



# LIVING IN AUSTRALIA

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Research

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Household ID

Person No.

First name of respondent:

## IN-CONFIDENCE

We appreciate and thank you for the information you have already given our interviewer. This form contains some additional questions that you might find easier to answer by yourself.

All the information you give us is completely confidential. Only the survey team will have access to this form. Everyone in this team has signed a deed of confidentiality and is required to observe privacy laws when handling your information.

Your full name and address will never be linked with any of the information you provide.



## How to fill in this form

In answering these questions, please be as honest and accurate as possible.

- Use only blue or black ink. Put an X inside the box provided. (Do not mark any areas outside the box.) For example:

Right	Wrong
<input checked="" type="checkbox"/>	<input type="checkbox"/> - <input type="checkbox"/> / <input type="checkbox"/> X <input type="checkbox"/> •

- If you make a mistake: Simply colour in the whole box and mark the correct one as shown. For example:

<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
1	2	3	4

If more than one answer is allowed, this will be specified under the question.

When completed, please seal this form in the envelope provided.

**PART A: GENERAL HEALTH AND WELL-BEING  
(SF-36 Health Survey)**

This first set of questions seeks your views about your health, how you feel and how well you are able to do your usual activities.

Please take the time to read and answer each question carefully by crossing the box corresponding to your response. If you are unsure about how to answer a question, please give the best answer you can.

**A1 In general, would you say your health is:**

(Cross  **ONE** box)

<input type="checkbox"/> <sub>1</sub> Excellent	<input type="checkbox"/> <sub>2</sub> Very good	<input type="checkbox"/> <sub>3</sub> Good	<input type="checkbox"/> <sub>4</sub> Fair	<input type="checkbox"/> <sub>5</sub> Poor
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**A2 Compared to one year ago, how would you rate your health in general now?**

(Cross  **ONE** box)

<input type="checkbox"/> <sub>1</sub> Much better now than a year ago
<input type="checkbox"/> <sub>2</sub> Somewhat better now than a year ago
<input type="checkbox"/> <sub>3</sub> About the same as one year ago
<input type="checkbox"/> <sub>4</sub> Somewhat worse now than one year ago
<input type="checkbox"/> <sub>5</sub> Much worse now than one year ago

**A3 The following questions are about activities you might do during a typical day.**

**Does your health now limit you in these activities? If so, how much?**

(Cross  **ONE** box on **EACH** line)

	ACTIVITIES	Yes, limited a lot	Yes, limited a little	No, not limited at all
a	<u>Vigorous activities</u> , such as running, lifting heavy objects, participating in strenuous sports	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>
b	<u>Moderate activities</u> , such as moving a table, pushing a vacuum cleaner, bowling or playing golf	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>
c	Lifting or carrying groceries	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>
d	Climbing <u>several</u> flights of stairs	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>
e	Climbing <u>one</u> flight of stairs	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>
f	Bending, kneeling, or stooping	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>
g	Walking <u>more than one kilometre</u>	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>
h	Walking <u>half a kilometre</u>	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>
i	Walking <u>100 metres</u>	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>
j	Bathing or dressing yourself	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>



**A4** During the past 4 weeks, have you had any of the following problems with your work or other regular daily activities as a result of your physical health?

(Cross  **ONE** box on **EACH** line)

		YES	NO
a	Cut down the <u>amount of time</u> you spent on work or other activities	<input type="checkbox"/>	<input type="checkbox"/>
b	<u>Accomplished less</u> than you would like	<input type="checkbox"/>	<input type="checkbox"/>
c	Were limited in the <u>kind</u> of work or other activities	<input type="checkbox"/>	<input type="checkbox"/>
d	Had <u>difficulty</u> performing the work or other activities (for example, it took extra effort)	<input type="checkbox"/>	<input type="checkbox"/>

**A5** During the past 4 weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)?

(Cross  **ONE** box on **EACH** line)

		YES	NO
a	Cut down the <u>amount of time</u> you spent on work or other activities	<input type="checkbox"/>	<input type="checkbox"/>
b	<u>Accomplished less</u> than you would like	<input type="checkbox"/>	<input type="checkbox"/>
c	Didn't do work or other activities <u>as carefully</u> as usual	<input type="checkbox"/>	<input type="checkbox"/>

**A6** During the past 4 weeks, to what extent has your physical health or emotional problems interfered with your normal social activities with family, friends, neighbours, or groups?

(Cross  **ONE** box)

<input type="checkbox"/> <sub>1</sub> Not at all	<input type="checkbox"/> <sub>2</sub> Slightly	<input type="checkbox"/> <sub>3</sub> Moderately	<input type="checkbox"/> <sub>4</sub> Quite a bit	<input type="checkbox"/> <sub>5</sub> Extremely
--	--	--	---	---

**A7** How much bodily pain have you had during the past 4 weeks?

(Cross  **ONE** box)

<input type="checkbox"/> <sub>1</sub> No bodily pain	<input type="checkbox"/> <sub>2</sub> Very mild	<input type="checkbox"/> <sub>3</sub> Mild	<input type="checkbox"/> <sub>4</sub> Moderate	<input type="checkbox"/> <sub>5</sub> Severe	<input type="checkbox"/> <sub>6</sub> Very severe
--	---	--	--	--	---

**A8** During the past 4 weeks, how much did pain interfere with your normal work (including both work outside the home and housework)?

(Cross  **ONE** box)

<input type="checkbox"/> <sub>1</sub> Not at all	<input type="checkbox"/> <sub>2</sub> Slightly	<input type="checkbox"/> <sub>3</sub> Moderately	<input type="checkbox"/> <sub>4</sub> Quite a bit	<input type="checkbox"/> <sub>5</sub> Extremely
--	--	--	---	---





A9 These questions are about how you feel and how things have been with you during the past 4 weeks. For each question, please give the one answer that comes closest to the way you have been feeling.

