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Mabel username id:

# MABEL

Medicine in Australia: Balancing Employment and Life

2015

# Doctor Enrolled in a Specialty Training Program

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Australian Rheumatology Association

Rural Doctors Association of Australia

Rural Health Workforce Australia





MONASH University Medicine, Nursing and Health Sciences

**Space is provided at the end of this survey to make additional written comments.** Please write responses in boxes provided using a dark pen. Check boxes can be ticked or crossed.

# A About your current situation

| 1. | Are you currently doing any clinical medical work in Australia?   |
|----|---|
|    | Yes – If yes, please go to <b>Section B</b> below and complete the main survey<br>No – Continue   |
| 2. | Are you permanently retired from all types of paid work?  |
|    | <ul> <li>Yes – As you are permanently retired from all types of paid work you do not need to complete the rest of the survey.<br/>Please return this survey in the reply-paid envelope provided. Thank you for your participation.</li> <li>No – Continue</li> </ul>  |
| 3. | Which of the following statements describe your current situation? (Tick all that apply)  |
|    | <ul> <li>Doing medical work in Australia that is non-clinical (e.g. medico-legal, teaching, research, committee work)</li> <li>Maternity leave</li> <li>Home duties/childcare</li> <li>Enrolled as a student</li> <li>Extended leave (e.g. sick leave, long service leave)</li> <li>Working outside Australia in a clinical role</li> </ul> |
|    | Working outside Australia in a non-clinical, but medical role   |
|    | Working outside Australia in a non-medical role         Doing non-medical work in Australia. Please specify occupation:   |
| 4. | Do you intend to return to clinical medical work in Australia?  |
|    | Yes – Please go to Section G and complete the final two sections of the survey  |
|    | <sup>2</sup> Unsure – Please go to Section G and complete the final two sections of the survey  |
|    | <sup>3</sup> No – As you do not intend returning to clinical work in Australia you do not need to complete the rest of the survey.<br>Please return this survey in the reply-paid envelope provided. Thank you for your participation.  |

# B About your job satisfaction

### 5. Please indicate how satisfied or dissatisfied you are with each of the various aspects of your work as a doctor.

|  | Very<br>Dissatisfied | Moderately<br>Dissatisfied | Not<br>Sure | Moderately<br>Satisfied | Very<br>Satisfied | N/A |
|--|----------------------|----------------------------|-------------|-------------------------|-------------------|-----|
| Freedom to choose your own method of working                             |                      | 2                          | 3           | 4                       | 5                 | 6   |
| Amount of variety in your work   |                      | 2                          | 3           | 4                       | 5                 | 6   |
| Physical working conditions  | 1                    | 2                          | 3           | 4                       | 5                 | 6   |
| Opportunities to use your abilities                                      |                      | 2                          | 3           | 4                       | 5                 | 6   |
| Your colleagues and fellow workers                                       | 1                    | 2                          | 3           | 4                       | 5                 | 6   |
| Recognition you get for good work  | 1                    | 2                          | 3           | 4                       | 5                 | 6   |
| Your hours of work   | 1                    | 2                          | 3           | 4                       | 5                 | 6   |
| Your remuneration  | 1                    | 2                          | 3           | 4                       | 5                 | 6   |
| Amount of responsibility you are given                                   |                      | 2                          | 3           | 4                       | 5                 | 6   |
| Taking everything into consideration,<br>how do you feel about your job? | 1                    | 2                          | 3           | 4                       | 5                 | 6   |

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| 6  | Please indicate | the degree | to which y   | ou agree or | disagree | with the | following statements. |
|----|-----------------|------------|--------------|-------------|----------|----------|-----------------------|
| υ. | i lease multale | the degree | LU WITTETT y | ou agree or | uisayiee |          | ionowing statements.  |

