not Moderately Very
	Dissatisfied Dissatisfied Sure Satisfied N/A
	Freedom to choose your own method of working
	Amount of variety in your work
	Physical working conditions
	Opportunities to use your abilities
	Your colleagues and fellow workers
	Recognition you get for good work

Your hours of work
Your remuneration

Amount of responsibility you are given Taking everything into consideration, how do you feel about your job?

6.											
		Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree	N/A				
	The balance between my personal and professional commitments is about right	1	2	3	4	5	6				
	I have a poor support network of other doctors like me	1	2	3	4	5	6				
	It is difficult to take time off when I want to	'	²	3	4	,	6				
	I can take time off at short notice, for example if one of my children is ill or for a home maintenance emergency	1	2	3	4	5	6				
	My patients have unrealistic expectations about how I can help them	1	2	3	4	5	6				
	The majority of my patients have complex health and social problems	1	2	3	4	5	6				
	I have good support and supervision from qualified specialists	1	2	3	4	5	6				
	There is enough time for me to do personal study	1	2	3	4	5	6				
	Research publications are important to progress my training	1	2	3	4	5	6				
	The hours I work are unpredictable	1	2	3	4	5	6				
	I often undertake tasks that somebody less qualified could do	1	2	3	4	5	6				
	My colleagues understand the need for work-life balance	1	2	3	4	5	6				
	I cannot work my preferred hours due to a lack of jobs offering those hours	1	2	3	4	5	6				
7. 8.	No Yes, I'd like to increase my hours Yes, I'd like to decrease my hours										
C	About the places where ye	ou wo	rk —								
9.	Excluding on-call, for how many HOURS in your work in each of the following settings? (Include A										
	Public hospital (including psychiatric hospital) Private hospital	dential hom	ne, hospice et	tc.)			hrs/wk hrs/wk hrs/wk hrs/wk hrs/wk hrs/wk hrs/wk hrs/wk				
10.	Approximately how many hours per week do you	work as a	hospital loc	um? (If zero	, write 0)						

11.	What is the main hospital in which you work (i.e. spend most time)?
	Hospital name
	Postcode
12.	How long have you worked at this hospital?
	No. of years
	No. of months
D	About your workload
13.	Excluding on-call, how many HOURS in your MOST RECENT USUAL WEEK at work did you spend on the following activities? (Include ALL of the work you do as a doctor in ALL jobs/workplaces) (If none, write 0)
	TOTAL HOURS WORKED PER WEEK (Should equal the TOTAL in question 9)
	Direct patient care (face-to-face, phone consultations, home visits)
	Indirect patient care (medical notes, reports, phone calls, meeting patients' families)
	Management and administration
	Other. hrs/wk
14.	In relation to education activities, are you involved in any of the following teaching or supervisory activities, including formal and informal teaching and supervision? (Please tick all that apply)
	Teaching or supervising medical students
	Teaching or supervising interns and other pre-vocational trainees
	No – I am not involved in any teaching or supervision
15.	In your most recent USUAL week at work, for around HOW MANY patients did you provide care? (Include face-to-face, out-of-hours and telephone consultations in ALL SETTINGS)
16.	Do you do any on-call yourself? (Including public holidays, weekends and weekdays outside of 8am to 6pm) Yes
	No—Go to question 19
17	In your last usual week at work: (If none, write 0)
17.	How many HOURS were you rostered or listed for on-call?
	How many HOURS were actually spent in direct patient care? hrs/wk
	How many TIMES were you actually called out? times/wk
18.	In your most recent usual month, what was your on-call ratio? (For example, if it is 1 in 8, write 8 in the box provided.)
	1 in
	Not Applicable (Tick box)
19.	Turning to time spent away from work: (If none, write 0)
	How many WEEKS holiday did you take in the past year? weeks
	How many WEEKS of parental or maternity leave did you take in the past year? weeks
	Approximately how many DAYS off work due to illness did you have in the past year? days
	Approximately how many DAYS off work did you have for other reasons in the past year? days