How much of the time during the past 4 weeks:

(Cross  **ONE** box on **EACH** line)

		<i>All of the time</i>	<i>Most of the time</i>	<i>A good bit of the time</i>	<i>Some of the time</i>	<i>A little of the time</i>	<i>None of the time</i>
a	Did you feel full of life?	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>	<input type="checkbox"/> <sub>6</sub>
b	Have you been a nervous person?	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>	<input type="checkbox"/> <sub>6</sub>
c	Have you felt so down in the dumps that nothing could cheer you up?	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>	<input type="checkbox"/> <sub>6</sub>
d	Have you felt calm and peaceful?	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>	<input type="checkbox"/> <sub>6</sub>
e	Did you have a lot of energy?	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>	<input type="checkbox"/> <sub>6</sub>
f	Have you felt down?	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>	<input type="checkbox"/> <sub>6</sub>
g	Did you feel worn out?	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>	<input type="checkbox"/> <sub>6</sub>
h	Have you been a happy person?	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>	<input type="checkbox"/> <sub>6</sub>
i	Did you feel tired?	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>	<input type="checkbox"/> <sub>6</sub>

A10 During the past 4 weeks, how much of the time has your physical health or emotional problems interfered with your social activities (like visiting friends, relatives, etc.)?

(Cross  **ONE** box)

<input type="checkbox"/> <sub>1</sub>	All of the time
<input type="checkbox"/> <sub>2</sub>	Most of the time
<input type="checkbox"/> <sub>3</sub>	Some of the time
<input type="checkbox"/> <sub>4</sub>	A little of the time
<input type="checkbox"/> <sub>5</sub>	None of the time

A11 How **TRUE** or **FALSE** is each of the following statements for you?

(Cross  **ONE** box on **EACH** line)

		<i>Definitely True</i>	<i>Mostly True</i>	<i>Don't know</i>	<i>Mostly False</i>	<i>Definitely False</i>
a	I seem to get sick a little easier than other people	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>
b	I am as healthy as anybody I know	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>
c	I expect my health to get worse	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>
d	My health is excellent	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>

**PART B: YOU, YOUR LIFESTYLE AND YOUR LIVING SITUATION**

**B1** In general, how often do you participate in moderate or intensive physical activity for at least 30 minutes?

Moderate level physical activity will cause a slight increase in breathing and heart rate, such as brisk walking. (Cross  ONE box)

- Not at all
- Less than once a week
- 1 to 2 times a week
- 3 times a week
- More than 3 times a week (but not every day)
- Every day

**B2** Do you smoke cigarettes or any other tobacco products? (Cross  ONE box)

- No, I have never smoked ➡ Go to B4
- No, I no longer smoke ➡ Go to B4
- Yes, I smoke daily ➡ Go to B3
- Yes, I smoke at least weekly (but not daily) ➡ Go to B3
- Yes, I smoke less often than weekly ➡ Go to B3

**B3** How many cigarettes do you usually smoke each week?

Please convert cigar/pipe/loose tobacco to a number of cigarettes:    per week

**B4** Do you drink alcohol? (Cross  ONE box)

- No, I have never drunk alcohol ➡ Go to B7
- No, I no longer drink alcohol ➡ Go to B7
- Yes, I drink alcohol every day
- Yes, I drink alcohol 5 or 6 days per week
- Yes, I drink alcohol 3 or 4 days per week
- Yes, I drink alcohol 1 or 2 days per week
- Yes, I drink alcohol 2 or 3 days per month
- Yes, but only rarely

**B5** On a day that you have an alcoholic drink, how many standard drinks do you usually have?

A standard drink is a small glass of wine, a 285 ml glass of regular beer, a nip of spirits, or a mixed drink. (Cross  ONE box)

- 13 or more standard drinks
- 11 to 12 standard drinks
- 9 to 10 standard drinks
- 7 to 8 standard drinks
- 5 to 6 standard drinks
- 3 to 4 standard drinks
- 1 to 2 standard drinks

**B6** **FEMALES**

How often do you have 5 or more standard drinks on one occasion?

OR

**MALES**

How often do you have 7 or more standard drinks on one occasion?

(Use the boxes below and cross  ONE only)

- Not in the last year
- Less than monthly but at least once a year
- Once a month
- 2 to 3 times a month
- 1 to 2 times a week
- 3 to 4 times a week
- 5 or more times a week

**B7** Are you currently an active member of a sporting, hobby or community-based club or association?

(Cross  ONE box)

- Yes
- No

**B8** How often do you feel rushed or pressed for time?

(Cross  **ONE** box)

- Almost always
- Often
- Sometimes
- Rarely
- Never

**B9** How often do you feel you have spare time that you don't know what to do with?

(Cross  **ONE** box)

- Almost always
- Often
- Sometimes
- Rarely
- Never

**B10** How tall are you (without shoes)?

You only need to provide an answer in either centimetres (cms) or in feet / inches.

centimetres

**OR**

feet  inches

(Note: There are 12 inches in a foot)

**B11** What is your current weight?

You only need to provide an answer in either kilograms (kgs) or in stones / pounds.

kgs

**OR**

stones  pounds

(Note: There are 14 pounds in a stone)

**Go to B12** ➡

**B12** How much do you measure around your waist?

Use the tape measure provided to measure yourself around your waist at the level of your belly button. The measure is best taken against bare skin or light clothing. Do not suck in your stomach.

Please provide an answer in centimetres.

centimetres

**B13** Are you currently on a diet to lose weight?

(Cross  **ONE** box)

- Yes
- No

**B14** In the last 12 months, how often have you dieted in order to lose weight?

(Cross  **ONE** box)

- Never
- Once
- More than once
- Always on a diet

**B15** Do you consider yourself to be ...

(Cross  **ONE** box)

- Acceptable weight?
- Underweight?
- Overweight?

