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Mabel username id:



Medicine in Australia: Balancing Employment and Life 2015

Specialist

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Australia and New Zealand Society of Palliative Medicine Inc.

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Australasian Society of Career Medical Officers Australian Rheumatology Association

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South Australian Institute of Medical Education & Training

Postgraduate Medical Council of Western Australia Postgraduate Medical Education Council of Queensland Postgraduate Medical Institute of Tasmania

Health Education and Training Institute NSW

Australian General Practice Network General Practice Registrars Australia







Space is provided at the end of this survey to make additional written comments. Please write responses in boxes provided using a dark pen. Check boxes can be ticked or crossed.

A	About your current situa	tion					
1.	Are you currently doing any clinical medical wo	ork in Austr	alia?				
	Yes – If yes, please go to Section B below			urvey			
	No – Continue						
2.	Are you permanently retired from all types of p	aid work?					
	Yes – As you are permanently retired from Please return this survey in the reply-paid e				•		e survey.
3.	Which of the following statements describe you	r current si	tuation? (Ticl	k all that ap	ply)		
	Doing medical work in Australia that is no	n-clinical (e.g. medico-le	egal, teach	ng, research,	committee wo	rk)
	Maternity leave						
	Home duties/childcare						
	Enrolled as a student						
	Extended leave (e.g. sick leave, long service						
	Working outside Australia in a clinical role		ما بداد				
	Working outside Australia in a non-clinica Working outside Australia in a non-medica		ai roie				
	Doing non-medical work in Australia. Plea		occupation:				
		,,					
4.	Do you intend to return to clinical medical world	c in Austral	ia?				
	Yes – Please go to Section G and complet	e the final t	two sections of	of the surv	ey		
	Unsure – Please go to Section G and com	plete the fir	nal two section	ons of the s	urvey		
	No – As you do not intend returning to clini Please return this survey in the reply-paid e						e survey.
В	About your job satisfaction						
5.	Please indicate how satisfied or dissatisfied you	very	ach of the va	rious aspe	Moderately	Ork as a docto	r.
		Dissatisfied	Dissatisfied	Sure	Satisfied 4	Satisfied	N/A
	Freedom to choose your own method of working		2	3	4	5	6
	Amount of variety in your work		2	3	4	5	6
	Physical working conditions		2	3	4	5	6
	Opportunities to use your abilities		2	3	4	5	6
	Your colleagues and fellow workers	1	2	3	4	5	6
	Recognition you get for good work Your hours of work	1	2	3	4	5	6
	Your remuneration		2	3	4	5	6

Amount of responsibility you are given

Taking everything into consideration, how do

you feel about your work?

6.	Please indicate the degree to which you agree		e with the fol	lowing state	ements.		
		Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree	N/A
	The balance between my personal and professional commitments is about right	1	2	3	4	5	6
	I have a poor support network of other doctors like me	1	2	3	4	5	6
	It is difficult to take time off when I want to	1	2	3	4	5	6
	I can take time off at short notice, for example if one of my children is ill or for a home emergency	1	2	3	4	5	6
	My patients have unrealistic expectations about how I can help them $ \\$	1	2	3	4	5	6
	The majority of my patients have complex healt and social problems	h 1	2	3	4	5	6
	Running my practice is stressful most of the time	ie I	2	3	4	5	6
	Research publications are important to my care	er	2	3	4	5	6
	The hours I work are unpredictable	1 🔲	2	3	4	5	6
	I often undertake tasks that somebody less qualified could do	1	2	3	4	5	6
	My colleagues understand the need for work—life balance	1	2	3	4	5	6
	I cannot work my preferred hours due to a lack of jobs offering those hours	1	2	3	4	5	6
8.	Imagine you would like to reduce your hours of this could be achieved easily within my cut. This could be achieved with some difficult. It would have to change jobs, but there are I would have to change jobs, and such jobs. This would be impossible Don't know	rrent job y in my cur e suitable o	rent job pportunities i				
9.	About the places where y Excluding on-call, for how many HOURS in you work in each of the following settings? (Include	ır MOST R	 ECENT USU			0)	
						Actual hours	
	Public hospital (including psychiatric hospital).						hrs/wk
	Private hospital						hrs/wk
	Private medical practitioner's rooms or surgery						hrs/wk
	Residential/aged care health facility (nursing/res						hrs/wk
	Laboratory or radiology facility						hrs/wk
	Community health centre						hrs/wk
	Government department, agency or defence forc						hrs/wk
	Tertiary education institution						hrs/wk
	Other						hrs/wk
	TOTAL HOURS WORKED						hrs/wk