	(If possible, base this on your last personal income tax r where you have the most accurate information and can l	best rem		riease							
			Aı	ınual			OR 1		Fo	rtnightly	
	Before tax (gross earnings) \$					+]	H	_		
	After tax (net earnings) \$						J				
	In addition to this, did you receive any ongoing 'in current job/s (e.g. car, house, school fees, salary policy of the current job/s (No	ackagin	g)?			as par	t of yo	ur			
22.	What is the approximate annual total value in dol (If zero, write 0)										
23.	What is the total level of financial debt that you c medical education and training? (Give dollar amoun associated with training and living expenses) (If zero, w	currently nt; include	have a	s a res	sult of	your					
	\$					L					
	Don't Know (Tick box)										L
25.	\$ Do you (or your employer) regularly contribute to Yes No—Go to question 27					L					
26.	For how many years have you (and/or an employer No. of years	-) contr	ibuted	to a	supera	ınuati	on sch	eme? [
27.	Please indicate the degree to which you agree wisituation and prospects, I believe I will have enough Strongly Disagree Disagree Neutral								financ	cial	
	Agree Strongly Agree										
28.	Agree Strongly Agree	uld be eq	ual to o accurate	greate	er than	your p	ersonal best ren	earnir	igs pro '.	vided in	
8.	Agree Strongly Agree What is your total gross and net HOUSEHOLD in interests, dividends, interest etc.) The figures below show	uld be eq	ual to o accurate	greate	er than	your p	ersonal	earnir	igs pro '.		

	About your geographic location							
9.	Where is your main place of work?							
	Town/Suburb							
0.	Where do you live?							
	Town/Suburb							
	Postcode							
1.	Please indicate the degree to which you agree or disagree with the following statements. Strongly Strongly							
	I don't have many friends or family members in my current work location Disagree Disagree Neutral Agree Agree N/A							
	It is easy to pursue my hobbies and leisure interests in my current work location 1 2 3 4 5							
	My partner does not have many friends or family members in this work location 2 3 4 5 6							
	There are good employment opportunities for my partner in this work location							
	The choice of schools for our children is adequate in this work location							
2.	For how many years did you live in a rural area up until the age you left secondary school? (If none, write 0)							
3.	Please indicate the main rural area where you lived up until school leaving age.							
	Town							
	State							
	Not Applicable (Tick box)							
4.	Are you subject to restrictions on where you practise?							
	Yes—I am required to work in an Area of Need							
	Yes—I am required to work in an Area of Need Yes—I am required to work in a District of Workforce Shortage No—Go to question 36							
5.	Yes—I am required to work in a District of Workforce Shortage							
5.	Yes—I am required to work in a District of Workforce Shortage No—Go to question 36							
5.	Yes—I am required to work in a District of Workforce Shortage No—Go to question 36 Please indicate the reason/s for these restrictions. I hold a Permanent Resident Visa I hold a Temporary Resident Visa							
5.	Yes—I am required to work in a District of Workforce Shortage No—Go to question 36 Please indicate the reason/s for these restrictions. I hold a Permanent Resident Visa I hold a Temporary Resident Visa I am undertaking a return of service period for a Medical Rural Bonded Scholarship or Bonded Medical Place							
5.	Yes—I am required to work in a District of Workforce Shortage No—Go to question 36 Please indicate the reason/s for these restrictions. I hold a Permanent Resident Visa I hold a Temporary Resident Visa							
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G	Yes—I am required to work in a District of Workforce Shortage No—Go to question 36 Please indicate the reason/s for these restrictions. I hold a Permanent Resident Visa I hold a Temporary Resident Visa I am undertaking a return of service period for a Medical Rural Bonded Scholarship or Bonded Medical Place I am undertaking a compulsory rural placement as part of my training Other							
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G	Yes—I am required to work in a District of Workforce Shortage No—Go to question 36 Please indicate the reason/s for these restrictions. I hold a Permanent Resident Visa I hold a Temporary Resident Visa I am undertaking a return of service period for a Medical Rural Bonded Scholarship or Bonded Medical Place I am undertaking a compulsory rural placement as part of my training Other About your family circumstances Are you currently living with a partner or spouse?							
G	Yes—I am required to work in a District of Workforce Shortage No—Go to question 36 Please indicate the reason/s for these restrictions. I hold a Permanent Resident Visa I hold a Temporary Resident Visa I am undertaking a return of service period for a Medical Rural Bonded Scholarship or Bonded Medical Place I am undertaking a compulsory rural placement as part of my training Other About your family circumstances Are you currently living with a partner or spouse?							
G	Yes—I am required to work in a District of Workforce Shortage No—Go to question 36 Please indicate the reason/s for these restrictions. I hold a Permanent Resident Visa I hold a Temporary Resident Visa I am undertaking a return of service period for a Medical Rural Bonded Scholarship or Bonded Medical Place I am undertaking a compulsory rural placement as part of my training Other About your family circumstances Are you currently living with a partner or spouse?							