**B16** How satisfied are you with your current weight?

(Cross  **ONE** box)

- Very satisfied
- Satisfied
- Neither satisfied nor dissatisfied
- Dissatisfied
- Very dissatisfied

**B17 How often do you usually eat each of the following food types?**

(Cross  **ONE** box on **EACH** line)

	Never	Less than once a month	1-3 times per month	Once per week	2-4 times per week	5-6 times per week	Once per day	Two or more times per day
a Legumes / pulses (such as kidney beans, lentils, tofu).	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>	<input type="checkbox"/> <sub>6</sub>	<input type="checkbox"/> <sub>7</sub>	<input type="checkbox"/> <sub>8</sub>
b Biscuits, cakes, pies, cake-type desserts, pastries, etc.	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>	<input type="checkbox"/> <sub>6</sub>	<input type="checkbox"/> <sub>7</sub>	<input type="checkbox"/> <sub>8</sub>
c Pasta, rice, rice noodles/cakes, cornmeal or couscous.	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>	<input type="checkbox"/> <sub>6</sub>	<input type="checkbox"/> <sub>7</sub>	<input type="checkbox"/> <sub>8</sub>
d Snack foods (such as potato crisps, pretzels, popcorn, crackers, oriental snack mix, and salted nuts).	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>	<input type="checkbox"/> <sub>6</sub>	<input type="checkbox"/> <sub>7</sub>	<input type="checkbox"/> <sub>8</sub>
e Breakfast cereals (such as muesli, bran flakes, porridge, and commercial cereal brands).	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>	<input type="checkbox"/> <sub>6</sub>	<input type="checkbox"/> <sub>7</sub>	<input type="checkbox"/> <sub>8</sub>
f Confectionery (such as lollies, sweets, chocolate bars, and fudge) and ice cream.	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>	<input type="checkbox"/> <sub>6</sub>	<input type="checkbox"/> <sub>7</sub>	<input type="checkbox"/> <sub>8</sub>
g Breads (all types), crumpets and English muffins.	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>	<input type="checkbox"/> <sub>6</sub>	<input type="checkbox"/> <sub>7</sub>	<input type="checkbox"/> <sub>8</sub>
h Fried potatoes, French fries, hot chips or wedges.	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>	<input type="checkbox"/> <sub>6</sub>	<input type="checkbox"/> <sub>7</sub>	<input type="checkbox"/> <sub>8</sub>
i Red meat (for example, beef, veal, lamb, pork, and dishes where meat is the major component). <i>Do not include ham.</i>	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>	<input type="checkbox"/> <sub>6</sub>	<input type="checkbox"/> <sub>7</sub>	<input type="checkbox"/> <sub>8</sub>
j Processed meat products, such as cold meats, bacon, sausages, and meat pies.	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>	<input type="checkbox"/> <sub>6</sub>	<input type="checkbox"/> <sub>7</sub>	<input type="checkbox"/> <sub>8</sub>
k Poultry, such as chicken, turkey, and duck.	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>	<input type="checkbox"/> <sub>6</sub>	<input type="checkbox"/> <sub>7</sub>	<input type="checkbox"/> <sub>8</sub>
l Fresh / frozen / tinned fish or shellfish. <i>Do not include battered/crumbed fish, fish fingers or fish cakes.</i>	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>	<input type="checkbox"/> <sub>6</sub>	<input type="checkbox"/> <sub>7</sub>	<input type="checkbox"/> <sub>8</sub>

**B18 The following questions are about your feelings in the past 4 weeks.**

In the last four weeks, about how often did you feel ...

(Cross  **ONE** box on **EACH** line)

	All of the time	Most of the time	Some of the time	A little of the time	None of the time
a tired out for no good reason?	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>
b nervous?	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>
c so nervous that nothing could calm you down?	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>
d hopeless?	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>
e restless or fidgety?	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>
f so restless that you could not sit still?	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>
g depressed?	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>
h that everything was an effort?	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>
i so sad that nothing could cheer you up?	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>
j worthless?	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>

**B19 Now some questions about family life.**

Please indicate, by crossing one box on each line, how satisfied or dissatisfied you currently are with each of the following relationships. The more satisfied you are, the higher the number of the box you should cross. The less satisfied you are, the lower the number of the box you should cross.

If the question does not apply to you, cross  the “Does not apply” category.

How satisfied are you with:												Does not apply	
		0	1	2	3	4	5	6	7	8	9		10
a	your relationship with your partner?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b	your relationship with your children?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c	your partner’s relationship with your children?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d	your relationship with your stepchildren?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e	how well the children in the household get along with each other?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f	your relationship with your parents?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
g	your relationship with your step-parents?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
h	your relationship with your (most recent) former spouse or partner?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**B20 And how satisfied are you with the following aspects of family life?**

Again, please indicate, by crossing one box on each line, how satisfied or dissatisfied you currently are.

If the question does not apply to you, cross  the “Does not apply” category.

How satisfied are you with:												Does not apply	
		0	1	2	3	4	5	6	7	8	9		10
a	the way childcare tasks are divided between you and your partner?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b	the way household tasks are divided between you and your partner?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>





**B21** Do you think you do your fair share around the house?

(Cross  **ONE** box)

I do much more than my fair share

I do a bit more than my fair share

I do my fair share

I do a bit less than my fair share

I do much less than my fair share

Go to B22 ➡

**B22** In general, about how often do you get together socially with friends or relatives not living with you?

(Cross  **ONE** box)

Every day

Several times a week

About once a week

2 or 3 times a month

About once a month

Once or twice every 3 months

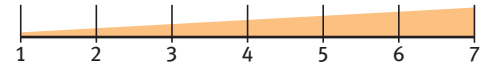
Less often than once every 3 months

**B23** The following statements have been used by many people to describe how much support they get from other people. How much do you agree or disagree with each? The more you agree, the higher the number of the box you should cross. The more you disagree, the lower the number of the box you should cross.