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10.	Do you work in private practice?
	Yes, in a public or private hospital and private consulting rooms
	Yes, in a public or private hospital only— <i>Go to question 14</i>
	No—Go to question 16
11.	What is the total number of specialists who work in your current, main private practice? (Include yourself if applicable) (If none, write 0) Full-time Part-time
	No. of males.
	No. of females
12.	How many other health workers or professionals are employed in your current, main private practice? (If none, write 0)
	No. of nurses
	No. of allied health professionals
	No. of administrative staff
	No. of other staff
13.	Is your current, main private practice co-located with other specialist practices?
	¹ Yes
	² No
14.	What is your business relationship with your current main practice?
	Principal or partner
	² Associate
	Salaried employee (e.g. receive fixed annual salary & benefits with tax deducted)
	Contracted employee (e.g. receive fixed payment per session or a % of billings before tax)
	5 Locum
	Other (please specify)
15.	When did you start working at this practice?
	Month
	Year
16.	How many hours a week do you work as a hospital locum? (If zero, write 0).
17.	What is the main hospital in which you work (i.e. spend most time)?
	Hospital name
	Postcode
18.	How long have you worked at this hospital?
10.	No. of years
	No. of months
19.	How are you paid for this hospital work?
-/-	Fee-for-service/bill patients directly
	Fixed payment per session or hour
	Salary—no rights to private practice
	Salary with rights to private practice
	5 Other (please specify)

D About your workload

20.	Excluding on-call, how many HOURS in your MOST RECENT USUAL WEEK at work did you spend on the following activities? (Include ALL of the work you do as a doctor in ALL jobs/workplaces) (If none, write 0)
	TOTAL HOURS WORKED PER WEEK (Should equal the TOTAL in question 9)
	Direct patient care (face-to-face, phone consultations, home visits: with or without a medical student present)
	Indirect patient care (medical notes, reports, phone calls, meeting patients' families) hrs/wk
	Education activities (teaching, research, continuing medical education)
	Management and administration
	Other
21.	In relation to education activities, are you involved in any of the following teaching or supervisory activities, including formal and informal teaching or supervision? (Tick all that apply)
	Teaching or supervising medical students
	Teaching or supervising interns and pre-vocational trainees
	Teaching or supervising specialist registrars
	No, I am not involved in any teaching or supervision
22.	In relation to non-clinical activities OUTSIDE your usual place of work, are you currently involved in any of the following activities? (Please tick all that apply)
	Elected office bearer (e.g. president, treasurer) or board member of a national or state-level professional organisation (e.g. the Australian Medical Association or a medical college).
	Committee member in a national or state-level professional organisation, advisory group and/or steering group.
	I am not currently involved in any of the activities listed above.
23.	In your most recent USUAL week at work, for around HOW MANY patients did you provide care? (Include face-to-face, out-of-hours and telephone consultations in ALL SETTINGS) (If none, write 0) Total number of patients seen in private consulting rooms. Total number of public patients seen in a public hospital.
	Total number of private patients seen in a public hospital
24.	How long does a new PRIVATE patient typically have to wait for an appointment?
	No. of days days
	No. of weeks
	Not taking new patients at present (Tick box)
	Not Applicable (Tick box)
25.	How long does a standard private consultation last?
	New patient/ Initial consultation minutes
	Subsequent consultations minutes
	Not Applicable (Tick box)
26.	Approximately what percentage of patients do you bulk bill/charge no co-payment?
	Per cent %
	Not Applicable (Tick box)