37.	What is the employment status of your partner/s	pouse? (Tic	k one box)				
	Not in the labour force (e.g. caring for depe	endents, stu	dying)				
	² Currently seeking work						
	Full-time employment						
	Part-time employment						
	Not Applicable						
30	Is your partner/spouse also a medical doctor?						
50.	1						
	Yes						
	No 3						
	Not Applicable						
39.	For how many years did your partner/spouse live	in a rural a	area up unti	I the age he	e/she		
	left secondary school? (If none, write 0)						
	Don't know (Tick box)						🖳
	Not Applicable (Tick box)						
40	Please indicate the main rural area where your	nartner/sno	use lived un	until schoo	l leaving ag	ρ	
10.		pai thei/spo	ase fived up	unen senee	r rearing ag		
	Town						
	State						
	Don't know (Tick box)						🔲
	Not Applicable (Tick box)						
/11	How many dependent children do you have? (If n	ono writo O	and skin tho	novt two aug	ections)		
			and skip the	next two que	SLIUIIS)		
42.	What is the age in years of each dependent child						
	Not Applicable (Tick box)						L
	Child 1						
	Child 2						
	Child 3						
	Child 5.						
	Child 6.						
			• • • • • • • •				,
43.	Which of the following forms of childcare are you	u using for	your childre	n of pre-sch	nool age? (P	lease tick all th	at apply)
	Relatives or friends						
	Nannies						
	Childcare at work (i.e. provided by an employ	yer)					
	Other day care (childcare centre, family day	care, kinder	garten etc.)				
	Not Applicable						
44.	Please indicate the degree to which you agree or	r disagree v	with the follo	owing state	ments.		
		Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree	N/A
	I am restricted in my employment and/or	Disagree	Disagree	recutial	/ igi cc	/ Igi CC	IV/A
	the time and hours I work due to a lack of available childcare	1	2	3	4	5	6
	My partner is restricted in his/her employment						
	and/or the time and hours worked due to a	1	2	3	4	5	6
	lack of available childcare						
	My partner is overqualified for his/her current job due to the limited availability of suitable jobs	1	2	3	4	5	6

DE10N

H	About you
45.	Year of birth
46.	Gender 1 Male 2 Female
47.	In what year did you complete your basic medical degree?
48.	In which country did you complete your basic medical degree? A medical school in Australia A medical school in the country specified:
49.	Did you participate in rural placements as part of your basic medical degree? Yes No—Go to question 51
50.	Where did you undertake these placements? If applicable please list up to three locations and the TOTAL time spent in each.
	State/Territory (and country if not Australia) Location 1
	Location 2 Cocation 2 Cocation 3 Cocat
51.	In which medical school in Australia did you complete your basic medical degree?
	Not Applicable University of Newcastle University of Notre Dame WA
52.	If you completed your medical degree in Australia, were you an international student (i.e. were you a citizen of a country outside of Australia and New Zealand)? Yes No No Not Applicable

