

SHOWCARDS

WAVE 21 M

**Please keep this booklet until
your interview this year**

SHOWCARD HF16

- **Employed (including self-employed and working students):**
 - usually works 35 hours or more per week.....1**
 - usually works less than 35 hours per week.....2**
- **Not employed but looking for work3**
- **Neither employed nor looking for work:**
 - Retired4**
 - Home duties5**
 - Non-working student.....6**

SHOWCARD HF17

Please Answer Yes or No

DISABILITIES / HEALTH CONDITIONS WHICH:

- **Have lasted, or are likely to last, 6 months or more;**
- **Restrict everyday activity; and**
- **Can not be corrected by medication or medical aids.**
- Sight problems not corrected by glasses or contact lenses
- Hearing problems
- Speech problems
- Blackouts, fits or loss of consciousness
- Difficulty learning or understanding things
- Limited use of arms or fingers
- Difficulty gripping things
- Limited use of feet or legs
- A nervous or emotional condition which requires treatment
- Any condition that restricts physical activity or physical work (e.g., back problems, migraines)
- Any disfigurement or deformity
- Any mental illness which requires help or supervision
- Shortness of breath or difficulty breathing
- Chronic or recurring pain
- Long-term effects as a result of a head injury, stroke or other brain damage
- A long-term condition or ailment which is still restrictive even though it is being treated or medication is being taken for it
- Any other long-term condition such as arthritis, asthma, heart disease, Alzheimer's disease, dementia, etc.

SHOWCARD Q4

Types of child care you might have considered so you (or your partner) can undertake paid work:

- **Family Day Care, Long Day Care, any other care at a Child Care Centre**
- **Outside of school hours or Vacation Care**
- **Someone paid to come to your home to care for your child**
- **Someone paid to care for your child in their home**
- **A friend, relative or neighbour caring for your child for free or for payment in kind**

SHOWCARD Q6a

- **Family Day Care, Long Day Care, any other care at a Child Care Centre**
- **Outside of school hours or Vacation Care**
- **Someone paid to come to your home (nanny / baby-sitter)**
- **Someone paid to care for your child in their home**
- **A relative who lives with you (paid or unpaid)**
- **A relative who doesn't live with you (paid or unpaid)**
- **A friend or neighbour (caring for the child either at your home or in their home; paid or unpaid)**
- **The child's brother or sister**
- **The child goes to your (or your partner's) work**
- **Child looks after his or her self**
- **Some other form of child care**

SHOWCARD Q6b

- **Family Day Care, Long Day Care, any other care at a Child Care Centre**
- **Outside of school hours or Vacation Care**
- **Someone paid to come to your home to care for your child (nanny / baby-sitter)**
- **Someone paid to care for your child in their home**
- **A relative who lives with you (whether paid or unpaid)**
- **A relative who doesn't live with you (whether paid or unpaid)**
- **A friend or neighbour (caring for the child either at your home or in their home, whether paid or unpaid)**
- **The child's brother or sister (whether paid or unpaid)**
- **Some other form of child care**

SHOWCARD Q8

Me or my partner (e.g., you arrange working hours so one of you is able to care for your child/ren)	01
The child's brother or sister	02
Child looks after self	03
Child comes to my (or my partner's) workplace	04
Child's grandparent who lives with us	05
Child's grandparent who lives elsewhere	06
Other relative who lives with us	07
Other relative who lives elsewhere	08
A friend or neighbour coming to <u>our</u> home.....	09
A friend or neighbour in <u>their</u> home.....	10
A paid sitter or nanny	11
Family day care.....	12
Formal outside of school hours care.....	13
Other (please specify)	21

SHOWCARD Q9

Me or my partner (e.g., taking paid or unpaid leave, you arrange working hours so one of you is able to care for your child/ren).....	01
The child's brother or sister	02
Child looks after self	03
Child comes to my (or my partner's) workplace	04
Child's grandparent who lives with us	05
Child's grandparent who lives elsewhere	06
Other relative who lives with us	07
Other relative who lives elsewhere	08
A friend or neighbour coming to <u>our</u> home.....	09
A friend or neighbour in <u>their</u> home.....	10
A paid sitter or nanny	11
Family day care.....	12
Vacation care	13
Other (please specify)	21