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27.	What is your current fee for a standard private consultation? (Include Medicare rebate and patient co-payment if applicable. Please write dollar amount; write 0 if you bulk bill 100% of your patients)
	New patient/initial consultation\$
	Most-used item number for initial consultation
	Subsequent consultations
	Most-used item number for subsequent consultations.
	Not Applicable (Tick box)
	Not Applicable (Tick box)
28.	Do you do any on-call yourself? (Including public holidays, weekends and weekdays outside of 8am to 6pm)
	Yes
	No—Go to question 32
29.	What are your on-call ratios for public and private sector work? (For example, 5 weeknights per fortnight equals 1 in 2)
	Public sector work
	1 weeknight in
	1 weekend in
	Not Applicable (Tick box)
30.	In your last usual week at work, how many TIMES were you actually called out? (If none, write 0) Public sector work Private sector work
	Weeknights: times per week
	Weekend: times per weekend
	Not Applicable (Tick box)
31.	If your on-call arrangements do not fit the above descriptions, please elaborate below:
32	Opportunities for continuing medical education and professional development are: (Tick one box)
JL.	
	Very limited
	Lui Average
	Very good
33.	Turning to time spent away from work: (If none, write 0)
	How many WEEKS holiday did you take in the past year? weeks
	How many WEEKS of parental or maternity leave did you take in the past year? weeks
	Approximately how many DAYS off work due to illness did you have in the past year? days
	Approximately how many DAYS off work did you have for other reasons in the past year? days
巴	About your finances
	following information will be used to examine the effect of financial issues on your work-life balance, will remain strictly confidential.
34.	What are your (approximate) TOTAL PERSONAL earnings from ALL of the work you do as a doctor? (If possible, base this on your last personal income tax return or payslip.) This should be your personal earnings rather than total
	practice earnings. Please write in ONE COLUMN where you have the most accurate information and can best remember.
	Annual OR Fortnightly
	Before tax (gross earnings) \$
	After tax (net earnings) \$

35.	In addition to this, did you receive any ongoing 'in kind' benefits or subsidies as part of your current job/s (e.g. car, house, school fees, salary packaging)?
	Yes
	² No
36.	What is the approximate annual total value in dollars of these benefits?
	(If zero, write 0)
37.	What is the total level of financial debt that you currently have as a result of your medical education and training?
	(Give dollar amount; include HECS debt, other debt associated with training and living expenses) (If zero, write 0)
	\$
	Don't Know (Tick box)
38.	What is the total level of financial debt that you currently have from owning your practice or premises? (If zero, write 0)
	\$
	Don't Know (Tick box)
	Not Applicable (Tick box)
20	What is the status of communicate angular for two more 2
<i>3</i> 9.	What is the status of your private practice for tax purposes?
	Sole trader
	Partnership
	Company
	Trust 5
	Don't Know
	Not Applicable
40.	In the last year, approximately what percentage of your total gross earnings from medical work did you receive from each of the following sources? (Please enter percentage figure where applicable)
	Payments from patients for services covered by Medicare
	(include Medicare rebate and patient co-payment)%
	Payments from patients for services not covered by Medicare (e.g. insurance, certificates, private patients)
	Government incentive schemes and grants (e.g. rural incentives)%
	Hospital work (salary and other payments)%
	Other sources of medical income (specify source and %)
	TOTAL
	~
41.	How much personal gross income, in addition to income from your medical work, do you receive from other sources each year? (e.g. bank interest, dividend income, rental income and profit from business interests) (If none, write 0)
	\$
42.	Do you (or your employer) regularly contribute to a superannuation scheme?
	Yes
	No—Go to question 44
42	For how we have the state of th
43.	For how many years have you (and/or an employer on your behalf) contributed to a superannuation scheme? No. of years
	No. of years.
44.	Please indicate the degree to which you agree with the following statement: "Given my current financial
	situation and prospects, I believe I will have enough to live on when I retire". (Tick one box)
	Strongly Disagree
	Disagree
	Neutral 4
	Agree 5 Out to the second seco
	Strongly Agree

