

<merge username id>

<merge persontitle initials surname>

<merge mailing address>

<merge date>

Dear <merge persontitle surname>,

**MABEL 2015**  
**Medicine in Australia: Balancing Employment and Life**

I am inviting you to participate in a landmark national longitudinal survey of doctors (MABEL) which is funded by the National Health and Medical Research Council (NHMRC), and conducted by the University of Melbourne and Monash University. The aim of MABEL is to identify the issues that matter most to doctors, thereby providing an evidence base to inform medical workforce policy. In particular, getting the right balance between work life and life outside medicine is crucial. Managing these pressures, whilst maintaining the quality of the care you provide, your motivation and your work satisfaction, is critical for you, your patients and the future of medical practice.

Around 10,000 doctors participated in each of the first seven waves of the survey (from 2008 to 2014). We are now offering you the opportunity to join Wave 8 (2015). I hope you will consider participating as the views and experiences of doctors such as you are vital to the success of the survey. Results and publications to date are available at: [www.mabel.org.au](http://www.mabel.org.au).

MABEL has been endorsed by 37 medical colleges and organisations (listed overleaf). A Policy Reference Group provides advice to ensure that the survey is relevant, and also assists with the implementation of results to ensure they make a difference. An information sheet about MABEL is also enclosed.

There are two ways to complete the survey:

- 1) Fill out the enclosed hardcopy survey and return it to the Melbourne Institute in the enclosed, postage-paid envelope, OR
- 2) Complete the survey online by logging in through our secure website [www.mabel.org.au](http://www.mabel.org.au) using the username and password below, **selecting** the survey relevant to your doctor status and following the simple instructions.

**Username:** <merge username> **Password:** <merge password>

Note that if you have recently changed your professional status (e.g. you are no longer in training but are now a specialist) and we have sent you the wrong version of the questionnaire, you can **select** the correct survey to do when you login.

If we sent you the incorrect survey type and you wish to do a paper version of the survey, please fax back the enclosed form and we will post the correct questionnaire to you, or contact our survey manager Anne Leahy by email ([enquiries@mabel.org.au](mailto:enquiries@mabel.org.au)) or phone (03 8344 2600), **quoting your username id**. If you have any other queries please feel free to contact our survey manager.

I sincerely hope you will participate in this major study by completing the MABEL survey. The research team looks forward to receiving your response. Thank you in anticipation.

Yours sincerely,



Professor Anthony Scott

Centre for Research Excellence in Medical Workforce Dynamics

## Endorsements

MABEL has been endorsed by the following organisations and professional bodies.

Royal Australian College of General Practitioners  
Royal Australasian College of Physicians  
Royal Australasian College of Surgeons  
Royal Australian and New Zealand College of Obstetricians and Gynaecologists  
Royal Australian and New Zealand College of Radiologists  
Royal College of Pathologists of Australasia  
Royal Australian and New Zealand College of Ophthalmologists  
Australian and New Zealand College of Anaesthetists  
Australasian College for Emergency Medicine  
Australasian College of Sports Physicians  
Australian College of Rural and Remote Medicine  
College of Intensive Care Medicine of Australia and New Zealand  
Australian Society of Anaesthetists  
Australian and New Zealand Intensive Care Society  
Australia and New Zealand Society of Palliative Medicine Inc  
Australian Society of Plastic Surgeons  
Australian and New Zealand Society of Nephrology  
Australian and New Zealand Society for Geriatric Medicine  
Internal Medicine Society of Australia and New Zealand  
Australasian Society of Career Medical Officers  
Australian Rheumatology Association  
Australian Orthopaedic Association  
Medical Oncology Group of Australia Incorporated  
Rural Doctors Association of Australia  
Rural Health Workforce Australia  
Australian Health Care and Hospitals Association  
Australian Private Hospitals Association  
Australian Medical Council Limited  
Australian General Practice Network  
General Practice Registrars Australia  
Confederation of Postgraduate Medical Education Councils  
Postgraduate Medical Council of Victoria  
South Australian Institute of Medical Education and Training  
Postgraduate Medical Education Council of Queensland  
Postgraduate Medical Institute of Tasmania  
Postgraduate Medical Institute of Western Australia  
Health Education & Training Institute NSW