

What **participating**
can mean for you

YOU
make all the difference!

LIVING
IN AUSTRALIA
HILDA



You can influence Government decisions, be involved in a valuable community service and provide a voice for your family and community. It can even pay for a night out at the movies!

Busy? We'll be happy to talk to you at any time and place that suits you.

Worried about privacy? All the information you provide us is protected by strict guidelines and the law (Privacy Act, 1988). Access to your identifying information will be restricted to only those who need it to administer and conduct the study.

Not really interested? Your contribution to this study influences decisions made by communities and the Government that affect you.

Feel uncomfortable? You only need to answer the questions you feel comfortable answering.

Your answers are valuable! You represent 1200 other Australians and you are the voice of people in your age group.

Your feedback

Every year, we receive comments from people like you. Here are just a few:

"I love the interviewers! We always have a great time with the questions!"

"I love putting my little bit in for the community and to help research."

"Thank you for the letter of thanks from Quentin Bryce. Her acknowledgment was appreciated."

"Don't ever stop doing this research, it is far too important."

"Looking forward to next year already!"

"A very interesting study, keep up the good work!"

Thank you

This year each person who participates will receive \$30 as our thanks for helping us with this study. Once everyone in your household has taken part, your household will receive a bonus \$30.

Contact us

If you have any concerns or questions we would like to hear from you. Free call 1800 656 670 or email hilda@roymorgan.com www.roymorgan.com

Helping shape our future



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Helping shape Australia's future

Our study is BIG NEWS



On behalf of the Australian Institute of Family Studies, I wish to thank you for your generosity in representing the Australian community by participating in HILDA.

Why is your participation so important to us? Among other things, HILDA enables us to track the impact of life's transitions (e.g., leaving home, forming relationships, having children, separating, retiring) on such key issues as financial security, family relationships, sense of social support, emotional wellbeing and health-related life style patterns.

All such information is of immense value for policy, given that families, no matter their composition, are the foundation of communities. As participants of HILDA, you help us identify the nature of supports required by families and individuals, and times in the life course when particular supports are most needed.

Thank you again for assisting us to fulfil our key role of identifying factors affecting the wellbeing and functioning of Australian families.

Ruth Weston

Assistant Director (Research)
Australian Institute of Family Studies

The Living in Australia study is also known in the media as the Household, Income and Labour Dynamics in Australia (HILDA) study. It is being used for a wide range of research.

Happiness is anything but academic

Sydney Morning Herald 29/07/2011

Are well educated people happier? You may expect that the benefits of higher education – higher income and better health – to translate into a happier life. However, the HILDA data has shown that older people with high academic qualifications are the least happy of all their peers.

The story is different for younger people whose happiness generally increased with education. The least happiest were those who left school in year 11 or earlier and the happiest were those with a bachelor degree or higher.

Job Security

The Age 15/07/2011

The HILDA study has found that men are almost twice as likely to lose their job as women. Men are 45 per cent more likely to be dismissed or made redundant each year because of the type of jobs they choose.

The study found that women are more likely to choose occupations that come with greater job security at the expense of lower salary. In comparison, men are compensated for a greater risk of job loss by higher wages.

COUPLES IN SINGULAR RELATIONSHIP

Australian 19/04/2011

The HILDA data has shown that about 1.1 million Australians are in a serious relationship with someone they don't live with.

The HILDA study also found that while the younger people in this group wanted to move in together within the next three years, two-thirds of those aged 45 or over liked living alone and did not intend to move in with their partner. More than half of the 45 and over group had been together for three or more years while couples in their 20s typically move in together or break up within two years.

Household Shift

Daily Telegraph 14/07/2010

“Any politician that makes families with children the focal point of policy could be making a big mistake. This is because this group is no longer the principle type of household in Australia.” In fact there are just as many couple families without children as with children (37 per cent). Moreover, the HILDA report shows that nearly one-third of lone parent families are financially stressed and more than one in five elderly couples were in poverty.

The ageing of the population and the decision of women to delay having children is driving the change in Australian households.