53.	If you did your medical degree at a medical $% \left(\mathbf{r}\right) =\left(\mathbf{r}\right) $	school outside Aust	tralia, have you completed the AMC Certificate examination
	Yes		
	² No		
	Not Applicable		
54.	If you completed your medical degree outsi	de Australia:	
	What year did you first arrive in Australia?		
	In what year were you first registered to wo	rk as a doctor in A	ustralia?
	Not Applicable (Tick box)		
	D 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	1:1	IOT
10.	Do you have medical qualifications from over	erseas which are i	TO Frecognised in Australia?
	Yes		
	No		
	³ Unsure		
4	Places indicate all modical qualifications th	uat vau hava ahtair	and in Australia
о.	Please indicate all medical qualifications th	Number of	ieu III Australia.
		qualifications	Names of qualifications
	Masters degree		
	PhD		
	Postgraduate diploma/certificate		
	Fellowship of college		
		_	
7.			addition to your primary medical qualification?
	For example: BSc(Med)(Hons),BSc(Hons),	MBR2(Hous).	
	Yes		
	No No		
0	Diagon indicate how many other health and	wan baalth walata	d avvalifications van have
ю.	Please indicate how many other health and obtained in Australia.	non-nearm relate	u quamications you have
	No. of qualifications		
9.	Which specialty training program are you e	nrolled in?	. <u></u>
	Addiction medicine		Anaesthesia
	Dermatology		Emergency medicine
	Intensive care medicine		Medical administration
	Obstetrics and gynaecology		Occupational and environmental medicine
	° Ophthalmology		Paediatrics and child health
	Pain medicine		Palliative medicine
	Pathology		Physician
	Psychiatry		Public health medicine
	Radiation oncology		Radiology
	Rehabilitation medicine		Sexual health medicine
	Sport and exercise medicine		22 Surgery
	Sport and exercise medicine		Surgery
0.	In what year did you start this training prog	gram?	
1	In what year do you expect to complete the	nrogram and beco	ome a qualified specialist?
Ι.	In what year do you expect to complete the	program and beco	ome a quamieu specianst:

62.	Which specialist training courses have you applied for in	the past? (Please tick all that apply)
	None, not applicable	Addiction medicine
	Anaesthesia	Dermatology
	Emergency medicine	General Practice
	Intensive care medicine	8 Medical administration
	Obstetrics and gynaecology	Occupational and environmental medicine
	Ophthalmology	Paediatrics and child health
	Pain medicine	Palliative medicine
	Pathology	¹⁶ Physician
	Psychiatry Psychiatry	Public health medicine
	Radiation oncology	Radiology
	Rehabilitation medicine	²² Sexual health medicine
	Sport and exercise medicine	²⁴ Surgery
63.	Since you graduated, how many years and/or months have as a doctor? (Include time to bring up a family, time in non-medidays and medically-related study leave) (If none, write 0) No. of years	edical jobs or study; exclude
64.	What is your residency status? (Tick one box)	
	Australian citizen	
	Permanent resident	
	Temporary resident	
65.	What type of medical registration do you have? (Please t	ick all that apply)
	General registration	
	Specialist registration	
	Provisional registration	
	Limited registration	
	Non-practising registration	
66.	In general, would you say your health is: (Tick one box)	
	Excellent	
	² Very good	
	Good	
	4	
	Fair	
	Poor	
67.	All things considered, how satisfied are you with your life	e in general? (Tick one box)
	Completely Dissatisfied	Completely Satisfied
	1 2 3 4 5	6 7 8 9 10
	1 2 3 4 5	6 7 8 9 10

