Mabel username id:



Medicine in Australia: Balancing Employment and Life 2015

Hospital Doctor Not Enrolled in a Specialty Training Program (Interns & Medical Officers)

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Australian and New Zealand Society of Nephrology

Australian Rheumatology Association

Medical Oncology Group of Australia Incorporated

Australian Healthcare and Hospitals Association

Australian Private Hospitals Association

Australian Orthopaedic Association

Rural Doctors Association of Australia

Rural Health Workforce Australia







Space is provided at the end of this survey to make additional written comments.

Please write responses in boxes provided using a dark pen. Check boxes can be ticked or crossed.

A	About your current situa	tion					
1.	Are you currently doing any clinical medical wo	rk in Austr	alia?				
	Yes – If yes, please go to Section B below a No – Continue	and comple	te the main s	survey			
2.	Are you permanently retired from all types of pa	aid work?					
	Yes – As you are permanently retired from a Please return this survey in the reply-paid en No – Continue						ne survey.
3.	Which of the following statements describe your	current si	tuation? (Tic	k all that ap	ply)		
	Doing medical work in Australia that is no Maternity leave Home duties/childcare Enrolled as a student Extended leave (e.g. sick leave, long servic Working outside Australia in a clinical role Working outside Australia in a non-clinical Working outside Australia in a non-medica Doing non-medical work in Australia. Pleas	e leave) , but medic l role	al role	egal, teach	ing, research,	committee wo	ırk)
4.	Do you intend to return to clinical medical work in Australia? Yes – Please go to Section G and complete the final two sections of the survey Unsure – Please go to Section G and complete the final two sections of the survey No – As you do not intend returning to clinical work in Australia you do not need to complete the rest of the survey. Please return this survey in the reply-paid envelope provided. Thank you for your participation. B About your job satisfaction						
5.	Please indicate how satisfied or dissatisfied you	are with e Very Dissatisfied	Moderately Dissatisfied	Not Sure	cts of your wo Moderately Satisfied	Very Satisfied	or.
	Freedom to choose your own method of working	1 🔲	2	3 3	4	5	6
	Amount of variety in your work	'		3 🔲	4	5	6
	Physical working conditions	'	2		*		° L
	Opportunities to use your abilities	<u>'</u>	2	3	*	5	
	Your colleagues and fellow workers	'	2	3	*	5	0
	Recognition you get for good work		2	3	4	5	0
	Your hours of work		2	3	4	5	6
	Your remuneration	' 🔲	2	3	4	5	6
	Amount of responsibility you are given		2	3	4	5	6

Taking everything into consideration, how do you feel about your job?

6. Please indicate the degree to which you agree or disagree with the following statements.							
		Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree	N/A
	The balance between my personal and professional commitments is about right	1	2	3	4	5	6
	I have a poor support network of other doctors like me		2	3 3	4	5	6
	It is difficult to take time off when I want to	'	²	°Ш	* 🔲	, 🗌	•
	I can take time off at short notice, for example if one of my children is ill or for a home emergency	1	2	3	4	5	6
	My patients have unrealistic expectations about how I can help them	1	2	3	4	5	6
	The majority of my patients have complex health and social problems	1	2	3	4	5	6
	I have good support and supervision from qualified specialists	1	2	3	4	5	6
	There is enough time for me to do personal study	' 📙	2	3	4	5	6
	Research publications are important to progress my training	1	2	3 3	4	5	6
	The hours I work are unpredictable	<u>'</u>	2	, <u> </u>	*	,	0
	I often undertake tasks that somebody less qualified could do	1	2	3	4	5	6
	My colleagues understand the need for work—life balance	1	2	3	4	5	6
	I cannot work my preferred hours due to a lack of jobs offering those hours	1	2	3	4	5	6
7.	Would you like to change your hours of work?						
	¹ No						
	Yes, I'd like to increase my hours						
	Yes, I'd like to decrease my hours						
8.	Imagine you would like to reduce your hours of	work. How	achievable	is this? (Ticl	c one box)		
	This could be achieved easily within my curr	rent job					
	This could be achieved with some difficulty	in my curre	ent job				
	I would have to change jobs, but there are	suitable op _l	oortunities in	n my local a	rea		
	I would have to change jobs, and such job	s are scarc	e				
	This would be impossible						
	Don't know						
9.	Do you plan to apply for a place on a GP or othe	r specialist	training pro	ogram in the	e future?		
	Yes						
	² Unsure						
	No, I already have a place						
	No, I already have a GP/specialist qualifica	ntion— <i>Go t</i>	o question 1.	3			
	No—Go to question 13						
10.	What year do you expect to begin GP/specialist	training?					
	Year						
	Don't know (Tick box)						📖