SHOWCARD Q11

Me or my partner (e.g., you arrange working hours so one of you is able to care for your child/ren).....	01
The child's brother or sister.....	02
Child's grandparent who lives with us.....	03
Child's grandparent who lives elsewhere.....	04
Other relative who lives with us	05
Other relative who lives elsewhere	06
A friend or neighbour coming to <u>our</u> home.....	07
A friend or neighbour in <u>their</u> home.....	08
A paid sitter or nanny	09
Family day care	10
Long day care centre at workplace	11
Private or community long day care centre	12
Kindergarten / pre-school	13
Other (please specify).....	21

SHOWCARD Q12

- **Family Day Care, Long Day Care, any other care at a Child Care Centre**
- **Out of school hours or Vacation Care**
- **Someone paid to come to your home to care for your child (nanny / baby-sitter)**
- **Someone paid to care for your child in their home**
- **A relative who lives with you (whether paid or unpaid)**
- **A relative who doesn't live with you (whether paid or unpaid)**
- **A friend or neighbour (caring for the child either at your home or in their home, whether paid or unpaid)**
- **The child's brother or sister (whether paid or unpaid)**
- **Some other form of child care**

SHOWCARD Q14

The child's brother or sister	01
Child's grandparent who lives with us	02
Child's grandparent who lives elsewhere	03
Other relative who lives with us.....	04
Other relative who lives elsewhere.....	05
A friend or neighbour coming to <u>our</u> home	06
A friend or neighbour in <u>their</u> home	07
A paid sitter or nanny	08
Family day care	09
Private or community long day care centre.....	10
Formal outside of school hours care	11
Other (please specify).....	21

SHOWCARD Q16

The child's brother or sister	01
Child's grandparent who lives with us	02
Child's grandparent who lives elsewhere	03
Other relative who lives with us.....	04
Other relative who lives elsewhere.....	05
A friend or neighbour coming to <u>our</u> home	06
A friend or neighbour in <u>their</u> home	07
A paid sitter or nanny	08
Family day care	09
Private or community long day care centre.....	10
Kindergarten / pre-school.....	11
Other (please specify).....	21

SHOWCARD R23

Include food, supermarket and convenience store shopping, as well as weekly meal plan delivery services (such as Lite n' Easy and Hello Fresh).

LIST A

**All groceries,
including cleaning
products and toiletries**

For example:

- **Meat and fish**
- **Bread and milk**
- **Fruit and vegetables**
- **Tinned and packaged food**
- **Drinks (but not alcohol)**
- **Pet food**
- **Cleaning products**
- **Toilet paper**
- **Soap, shampoo, etc.**

LIST B

Food and drink only

For example:

- **Meat and fish**
- **Bread and milk**
- **Fruit and vegetables**
- **Tinned and packaged food**
- **Drinks (but not alcohol)**

SHOWCARD R26

TOTAL GROSS INCOME OF EVERYONE LIVING IN THIS HOUSEHOLD

LAST FINANCIAL YEAR (1 July 2020 to 30 June 2021),
BEFORE TAX OR ANYTHING ELSE IS DEDUCTED.

Include income from all sources, such as wages, investments and
government pensions and benefits.

<u>Per Year</u>	<u>Per Week</u>	
Negative or Zero Income.....		1
\$1 - \$9,999.....	(\$1 - \$189).....	2
\$10,000 - \$19,999.....	(\$190 - \$379).....	3
\$20,000 - \$29,999.....	(\$380 - \$579).....	4
\$30,000 - \$39,999.....	(\$580 - \$769).....	5
\$40,000 - \$49,999.....	(\$770 - \$959).....	6
\$50,000 - \$59,999.....	(\$960 - \$1149).....	7
\$60,000 - \$79,999.....	(\$1150 - \$1529).....	8
\$80,000 - \$99,999.....	(\$1530 - \$1919).....	9
\$100,000 - \$124,999.....	(\$1920 - \$2399).....	10
\$125,000 - \$149,999.....	(\$2400 - \$2879).....	11
\$150,000 - \$199,999.....	(\$2880 - \$3839).....	12
\$200,000 or more.....	(\$3840 or more).....	13

