

What you tell us today affects what happens in Australia tomorrow

The *Living in Australia* study is an essential tool for planning Australia's future. Governments across Australia will use what we find out now to develop effective strategies in areas such as:

- Education;
- Health;
- Superannuation;
- Social support programs;
- Aged care;
- Job search;
- Well-being;
- Child care;
- Housing
- Financial hardship;
- Employment and much more.

YOU ARE IRREPLACEABLE

The *Living in Australia* data becomes more and more useful as we add to it each year. If we are to build an accurate picture of Australia's changing needs, we have to return to the households we began with in 2001.

You are a crucial part of our picture of Australia. It can never be complete without you in it.

If there are any questions that you would prefer not to answer then please tell the interviewer and move on to the next one.

FIND OUT MORE

If you want to find out more about the *Living in Australia* study or you'd like to see more of the results, go to our comprehensive website. It contains:

- recent research;
- a link to the Melbourne Institute website where you can view published reports on the *Living in Australia* study (also known as HILDA);
- frequently asked questions;
- and copies of newspaper articles which have used the data.

WWW.LIVINGINAUSTRALIA.ORG

Alternatively, please contact us directly:

Email: livinginaustralia@acnielsen.com.au

Tel: **1800 656 670**



THE UNIVERSITY OF
MELBOURNE



MELBOURNE INSTITUTE
of Applied Economics and Social Research

ACNielsen

Shaping
Australia's Future



What you
tell us
could change
Australia forever

Message from the Project Director

"The Living in Australia study is leading the way to a better understanding of the economic and social factors that affect all our lives.

I am proud to be part of this important and fascinating study. It is definitely a team effort, with many researchers, interviewers, and, most importantly, people like yourselves involved. I thank each and everyone involved and invite you to take part this year.

This study will only continue to be the success it has been with your input."



Professor Mark Wooden
HILDA Project Director
Melbourne Institute of Applied
Economic and Social Research
The University of Melbourne

You are important to the Living in Australia Study

The *Living in Australia* study is made up of a cross section of the Australian community. You were selected because you represent a very specific segment of that cross section. Without you, the result cannot properly represent the needs and concerns of people like you and your family.

Who uses the information you give us and what do they do with it?

The information we collect is used by researchers working for Government and academic institutions.

So far, the Living in Australia analysis has been referenced in:

- 81 newspaper articles ;
- 35 conference papers;
- 31 journal articles; and
- 21 other publications

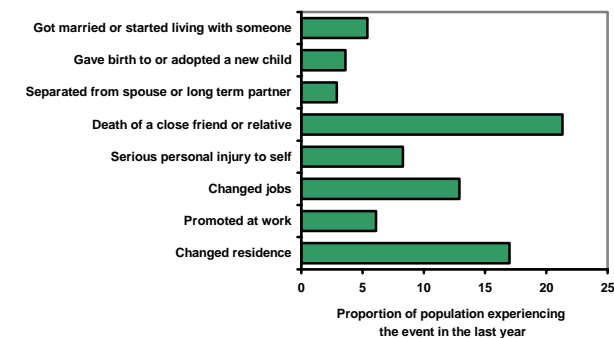
YOUR PRIVACY IS GUARANTEED

We guarantee that no researcher, government agency or media organisation is given access to your identifying details.

It is collected purely for the purposes of maintaining contact with you over the life of the study.

Stressful life events...

Research has suggested that stressful life events play an important role in the onset of some forms of mental and physical ill health. Some people are better than others in coping with this stress – this might have to do with what type of person they are and how much support they have from the people around them.



Because the Living in Australia study cuts across many aspects of our lives, researchers will have the unique opportunity to study the effect of stressful life events in a wider context than what they have been able to in the past. With each new piece of evidence, the ways in which people can be assisted through these stressful times will become clearer.

THANK YOU!

To thank you for taking part in the study, we will send a **\$50** cheque to those households where all the eligible people participate in Wave 4. If only some of the eligible people in the household participate, then we will send you a cheque for \$20.