11.	Which specialist training course have you been accepted in	to/are you waiting to commence?
	Not Applicable—I do not currently have a place	² Addiction medicine
	Anaesthesia	⁴ Dermatology
	Emergency medicine	General practice
	Intensive care medicine	Medical administration
	Obstetrics and gynaecology	Occupational and environmental medicine
	Ophthalmology	Paediatrics and child health
	Pain medicine	Palliative medicine
	Pathology	Physician
	17	Public health medicine
	Psychiatry	20
	Radiation oncology Rehabilitation medicine	Radiology Sexual health medicine
	23	24
	Sport and exercise medicine	Surgery
12.	Which specialty program listed in question 11 above would	you most like to enrol in?
	Please specify:	
	Not Applicable (Tick box)	
	About the places where you wo	rk
	•	
13.	Excluding on-call, for how many HOURS in your MOST RE	CENT USUAL WEEK at work did you undertake
	work in each of the following settings? (Include ALL of the v	
		Actual hours per week
	Public hospital (including psychiatric hospital)	hrs/wk
	Private hospital	hrs/wk
	Private medical practitioner's rooms or surgery	hrs/wk
	Residential/aged care health facility (nursing/residential hor	
	Tertiary education institution	
	Other	
	TOTAL HOURS WORKED	hrs/wk
14.	What is the main hospital in which you work (i.e. spend mo	ost time)?
	Hospital name	
	Postcode	
	rostcode	
15.	How long have you worked at this hospital?	
	No. of years	
	No. of months	
16	What is your salaried position?	
10.	Intern	
	2	
	CMO	
	HMO Yr 1	
	HMO Yr 2	
	HMO Yr 3	
	Other hospital medical officer	

L	About your workload
7.	Excluding on-call, how many HOURS in your MOST RECENT USUAL WEEK at work did you spend on the following activities? (Include ALL of the work you do as a doctor in ALL jobs/workplaces) (If none, write 0)
	TOTAL HOURS WORKED PER WEEK (Should equal the TOTAL in question 13)
	Direct patient care (face-to-face, phone consultations, home visits)
	Indirect patient care (medical notes, reports, phone calls, meeting patients' families)
	Education activities (academic research, continuing medical education) hrs/wl
	Management and administration
	Other
8.	In relation to non-clinical activities OUTSIDE your usual place of work, are you currently involved in any of the following activities? (Please tick all that apply)
	Elected office bearer (e.g. president, treasurer) or board member of a national or state-level professional organisati (e.g. the Australian Medical Association or a medical college).
	Committee member in a national or state-level professional organisation, advisory group and/or steering group.
	I am not currently involved in any of the activities listed above.
9.	In your most recent USUAL week at work, for around HOW MANY patients did you provide care? (Include face-to-face, out of hours and telephone consultations in ALL SETTINGS) (If none, write 0)
0.	Do you do any on-call yourself? (Including public holidays, weekends and weekdays outside of 8am to 6pm) Yes No—Go to question 23
1.	In your last usual week at work: (If none, write 0)
	How many HOURS were you rostered or listed for on-call?
	How many of these HOURS were actually spent in direct patient care?hrs/wk
	How many TIMES were you actually called out? times/
2.	In your most recent usual month, what was your on-call ratio? (For example, if it is 1 in 8, write 8 in the box provided.)
	1 in
	Not Applicable (Tick box)
3.	Turning to time spent away from work: (If none, write 0)
•	How many WEEKS holiday did you take in the past year?
	How many WEEKS of parental or maternity leave did you take in the past year? weeks
	Approximately how many DAYS off work due to illness did you have in the past year? days
	Approximately how many DAYS off work did you have for other reasons in the past year? days
B	About your finances
	following information will be used to examine the effect of financial issues on your work—life balance, will remain strictly confidential.
4.	What are your (approximate) TOTAL personal earnings from ALL of the work you do as a doctor? (If possible, base this on your last personal income tax return or payslip) Please write in ONE COLUMN where you have the most accurate information and can best remember.
	Annual OR Fortnightly
	Before tax (gross earnings) \$
	After tax (net earnings) \$