(Please cross  **ONE** box for **EACH** statement)

Strongly disagree

Strongly agree



a	People don't come to visit me as often as I would like	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>	<input type="checkbox"/> <sub>6</sub>	<input type="checkbox"/> <sub>7</sub>
b	I often need help from other people but can't get it	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>	<input type="checkbox"/> <sub>6</sub>	<input type="checkbox"/> <sub>7</sub>
c	I seem to have a lot of friends	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>	<input type="checkbox"/> <sub>6</sub>	<input type="checkbox"/> <sub>7</sub>
d	I don't have anyone that I can confide in	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>	<input type="checkbox"/> <sub>6</sub>	<input type="checkbox"/> <sub>7</sub>
e	I have no one to lean on in times of trouble	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>	<input type="checkbox"/> <sub>6</sub>	<input type="checkbox"/> <sub>7</sub>
f	There is someone who can always cheer me up when I'm down	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>	<input type="checkbox"/> <sub>6</sub>	<input type="checkbox"/> <sub>7</sub>
g	I often feel very lonely	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>	<input type="checkbox"/> <sub>6</sub>	<input type="checkbox"/> <sub>7</sub>
h	I enjoy the time I spend with the people who are important to me	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>	<input type="checkbox"/> <sub>6</sub>	<input type="checkbox"/> <sub>7</sub>
i	When something's on my mind, just talking with the people I know can make me feel better	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>	<input type="checkbox"/> <sub>6</sub>	<input type="checkbox"/> <sub>7</sub>
j	When I need someone to help me out, I can usually find someone	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>	<input type="checkbox"/> <sub>6</sub>	<input type="checkbox"/> <sub>7</sub>





B24 In the last 12 months, how often did you use each of the following types of drugs?

(Cross  **ONE** box on **EACH** line)

		Every day	Once a week or more	2 or 3 times a month	About once a month	Every few months	Once or twice a year	Not at all
a	Marijuana/Cannabis (e.g., Pot, Grass, Weed, Hash, Ganja, Joint)	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7
b	Meth / amphetamine (e.g., Speed, Base, Ice, Crystal, Meth, Whizz) [Do <u>not</u> include the use of prescription amphetamines]	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7
c	Cocaine (e.g., Coke, Crack, Flake, Snow, Freebase)	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7
d	Ecstasy (e.g., XTC, E, Ex, Ecce, MDMA, PMA, Molly)	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7
e	Hallucinogens (e.g., Acid, LSD, Magic mushrooms, Angel dust)	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7
f	Inhalants (e.g., Chroming, Sniffing, Solvents, Glue, Petrol, Bulbs, Poppers)	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7
g	Any other illicit drug (e.g., Heroin, GHB, Ketamine, K2, Synthetics)	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7

B25 For each of the types of drugs listed below, indicate whether you have ever used it. If yes, then indicate the age you first used that type of drug and the age you last used it.

		Have you <u>ever</u> used?		If "YES" indicate how old you were when you first used and when you last used	
		NO	YES	Age first used	Age last used
a	Marijuana / Cannabis	<input type="checkbox"/>	<input type="checkbox"/> →	<input type="text"/> years	<input type="text"/> years
b	Meth / amphetamine	<input type="checkbox"/>	<input type="checkbox"/> →	<input type="text"/> years	<input type="text"/> years
c	Cocaine	<input type="checkbox"/>	<input type="checkbox"/> →	<input type="text"/> years	<input type="text"/> years
d	Ecstasy	<input type="checkbox"/>	<input type="checkbox"/> →	<input type="text"/> years	<input type="text"/> years
e	Hallucinogens	<input type="checkbox"/>	<input type="checkbox"/> →	<input type="text"/> years	<input type="text"/> years
f	Inhalants	<input type="checkbox"/>	<input type="checkbox"/> →	<input type="text"/> years	<input type="text"/> years
g	Any other illicit drug	<input type="checkbox"/>	<input type="checkbox"/> →	<input type="text"/> years	<input type="text"/> years

B26 In the last 12 months, how often did you use each of the following types of drugs for **NON-MEDICAL** purposes?

	<p><b>"NON-MEDICAL purposes" means a drug used:</b></p> <ul style="list-style-type: none"> <li>• by itself to induce a drug experience or feeling;</li> <li>• with other drugs to enhance a drug experience; or</li> <li>• for performance enhancement (e.g. athletic).</li> </ul>	(Cross <input checked="" type="checkbox"/> <b>ONE</b> box on <b>EACH</b> line)						
		Every day	Once a week or more	2 or 3 times a month	About once a month	Every few months	Once or twice a year	Not at all
a	Tranquilisers / Sleeping pills (e.g., Valium, Serepax, Mandrax, Stilnox, Xanax)	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7
b	Painkillers / Pain-relievers and Opioids (e.g., Codeine products, Morphine, Oxycodone, Methadone)	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7
c	Any stimulant medication (e.g., amphetamines, Ritalin, Concerta, Adipex-P, pseudoephedrine-based cold and flu tablets)	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7



**B27 We now would like you to think about major events that have happened in your life over the past 12 months.**

**For each statement cross either the YES box or the NO box to indicate whether each event happened during the past 12 months. If you answer “YES”, then also cross one box to indicate how long ago the event happened or started.**