|         |   | Strongly<br>Disagree | Disagree      | Neutral        | Agree         | Strongly<br>Agree   | N/A   |
|---------|---|----------------------|---------------|----------------|---------------|---------------------|-------|
|         | The balance between my personal and professional commitments is about right   |                      |               | 3              | 4             | 5                   | 6     |
|         | I have a poor support network of other doctors like me  | 1                    | 2             | 3              | 4             | 5                   | 6     |
|         | It is difficult to take time off when I want to   |                      | 2             | 3              | 4             | 5                   | 6     |
|         | I can take time off at short notice, for<br>example if one of my children is ill or<br>for a home emergency   | 1                    | 2             | 3              | 4             | 5                   | 6     |
|         | My patients have unrealistic expectations about how I can help them   | <sup>1</sup>         | 2             | 3              | 4             | 5                   | 6     |
|         | The majority of my patients have complex health and social problems   | 1                    | 2             | 3              | 4             | 5                   | 6     |
|         | I have good support and supervision from<br>qualified specialists   |                      | 2             | 3              | 4             | 5                   | 6     |
|         | There is enough time for me to do personal study  |                      | 2             | 3              | 4             | 5                   | 6     |
|         | Research publications are important to progress my training   | 1                    | 2             | 3              | 4             | 5                   | 6     |
|         | The hours I work are unpredictable  |                      | 2             | 3              | 4             | 5                   | 6     |
|         | I often undertake tasks that somebody less qualified could do   | 1                    | 2             | 3              | 4             | 5                   | 6     |
|         | My colleagues understand the need for work–life balance   | 1                    | 2             | 3              | 4             | 5                   | 6     |
|         | I cannot work my preferred hours due to a lack of jobs offering those hours   | 1                    | 2             | 3              | 4             | 5                   | 6     |
| 8.      | <ul> <li>No</li> <li>Yes, I'd like to increase my hours</li> <li>Yes, I'd like to decrease my hours</li> <li>Imagine you would like to reduce your hours of</li> <li>This could be achieved easily within my curre</li> <li>This could be achieved with some difficulty</li> <li>I would have to change training program</li> <li>This would be impossible</li> <li>Don't know</li> </ul> | rent training        | program       |                | one box)      |                     |       |
| С<br>9. | About the places where yo<br>Excluding on-call, for how many HOURS in your  |                      | _             | L WEEK at      | work did vo   | ou undertake        |       |
|         | work in each of the following settings? (Include A  |                      |               |                | one, write 0) | Actual hours per we | ek    |
|         | Public hospital (including psychiatric hospital)  |                      |               |                |               | h                   | rs/wk |
|         | Private hospital  |                      |               |                |               | h                   | rs/wk |
|         | Private medical practitioner's rooms or surgery .   |                      |               |                |               | h h                 | rs/wk |
|         | Residential/aged care health facility (nursing/resid  |                      |               |                |               |                     | rs/wk |
|         | Tertiary education institution  |                      |               |                |               |                     | rs/wk |
|         | Other   |                      |               |                |               |                     | rs/wk |
|         | TOTAL HOURS WORKED  |                      |               |                |               |                     | rs/wk |
| 10.     | Approximately how many hours per week do you  | work as a ł          | nospital locu | m? (If zero, v | write 0)      |                     |       |

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| 11. | What is the main hospital in which you work (i.e. spend most time)? |
|-----|---|
|     | Hospital name   |
|     | Postcode  |
| 12. | How long have you worked at this hospital?                          |
|     | No. of years  |
|     | No. of months   |
|     |   |

# D About your workload

13. Excluding on-call, how many HOURS in your MOST RECENT USUAL WEEK at work did you spend on the following activities? (Include ALL of the work you do as a doctor in ALL jobs/workplaces) (If none, write 0)

| TOTAL HOURS WORKED PER WEEK (Should equal the TOTAL in question 9)                      | hrs/wk |
|---|--------|
| Direct patient care (face-to-face, phone consultations, home visits)                    | hrs/wk |
| Indirect patient care (medical notes, reports, phone calls, meeting patients' families) | hrs/wk |
| Education activities (academic research, continuing medical education)                  | hrs/wk |
| Management and administration   | hrs/wk |
| Other   | hrs/wk |

14. In relation to education activities, are you involved in any of the following teaching or supervisory activities, including formal and informal teaching and supervision? (Please tick all that apply)

| Teaching     | or | supervising  | medical | students  |
|--------------|----|--------------|---------|-----------|
| <br>reaching | 01 | Super vising | mearcu  | Juducinty |

- \_\_\_\_\_ Teaching or supervising interns and pre-vocational trainees
  - No I am not involved in any teaching or supervision
- 15. In relation to non-clinical activities OUTSIDE your usual place of work, are you currently involved in any of the following activities? (Please tick all that apply)

Elected office bearer (e.g. president, treasurer) or board member of a national or state-level professional organisation (e.g. the Australian Medical Association or a medical college).

Committee member in a national or state-level professional organisation, advisory group and/or steering group.

I am not currently involved in any of the activities listed above.

- 16. In your most recent USUAL week at work, for around HOW MANY patients did you provide care? (Include face-to-face, out-of-hours and telephone consultations in ALL SETTINGS) .....
- 17. Do you do any on-call yourself? (Including public holidays, weekends and weekdays outside of 8am to 6pm)

|     | Yes   |          |
|-----|---|----------|
|     | <sup>2</sup> $\square$ No-Go to question 20   |          |
| 18. | In your last usual week at work: (If none, write 0)   |          |
|     | How many HOURS were you rostered or listed for on-call?   | hrs/wk   |
|     | How many HOURS were actually spent in direct patient care?  | hrs/wk   |
|     | How many TIMES were you actually called out?  | times/wl |
| 19. | In your most recent usual month, what was your on-call ratio? (For example, if it is 1 in 8, write 8 in the box provi<br>1 in | ded.)    |
| 20. | Turning to time spent away from work: (If none, write 0)  |          |
|     | How many WEEKS holiday did you take in the past year? week  | ks       |
|     | How many WEEKS of parental or maternity leave did you take in the past year?  | ks       |
|     | Approximately how many DAYS off work due to illness did you have in the past year?  | days     |
|     | Approximately how many DAYS off work did you have for other reasons in the past year?   | days     |
|     |   |          |

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| E | About your | finances |
|---|------------|----------|
|---|------------|----------|

The following information will be used to examine the effect of financial issues on your work-life balance and will remain strictly confidential.