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45.	How much (in dollars) did you pay for professional medical liability, or malpractice, insurance premiums in the last year? (If this was provided by someone else on your behalf, write 0)
46.	What is your total gross and net HOUSEHOLD income? (Include your and your partner's earnings, income from other business interests, dividends, interest etc.) The figures below should be equal to or greater than your personal earnings provided in question 34. Please write in ONE COLUMN ONLY, where you have the most accurate information or can best remember. Annual OR Fortnightly
	Before tax (gross household income) \$
	After tax (net household income) \$
F	About your geographic location
1 7.	In how many locations do you practise?
48.	Where is your main place of work?
	Town/Suburb
	Postcode
19.	Where do you live?
	Town/Suburb
	Postcode
50.	Please indicate the degree to which you agree or disagree with the following statements.
	Strongly Disagree Disagree Neutral Agree Strongly Agree N/A I don't have many friends or family members in 1 2 3 4 5 6 5 6 6 6
	It is easy to pursue my hobbies and leisure interests in my current work location 1 2 3 4 5 6
	My partner does not have many friends or family members in this work location 2 3 4 5
	There are good employment opportunities for my partner in this work location 2 3 4 5 6
	The choice of schools for our children is adequate in this work location 2 3 4 5 6
51.	For how many years did you live in a rural area up until the age you left secondary school? (If none, write 0)
52.	Please indicate the main rural area where you lived up until school leaving age.
	Town
	State
	Not Applicable (Tick box).
53.	Are you subject to restrictions on where you practise?
	Yes—I am required to work in an Area of Need
	Yes—I am required to work in a District of Workforce Shortage
	3 No-Go to question 55

54.	Please indicate the reason/s for these restrictions.
	I hold a Permanent Resident Visa
	I hold a Temporary Resident Visa
	I am undertaking a return of service period for a Medical Rural Bonded Scholarship or Bonded Medical Place
	Other
	Not Applicable
55.	Do you travel to provide services/clinics in other geographic areas?
	Yes
	No – Go to question 57
56.	Where are you providing these services? Please list up to three locations below.
	Town/Suburb Postcode
	Location 1
	Location 2
	Location 3
57.	Are you considering travelling to provide services in a non-metropolitan (i.e. rural, regional or remote) location in the next five years?
	Yes 2
	□ No
58.	Have you previously travelled to provide services in a non-metropolitan location?
	¹
	No – Go to question 60
	No de le galistion de
59.	Have you previously received Commonwealth funding, e.g. through MSOAP, for providing services to a
	non-metropolitan location?
	Yes 2
	No No
G	About your family circumstances
u	About your failing circumstances
60.	Are you currently living with a partner or spouse?
•••	
	Yes ²
	L_J No
61.	What is the employment status of your partner/spouse?
	Not in the labour force (e.g. caring for dependents, studying)
	² Currently seeking work
	Full-time employment
	Part-time employment
	Not Applicable
62.	Is your partner/spouse also a medical doctor?
	Yes
	² No
	Not Applicable
62	For how many years did your nartner/space live in a rural area un until the age he/she
٥٥.	For how many years did your partner/spouse live in a rural area up until the age he/she left secondary school? (If none, write 0)
	Don't know (Tick box)
	Not Applicable (Tick box)

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b4.	until school leaving age.
	Town
	State
	Don't know (Tick box)
	Not Applicable (Tick box)
5.	How many dependent children do you have? (If none, write 0 and skip the next two questions)
6.	What is the age in years of each dependent child? Not Applicable (Tick box)
	Child 1. Child 2.
	Child 3
	Child 4
	Child 6.
7	Which of the following forms of childcare are you using for your children of pre-school age? (Please tick all that apply)
,.	Relatives or friends
	Nannies Nannies
	Childcare at work (i.e. provided by an employer)
	Other day care (childcare centre, family day care, kindergarten etc.)
	Not Applicable
8.	Please indicate the degree to which you agree or disagree with the following statements. Strongly Strongly
	Disagree Disagree Neutral Agree Agree N/A I am restricted in my employment and/or
	the time and hours I work due to a lack of available childcare
	My partner is restricted in his/her employment and/or the time and hours worked due to a lack of available childcare
	My partner is overqualified for his/her current job due to the limited availability of suitable jobs 3 4 5 6
H	About you
9.	Year of birth
0.	Gender
	Male Male
	Female
1.	In what year did you complete your basic medical degree?
2.	In which country did you complete your basic medical degree?
	A medical school in Australia
	A medical school in the country specified:

	In which medical school in Australia did yo	ou complete your basic medical degree?
	Not Applicable	² University of Newcastle
	University of Adelaide	⁴ University of Notre Dame WA
	Australian National University	⁶ University of Notre Dame Sydney
	Bond University	8 University of NSW
	Deakin University	University of Queensland
	Flinders University	12 University of Sydney
	Griffith University	University of Tasmania
	James Cook University	University of WA (undergraduate)
	University of Melbourne (undergradu	18
	University of Melbourne (postgradua	20
	Monash University (undergraduate)	University of Western Sydney
	Monash University (postgraduate)	— Onliversity of Worldingtong
	24	rsity of Newcastle Joint Medical Program
	Offiver sity of New England & Offiver	sity of Newcastic John Medical Frogram
74.		ustralia, were you an international student (i.e. were you a citizen of a
	country outside of Australia and New Zeal	and):
	Yes	
	No	
	Not Applicable	
75.	If you completed your medical degree outs	side of Australia:
	In what year were you first registered to wo	ork as a doctor in Australia?
	Not Applicable (Tick box)	
7.	TC 11 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	
/6.	If you did your degree at a medical school	outside Australia, have you completed the AMC Certificate examination?
	Yes	
	No No	
	Not Applicable	
		verseas which are NOT recognised in Australia?
77.	Do you have medical qualifications from ov	
77.	Do you have medical qualifications from ov	rerocas which are not recognised in Australia.
77.	Yes 2	rerseas which are not recognised in Australia.
77.	Yes No	rerseas which are not recognised in Australia.
77.	Yes No	rerseas which are not recognised in Australia.
	Yes No	hat you have obtained in Australia.
	Yes No Unsure	
	Yes No Unsure Please indicate all medical qualifications t	hat you have obtained in Australia. Number of
	Yes No Unsure Please indicate all medical qualifications t Masters degree	hat you have obtained in Australia. Number of
	Yes No Unsure Please indicate all medical qualifications t Masters degree PhD	hat you have obtained in Australia. Number of
	Yes No Unsure Please indicate all medical qualifications t Masters degree PhD Postgraduate diploma/certificate	hat you have obtained in Australia. Number of
78.	Yes No No Unsure Please indicate all medical qualifications t Masters degree PhD Postgraduate diploma/certificate Fellowship of college	hat you have obtained in Australia. Number of qualifications Names of qualifications
78.	Yes No No Unsure Please indicate all medical qualifications t Masters degree PhD Postgraduate diploma/certificate Fellowship of college Do you have a research-based degree from	hat you have obtained in Australia. Number of qualifications Names of qualifications medical school in addition to your primary medical qualification?
78.	Yes No No Unsure Please indicate all medical qualifications t Masters degree PhD Postgraduate diploma/certificate Fellowship of college Do you have a research-based degree from For example: BSc(Med)(Hons),BSc(Hons)	hat you have obtained in Australia. Number of qualifications Names of qualifications medical school in addition to your primary medical qualification?
78.	Yes No Unsure Please indicate all medical qualifications t Masters degree PhD Postgraduate diploma/certificate Fellowship of college Do you have a research-based degree from For example: BSc(Med)(Hons),BSc(Hons) Yes	hat you have obtained in Australia. Number of qualifications Names of qualifications medical school in addition to your primary medical qualification?
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78.	Yes No Unsure Please indicate all medical qualifications to Masters degree PhD Postgraduate diploma/certificate Fellowship of college Do you have a research-based degree from For example: BSc(Med)(Hons),BSc(Hons) Yes No	hat you have obtained in Australia. Number of qualifications Names of qualifications medical school in addition to your primary medical qualification?
78. 79.	Yes No Unsure Please indicate all medical qualifications to Masters degree PhD Postgraduate diploma/certificate Fellowship of college Do you have a research-based degree from For example: BSc(Med)(Hons),BSc(Hons) Yes No Please indicate how many other health and obtained in Australia.	hat you have obtained in Australia. Number of qualifications Names of qualifications medical school in addition to your primary medical qualification? MBBS(Hons).
78.	Yes No Unsure Please indicate all medical qualifications to Masters degree PhD Postgraduate diploma/certificate Fellowship of college Do you have a research-based degree from For example: BSc(Med)(Hons),BSc(Hons) Yes No Please indicate how many other health and obtained in Australia.	hat you have obtained in Australia. Number of qualifications Names of qualifications medical school in addition to your primary medical qualification? MBBS(Hons).
78.	Yes No Unsure Please indicate all medical qualifications to Masters degree PhD Postgraduate diploma/certificate Fellowship of college Do you have a research-based degree from For example: BSc(Med)(Hons),BSc(Hons) Yes No Please indicate how many other health and obtained in Australia.	hat you have obtained in Australia. Number of qualifications Names of qualifications medical school in addition to your primary medical qualification? MBBS(Hons).
78.	Yes No Unsure Please indicate all medical qualifications to Masters degree PhD Postgraduate diploma/certificate Fellowship of college Do you have a research-based degree from For example: BSc(Med)(Hons),BSc(Hons) Yes No Please indicate how many other health and obtained in Australia.	hat you have obtained in Australia. Number of qualifications Names of qualifications medical school in addition to your primary medical qualification? MBBS(Hons).