SHOWCARD 1

Secondary school qualification – lower level	600
Secondary school qualification – highest level.....	611
Nursing qualification	001
Teaching qualification.....	002
Trade certificate or apprenticeship.....	514
Technician's certificate / Advanced certificate	511
Other certificate – level I	524
Other certificate – level II	521
Other certificate – level III	598
Other certificate – level IV.....	599
Other certificate – don't know level	500
Associate Diploma / Diploma (2 yrs full-time or equivalent)	421
Associate Degree.....	413
Undergraduate Diploma / Advanced Diploma (3 yrs full-time or equivalent)	411
Bachelor Degree but not Honours	312
Honours Bachelor Degree	311
Graduate Certificate	221
Postgraduate Diploma / Graduate Diploma	211
Masters Degree	120
Doctorate	110
Other (please specify)	995
Did not complete qualification	993
Still studying	994

SHOWCARD 2

Enrolled Nurse	511
Associate Diploma / Diploma (2 years full-time or equivalent).....	421
Undergraduate Diploma / Advanced Diploma (3 years full-time or equivalent).....	411
Bachelor Degree but not Honours	312
Honours Bachelor Degree.....	311
Triple, Double Certificate Nurse	310
Registered Nurse, Sister	310
Postgraduate Diploma / Graduate Diploma.....	211
Masters Degree	120
Doctorate	110
Other (please specify)	997

SHOWCARD 3

TPTC (Trained Primary Teaching Cert.).....	421
TSTC (Trained Secondary Teaching Cert.)	
TITC (Trained Infants Teaching Cert.).....	411
Associate Diploma / Diploma	
(1-2 years full-time or equivalent)	498
Undergraduate Diploma of Teaching (Dip T)	
(3 years full-time or equivalent).....	499
Bachelor Degree but not Honours	312
Honours Bachelor Degree.....	311
Graduate Certificate.....	221
Postgraduate Diploma, Graduate Diploma,	
Diploma of Education (Dip Ed)	
(after Bachelor Degree or Undergrad	
Diploma)	211
Masters Degree	120
Doctorate	110
Other (please specify)	997

SHOWCARD 4

Secondary school qualification – lower level	600
Secondary school qualification – highest level	611
Certificate level I.....	524
Certificate level II.....	521
Certificate level III.....	514
Certificate level IV	511
Certificate – don't know level	500
Diploma (2 years full-time or equivalent).....	421
Associate Degree	413
Advanced Diploma (3 years full-time or equivalent).....	411
Bachelor Degree but not Honours	312
Honours Bachelor Degree.....	311
Graduate Certificate.....	221
Graduate Diploma	211
Masters Degree	120
Doctorate	110
Other (please specify).....	997

SHOWCARD 5

Retired / Voluntarily inactive.....	1
Home duties / Child care	2
Study / Went to school, TAFE or university	3
Own disability or handicap	4
Own illness or injury.....	5
Looking after ill or disabled person	6
Travel / On holiday / Leisure activities.....	7
Working in an unpaid voluntary job.....	8
Other activity (please specify)	98

SHOWCARD A9

Certificate – level I.....	524
Certificate – level II.....	521
Certificate – level III.....	514
Certificate – level IV	511
Certificate – don't know level	500
Diploma (2 yrs full-time or equivalent).....	421
Associate Degree	413
Advanced Diploma (3 yrs full-time or equivalent).....	411
Bachelor Degree but not Honours	312
Honours Bachelor Degree.....	311
Graduate Certificate.....	221
Graduate Diploma	211
Masters Degree	120
Doctorate	110
Other (please specify).....	998

SHOWCARD C10

A regular daytime schedule	1
A regular evening shift	2
A regular night shift	3
A rotating shift (changes from days to evenings to nights)	4
Split shift (two distinct periods each day)	5
On call	6
Irregular schedule	7
Other (please specify)	8

SHOWCARD C24

Collective (enterprise) agreement..... 1

An agreement made at your workplace or firm between your employer and either a union or a group of employees.

It may sometimes be known as an Enterprise Agreement.

Individual agreement (or contract)..... 2

An agreement (formal or informal) between you and your employer. It may be verbal or written. It could simply be a letter of appointment.

Combination of collective / enterprise agreement and individual agreement..... 3

This will apply in those cases where you are covered by a collective (i.e. enterprise) agreement, but are paid above the rate specified in that agreement.