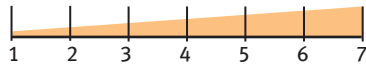
Did any of these happen to you in the past 12 months?		YES	NO	If “YES” indicate how many months ago it happened			
				0 to 3 months ago	4 to 6 months ago	7 to 9 months ago	10 to 12 months ago
a	Got married	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> <sub>0-3</sub>	<input type="checkbox"/> <sub>4-6</sub>	<input type="checkbox"/> <sub>7-9</sub>	<input type="checkbox"/> <sub>10-12</sub>
b	Separated from spouse or long-term partner	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> <sub>0-3</sub>	<input type="checkbox"/> <sub>4-6</sub>	<input type="checkbox"/> <sub>7-9</sub>	<input type="checkbox"/> <sub>10-12</sub>
c	Got back together with spouse or long-term partner after a separation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> <sub>0-3</sub>	<input type="checkbox"/> <sub>4-6</sub>	<input type="checkbox"/> <sub>7-9</sub>	<input type="checkbox"/> <sub>10-12</sub>
d	Pregnancy / pregnancy of partner	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> <sub>0-3</sub>	<input type="checkbox"/> <sub>4-6</sub>	<input type="checkbox"/> <sub>7-9</sub>	<input type="checkbox"/> <sub>10-12</sub>
e	Partner or I gave birth to, or adopted, a new child	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> <sub>0-3</sub>	<input type="checkbox"/> <sub>4-6</sub>	<input type="checkbox"/> <sub>7-9</sub>	<input type="checkbox"/> <sub>10-12</sub>
f	Serious personal injury or illness to self	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> <sub>0-3</sub>	<input type="checkbox"/> <sub>4-6</sub>	<input type="checkbox"/> <sub>7-9</sub>	<input type="checkbox"/> <sub>10-12</sub>
g	Serious personal injury or illness to a close relative / family member	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> <sub>0-3</sub>	<input type="checkbox"/> <sub>4-6</sub>	<input type="checkbox"/> <sub>7-9</sub>	<input type="checkbox"/> <sub>10-12</sub>
h	Death of spouse or child	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> <sub>0-3</sub>	<input type="checkbox"/> <sub>4-6</sub>	<input type="checkbox"/> <sub>7-9</sub>	<input type="checkbox"/> <sub>10-12</sub>
i	Death of other close relative / family member (e.g., parent or sibling)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> <sub>0-3</sub>	<input type="checkbox"/> <sub>4-6</sub>	<input type="checkbox"/> <sub>7-9</sub>	<input type="checkbox"/> <sub>10-12</sub>
j	Death of a close friend	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> <sub>0-3</sub>	<input type="checkbox"/> <sub>4-6</sub>	<input type="checkbox"/> <sub>7-9</sub>	<input type="checkbox"/> <sub>10-12</sub>
k	Victim of physical violence (e.g., assault)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> <sub>0-3</sub>	<input type="checkbox"/> <sub>4-6</sub>	<input type="checkbox"/> <sub>7-9</sub>	<input type="checkbox"/> <sub>10-12</sub>
l	Victim of a property crime (e.g., theft, housebreaking)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> <sub>0-3</sub>	<input type="checkbox"/> <sub>4-6</sub>	<input type="checkbox"/> <sub>7-9</sub>	<input type="checkbox"/> <sub>10-12</sub>
m	Detained in a jail / correctional facility	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> <sub>0-3</sub>	<input type="checkbox"/> <sub>4-6</sub>	<input type="checkbox"/> <sub>7-9</sub>	<input type="checkbox"/> <sub>10-12</sub>
n	Close family member detained in a jail / correctional facility	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> <sub>0-3</sub>	<input type="checkbox"/> <sub>4-6</sub>	<input type="checkbox"/> <sub>7-9</sub>	<input type="checkbox"/> <sub>10-12</sub>
o	Retired from the workforce	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> <sub>0-3</sub>	<input type="checkbox"/> <sub>4-6</sub>	<input type="checkbox"/> <sub>7-9</sub>	<input type="checkbox"/> <sub>10-12</sub>
p	Fired or made redundant by an employer	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> <sub>0-3</sub>	<input type="checkbox"/> <sub>4-6</sub>	<input type="checkbox"/> <sub>7-9</sub>	<input type="checkbox"/> <sub>10-12</sub>
q	Changed jobs (i.e., employers)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> <sub>0-3</sub>	<input type="checkbox"/> <sub>4-6</sub>	<input type="checkbox"/> <sub>7-9</sub>	<input type="checkbox"/> <sub>10-12</sub>
r	Promoted at work	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> <sub>0-3</sub>	<input type="checkbox"/> <sub>4-6</sub>	<input type="checkbox"/> <sub>7-9</sub>	<input type="checkbox"/> <sub>10-12</sub>
s	Major improvement in financial situation (e.g., won lottery, received an inheritance)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> <sub>0-3</sub>	<input type="checkbox"/> <sub>4-6</sub>	<input type="checkbox"/> <sub>7-9</sub>	<input type="checkbox"/> <sub>10-12</sub>
t	Major worsening in financial situation (e.g., went bankrupt)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> <sub>0-3</sub>	<input type="checkbox"/> <sub>4-6</sub>	<input type="checkbox"/> <sub>7-9</sub>	<input type="checkbox"/> <sub>10-12</sub>
u	Changed residence	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> <sub>0-3</sub>	<input type="checkbox"/> <sub>4-6</sub>	<input type="checkbox"/> <sub>7-9</sub>	<input type="checkbox"/> <sub>10-12</sub>
v	A weather-related disaster (e.g., flood, bushfire, cyclone) damaged or destroyed your home	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> <sub>0-3</sub>	<input type="checkbox"/> <sub>4-6</sub>	<input type="checkbox"/> <sub>7-9</sub>	<input type="checkbox"/> <sub>10-12</sub>



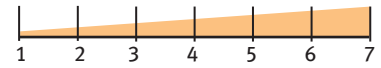
**B28** How well do the following words describe you? For each word, cross one box to indicate how well that word describes you. There are no right or wrong answers.

(Cross  **ONE** box for **EACH** word.)

