

<merge username id>

<merge persontitle initials surname>

<merge mailing address>

<merge date>

Dear <merge persontitle surname>,

MABEL 2016
Medicine in Australia: Balancing Employment and Life

I am inviting you to participate in a landmark national longitudinal survey of doctors (MABEL) which is funded by the National Health and Medical Research Council (NHMRC), and conducted by the University of Melbourne and Monash University. The aim of MABEL is to identify the issues that matter most to doctors, thereby providing an evidence base to inform medical workforce policy. In particular, getting the right balance between work life and life outside medicine is crucial. Managing these pressures, whilst maintaining the quality of the care you provide, your motivation and your work satisfaction, is critical for you, your patients and the future of medical practice.

Almost 10,000 doctors participated in each of the first eight waves of the survey (from 2008 to 2015). We are now offering you the opportunity to join Wave 9 (2016). I hope you will consider participating as the views and experiences of doctors such as you are vital to the success of the survey. Results and publications to date are available at: www.mabel.org.au.

MABEL has been endorsed by 37 medical colleges and organisations (listed overleaf). A Policy Reference Group provides advice to ensure that the survey is relevant, and also assists with the implementation of results to ensure they make a difference. An information sheet about MABEL is also enclosed.

There are two ways to complete the survey:

- 1) Fill out the enclosed hardcopy survey and return it to the Melbourne Institute in the enclosed, postage-paid envelope, OR
- 2) Complete the survey online by logging in through our secure website www.mabel.org.au using the username and password below, **selecting** the survey relevant to your doctor status and following the simple instructions.

Username: <merge username> **Password:** <merge password>

Note that if you have recently changed your professional status (e.g. you are no longer in training but are now a specialist) and we have sent you the wrong version of the questionnaire, you can **select** the correct survey to do when you login.

If we sent you the incorrect survey type and you wish to do a paper version of the survey, please fax back the enclosed form and we will post the correct questionnaire to you, or contact our survey manager Anne Leahy by email (enquiries@mabel.org.au) or phone (03 8344 2600), **quoting your username id**. If you have any other queries please feel free to contact our survey manager.

I sincerely hope you will participate in this major study by completing the MABEL survey. The research team looks forward to receiving your response. Thank you in anticipation.

Yours sincerely,



Professor Anthony Scott
Centre for Research Excellence in Medical Workforce Dynamics

Endorsements

MABEL has been endorsed by the following organisations and professional bodies.

Royal Australian College of General Practitioners
Royal Australasian College of Physicians
Royal Australasian College of Surgeons
Royal Australian and New Zealand College of Obstetricians and Gynaecologists
Royal Australian and New Zealand College of Radiologists
Royal College of Pathologists of Australasia
Royal Australian and New Zealand College of Ophthalmologists
Australian and New Zealand College of Anaesthetists
Australasian College of Dermatologists
Australasian College for Emergency Medicine
Australasian College of Sports Physicians
Australian College of Rural and Remote Medicine
College of Intensive Care Medicine of Australia and New Zealand
Australian Society of Anaesthetists
Australian and New Zealand Intensive Care Society
Australia and New Zealand Society of Palliative Medicine Inc
Australian Society of Plastic Surgeons
Australian and New Zealand Society of Nephrology
Australian and New Zealand Society for Geriatric Medicine
Internal Medicine Society of Australia and New Zealand
Australasian Society of Career Medical Officers
Australian Rheumatology Association
Australian Orthopaedic Association
Medical Oncology Group of Australia Incorporated
Rural Doctors Association of Australia
Rural Health Workforce Australia
Australian Health Care and Hospitals Association
Australian Private Hospitals Association
Australian Medical Council Limited
Australian General Practice Network
General Practice Registrars Australia
Confederation of Postgraduate Medical Education Councils
Postgraduate Medical Council of Victoria
South Australian Institute of Medical Education and Training
Postgraduate Medical Education Council of Queensland
Postgraduate Medical Institute of Tasmania
Postgraduate Medical Institute of Western Australia
Health Education & Training Institute NSW