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	Main specialty in which you practise (Where you are qualified & recognised under the	Second specialty
PHYSICIAN:	Health Insurance Act)	in which you practi
Cardiology		1
Clinical genetics		2
Clinical pharmacology	3	3
Endocrinology		4
Gastroenterology and hepatology	5	5
General medicine	6	6
Geriatric medicine	7	7
Haematology		8
Immunology and allergy	9	9
Infectious diseases	10	10
Medical oncology		11
Neurology	12	12
Nuclear medicine	13	13
Nephrology	14	14
Rheumatology	15	15
Respiratory and sleep medicine	16	16
SURGERY:		
General surgery		17
Cardiothoracic surgery	18	18
Oral and maxillofacial surgery	19	19
Orthopaedic surgery	20	20
Otolaryngology	21	21
Paediatric surgery	22	22
Plastic surgery	23	23
Urology	24	24
Neurosurgery	25	25
Vascular surgery	26	26
OTHER SPECIALTIES:		
Addiction medicine	27	27
Anaesthesia	28	28
Dermatology	29	29
Emergency medicine	30	30
Intensive care medicine	31	31
Medical administration	32	32
Obstetrics and gynaecology	33	33
Occupational and environmental medicine	34	34
	35	35
Ophthalmology	36	36
	37	37
Pain medicine	38	38
Palliative medicine	39	39
Pathology.	40	40
Psychiatry	41	41
Public health medicine	42	42
Radiology	43	43
Radiation oncology	44	44
Rehabilitation medicine	45	45
Sexual health medicine	46	46
Sport and exercise medicine		