25.	In addition to this, did you receive any ongoing 'in kind' benefits or subsidies as part of your current job/s (e.g. car, house, school fees, salary packaging)? Yes 1 Yes
	L No
26.	What is the approximate annual total value in dollars of these benefits? (If zero, write 0)
27.	What is the total level of financial debt that you currently have as a result of your medical education and training? (Give dollar amount; include HECS debt, other debt associated with training and living expenses) (If zero, write 0)
	\$ Don't Know (Tick box)
28.	How much (in dollars) did you pay for professional medical liability, or malpractice, insurance premiums in the last year? (If this was provided by someone else on your behalf, write 0)
29.	How much personal gross income, in addition to income from your medical work, do you receive from other sources each year? (e.g. bank interest, dividend income, rental income and profit from business interests) (If none, write 0)
	\$
30.	Do you (or your employer) regularly contribute to a superannuation scheme? Yes No—Go to question 32
31.	For how many years have you (and/or an employer on your behalf) contributed to a superannuation scheme?
	No. of years
32.	Please indicate the degree to which you agree with the following statement: "Given my current financial situation and prospects, I believe I will have enough to live on when I retire". (Tick one box) Strongly Disagree Disagree Neutral Agree Strongly Agree
33.	interests, dividends, interest etc.) The figures below should be equal to or greater than your personal earnings provided in question 24. Please write in ONE COLUMN ONLY, where you have the most accurate information or can best remember.
	Annual OR Fortnightly
	Before tax (gross household income) \$
1.	About your geographic location
34.	Where is your main place of work?
	Town/Suburb
35.	Where do you live?
	Town/Suburb
	Postcode

36. Please indicate the degree to which you agree or disagree with the following statements.							
		Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree	N/A
	I don't have many friends or family members in my current work location	1	2	3	4	5	6
	It is easy to pursue my hobbies and leisure interests in my current work location	1	2	3	4	5	6
	My partner does not have many friends or family members in this work location	1	2	3	4	5	6
	There are good employment opportunities for my partner in this work location	1	2	3	4	5	6
	The choice of schools for our children is adequate in this work location	1	2	3	4	5	6
37.	Are you subject to restrictions on where you pra	ctise?					
	Yes—I am required to work in an Area of	Need					
	Yes—I am required to work in a District o	f Workforce	Shortage				
	No—Go to question 39						
38.	Please indicate the reason/s for these restriction	15.					
	I hold a Permanent Resident Visa						
	I hold a Temporary Resident Visa						
	I am undertaking a return of service period	d for a Medic	cal Rural Bo	nded Schola	ırship or Boı	nded Medical P	lace
	I am undertaking a compulsory rural place	ement as par	t of my train	ing			
	Other						
G	About your family circum	ıstance	S				
			_				
39.	Are you currently living with a partner or spouse	e?					
	Yes						
	No No						
40.	What is the employment status of your partner/s	spouse?					
	Not in the labour force (e.g. caring for dep	endents, stud	dying)				
	² Currently seeking work						
	Full-time employment						
	Part-time employment						
	Not Applicable						
41.	How many dependent children do you have? (If	none, write 0	and skip the n	ext two ques	tions)		
42.	What is the age in years of each dependent child						
	Not Applicable (Tick box)						
	Child 1						
	Child 2						
	Child 4						
	Child 6.						
43.	Which of the following forms of childcare are yo	ou using for y	our childrer	of pre-scho	ool age? (Ple	ease tick all that	apply)
	Relatives or friends						
	Nannies						
	Childcare at work (i.e. provided by an emplo	yer)					
	Other day care (childcare centre, family day		garten etc.)				
	Not Applicable						