Paid exactly the Award rate 4

None of the above 8

Other arrangement (*please describe*)

SHOWCARD C31

Commercial*

Private sector “for profit” organisation	1
Government business enterprise or commercial statutory authority	2
Other commercial (please specify)	3

** By ‘commercial’ we mean businesses that undertake activity for profit. It should not include businesses which, in the course of providing a public service, may happen to make a profit.*

Non-commercial

Private sector “not-for-profit” organisation	4
Other government organisation, such as a public service department, local councils, schools and universities	5
Other non-commercial (please specify).....	6

SHOWCARD D2

Written, phoned or applied to an employer for work	1
Had an interview with an employer for work	2
Answered an advertisement for a job	3
Looked in newspapers, on the internet or checked notice boards	4
Been registered with Centrelink as a job seeker	5
Checked or registered with any employment services provider or employment agency	6
Taken steps to purchase or start your own business	7
Anything else (please specify)	98

SHOWCARD D6

Because of your own ill health or disability	01
Employers thought you were too young or too old.....	02
The hours were unsuitable	03
You had transport problems or it was too far to travel	04
You did not have the required education, training or skills.....	05
You did not have enough work experience.....	06
Because of language difficulties	07
Because there were no jobs in your line of work	08
Because there were too many applicants for the available jobs.....	09
Because there were just no jobs at all.....	10
Because of difficulties in finding child care.....	11
Any other difficulties (please specify)	98

SHOWCARD D9

Retired / Voluntarily inactive	1
Home duties / Child care.....	2
Study / Went to school, TAFE or university	3
Own illness, injury or disability.....	4
Looking after ill or disabled person.....	5
Travel / On holiday / Leisure activities	6
Working in an unpaid voluntary job.....	7
Other activity (please specify).....	8

SHOWCARD E12

To help you get started in your job.....	1
To improve your skills in your current job.....	2
To maintain professional status and / or meet occupational standards.....	3
To prepare you for a job you might do in the future or to facilitate promotion.....	4
To develop your skills generally	5
Because of health / safety concerns.....	6
Other aims (please specify)	8

SHOWCARD E26

Study	01
Part-time paid work	02
Voluntary unpaid work.....	03
Work for the Dole.....	04
PaTH Internships	05
National Work Experience Programme	06
Launch into Work program.....	07
PaTH Employability Skills Training	08
Accredited language, literacy or numeracy training	09
Community Development Program	10
Relocating to an area of better employment prospects	11
Defence Reserves.....	12
Other government employment or training programmes.....	13
Other non-government employment or training programmes.....	14
Non-vocational interventions or assistance	15

SHOWCARD F10

Housing rent free or at less than normal market rent	1
Telephone and / or contribution to private telephone calls	2
Motor vehicle (private use).....	3
Superannuation (any employer contribution over and above the 10% compulsory contribution)	4
Computer, tablet, etc. (private use)	5
Child care	6
Car park.....	7
Shares	8
Low interest loans.....	9
Other (please specify).....	97

SHOWCARD F28

JobSeeker Payment	01
Youth Allowance – as a full-time student (or Australian Apprentice).....	02
Youth Allowance – as a job seeker.....	03
Austudy / ABSTUDY payment	04
Disability Support Pension (<i>paid by Centrelink</i>)	05
Parenting Payment (<i>NOT Family Tax Benefit</i>).....	06
Carer Payment	07
Special Benefit.....	08
Service Pension (<i>paid by Dept of Veterans’ Affairs</i>).....	09
None of these	97

SHOWCARD F30

Disability Pension

(paid by Dept of Veterans' Affairs)1

Carer Allowance *(an income supplement to assist carers).....2*

War Widow's / Widower's Pension

(paid by Dept of Veterans' Affairs)3

Paid Parental Leave *(include Dad and Partner Pay)4*

Pensions or benefits paid by overseas governments5

Any other government pensions / benefits *(please specify)8*

Do not include:

- Family Tax Benefit (Child Endowment)
- Superannuation payments

SHOWCARD F39

Housing rent free or at less than normal market rent	1
Telephone and / or contribution to private telephone calls	2
Motor vehicle (private use).....	3
Superannuation (any employer contribution over and above the 9.5% compulsory contribution)	4
Computer, tablet, etc. (private use)	5
Child care	6
Car park.....	7
Shares	8
Low interest loans.....	9
Other (please specify).....	97