21. What are your (approximate) TOTAL personal earnings from ALL of the work you do as a doctor? (If possible, base this on your last personal income tax return or payslip) Please write in ONE COLUMN where you have the most accurate information and can best remember.

|     |  |           | ļ                      | nnual   |        |          | 0 R       |           | Fortn      | ightly    |         |
|-----|--|-----------|------------------------|---------|--------|----------|-----------|-----------|------------|-----------|---------|
|     | Before tax (gross earnings) \$   |           |                        |         |        |          |           |           |            |           |         |
|     | After tax (net earnings) \$ [  |           |                        |         |        |          |           |           |            |           |         |
| 22. | In addition to this, did you receive any ongoing '<br>current job/s (e.g. car, house, school fees, salary<br><sup>1</sup> Yes<br><sup>2</sup> No   |           |                        | or su   | ıbsidi | ies as p | part of y | vour      |            |           |         |
| 23. | What is the approximate annual total value in d<br>(If zero, write 0)  |           |                        |         |        |          |           |           |            |           |         |
| 24. | What is the total level of financial debt that you<br>medical education and training? (Give dollar amo<br>associated with training and living expenses) (If zero,<br>\$<br>Don't Know (Tick box) | write 0)  | ude HECS               | S debt, | othe   | r debt   |           |           |            |           |         |
| 25. | How much (in dollars) did you pay for profession<br>or malpractice, insurance premiums in the last y<br>(If this was provided by someone else on your behalf,                                    | year?     |                        | •••     |        |          |           |           |            |           |         |
| 26. | How much personal gross income, in addition to year? (e.g. bank interest, dividend income, renta   | al incom  | ne and pi              | ofit fi | rom l  |          |           |           |            |           | rces ea |
|     | \$   | • • • • • |                        | • • • • |        |          |           |           |            |           |         |
| 27. | Do you (or your employer) regularly contribute<br><sup>1</sup> Yes<br><sup>2</sup> No-Go to question 29  | to a sup  | oerannua               | tion s  | chem   | ie?      |           |           |            |           |         |
| 28. | For how many years have you (and/or an employ No. of years   | -         |                        |         |        |          |           |           | on schem   | 1e?       |         |
| 29. | Please indicate the degree to which you agree w<br>situation and prospects, I believe I will have end  |           |                        |         |        |          |           |           | financia   | 1         |         |
|     | <sup>1</sup> Strongly Disagree<br><sup>2</sup> Disagree<br><sup>3</sup> Neutral<br><sup>4</sup> Agree  |           |                        |         |        |          |           |           |            |           |         |
|     | Strongly Agree   |           |                        |         |        |          |           |           |            |           |         |
| 30. | What is your total gross and net HOUSEHOLD interests, dividends, interest etc.) The figures below sh<br>Please write in ONE COLUMN ONLY, where you have  | hould be  | equal to<br>st accurat | or grea | ater t | han you  | r person  | al earnin | gs provide | ed in que |         |
|     | Before tax (gross household income) \$   |           |                        |         |        |          |           |           |            |           |         |
|     | After tax (net household income) \$ [  |           |                        |         |        |          |           |           |            |           |         |
|     |  |           |                        |         |        |          |           |           |            |           |         |
|     |  |           |                        |         |        |          |           |           |            |           |         |