44.	44. Please indicate the degree to which you agree or disagree with the following statements.						
		Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree	N/A
	I am restricted in my employment and/or the time and hours I work due to a lack of available childcare	1	2	3	4	5	6
	My partner is restricted in his/her employment and/or the time and hours worked due to a lack of available childcare	1	2	3	4	5	6
	My partner is overqualified for his/her current job due to the limited availability of suitable jobs	1	2	3	4	5	6
I	About you						
45.	If you completed your medical degree in Austral country outside of Australia and New Zealand)? Yes No Not Applicable		u an internat	ional studen	it (i.e. were	you a citizen o	fa
46.	If you did your degree at a medical school outsice Yes No Not Applicable	de of Austra	lia, have you	completed	the AMC Ce	ertificate exami	nation?
47.	If you completed your medical degree outside of What year did you first arrive in Australia? In what year were you first registered to work as Not Applicable (Tick box)	a doctor in	Australia? .				
48.	Do you have medical qualifications from oversea 1 Yes 2 No 3 Unsure	s which are	NOT recogn	iised in Aust	ralia?		
49.		that you hav Number of ualifications	e completed		12 months.	ations	
	Masters degree						
	PhD						
	Postgraduate diploma/certificate						
	Fellowship of college						
50.	Do you have a research-based degree from medi For example: BSc(Med)(Hons),BSc(Hons), MBB		n addition to	your prima	ry medical c	qualification?	
51.	Please indicate how many other health and non-in the last 12 months. No. of qualifications					in Australia	

52.	What is your residency status? (Tick one box)						
	Australian citizen						
	Permanent resident						
	Temporary resident						
53.	What type of medical registration do you have? General registration	(Please tick	all that apply)				
	Specialist registration						
	Provisional registration						
	Limited registration						
	Non-practising registration						
54.	In general, would you say your health is: (Tick on	ie box)					
	Excellent						
	² Very good						
	Good						
	⁴ Fair						
	⁵ Poor						
	All things considered because (C. I.	ware life i					
55.	All things considered, how satisfied are you with Completely	your life in	i generai? (Tici	k one box)			Completely
	Dissatisfied 1 2 3 4	5	6	7	8	9	Satisfied 10
		5	6	7	8	9	10
56.	This question asks about everyday risk-taking in	relation to	different types	s of activitie	S.		
	How likely are you to engage in each of the follo	owing activi	ties (with a sc	ore of 1 bei	ng 'very unli	kely'	
	and 5 being 'very likely')?		Very unlikely	0		4	Very likely
			1	2	3	4	5
	Financial risks (e.g. investments with an uncertain						
	Career and professional risks (e.g. publicly challed your professional colleagues) Clinical risks (e.g. recommending a treatment who		1	2	3	4	5
	to your usual practice or is controversial)	ion io new	1	2	3	4	5
57.	The personal life events listed below can have an	n important	influence on a	a person's wo	ork–life bala	nce.	
	For each statement below, please indicate 'YES'						
	12 months. For each statement you answer 'YES	6', please in	dicate how lon			d or comme now long ago it	
		No	Yes	0 to 3	4 to 6	7 to 9	10 to 12
	Serious personal injury or illness to self	1 1	2			months ago	4 M
	Serious personal injury or illness to seri						
	close relative or family member		2		2	3 3	4
	Death of spouse or child	<u>'</u> Ш	2	' 📙	2	, <u> </u>	* 🔲
	Death of other close relative or family member (e.g. parent or sibling)	1	2	1	2	3 3	4
	Death of a close friend	1	2	1	2	3	4
	Victim of physical violence (e.g. assault)						
	Victim of a property crime (e.g. theft, housebreaking)	1	2 2	1	2 2	3 3	4
	Named as defendant in a medical negligence claim						
58.	We would like your email address to assist us in mail when distributing the MABEL survey, we we this purpose. If possible, please provide a non-wo	ill contact	you by email i	nstead. This	information	will be used	only for
	Email address:						

Thank you for completing the survey. Please provide any further comments below.

In case of loss of included reply-paid envelope, please forward survey to:

Melbourne Institute of Applied Economic and Social Research – MABEL Survey
Reply Paid 84574
UNIVERSITY OF MELBOURNE VIC 3010