*Does not describe me at all* *Describes me very well*



*Does not describe me at all* *Describes me very well*



talkative	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	2	3	4	5	6	7
sympathetic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	2	3	4	5	6	7
orderly	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	2	3	4	5	6	7
envious	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	2	3	4	5	6	7
deep	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	2	3	4	5	6	7
withdrawn	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	2	3	4	5	6	7
harsh	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	2	3	4	5	6	7
systematic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	2	3	4	5	6	7
moody	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	2	3	4	5	6	7
philosophical	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	2	3	4	5	6	7
bashful	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	2	3	4	5	6	7
kind	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	2	3	4	5	6	7
inefficient	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	2	3	4	5	6	7
touchy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	2	3	4	5	6	7
creative	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	2	3	4	5	6	7
quiet	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	2	3	4	5	6	7
cooperative	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	2	3	4	5	6	7
sloppy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	2	3	4	5	6	7

jealous	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	2	3	4	5	6	7
intellectual	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	2	3	4	5	6	7
extroverted	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	2	3	4	5	6	7
cold	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	2	3	4	5	6	7
disorganised	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	2	3	4	5	6	7
temperamental	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	2	3	4	5	6	7
complex	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	2	3	4	5	6	7
shy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	2	3	4	5	6	7
warm	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	2	3	4	5	6	7
efficient	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	2	3	4	5	6	7
fretful	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	2	3	4	5	6	7
imaginative	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	2	3	4	5	6	7
enthusiastic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	2	3	4	5	6	7
selfish	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	2	3	4	5	6	7
careless	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	2	3	4	5	6	7
calm	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	2	3	4	5	6	7
traditional	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	2	3	4	5	6	7
lively	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	2	3	4	5	6	7



**B29 How much time would you spend on each of the following activities in a typical week?**

**IMPORTANT:** • Please do not count any activity twice  
• If you do not do an activity, write "0" in the hours box

**Hours per week**      **Minutes (if applicable)**

a	Paid employment	<input type="text"/>	<input type="text"/>
b	<u>Travelling to and from a place of paid employment</u>	<input type="text"/>	<input type="text"/>
c	<u>Household errands</u> , such as shopping, banking, paying bills, and keeping financial records (but do not include driving children to school and to other activities)	<input type="text"/>	<input type="text"/>
d	<u>Housework</u> , such as preparing meals, washing dishes, cleaning house, washing clothes, ironing and sewing	<input type="text"/>	<input type="text"/>
e	<u>Outdoor tasks</u> , including home maintenance (repairs, improvements, painting, etc.), car maintenance or repairs and gardening	<input type="text"/>	<input type="text"/>
f	Playing with <u>your</u> children, helping them with personal care, teaching, coaching or actively supervising them, or getting them to child care, school and other activities	<input type="text"/>	<input type="text"/>
g	Looking after <u>other people's</u> children (aged under 12 years) on a regular, unpaid basis	<input type="text"/>	<input type="text"/>
h	<u>Volunteer or charity work</u> (for example, canteen work at the local school, unpaid work for a community club or organisation)	<input type="text"/>	<input type="text"/>
i	<u>Caring for a disabled spouse or disabled adult relative</u> , or caring for elderly parents or parents-in-law	<input type="text"/>	<input type="text"/>
<b>TOTAL:</b> This <u>cannot</u> exceed 168 hours and typically will not be greater than 120. If it is, please <u>re-think</u> your answers.		<input type="text"/>	Add total hours (whole hours only)

**B30 During the past month, how often have you ...**

(Cross  **ONE** box on EACH row)

		<i>Not during the past month</i>	<i>Less than once a week</i>	<i>Once or twice a week</i>	<i>Three or four times a week</i>	<i>Five or more times a week</i>
a	had trouble sleeping because you cannot get to sleep within 30 minutes?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
b	had trouble sleeping because you wake up in the middle of the night or early in the morning?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
c	had trouble sleeping because you cough or snore loudly?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
d	taken medicine (prescribed or "over the counter") to help you sleep?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
e	had trouble staying awake while driving, eating meals, or engaging in social activity?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5



B31 During the past month, how would you rate your sleep quality overall?

(Cross  ONE box)

<input type="checkbox"/> Very good 1	<input type="checkbox"/> Fairly good 2	<input type="checkbox"/> Fairly bad 3	<input type="checkbox"/> Very bad 4
---	---	--	--

## PART C: PERSONAL AND HOUSEHOLD FINANCES

**C1** Given your current needs and financial responsibilities, would you say that you and your family are ...

(Cross  ONE box)

- Prosperous
- Very comfortable
- Reasonably comfortable
- Just getting along
- Poor
- Very poor

Go to c2 ➡

**C2** Since January 2017 did any of the following happen to you because of a shortage of money?

(Cross  ONE box on EACH line)

		YES	NO
a	Could not pay electricity, gas or telephone bills on time	<input type="checkbox"/>	<input type="checkbox"/>
b	Could not pay the mortgage or rent on time	<input type="checkbox"/>	<input type="checkbox"/>
c	Pawned or sold something	<input type="checkbox"/>	<input type="checkbox"/>
d	Went without meals	<input type="checkbox"/>	<input type="checkbox"/>
e	Was unable to heat home	<input type="checkbox"/>	<input type="checkbox"/>
f	Asked for financial help from friends or family	<input type="checkbox"/>	<input type="checkbox"/>
g	Asked for help from welfare / community organisations	<input type="checkbox"/>	<input type="checkbox"/>

**C3a** Suppose you had only one week to raise \$3000 for an emergency. Which of the following best describes how hard it would be for you to get that money?

(Cross  ONE box)

- I could easily raise the money ➡ **Go to C3b**
- I could raise the money, but it would involve some sacrifices (e.g., reduced spending, selling a possession) ➡ **Go to C3b**
- I would have to do something drastic to raise the money (e.g., selling an important possession) ➡ **Go to C3b**
- I don't think I could raise the money ➡ **Go to C4a**

**C3b** And how would you obtain that money?

(Cross  ALL boxes that apply)

- Use savings
- Borrow from a relative who lives with you
- Borrow from a relative who lives elsewhere
- Borrow from a friend
- Borrow from a financial institution or use credit
- Sell an asset
- Use some other method to find the money

C4a Which of the following statements comes closest to describing the amount of financial risk that you are willing to take with your spare cash? That is, cash used for savings or investment. (Cross  ONE box)

- I take substantial financial risks expecting to earn substantial returns ➔ Go to C5
- I take above-average financial risks expecting to earn above-average returns ➔ Go to C5
- I take average financial risks expecting to earn average returns ➔ Go to C5
- I am not willing to take any financial risks ➔ Go to C5
- I never have any spare cash ➔ Go to C4b

C4b Assume you had some spare cash that could be used for savings or investment. Which of the following statements comes closest to describing the amount of financial risk that you would be willing to take with this money? (Cross  ONE box)

- I would take substantial financial risks expecting to earn substantial returns
- I would take above-average financial risks expecting to earn above-average returns
- I would take average financial risks expecting to earn average returns
- I would not be willing to take any financial risks

### HOUSEHOLD SPENDING

C5 Do you have any responsibility for the payment of household bills, such as electricity, gas, water and council rates? (Cross  ONE box)

- Yes ➔ Please continue
- No ➔ GO TO D1 ON PAGE 17

C6 For each type of expenditure below, write in your best estimate of the total amount spent on that item by all people in the household.