|     | Where is your main place of work?  |  |                               |              |         |                   |       |
|-----|--|--|-------------------------------|--------------|---------|-------------------|-------|
|     | Town/Suburb  |  |                               |              |         |                   |       |
|     | Postcode   |  |                               |              |         |                   |       |
| 2.  | Where do you live?   |  |                               |              |         |                   |       |
|     | Town/Suburb  |  |                               |              |         |                   |       |
|     | Postcode   |  |                               |              |         |                   |       |
| 3.  | Please indicate the degree to which you agree o  | r disagree   | e with the fo                 | llowing stat | ements. |                   |       |
|     |  | Strongly<br>Disagree   | Disagree                      | Neutral      | Agree   | Strongly<br>Agree | N/A   |
|     | I don't have many friends or family members in   |  |                               |              | 4       | 5                 | 6     |
|     | my current work location<br>It is easy to pursue my hobbies and leisure  |  |                               |              |         |                   |       |
|     | interests in my current work location  |  | 2                             | 3            | 4       | 5                 | 6     |
|     | My partner does not have many friends or family<br>members in this work location   |  | 2                             | 3            | 4       | 5                 | 6     |
|     | There are good employment opportunities for my partner in this work location   | 1  | 2                             | 3            | 4       | 5                 | 6     |
|     | The choice of schools for our children is  |  |                               |              |         |                   | . —   |
|     | adequate in this work location   | 1  | 2                             | 3            | 4       | 5                 | 0     |
| 84. |  | up until tl  | <sup>2</sup><br>he age you le | ³ 📃          | 4       | 5                 | δ     |
| 34. | adequate in this work location   |  |                               |              | 4       | 5                 | δ     |
|     | adequate in this work location<br>For how many years did you live in a rural area  |  |                               |              | 4       | 5                 | ٥<br> |
|     | adequate in this work location<br>For how many years did you live in a rural area<br>secondary school? (If none, write 0)  | ived up ur   | ntil school lea               |              | 4       | 5                 | ٥<br> |
|     | adequate in this work location<br>For how many years did you live in a rural area<br>secondary school? (If none, write 0)<br>Please indicate the main rural area where you li  | ived up ur   | ntil school lea               | aving age.   |         | 5                 | 6     |
|     | adequate in this work location For how many years did you live in a rural area secondary school? (If none, write 0) Please indicate the main rural area where you li Town  | ived up ur   | ntil school lea               | aving age.   |         |                   | ° [   |
| 35. | adequate in this work location For how many years did you live in a rural area secondary school? (If none, write 0) Please indicate the main rural area where you li Town State Not Applicable (Tick box)  | ived up ur   | ntil school lea               | aving age.   |         |                   | •     |
| 35. | adequate in this work location For how many years did you live in a rural area secondary school? (If none, write 0) Please indicate the main rural area where you li Town State State Not Applicable (Tick box) Are you subject to restrictions on where you prace   | ived up ur   | ntil school lea               | aving age.   |         |                   | •     |
| 5.  | adequate in this work location For how many years did you live in a rural area secondary school? (If none, write 0) Please indicate the main rural area where you li Town State State Not Applicable (Tick box) Are you subject to restrictions on where you prace ' Yes—I am required to work in an Area of I   | ived up ur<br><br>ctise?                                     | ntil school lea               | aving age.   |         |                   | •     |
| 5.  | adequate in this work location For how many years did you live in a rural area secondary school? (If none, write 0) Please indicate the main rural area where you li Town State State Not Applicable (Tick box) Are you subject to restrictions on where you prace   | ived up ur<br><br>ctise?                                     | ntil school lea               | aving age.   |         |                   | •     |
| 6.  | adequate in this work location         For how many years did you live in a rural area secondary school? (If none, write 0)         Please indicate the main rural area where you lite         Town         State         Not Applicable (Tick box)         Are you subject to restrictions on where you prant         1         Yes—I am required to work in an Area of I         2         Yes—I am required to work in a District of         3         No—Go to question 38   | ived up ur<br>ctise?<br>Veed                                 | ntil school lea               | aving age.   |         |                   |       |
| 6.  | adequate in this work location For how many years did you live in a rural area secondary school? (If none, write 0) Please indicate the main rural area where you li Town State State Not Applicable (Tick box) Are you subject to restrictions on where you prave Question and Area of M Question an | ived up ur<br>ctise?<br>Veed                                 | ntil school lea               | aving age.   |         |                   | •     |
| 6.  | adequate in this work location         For how many years did you live in a rural area is secondary school? (If none, write 0)         Please indicate the main rural area where you lite         Town         State         Not Applicable (Tick box)         Are you subject to restrictions on where you prace         1         Yes—I am required to work in an Area of I         2         Yes—I am required to work in a District of         3         No—Go to question 38         Please indicate the reason/s for these restriction         I hold a Permanent Resident Visa  | ived up ur<br>ctise?<br>Veed                                 | ntil school lea               | aving age.   |         |                   | •     |
| 5.  | adequate in this work location         For how many years did you live in a rural area secondary school? (If none, write 0)         Please indicate the main rural area where you lite         Town         State         Not Applicable (Tick box)         Are you subject to restrictions on where you practional area where you practicate the required to work in an Area of Market and the required to work in a District of Market and M  | ived up ur<br>ived up ur<br>ctise?<br>Veed<br>Workford<br>s. | ntil school lea               | aving age.   |         |                   |       |
| 6.  | adequate in this work location         For how many years did you live in a rural area is secondary school? (If none, write 0)         Please indicate the main rural area where you lite         Town         State         Not Applicable (Tick box)         Are you subject to restrictions on where you prace         1         Yes—I am required to work in an Area of I         2         Yes—I am required to work in a District of         3         No—Go to question 38         Please indicate the reason/s for these restriction         I hold a Permanent Resident Visa  | ived up un<br>ived up un<br>ctise?<br>Veed<br>Workford<br>s. | ntil school lea               | aving age.   |         |                   |       |

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38. Are you currently living with a partner or spouse?

