

«Household_ID»

«Date»
«Ref_Person_FirstName» «Ref_Person_LastName»
«Mail_Address_1»
«Mail_Address_2»
«Mail_Address_Suburb» «Mail_Address_State» «Mail_Address_Postcode»

Dear «Ref_Person_FirstName»,

Welcome to the Living in Australia (HILDA) study for 2026

The Living in Australia (HILDA) study tracks changes in individuals and their households over time and is an important tool to understand how Australians live today.

This year our study will focus on **wealth, assets and superannuation**. The rising cost of living in Australia is putting growing pressure on households, with essentials like groceries, rent, fuel, and energy bills becoming less affordable. Many Australians are finding it harder to make ends meet, often cutting back on non-essential spending or relying on savings just to cover basic expenses. Your participation will help us understand how these cost of living challenges are affecting everyday Australians and shaping our way of life. As always, the information you provide is completely confidential and will be treated with the strictest privacy.

Enclosed in this parcel you will find:

- The latest **Newsletter**, with a letter from Roger Wilkins, Co-Director of the HILDA Study at the University of Melbourne.
- Information on your gift of up to **\$80**. You will receive a gift of \$50 following your personal interview, with an extra \$30 for completing a Self-Completion Questionnaire.

Your interview

Your interviewer will contact you in the next few weeks to arrange a time for your personal interview.

Self-Completion Questionnaire



You can complete your Self-Completion Questionnaire online by visiting livinginaustralia.org/onlinescq OR by scanning this QR code and entering your **Unique ID** which is on the back of this letter.

If you prefer a hardcopy Self-Completion Questionnaire, this will be provided by your interviewer.

You are important to us and we are here for you

We encourage you to visit the project website livinginaustralia.org/ for more information about the study. If your contact details have changed, you can update them here livinginaustralia.org/change-your-details.

Should you wish to contact the project team for any reason you can call 1800 656 670 and talk to our friendly support team. We hope you find your participation this year enjoyable.

Yours sincerely,

Christine Maddern
Project Director, Roy Morgan

Accessing your online Self-Completion Questionnaire

Visit livinginaustralia.org/onlinescq or scan the QR code and enter your Unique ID shown below. You will be asked to confirm your details before starting the survey.



Your First Name

«Members»

Unique ID

«COMID»

You may complete this questionnaire on a computer, tablet or smartphone. You can start and stop at any time. To protect your privacy and confidentiality of your information, you will not be able to move backwards and see previous answers. If you have any difficulty, you can call 1800 656 670.



After completing the Self-Completion Questionnaire online, your thank you gift of \$30 can be sent as a direct bank transfer, E-gift card, donation to charity or a cheque.



If you are unable to complete the Self-Completion Questionnaire online, you can ask your interviewer for a hardcopy questionnaire at the time of your personal interview.

If you have any queries about the Living in Australia study or you would like to request an interpreter, please phone 1800 656 670.

Εάν έχετε οιαδήποτε απορία σχετικά με τη μελέτη Living in Australia (Ζώντας στην Αυστραλία) ή εάν επιθυμείτε να ζητήσετε διερμηνέα, παρακαλώ καλέστε στο τηλέφωνο 1800 656 670.

Per eventuali domande sullo studio Living in Australia (Vita in Australia) o per richiedere un interprete, telefonare al numero 1800 656 670.

Si usted desea realizar algún tipo de consulta acerca del estudio Living in Australia (La Vida en Australia) o desea solicitar los servicios de un intérprete, sírvase comunicarse al 1800 656 670.

Nếu quý vị có bất kỳ câu hỏi nào hoặc quý vị muốn yêu cầu có người phiên dịch, vui lòng gọi 1800 656 670.

如有任何咨询或需要传译员时，请您打电话1800 656 670。

如果你對「在澳洲生活」（Living in Australia）研究有任何疑問或想申請傳譯服務，請撥 1800 656 670。

إن كانت لديك أية استفسارات حول دراسة المعيشة في أستراليا أو كنت بحاجة إلى مترجم، الرجاء اتصل بهاتف 1800656670.

ਜੇਕਰ ਤੁਹਾਡੇ ਕੋਲ ਲਿਵਿੰਗ ਇਨ ਆਸਟ੍ਰੇਲੀਆ ਅਧਿਐਨ ਬਾਰੇ ਕੋਈ ਸਵਾਲ ਹਨ ਜਾਂ ਤੁਸੀਂ ਕਿਸੇ ਦੁਬਾਸ਼ੀਏ ਲਈ ਬੇਨਤੀ ਕਰਨਾ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ 1800 656 670 'ਤੇ ਕਾਲ ਕਰੋ।

Living in Australia Study에 관해 문의사항이 있거나 통역사 요청을 원하시면 1800 656 670으로 연락해 주세요.