*If you are unsure please make your best guess.  
Do not include expenses associated with any businesses you may own.  
DO NOT SHOW CENTS*

#### Weekly Expenses

(Cross  ONE box on EACH line)

		Any expenditure?		➔	\$	HOW MUCH PER WEEK? (on average)	
		NO	YES				
a	<b>Groceries</b> (Include food, cleaning products, pet food and personal care products. Do <u>not</u> include alcohol or tobacco.)	<input type="checkbox"/>	<input type="checkbox"/>	➔	\$	<input type="text"/>	<del>00</del>
b	<b>Alcohol</b> (Include alcohol consumed with meals eaten out.)	<input type="checkbox"/>	<input type="checkbox"/>	➔	\$	<input type="text"/>	<del>00</del>
c	<b>Cigarettes and other tobacco products</b>	<input type="checkbox"/>	<input type="checkbox"/>	➔	\$	<input type="text"/>	<del>00</del>
d	<b>Public transport and taxis</b>	<input type="checkbox"/>	<input type="checkbox"/>	➔	\$	<input type="text"/>	<del>00</del>
e	<b>Meals eaten out</b> (Include restaurants, take-away food, and bought lunches and snacks. Do <u>not</u> include alcohol.)	<input type="checkbox"/>	<input type="checkbox"/>	➔	\$	<input type="text"/>	<del>00</del>

DO NOT SHOW CENTS

Monthly Expenses

		Any expenditure?		HOW MUCH PER MONTH? (on average)		
		NO	YES			
f	Motor vehicle fuel (petrol, diesel, LPG) and engine oil	<input type="checkbox"/>	<input type="checkbox"/>	→ \$	<input type="text"/>	<del>00</del>
g	Men's clothing and footwear	<input type="checkbox"/>	<input type="checkbox"/>	→ \$	<input type="text"/>	<del>00</del>
h	Women's clothing and footwear	<input type="checkbox"/>	<input type="checkbox"/>	→ \$	<input type="text"/>	<del>00</del>
i	Children's clothing and footwear	<input type="checkbox"/>	<input type="checkbox"/>	→ \$	<input type="text"/>	<del>00</del>
j	Telephone rent and calls, and internet charges (Include rent and charges on mobile phones.)	<input type="checkbox"/>	<input type="checkbox"/>	→ \$	<input type="text"/>	<del>00</del>

DO NOT SHOW CENTS

Annual Expenses

		Any expenditure?		HOW MUCH IN THE LAST 12 MONTHS?		
		NO	YES			
k	Private health insurance	<input type="checkbox"/>	<input type="checkbox"/>	→ \$	<input type="text"/>	<del>00</del>
l	Other insurance (such as home and contents and motor vehicle insurance)	<input type="checkbox"/>	<input type="checkbox"/>	→ \$	<input type="text"/>	<del>00</del>
m	Fees paid to doctors, dentists, opticians, physiotherapists, chiropractors and any other health practitioner	<input type="checkbox"/>	<input type="checkbox"/>	→ \$	<input type="text"/>	<del>00</del>
n	Medicines, prescriptions and pharmaceuticals (Include alternative medicines.)	<input type="checkbox"/>	<input type="checkbox"/>	→ \$	<input type="text"/>	<del>00</del>
o	Electricity bills, gas bills and other heating fuel (such as firewood and heating oil)	<input type="checkbox"/>	<input type="checkbox"/>	→ \$	<input type="text"/>	<del>00</del>
p	Repairs, renovations and maintenance to your home	<input type="checkbox"/>	<input type="checkbox"/>	→ \$	<input type="text"/>	<del>00</del>
q	Motor vehicle repairs and maintenance (Include regular servicing.)	<input type="checkbox"/>	<input type="checkbox"/>	→ \$	<input type="text"/>	<del>00</del>
r	Education fees paid to schools, universities and other education providers (Include private tuition fees.)	<input type="checkbox"/>	<input type="checkbox"/>	→ \$	<input type="text"/>	<del>00</del>

DO NOT SHOW CENTS



## PART D: YOUR JOB AND THE WORKPLACE

**D1** Are you currently in paid work? (This includes anyone on paid leave or who is self-employed.)

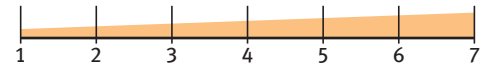
Yes ➔ PLEASE GO TO D2 AND COMPLETE THE REST OF PART D

No ➔ GO TO PART E ON PAGE 18

**D2** The following statements are about your current (main) job. Please indicate, by crossing one box on each line, how strongly you agree or disagree with each. The more you agree, the higher the number of the box you should cross. The more you disagree, the lower the number of the box you should cross.