|  | Yes |
|--|-----|
|  | No  |

| 39. | What is the employment status of your partner/s  | pouse?                 |                |               |               |                    |            |
|-----|--|------------------------|----------------|---------------|---------------|--------------------|------------|
|     | Not in the labour force (e.g. caring for depe  | endents, sti           | udying)        |               |               |                    |            |
|     | <sup>2</sup> Currently seeking work  |                        |                |               |               |                    |            |
|     | Full-time employment   |                        |                |               |               |                    |            |
|     | <sup>5</sup> Not Applicable  |                        |                |               |               |                    |            |
| 40. | Is your partner/spouse also a medical doctor?  |                        |                |               |               |                    |            |
|     | <sup>2</sup> No<br><sup>3</sup> Not Applies his  |                        |                |               |               |                    |            |
|     | Not Applicable   |                        |                |               |               |                    |            |
| 41. | For how many years did your partner/spouse live left secondary school? (If none, write 0)                                  |                        | •              | -             |               |                    |            |
|     | Don't know (Tick box)  |                        |                |               |               |                    |            |
| 42. | Please indicate the main rural area where your   | partner/spc            | ouse lived up  | o until schoo | ol leaving ag | е.                 |            |
|     | Town   |                        |                |               |               |                    |            |
|     | State  |                        |                |               |               |                    |            |
|     | Don't know (Tick box)<br>Not Applicable (Tick box)   |                        |                |               |               |                    |            |
|     |  |                        |                |               |               |                    |            |
| 43. | How many dependent children do you have? (If n   | ione, write O          | ) and skip the | next two que  | estions)      |                    |            |
| 44. | What is the age in years of each dependent child<br>Not Applicable (Tick box)  |                        |                |               |               |                    |            |
|     | Child 1  |                        |                |               |               |                    |            |
|     | Child 2  |                        |                |               |               |                    |            |
|     | Child 3  |                        |                |               |               |                    |            |
|     | Child 4  |                        |                |               |               |                    |            |
|     | Child 5  |                        |                |               |               |                    |            |
| 45  | Which of the following forms of childcare are you  |                        |                |               | hool age? (E  | Plaasa tick all ti | ant apply) |
| 15. | Relatives or friends   | u using ior            | your ennure    |               | lioor age: (i |                    |            |
|     | Nannies  |                        |                |               |               |                    |            |
|     | Childcare at work (i.e. provided by an employ  |                        |                |               |               |                    |            |
|     | Other day care (childcare centre, family day Not Applicable  | care, kinde            | rgarten etc.   | )             |               |                    |            |
| 46. | Please indicate the degree to which you agree of   | r disagree<br>Strongly | with the fol   | lowing state  | ments.        | Strongly           |            |
|     | I am restricted in my employment and/or  | Disagree               | Disagree       | Neutral       | Agree         | Agree              | N/A        |
|     | the time and hours I work due to a lack of available childcare   | 1                      | 2              | 3             | 4             | 5                  | 6          |
|     | My partner is restricted in his/her employment<br>and/or the time and hours worked due to a<br>lack of available childcare |                        | 2              | 3             | 4             | 5                  | 6          |
|     | My partner is overqualified for his/her current<br>job due to the limited availability of suitable jobs                    | 1                      | 2              | 3             | 4             | 5                  | 6          |
|     |  |                        |                |               |               |                    |            |
|     |  |                        |                |               |               |                    |            |

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| Η   | About you  |   |
|-----|--|---|
| 47. | Year of birth  |   |
| 49. | Gender          Image: Constraint of the second se |   |
|     | <sup>2</sup> A medical school in the country specified:  |   |
| 51. | In which medical school in Australia did you complete          Image: School in Australia did you complete         Image: Scho   | <ul> <li><sup>2</sup> University of Newcastle</li> <li><sup>4</sup> University of Notre Dame WA</li> <li><sup>6</sup> University of Notre Dame Sydney</li> <li><sup>8</sup> University of NSW</li> <li><sup>10</sup> University of Queensland</li> <li><sup>12</sup> University of Sydney</li> <li><sup>14</sup> University of Tasmania</li> <li><sup>16</sup> University of WA (undergraduate)</li> <li><sup>18</sup> University of WA (postgraduate)</li> <li><sup>19</sup> University of Western Sydney</li> <li><sup>20</sup> University of Wollongong</li> </ul> |
| 52. | If you completed your medical degree in Australia, were<br>country outside of Australia and New Zealand)?  | e you an international student (i.e. were you a citizen of a  |
| 53. | If you did your medical degree at a medical school outsi<br>' Yes<br>' No<br>' Not Applicable  | de Australia, have you completed the AMC Certificate examination?   |
| 54. | If you completed your medical degree outside of Austra<br>What year did you first arrive in Australia?<br>In what year were you first registered to work as a doct<br>Not Applicable (Tick box)  | or in Australia?  |
| 55. | Do you have medical qualifications from overseas which<br>Yes<br>No<br>Unsure  | n are NOT recognised in Australia?  |

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| 56. | Please | indicate | all | medical | qualifications | that | you | have | obtained | in | Australia. |
|-----|--------|----------|-----|---------|----------------|------|-----|------|----------|----|------------|
|-----|--------|----------|-----|---------|----------------|------|-----|------|----------|----|------------|