	Since you graduated, how many years a (Include time to bring up a family, time in n study leave) (If none, write 0)						_	
	No. of years							
	No. of months							
83.	What is your residency status? (Tick on	e box)						
	Australian citizen							
	Permanent resident							
	Temporary resident							
84.	What type of medical registration do y	ou have? (Please tick a	II that apply)				
	General registration							
	Specialist registration							
	Provisional registration							
	Limited registration							
	Non-practising registration							
85.	In general, would you say your health i	s: (Tick on	e box)					
	Excellent							
	² Very good							
	Good							
	Fair							
	Poor							
86.	All things considered, how satisfied are	vou with	vour life in	general? (Tid	ck one box)			
00.	Completely	. you with	your me m	general. (In	ok one box/			Completely
	Dissatisfied 2 3	4	5	6	7	8	9	Satisfied 10
	1 2 3	4	5	6	7	8	9	10
87.	The statements below refer to the type related to doctors' job satisfaction and confidential and you will not be identifi	decisions						s are
87.	related to doctors' job satisfaction and	decisions iable. uestions us	about work.	The informa	ition you pro	vide will rer	nain strictly	e at all'
87.	related to doctors' job satisfaction and confidential and you will not be identified Please answer each of the following qu	decisions diable. Does not apply to	about work.	The informa	ition you pro	vide will rer	nain strictly	e at all' Applies to me
87.	related to doctors' job satisfaction and confidential and you will not be identified Please answer each of the following qu	decisions diable. uestions us	about work.	The informa	ition you pro	vide will rer ans 'Does no 5	nain strictly ot apply to m 6	e at all'
87.	related to doctors' job satisfaction and confidential and you will not be identified. Please answer each of the following quand 7 means 'Applies to me perfectly'.	Does not apply to me at all	about work. ing a 1 to 7 $ \begin{array}{c} 2 \\ \end{array} $	The information point scale,	ition you pro	vide will rer	nain strictly of apply to m	Applies to me perfectly
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88.	Please answer each of the following questions using a 1 to 7 point scale, where 1 means 'Strongly disagree' and 7 means 'Strongly agree'.							
		rongly disagree	e 2	3	4	5	6	Strongly agree 7
	I have little control over the things that happen to me	1	2	3	4	5	6	7
	There is really no way I can solve some of the problems I have	1	2	3	4	5	6	7
	There is little I can do to change many of the important things in my life	1	2	3	4	5	6	7
	I often feel helpless in dealing with the problems of life	1	2	3	4	5	6	7
	Sometimes I feel that I'm being pushed around in life	1	2	3	4	5	6	7
	What happens to me in the future mostly depends on me	1	2	3	4	5	6	7
	I can do just about anything I really set my mind on doing	1	2	3	4	5	6	7
89.	This question asks about everyday risk-	taking in re	elation to d	lifferent types	of activities	5.		
	How likely are you to engage in each o	f the follow	ing activit	ies (with a sco	ore of 1 beir	ng 'very unli	kely'	
	and 5 being 'very likely')?			Very unlikely 1	2	3	4	Very likely 5
	Financial risks (e.g. investments with an	uncertain	outcome)	1 📄	2	3	4	5
	Career and professional risks (e.g. public your professional colleagues)	cly challeng	ing	1	2	3	4	5
	Clinical risks (e.g. recommending a trea to your usual practice or is controversia		h is new	1	2	3	4	5
	90. The personal life events listed below can have an important influence on a person's work-life balance. For each statement below, please indicate 'YES' or 'NO' as to whether you experienced the event during the past 12 months. For each statement you answer 'YES', please indicate how long ago the event occurred or commenced. If 'YES', please indicate how long ago it happened 0 to 3 4 to 6 7 to 9 10 to No Yes months ago months ago months ago months ago months						nced. happened. 10 to 12	
	Serious personal injury or illness to self	1		2	1	2	3	4
	Serious personal injury or illness to a close relative or family member	1		2	1	2	3	4
	Death of spouse or child	1		2	1	2	3	4
	Death of other close relative or family n (e.g. parent or sibling)	nember ₁		2	1	2	3 3	4
	Death of a close friend	'		2	<u> </u>	2	3	4
	Victim of physical violence (e.g. assault))						
	Victim of a property crime (e.g. theft, housebreaking)	1		2	1	2	3 3	4
	Named as defendant in a medical negliger	nce claim						
91.	We would like your email address to as mail when distributing the MABEL sur this purpose. If possible, please provide	vey, we will	contact y	ou by email in	stead. This i	nformation	will be used	l only for
	Email address:							

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