SHOWCARD F56

Interest from:

- **banks**
- **other financial institution**
- **bonds**
- **debentures**
- **cash management trusts**
- **family or other private trust funds, or**
- **interest from loans to other persons not in this household**

SHOWCARD F60

Age Pension (<i>from Australian Government</i>).....	01
JobSeeker Payment	02
Youth Allowance – as a full-time student (or Australian Apprentice)	03
Youth Allowance – as a job seeker	04
Austudy / ABSTUDY	05
Coronavirus Supplement	06
Disability Support Pension (<i>paid by Centrelink</i>).....	07
Disability Pension (<i>paid by Dept of Veterans’ Affairs</i>).....	08
Parenting Payment	09
Carer Payment	10
Carer Allowance (<i>an income supplement to assist carers</i>).....	11
Special Benefit	12
Service Pension (<i>paid by Dept of Veterans’ Affairs</i>)	13
War Widow’s / Widower’s Pension (<i>paid by Dept of Veterans’ Affairs</i>).....	14
Paid Parental Leave (<i>include Dad and Partner Pay</i>).....	15
Pensions / benefits from <u>overseas</u> governments	16
<u>Other government pensions / allowances</u> (<i>please specify</i>).....	97

Do not include Family Tax Benefit or Energy Supplement payments.

SHOWCARD F67

Rolled it over into another superannuation scheme	1
Purchased an annuity.....	2
Invested or saved the money elsewhere (e.g., shares, bank accounts)	3
Paid off home / Paid for home improvements / Bought new home	4
Bought or paid off car / vehicle	5
Cleared other outstanding debts.....	6
Paid for a holiday	7
Assisted family members.....	8
Other (please specify)	9

SHOWCARD F69

Life Insurance	1
Child Support / Maintenance	2
Workers' Compensation / Accident or Sickness Insurance / Personal Accident Claims	3
Redundancy and severance payments.....	4
Inheritance / Bequests.....	5
Parents.....	6
Other persons not in this household (but excluding any income already reported)...	7
Any other source (please specify)	96

- Include cash gifts
- Do not include Family Tax Benefit or Energy Supplement payments

SHOWCARD G11

Employed full-time - usually 35 hours or more per week	1
Employed part-time - usually less than 35 hours per week	2
Not employed BUT is looking for work.....	3
Neither employed NOR looking for work:	
Retired	4
Home duties	5
Non-working student.....	6
Other	8

SHOWCARD K10

DISABILITIES / HEALTH CONDITIONS WHICH:

- Have lasted, or are likely to last, 6 months or more;
- Restrict everyday activity; and
- Cannot be corrected by medication or medical aids.

Sight problems <u>not</u> corrected by glasses or lenses	1
Hearing problems.....	2
Speech problems	3
Blackouts, fits or loss of consciousness	4
Difficulty learning or understanding things	5
Limited use of arms or fingers	6
Difficulty gripping things.....	7
Limited use of feet or legs	8
A nervous or emotional condition which requires treatment.....	9
Any condition that restricts physical activity or physical work (e.g., back problems, migraines)	10
Any disfigurement or deformity	11
Any mental illness which requires help or supervision.....	12
Shortness of breath or difficulty breathing	13
Chronic or recurring pain.....	14
Long-term effects as a result of a head injury, stroke or other brain damage.....	15
A long-term condition or ailment which is still restrictive even though it is being treated or medication is being taken for it.....	16
Any other long-term condition such as arthritis, asthma, heart disease, Alzheimer's disease, dementia, etc.	17

SHOWCARD K14

Self-care

For example:

- Bathing / showering
- Dressing / undressing
- Eating / feeding
- Going to toilet
- Bladder / bowel control

Mobility

For example:

- Moving around away from home
- Moving around at home
- Getting in or out of a bed or chair

Communication in own language

For example:

- Understanding / being understood by strangers, friends or family, including use of sign language or lip reading

SHOWCARD K17

Mobility aids

Some examples of aids used to help with mobility:

- Canes
- Walking sticks
- Crutches
- Walking frames
- Wheelchair
- Scooter
- Specially modified car or car aids

Self-care aids

Any aids to help with self-care activities such as:

- bathing
- dressing and undressing
- toileting and managing incontinence

Non-electronic communication aids

Such as picture boards or large print books to assist with communication

Electronic communication aids

Such as hearing aids, audio tapes, a talking word processor or special computer software to assist with communication