|   |  | Number of<br>qualifications   | Names of qualifications   |
|---|--|---|---|
|   |  | quameations   |   |
|   | Masters degree   |   |   |
|   | PhD  |   |   |
|   | Postgraduate diploma/certificate   |   |   |
|   | Fellowship of college  |   |   |
|   | Do you have a research-based degree from a<br>For example: BSc(Med)(Hons),BSc(Hons),<br><sup>1</sup> Yes<br><sup>2</sup> No  |   | addition to your primary medical qualification?   |
|   | Please indicate how many other health and obtained in Australia.   |   |   |
|   | No. of qualifications  |   |   |
|   | Which specialty training program are you er  | rolled in?  |   |
|   | Addiction medicine   |   | <sup>2</sup> Anaesthesia  |
|   | <sup>3</sup> Dermatology   |   | <sup>4</sup> Emergency medicine   |
|   | <sup>5</sup> Intensive care medicine   |   | <sup>6</sup> Medical administration   |
|   | 1  |   | 8   |
|   | <sup>2</sup> Obstetrics and gynaecology  |   | <sup>10</sup> Occupational and environmental medicine   |
|   | Ophthalmology  |   | Paediatrics and child health  |
|   | Pain medicine  |   | Palliative medicine   |
|   | Pathology  |   | Physician   |
|   | Psychiatry   |   | Public health medicine  |
|   | Radiation oncology   |   | Radiology   |
|   | Rehabilitation medicine  |   | <sup>20</sup> Sexual health medicine  |
|   | Sport and exercise medicine  |   | " Surgery   |
|   | In what year did you start this training prog  | ram?  |   |
|   |  |   |   |
|   |  |   | where a mucht Charles and a line (2)  |
|   | In what year do you expect to complete the   | program and beco  | me a qualified specialist?  |
|   |  |   |   |
|   | In what year do you expect to complete the Which specialist training courses have you a  |   |   |
|   | In what year do you expect to complete the   |   | ast? (Please tick all that apply)   |
|   | In what year do you expect to complete the<br>Which specialist training courses have you a<br>None, not applicable   |   | ast? (Please tick all that apply)   |
|   | In what year do you expect to complete the<br>Which specialist training courses have you a<br>None, not applicable<br>Anaesthesia<br>Emergency medicine  |   | ast? (Please tick all that apply)<br><sup>2</sup> Addiction medicine<br><sup>4</sup> Dermatology<br><sup>6</sup> General Practice   |
|   | In what year do you expect to complete the<br>Which specialist training courses have you a<br>None, not applicable<br>Anaesthesia<br>Emergency medicine  |   | ast? (Please tick all that apply)<br><sup>2</sup> Addiction medicine<br><sup>4</sup> Dermatology<br><sup>6</sup> General Practice<br><sup>8</sup> Medical administration  |
|   | In what year do you expect to complete the<br>Which specialist training courses have you a<br>None, not applicable<br>Anaesthesia<br>Emergency medicine<br>Intensive care medicine<br>Obstetrics and gynaecology   |   | ast? (Please tick all that apply)<br><sup>2</sup> Addiction medicine<br><sup>4</sup> Dermatology<br><sup>6</sup> General Practice<br><sup>8</sup> Medical administration<br><sup>10</sup> Occupational and environmental medicine   |
|   | In what year do you expect to complete the<br>Which specialist training courses have you a<br>None, not applicable<br>Anaesthesia<br>Emergency medicine<br>Constructions<br>Obstetrics and gynaecology<br>Ophthalmology  |   | ast? (Please tick all that apply)<br><sup>2</sup> Addiction medicine<br><sup>4</sup> Dermatology<br><sup>6</sup> General Practice<br><sup>8</sup> Medical administration<br><sup>10</sup> Occupational and environmental medicine<br><sup>12</sup> Paediatrics and child health<br><sup>14</sup>  |
|   | In what year do you expect to complete the<br>Which specialist training courses have you a<br>None, not applicable<br>Anaesthesia<br>Emergency medicine<br>Intensive care medicine<br>Obstetrics and gynaecology<br>Ophthalmology<br>Pain medicine   |   | ast? (Please tick all that apply)<br>Addiction medicine<br>Addiction medicine<br>Cernatology<br>General Practice<br>Medical administration<br>Occupational and environmental medicine<br>Paediatrics and child health<br>Palliative medicine  |
|   | In what year do you expect to complete the<br>Which specialist training courses have you a<br>None, not applicable<br>Anaesthesia<br>Emergency medicine<br>Cobstetrics and gynaecology<br>Obstetrics and gynaecology<br>Ophthalmology<br>Pain medicine<br>Pathology  |   | ast? (Please tick all that apply)<br>Addiction medicine<br>Dermatology<br>General Practice<br>Medical administration<br>Occupational and environmental medicine<br>Paediatrics and child health<br>Palliative medicine<br>Physician   |
|   | In what year do you expect to complete the<br>Which specialist training courses have you a<br>None, not applicable<br>Anaesthesia<br>Emergency medicine<br>Cobstetrics and gynaecology<br>Obstetrics and gynaecology<br>Ophthalmology<br>Pain medicine<br>Pathology<br>Psychiatry  |   | ast? (Please tick all that apply)<br>Addiction medicine<br>Dermatology<br>General Practice<br>Medical administration<br>Occupational and environmental medicine<br>Paediatrics and child health<br>Palliative medicine<br>Physician<br>Public health medicine   |
|   | In what year do you expect to complete the<br>Which specialist training courses have you a<br>None, not applicable<br>Anaesthesia<br>Emergency medicine<br>Cobstetrics and gynaecology<br>Obstetrics and gynaecology<br>Ophthalmology<br>Pain medicine<br>Pathology<br>Psychiatry<br>Radiation oncology  |   | ast? (Please tick all that apply)<br>Addiction medicine<br>Addiction medicine<br>Cernatology<br>General Practice<br>Medical administration<br>Occupational and environmental medicine<br>Paediatrics and child health<br>Palliative medicine<br>Physician<br>Public health medicine<br>Radiology<br>Paedial definition<br>Radiology   |
|   | In what year do you expect to complete the<br>Which specialist training courses have you a<br>None, not applicable<br>Anaesthesia<br>Emergency medicine<br>Cobstetrics and gynaecology<br>Obstetrics and gynaecology<br>Ophthalmology<br>Pain medicine<br>Pathology<br>Psychiatry<br>Radiation oncology<br>Rehabilitation medicine   |   | ast? (Please tick all that apply)<br>Addiction medicine<br>Addiction medicine<br>Centratology<br>General Practice<br>Medical administration<br>Occupational and environmental medicine<br>Paediatrics and child health<br>Palliative medicine<br>Physician<br>Public health medicine<br>Radiology<br>Sexual health medicine<br>Addiction medicine |
|   | In what year do you expect to complete the<br>Which specialist training courses have you a<br>Which specialist training courses have you a<br>Anaesthesia<br>Anaesthesia<br>Emergency medicine<br>Obstetrics and gynaecology<br>Ophthalmology<br>Pain medicine<br>Pathology<br>Psychiatry<br>Radiation oncology<br>Rehabilitation medicine   |   | ast? (Please tick all that apply)<br>Addiction medicine<br>Addiction medicine<br>Cermatology<br>General Practice<br>Medical administration<br>Occupational and environmental medicine<br>Paediatrics and child health<br>Palliative medicine<br>Physician<br>Public health medicine<br>Sexual health medicine   |
| - | In what year do you expect to complete the<br>Which specialist training courses have you a<br>Which specialist training courses have you a<br>None, not applicable<br>Anaesthesia<br>Emergency medicine<br>Constructions<br>Dobstetrics and gynaecology<br>Dobstetrics and gynaecology<br>Dobstetrics and gynaecology<br>Pain medicine<br>Pathology<br>Rehabilitation oncology<br>Rehabilitation medicine<br>Since you graduated, how many years and/o<br>as a doctor? (Include time to bring up a family,<br>holidays and medically-related study leave) (If no | pplied for in the p<br>r months have you<br>time in non-medical<br>ne, write 0) | ast? (Please tick all that apply)          2       Addiction medicine         4       Dermatology         6       General Practice         8       Medical administration         10       Occupational and environmental medicine         12       Paediatrics and child health         14       Palliative medicine         16       Physician         18       Public health medicine         20       Radiology         21       Sexual health medicine         22       Sexual health medicine         24       Surgery         spent NOT practising       jobs or study; exclude  |
|   | In what year do you expect to complete the<br>Which specialist training courses have you a<br>None, not applicable<br>Anaesthesia<br>Emergency medicine<br>Cobstetrics and gynaecology<br>Obstetrics and gynaecology<br>Ophthalmology<br>Pain medicine<br>Pathology<br>Rediation oncology<br>Rehabilitation medicine<br>Sport and exercise medicine<br>Since you graduated, how many years and/o<br>as a doctor? (Include time to bring up a family,   | pplied for in the p<br>r months have you<br>time in non-medical<br>ne, write 0) | ast? (Please tick all that apply)          2       Addiction medicine         4       Dermatology         6       General Practice         8       Medical administration         10       Occupational and environmental medicine         12       Paediatrics and child health         14       Palliative medicine         16       Physician         18       Public health medicine         20       Radiology         21       Sexual health medicine         22       Sexual health medicine         24       Surgery         spent NOT practising       jobs or study; exclude  |