68.	68. The statements below refer to the type of person you are. There is growing evidence that these characteristics are related to doctors' job satisfaction and decisions about work. The information you provide will remain strictly confidential and you will not be identifiable.								
	Please answer each of the following quand 7 means 'Applies to me perfectly'.	estions usin Does not apply to	g a l to 7 p	ooint scale, w	here 1 mea	ns 'Doe s no	t apply to r	ne at all' Applies to me	
	I see myself as someone who:	me at all $oldsymbol{1}$	2	3	4	5	6	perfectly 7	
	Does a thorough job	1	2	3	4	5	6	7	
	Is communicative, talkative	1	2	3	4	5	6	7	
	Is sometimes somewhat rude to others	1	2	3	4	5	6	7	
	Is original, comes up with new ideas	1	2	3	4	5	6	7	
	Worries a lot	1	2	3	4	5	6	7	
	Has a forgiving nature	1	2	3	4	5	6	7	
	Tends to be lazy	1	2	3	4	5	6	7	
	Is outgoing, sociable	1	2	3	4	5	6	7	
	Values artistic experiences	1	2	3	4	5	6	7	
	Gets nervous easily	1	2	3	4	5	6	7	
	Does things effectively and efficiently	¹ 🔲	2	3	4	5	6	7	
	Is reserved	<u> </u>	2	3	4	5	6	/	
	Is considerate and kind to others	' 📙	2	3	4	5	6	7	
	Has an active imagination	`	2	3 🔲	1	,	°	′ 🔲	
	Is relaxed, handles stress well	' 📙	2	,	* 🔲	,	•	′ 🔲	
69.	Please answer each of the following quand 7 means 'Strongly agree'.	estions usin		ooint scale, w	here 1 mea	ns 'Strongly	y disagree'	Strongly agree	
	I have little control over the things that happen to me	1	2	3	4	5	6	7	
	There is really no way I can solve some of the problems I have	1	2	3	4	5	6	7	
	There is little I can do to change many of the important things in my life	1	2	3	4	5	6	7	
	I often feel helpless in dealing with the problems of life	1	2	3	4	5	6	7	
	Sometimes I feel that I'm being pushed around in life	1	2	3	4	5	6	7	
	What happens to me in the future mostly depends on me	1	2	3	4	5	6	7	
	I can do just about anything I really set my mind on doing	1	2	3	4	5	6	1	
70.	This question asks about everyday risk-How likely are you to engage in each of and 5 being 'very likely')?	_		es (with a sco	re of 1 beir	g 'very unli	-	Very likely	
		, .	, ,	1	2	3	4	5	
	Financial risks (e.g. investments with an								
	Career and professional risks (e.g. public your professional colleagues)			1	2	3	4	5	
	Clinical risks (e.g. recommending a treat to your usual practice or is controversial		is new	1	2	3	4	5	

/1.	The personal life events listed below can have a	ın importar	it influence o	n a person's wo	rk–life bala	nce.	
For each statement below, please indicate 'YES' or 'NO' as to whether you experienced the event during the past 12 months. For each statement you answer 'YES', please indicate how long ago the event occurred or commenced.							nced.
		No	Yes	0 to 3	4 to 6	now long ago it 7 to 9 months ago	10 to 12
	Serious personal injury or illness to self	1	2	1	2	3	4
	Serious personal injury or illness to a close relative or family member	1	2	1	2	3	4
	Death of spouse or child	' 🗌	2	' 🗌	2	3	4
	Death of other close relative or family member (e.g. parent or sibling)	1	2	1	2	3	4
	Death of a close friend	<u> </u>	2		2	3	4
	Victim of physical violence (e.g. assault)	' 🔲	2		2	3	4
	Victim of a property crime (e.g. theft, housebreaking)	1	2	1	2	3	4
	Were the subject of a complaint, concern or notification to a health regulation body (e.g. AHPRA, NSW Health Professional Councils Authority, QLD Health Ombudsman)	1	2	1	2	3	4
	Had restrictions (e.g. undertakings, conditions, suspensions or cancellations) placed on your medical registration	1	2	1	2	3	4
	Named as defendant in a medical negligence claim	1	2	1	2	3	4
72.	We would like your email address to assist us in mail when distributing the MABEL survey, we we this purpose. If possible, please provide a non-w	will contact	you by emai	I instead. This	information	will be used	only for
	Email address:						
73.	Thank you for completing the survey. Ple	ease provi	de any furt	her commen	ts below.		
						• • • • • • • •	
	In case of loss of inclu Melbourne Institute of App	lied Econo Reply	mic and Socia Paid 84574	al Research – I		vey	
	UNIVER		MELBOURNE	E VIC 3010			