SHOWCARD K18

Some examples of home improvements that might help with your disability / health condition

- Ramps
- Hand grab rails
- Toilet / bath / laundry modifications
- Kitchen modifications
(e.g., special handles to turn on taps)
- New / changed heating or air-conditioning
- Visual doorbell
- Visual telephone
- Visual smoke alarm
- Other home modifications
(e.g., doors widened)

SHOWCARD K20

Types of difficulties with employment (because of long-term health condition or disability)

Permanently unable to work.....	1
Restricts the type of job you can do.....	2
Restricts the number of hours that can be worked.....	3
Makes it more difficult to change jobs, get a better job or find a suitable job	4
Need additional time off work	5
Need ongoing assistance or supervision at work	6
Need an employer who will provide special equipment, modify the work environment or some other special arrangement	7
Other employment difficulties	8

SHOWCARD K22

Types of difficulties with education (because of long-term health condition or disability)

Need additional time off school / study.....	1
Have to attend special classes / school	2
Need ongoing assistance or supervision	3
Restricted in the number of hours you can study	4
Need special equipment, modified environment or other special arrangements	5
General learning difficulties	6
Other difficulties	8

SHOWCARD K26

Arthritis or osteoporosis	1
Asthma.....	2
Any type of cancer	3
Chronic bronchitis or emphysema	4
Type 1 diabetes (also known as juvenile-onset or insulin-dependent diabetes)	5
Type 2 diabetes (also known as late-onset or non-insulin dependent diabetes)	6
Depression	7
Anxiety	8
Other mental illness.....	9
Heart disease	10
High blood pressure or hypertension	11
Any other serious circulatory condition (e.g., stroke, hardening of the arteries).....	12

SHOWCARD K32

1. Department of Veterans' Affairs Orange Treatment Entitlement Card



2. Department of Veterans' Affairs White Treatment Entitlement Card



3. Department of Veterans' Affairs Gold Treatment Entitlement Card



4. Health Care Card (often given to people receiving a government benefit or with low incomes)



5. Pensioner Concession Card



6. Commonwealth Seniors Health Card (typically issued to self-funded retirees)



SHOWCARD K42

A hospital doctor (i.e., in outpatients or casualty)	1
A specialist doctor (excluding in outpatients or casualty of a hospital).....	2
A mental health professional, such as a psychiatrist or psychologist	3
A podiatrist (foot doctor)	4
A chiropractor or osteopath	5
A physiotherapist	6
An optometrist	7
Any other allied health provider, such as a speech therapist, audiologist, or occupational therapist	8
An alternative health practitioner, such as a naturopath, acupuncturist or herbalist	9
A community nurse, practice nurse, nurse practitioner or midwife	10

SHOWCARD K43

Screening for bowel cancer	1
Pap smear / Cervical Screening Test	2
Breast screening	3
Prostate check	4
Chest / other x-rays.....	5
Blood pressure.....	6
Cholesterol test	7
Any other blood test	8

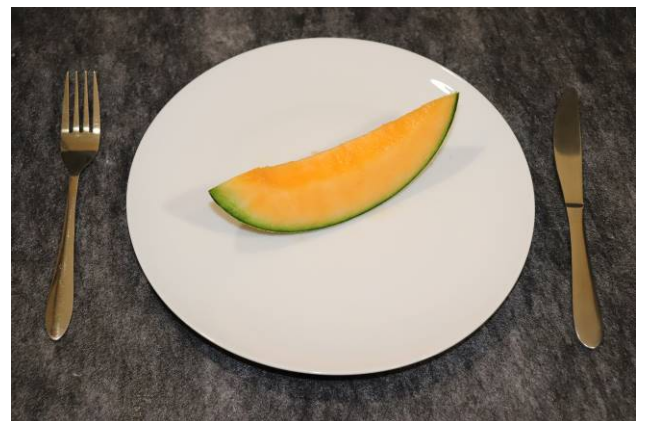
SHOWCARD K54



Photos on this card are examples only

If you eat twice as much broccoli as shown in the picture above each day, then your number of serves = 2

SHOWCARD K56



Photos on this card are examples only

If you eat twice as many grapes as shown in the picture above each day, then your number of serves = 2