68. The statements below refer to the type of person you are. There is growing evidence that these characteristics are related to doctors' job satisfaction and decisions about work. The information you provide will remain strictly confidential and you will not be identifiable.

Please answer each of the following questions using a 1 to 7 point scale, where 1 means 'Does not apply to me at all' and 7 means 'Applies to me perfectly'.

|   | Does not<br>apply to  |   |   |   |   |   | Applies<br>to me      |
|---|-----------------------|---|---|---|---|---|-----------------------|
| I see myself as someone who:            | me at all<br><b>1</b> | 2 | 3 | 4 | 5 | 6 | perfectly<br><b>7</b> |
| Does a thorough job                     | 1                     | 2 | 3 | 4 | 5 | 6 | 7                     |
| Is communicative, talkative             |                       | 2 | 3 | 4 | 5 | 6 | 7                     |
| Is sometimes somewhat rude to others    |                       | 2 | 3 | 4 | 5 | 6 | 7                     |
| Is original, comes up with new ideas    |                       | 2 | 3 | 4 | 5 | 6 | 7                     |
| Worries a lot                           | 1                     | 2 | 3 | 4 | 5 | 6 | 7                     |
| Has a forgiving nature                  | 1                     | 2 | 3 | 4 | 5 | 6 | 7                     |
| Tends to be lazy                        | 1                     | 2 | 3 | 4 | 5 | 6 | 7                     |
| Is outgoing, sociable                   | 1                     | 2 | 3 | 4 | 5 | 6 | 7                     |
| Values artistic experiences             | 1                     | 2 | 3 | 4 | 5 | 6 | 7                     |
| Gets nervous easily                     | 1                     | 2 | 3 | 4 | 5 | 6 | 7                     |
| Does things effectively and efficiently | 1                     | 2 | 3 | 4 | 5 | 6 | 7                     |
| Is reserved                             | 1                     | 2 | 3 | 4 | 5 | 6 | 7                     |
| Is considerate and kind to others       |                       | 2 | 3 | 4 | 5 | 6 | 7                     |
| Has an active imagination               | 1                     | 2 | 3 | 4 | 5 | 6 | 7                     |
| Is relaxed, handles stress well         | 1                     | 2 | 3 | 4 | 5 | 6 | 7                     |