(Please cross  **ONE** box for **EACH** statement)

Strongly disagree Strongly agree



a	My job is more stressful than I had ever imagined	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b	I fear that the amount of stress in my job will make me physically ill	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c	I get paid fairly for the things I do in my job	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d	I have a secure future in my job	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e	The company I work for will still be in business 5 years from now	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f	I worry about the future of my job	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
g	My job is complex and difficult	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
h	My job often requires me to learn new skills	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
i	I <u>use</u> many of my skills and abilities in my current job	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
j	I have a lot of freedom to decide <u>how</u> I do my own work	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
k	I have a lot of say about what happens on my job	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
l	I have a lot of freedom to decide <u>when</u> I do my work	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
m	I have a lot of choice in deciding what I do at work	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
n	My working times can be flexible	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
o	I can decide when to take a break	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
p	My job requires me to do the same things over and over again	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
q	My job provides me with a variety of interesting things to do	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
r	My job requires me to take initiative	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
s	I have to work fast in my job	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
t	I have to work very intensely in my job	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
u	I don't have enough time to do everything in my job	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

D3 Following is a list of conditions and entitlements that employers sometimes provide their employees. For each, please indicate whether you, or other employees working at a similar level to you at your workplace, would be able to use these if needed.

(Cross  **ONE** box on **EACH** line)

		Yes	No	Don't know
a	Employer-funded paid <u>maternity</u> leave	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b	Employer-funded paid <u>paternity</u> leave	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c	Special leave for caring for family members	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d	Permanent part-time work	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e	Home-based work	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f	Flexible start and finish times	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
g	Child care facilities or subsidised child care expenses	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

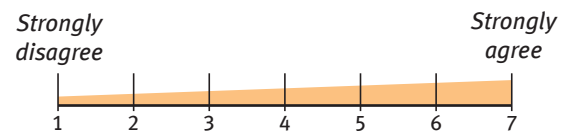
## PART E: PARENTING

E1 Do you have parenting responsibilities for any children aged 17 years or less?

Yes ➔ PLEASE GO TO E2 AND COMPLETE THE REST OF PART E

No ➔ GO TO PART F ON PAGE 20

E2 The following statements are about raising children. Thinking about the children aged 17 years or less that you have parenting responsibility for, please indicate, by crossing one box on each line, how strongly you agree or disagree with each statement. The more you agree, the higher the number of the box you should cross. The more you disagree, the lower the number of the box you should cross.



a	Being a parent is harder than I thought it would be	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>	<input type="checkbox"/> <sub>6</sub>	<input type="checkbox"/> <sub>7</sub>
b	I often feel tired, worn out, or exhausted from meeting the needs of my children	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>	<input type="checkbox"/> <sub>6</sub>	<input type="checkbox"/> <sub>7</sub>
c	I feel trapped by my responsibilities as a parent	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>	<input type="checkbox"/> <sub>6</sub>	<input type="checkbox"/> <sub>7</sub>
d	I find that taking care of my child/children is much more work than pleasure	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>	<input type="checkbox"/> <sub>6</sub>	<input type="checkbox"/> <sub>7</sub>

E3 Do you think you do your fair share of looking after the children?

(Cross  **ONE** box)

- I do much more than my fair share
- I do a bit more than my fair share
- I do my fair share
- I do a bit less than my fair share
- I do much less than my fair share

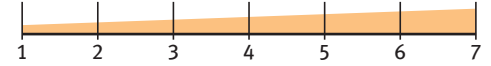
This question is for parents who are in paid work.

If you are not in paid work, skip this question and ➡ GO TO PART F ON PAGE 20

E4 The following statements are about combining work with family responsibilities. Please indicate, by crossing one box on each line, how strongly you agree or disagree with each. The more you agree, the higher the number of the box you should cross. The more you disagree, the lower the number of the box you should cross.

Strongly disagree Strongly agree

(Please cross  ONE box for EACH statement)



a	Having both work and family responsibilities makes me a more well-rounded person	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b	Having both work and family responsibilities gives my life more variety	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c	Managing work and family responsibilities as well as I do makes me feel competent	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d	Because of my family responsibilities, I have to turn down work activities or opportunities that I would prefer to take on	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e	Having both work and family responsibilities challenges me to be the best I can be	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f	Because of my family responsibilities, the time I spend working is less enjoyable and more pressured	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
g	Because of the requirements of my job, I miss out on home or family activities that I would prefer to participate in	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
h	Because of the requirements of my job, my family time is less enjoyable and more pressured	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
i	Working makes me feel good about myself, which is good for my children	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
j	My work has a positive effect on my children	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
k	Working helps me to better appreciate the time I spend with my children	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
l	The fact that I am working makes me a better parent	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
m	I worry about what goes on with my children while I'm at work	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
n	Working leaves me with too little time or energy to be the kind of parent I want to be	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
o	Working causes me to miss out on some of the rewarding aspects of being a parent	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
p	Thinking about the children interferes with my performance at work	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

PART F

F1 What is your sex?

(Cross  ONE box)

Male     Female     Other (please specify)

F2 Which age group do you belong to?

(Cross  ONE box)

15 – 17 years     35 – 44 years  
 18 – 19 years     45 – 54 years  
 20 – 21 years     55 – 64 years  
 22 – 24 years     65 – 74 years  
 25 – 34 years     75 years or over

F3 What is today's date?

day    month    year  
 /  / 2 0

F4 Is there anything else that you would like to tell us about life in Australia?

If so, please write on the lines below. (To ensure your privacy remains protected at all times, please do not write any personal contact details here such as your name, address or phone number.)

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

RETURNING YOUR COMPLETED QUESTIONNAIRE

Complete and return this questionnaire and you will have the chance to win 1 of 8 prizes (a \$500 gift card). A prize draw will be held on: August 25, 2017; September 22, 2017; October 13, 2017; November 10, 2017; December 8, 2017; January 12, 2018; February 9, 2018; March 16, 2018.

For prize draw terms and conditions, please go to [www.livinginaustralia.org/scqprizedraw](http://www.livinginaustralia.org/scqprizedraw)

NSW Permit number: LTPM/17/01799. ACT Permit number: ACT TP 17/00909.

When you complete and return this questionnaire you will automatically go into the prize draw.

If you do not wish to be entered into the prize draw, please cross

*Once again, Thank You for your cooperation and participation.  
Remember the waist tape measure used for question B12 is yours to keep.*