| 60  | Plazca answer an  | ach of the following | questions using a 1 | to 7 point scale   | whore I moons   | Strongly disagroo |
|-----|-------------------|----------------------|---------------------|--------------------|-----------------|-------------------|
| 07. | Flease allswer ea | ach of the following | questions using a 1 | L to 7 point scale | , where I means | Strongly ulsayree |

| and 7 means 'Strongly agree'.  | Strongly disagree | 2 | 3 | 4 | 5 | 6 | Strongly agree |
|--|-------------------|---|---|---|---|---|----------------|
| I have little control over the things that happen to me                      | 1                 | 2 | 3 | 4 | 5 | 6 | 7              |
| There is really no way I can solve some of the problems I have               | 1                 | 2 | 3 | 4 | 5 | 6 | 7              |
| There is little I can do to change mar<br>of the important things in my life | ו עו              | 2 | 3 | 4 | 5 | 6 | 7              |
| I often feel helpless in dealing with the problems of life                   | 1                 | 2 | 3 | 4 | 5 | 6 | 7              |
| Sometimes I feel that I'm being<br>pushed around in life                     | 1                 | 2 | 3 | 4 | 5 | 6 | 7              |
| What happens to me in the future mostly depends on me                        | 1                 | 2 | 3 | 4 | 5 | 6 | 7              |
| I can do just about anything I really set my mind on doing                   | 1                 | 2 | 3 | 4 | 5 | 6 | 7              |

70. This question asks about everyday risk-taking in relation to different types of activities.

How likely are you to engage in each of the following activities (with a score of 1 being 'very unlikely'

| and 5 being 'very likely')?  | Very unlikely |   |   |   | Very likely |
|--|---------------|---|---|---|-------------|
|  | 1             | 2 | 3 | 4 | 5           |
| Financial risks (e.g. investments with an uncertain outcome)   | 1             | 2 | 3 | 4 | 5           |
| Career and professional risks (e.g. publicly challenging your professional colleagues)                 | 1             | 2 | 3 | 4 | 5           |
| Clinical risks (e.g. recommending a treatment which is new to your usual practice or is controversial) | 1             | 2 | 3 | 4 | 5           |

71. The personal life events listed below can have an important influence on a person's work-life balance.

For each statement below, please indicate 'YES' or 'NO' as to whether you experienced the event during the past 12 months. For each statement you answer 'YES', please indicate how long ago the event occurred or commenced.

|  |    |     | If 'YES',            | please indicate l    | now long ago it      | happened.              |
|--|----|-----|----------------------|----------------------|----------------------|------------------------|
|  | No | Yes | 0 to 3<br>months ago | 4 to 6<br>months ago | 7 to 9<br>months ago | 10 to 12<br>months ago |
| Serious personal injury or illness to self                                 | 1  | 2   | 1                    | 2                    | 3                    | 4                      |
| Serious personal injury or illness to a close relative or family member    | 1  | 2   | 1                    | 2                    | 3                    | 4                      |
| Death of spouse or child   |    | 2   | 1                    | 2                    | 3                    | 4                      |
| Death of other close relative or family member<br>(e.g. parent or sibling) | 1  | 2   | 1                    | 2                    | 3                    | 4                      |
| Death of a close friend  |    | 2   |                      | 2                    | 3                    | 4                      |
| Victim of physical violence (e.g. assault)                                 |    | 2   |                      | 2                    | 3                    | 4                      |
| Victim of a property crime<br>(e.g. theft, housebreaking)                  | 1  | 2   | 1                    | 2                    | 3                    | 4                      |
| Named as defendant in a medical negligence claim                           |    | 2   | 1                    | 2                    | 3                    | 4                      |

72. We would like your email address to assist us in contacting you in future Waves. If we are unable to contact you by mail when distributing the MABEL survey, we will contact you by email instead. This information will be used only for this purpose. If possible, please provide a non-work email address to facilitate contact in the event you change jobs.

Email address:

73. Thank you for completing the survey. Please provide any further comments below.

| •••••••••••••••••••••••••••••••••••••••  |  |
|--|--|
| In case of loss of included reply-paid envelope, please forward survey to:<br>Melbourne Institute of Applied Economic and Social Research – MABEL Su<br>Reply Paid 84574<br>UNIVERSITY OF MELBOURNE VIC 3010 |  |
|  |  |
| <u> </u>   |  |